	USPF A	MERICAN	I CLASSIC I PUSH / PU	DIVISION REC	CORDS
		(	PEN - WO		
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
90+kg/UNL	Bench Deadlift TOTAL	95.0 182.5 277.5	209.4 402.3 611.8	Alisha Zink Alisha Zink Alisha Zink	5/5/2018 5/5/2018 5/5/2018
	V	VOMEN ~	TEEN 13-15		
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench				

	Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL	47.5 125.0 172.5	104.7 275.6 380.3	Rosemary Fleischmann Rosemary Fleischmann Rosemary Fleischmann	11/17/2018 11/17/2018 11/17/2018
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
90+kg/UNL	Bench Deadlift TOTAL				

	WOI	MEN ~ TEE	N 16-17		
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift				

TOTAL

75kg/165.2lb Bench

Deadlift TOTAL

82.5kg/181.7lb Bench

Deadlift TOTAL

90kg/198.2lb Bench

Deadlift TOTAL

90+kg/UNL Bench

Deadlift TOTAL

	V	WOMEN ~ TE	EN 18- <u>1</u> 9		
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				

90+kg/UNL Bench

Deadlift TOTAL

Weight Lift Kgs Lbs Name Date  44kg/97lb Bench Deadlift TOTAL  48kg/105.7lb Bench Deadlift TOTAL	
44kg/97lb  Bench  Deadlift  TOTAL  48kg/105.7lb  Bench  Deadlift	
TOTAL  48kg/105.7lb Bench Deadlift	44kg/97lb
48kg/105.7lb Bench Deadlift	
Deadlift	
	48kg/105.7lb
IOTAL	
52kg/114.5lb Bench	52kg/114.5lb
Deadlift	
TOTAL	
56kg/123.5lb Bench	56kg/123.5lb
Deadlift	
TOTAL	
60kg/132.2lb Bench	60kg/132.2lb
Deadlift	
TOTAL	
67.5kg/148lb Bench	67.5kg/148lb
Deadlift	-
TOTAL	
75kg/165.2lb Bench	75kg/165.2lb
Deadlift	· ·
TOTAL	
82.5kg/181.7lb Bench	82.5kg/181.7lb
Deadlift	C
TOTAL	
90kg/198.2lb Bench	90kg/198.2lb
Deadlift	· ·
TOTAL	
90+kg/UNL Bench	90+kg/UNL
Deadlift	S
TOTAL	

WOMEN ~ SUBMASTERS 35-39							
Weight	Lift	Kgs	Lbs	Name	Date		
44kg/97lb	Bench						
	Deadlift						
	TOTAL						
48kg/105.7lb	Bench						
-	Deadlift						

	TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL	75.0 142.5 217.5	165.3 314.2 479.5	Daphne Edgar Daphne Edgar Daphne Edgar	11/17/2018 11/17/2018 11/17/2018
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
90+kg/UNL	Bench Deadlift TOTAL				

	WOMEN ~ MASTERS 40-44						
Weight	Lift	Kgs	Lbs	Name	Date		
44kg/97lb	Bench Deadlift TOTAL						
48kg/105.7lb	Bench Deadlift TOTAL						
52kg/114.5lb	Bench Deadlift TOTAL						
56kg/123.5lb	Bench Deadlift TOTAL						
60kg/132.2lb	Bench Deadlift TOTAL						

67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL	92.5 167.5 260.0	203.9 369.3 573.2	Melissa Carr Melissa Carr Melissa Carr	11/17/2018 11/17/2018 11/17/2018
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
90+kg/UNL	Bench Deadlift TOTAL				

	W	OMEN ~ MA	STERS 4	5-49	
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				

90kg/198.2lb Bench

Deadlift TOTAL

90+kg/UNL Bench

Deadlift TOTAL

	WOI	MEN ~ MAST	ΓER 50-	54	
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
90+kg/UNL	Bench Deadlift TOTAL				

WOMEN ~ MASTER 55-59								
Weight	Lift	Kgs	Lbs	Name	Date			
44kg/97lb	Bench				_			
	Deadlift							
	TOTAL							

48kg/105.7lb	Bench Deadlift TOTAL
52kg/114.5lb	Bench Deadlift TOTAL
56kg/123.5lb	Bench Deadlift TOTAL
60kg/132.2lb	Bench Deadlift TOTAL
67.5kg/148lb	Bench Deadlift TOTAL
75kg/165.2lb	Bench Deadlift TOTAL
82.5kg/181.7lb	Bench Deadlift TOTAL
90kg/198.2lb	Bench Deadlift TOTAL
90+kg/UNL	Bench Deadlift TOTAL

	WOM	EN ~ MAS	TER 60-	64	
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				

60kg/132.2lb	Bench Deadlift TOTAL
67.5kg/148lb	Bench Deadlift TOTAL
75kg/165.2lb	Bench Deadlift TOTAL
82.5kg/181.7lb	Bench Deadlift TOTAL
90kg/198.2lb	Bench Deadlift TOTAL
90+kg/UNL	Bench Deadlift TOTAL

WOMEN ~ MASTER 65-69					
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL				
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench				

Deadlift TOTAL

90kg/198.2lb Bench Deadlift TOTAL

90+kg/UNL Bench Deadlift TOTAL

	W	OMEN ~ MAS	TER 70	-74	
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench Deadlift TOTAL	· ·			
48kg/105.7lb	Bench Deadlift TOTAL				
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
90+kg/UNL	Bench Deadlift TOTAL				

WOMEN ~ MASTER 75-79					
Weight	Lift	Kgs	Lbs	Name	Date

44kg/97lb	Bench Deadlift TOTAL
48kg/105.7lb	Bench Deadlift TOTAL
52kg/114.5lb	Bench Deadlift TOTAL
56kg/123.5lb	Bench Deadlift TOTAL
60kg/132.2lb	Bench Deadlift TOTAL
67.5kg/148lb	Bench Deadlift TOTAL
75kg/165.2lb	Bench Deadlift TOTAL
82.5kg/181.7lb	Bench Deadlift TOTAL
90kg/198.2lb	Bench Deadlift TOTAL
90+kg/UNL	Bench Deadlift TOTAL

WOMEN ~ MASTER 80+					
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Bench				
+0Kg/100.71b	Deadlift				
	TOTAL				
	TOTAL				
52kg/114.5lb	Bench				
0_11g, 1 1 11010	Deadlift				
	TOTAL				
56kg/123.5lb	Bench				

Deadlift TOTAL 60kg/132.2lb Bench Deadlift TOTAL 67.5kg/148lb Bench Deadlift TOTAL 75kg/165.2lb Bench Deadlift TOTAL 82.5kg/181.7lb Bench Deadlift TOTAL 90kg/198.2lb Bench Deadlift TOTAL 90+kg/UNL Bench Deadlift TOTAL