

American Women

Single Lift Bench

Masters (40-44)

Sunday, October 30, 2011

97lbs/44Kgs

| | | | | | | |
|-------|----------------------|------|----|-------|-----|------------|
| Bench | Chenger Mehmedbasich | 55.0 | Kg | 121.3 | lbs | 12/18/1998 |
|-------|----------------------|------|----|-------|-----|------------|

105lbs/48Kgs

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|-------|----------------|-------|----|-------|-----|-----------|
| Bench | April Shumaker | 120.0 | Kg | 264.6 | lbs | 9/24/2010 |
|-------|----------------|-------|----|-------|-----|-----------|

114lbs/52Kgs

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|-------|----------------|------|----|-------|-----|-----------|
| Bench | Angela Tronske | 50.0 | Kg | 110.2 | lbs | 3/25/2006 |
|-------|----------------|------|----|-------|-----|-----------|

123lbs/56Kgs

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|-------|--------------|------|----|-------|-----|-----------|
| Bench | Pamela Davis | 65.0 | Kg | 143.3 | lbs | 7/14/1990 |
|-------|--------------|------|----|-------|-----|-----------|

132lbs/60Kgs

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|-------|--------------------|-------|----|-------|-----|-----------|
| Bench | Christina Williams | 147.5 | Kg | 325.2 | lbs | 1/31/2009 |
|-------|--------------------|-------|----|-------|-----|-----------|

148lbs/67.5Kgs

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|-------|--------------------|-------|----|-------|-----|-----------|
| Bench | Christina Williams | 125.0 | Kg | 275.6 | lbs | 4/14/2007 |
|-------|--------------------|-------|----|-------|-----|-----------|

165lbs/75Kgs

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|-------|--------------------|-------|----|-------|-----|----------|
| Bench | Christina Williams | 130.0 | Kg | 286.6 | lbs | 6/3/2007 |
|-------|--------------------|-------|----|-------|-----|----------|

181lbs/82.5Kgs

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|-------|------------|-------|----|-------|-----|-----------|
| Bench | Tanya Reed | 140.0 | Kg | 308.6 | lbs | 3/28/2009 |
|-------|------------|-------|----|-------|-----|-----------|

198lbs/90Kgs

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|-------|-----------------|-------|----|-------|-----|----------|
| Bench | Angela Martinez | 140.0 | Kg | 308.6 | lbs | 8/5/2006 |
|-------|-----------------|-------|----|-------|-----|----------|

SHW/90+Kgs

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|-------|---------------|-------|----|-------|-----|-----------|
| Bench | Nicki l'Anson | 110.0 | Kg | 242.5 | lbs | 3/31/2007 |
|-------|---------------|-------|----|-------|-----|-----------|

Masters (45-49)

Sunday, October 30, 2011

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|----------------|-------|-----------------|-------|----|-------|-----|------------|
| 97lbs/44Kgs | Bench | Imelda Fowler | 52.5 | Kg | 115.7 | lbs | 10/21/2006 |
| 105lbs/48Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 114lbs/52Kgs | Bench | Anne Larson | 58.5 | Kg | 129.0 | lbs | 3/28/2009 |
| 123lbs/56Kgs | Bench | Sabra Lucchesi | 92.5 | Kg | 203.9 | lbs | 8/6/2005 |
| 132lbs/60Kgs | Bench | Misty Rendleman | 83.9 | Kg | 185.0 | lbs | 02/13/2021 |
| 148lbs/67.5Kgs | Bench | Monica DiGiuro | 85.5 | Kg | 188.5 | lbs | 7/5/2009 |
| 165lbs/75Kgs | Bench | Cara Westin | 127.5 | Kg | 281.1 | lbs | 6/7/2009 |
| 181lbs/82.5Kgs | Bench | Tanya Reed | 140.0 | Kg | 308.6 | lbs | 3/28/2009 |
| 198lbs/90Kgs | Bench | Karen Black | 107.5 | Kg | 237.0 | lbs | 6/14/2008 |
| SHW/90+Kgs | Bench | Valerie Crowell | 90.0 | Kg | 198.4 | lbs | 12/8/2007 |

Masters (50-54)

