

# American Women

## Single Lift Bench

Junior (13-15)

Sunday, October 30, 2011

97lbs/44Kgs

Bench

Geri Cunningham

310.0 Kg

683.4 lbs

3/19/2005

105lbs/48Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

114lbs/52Kgs

Bench

Amanda Harris

52.5 Kg

115.7 lbs

11/19/2005

123lbs/56Kgs

Bench

Jake Shendow

57.5 Kg

126.8 lbs

6/12/1999

132lbs/60Kgs

Bench

Madison James

50.0 Kg

110.2 lbs

1/25/2009

148lbs/67.5Kgs

Bench

Madison James

71.0 Kg

156.5 lbs

9/24/2010

165lbs/75Kgs

Bench

Tracey LaCourse

45.0 Kg

99.2 lbs

2/22/1997

181lbs/82.5Kgs

Bench

Margot O'Halloran

72.5 Kg

159.8 lbs

10/23/2005

198lbs/90Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

SHW/90+Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

## Junior (16-17)

Sunday, October 30, 2011

97lbs/44Kgs	Bench	Penny Mann	40.0	Kg	88.2	lbs	3