Sunday, October 30, 2011

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|----------------|-------|--------------------|------|----|-------|-----|------------|
| 97lbs/44Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 105lbs/48Kgs | Bench | Georgette Marshall | 50.0 | Kg | 110.2 | lbs | 3/2/1996 |
| 114lbs/52Kgs | Bench | Hedy Miller | 80.5 | Kg | 177.5 | lbs | 12/9/2006 |
| 123lbs/56Kgs | Bench | Sabra Callahan | 97.5 | Kg | 214.9 | lbs | 9/9/2006 |
| 132lbs/60Kgs | Bench | Gerrie Shapiro | 87.5 | Kg | 192.9 | lbs | 7/10/1994 |
| 148lbs/67.5Kgs | Bench | Karen Parnow | 72.5 | Kg | 159.8 | lbs | 9/24/2010 |
| 165lbs/75Kgs | Bench | Joyce Hamblin | 87.5 | Kg | 192.9 | lbs | 11/12/1994 |
| 181lbs/82.5Kgs | Bench | Joyce Hamblin | 95.0 | Kg | 209.4 | lbs | 3/3/1996 |
| 198lbs/90Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| SHW/90+Kgs | Bench | Mary Rubcic-Tawzer | 75.0 | Kg | 165.3 | lbs | 5/15/2010 |

Masters (55-59)

Sunday, October 30, 2011

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|----------------|-------|-----------------|-------|----|-------|-----|-----------|
| 97lbs/44Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 105lbs/48Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 114lbs/52Kgs | bench | Hedy Miller | 85.0 | Kg | 187.4 | lbs | 3/29/2008 |
| 123lbs/56Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 132lbs/60Kgs | Bench | Miriam Lindbeck | 55.0 | Kg | 121.3 | lbs | 7/10/1994 |
| 148lbs/67.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 165lbs/75Kgs | Bench | Marilynn Mathis | 90.0 | Kg | 198.4 | lbs | 3/21/2009 |
| 181lbs/82.5Kgs | Bench | Betty Heriford | 120.0 | Kg | 264.6 | lbs | 9/24/2010 |
| 198lbs/90Kgs | Bench | Karen Polansky | 82.5 | Kg | 181.9 | lbs | 8/6/2005 |
| SHW/90+Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |

Masters (60-64)

Sunday, October 30, 2011

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|----------------|-------|-------------|------|----|-------|-----|-----------|
| 97lbs/44Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 105lbs/48Kgs | Bench | E. Jones | 27.5 | Kg | 60.6 | lbs | 5/18/1992 |
| 114lbs/52Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 123lbs/56Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 132lbs/60Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 148lbs/67.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 165lbs/75Kgs | Bench | R. Bland | 62.5 | Kg | 137.8 | lbs | 5/18/1992 |
| 181lbs/82.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 198lbs/90Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| SHW/90+Kgs | Bench | Lita Verts | 55.0 | Kg | 121.3 | lbs | 3/2/1996 |

Masters (65-69)

Sunday, October 30, 2011

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|----------------|-------|--------------|------|----|-------|-----|-----------|
| 97lbs/44Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 105lbs/48Kgs | Bench | Helene Tropp | 42.5 | Kg | 93.7 | lbs | 9/8/2007 |
| 114lbs/52Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 123lbs/56Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 132lbs/60Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 148lbs/67.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 165lbs/75Kgs | Bench | Mary Webb | 57.5 | Kg | 126.8 | lbs | 8/27/1994 |
| 181lbs/82.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 198lbs/90Kgs | Bench | Dorothy Rawe | 47.5 | Kg | 104.7 | lbs | 8/13/2005 |
| SHW/90+Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |

Masters (70-74)

Sunday, October 30, 2011

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|----------------|-------|----------------|------|----|------|-----|-----------|
| 97lbs/44Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 105lbs/48Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 114lbs/52Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 123lbs/56Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 132lbs/60Kgs | Bench | Ruth Wiltshire | 30.0 | Kg | 66.1 | lbs | 3/25/2006 |
| 148lbs/67.5Kgs | Bench | Ene Purre | 32.5 | Kg | 71.6 | lbs | 8/19/2006 |
| 165lbs/75Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 181lbs/82.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 198lbs/90Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| SHW/90+Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |

Masters (75-79)

Sunday, October 30, 2011

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|----------------|-------|-------------|-----|----|-----|-----|--|
| 97lbs/44Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 105lbs/48Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 114lbs/52Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 123lbs/56Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 132lbs/60Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 148lbs/67.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 165lbs/75Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 181lbs/82.5Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 198lbs/90Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| SHW/90+Kgs | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |

Masters (80+)

Sunday, October 30, 2011

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|----------------|-------|-------------|-----|----|-----|-----|--|
| 97lbs/44Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 105lbs/48Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 114lbs/52Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 123lbs/56Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 132lbs/60Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 148lbs/67.5Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 165lbs/75Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 181lbs/82.5Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| 198lbs/90Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |
| SHW/90+Kgs | | | | | | | |
| | Bench | Record Open | 0.0 | Kg | 0.0 | lbs | |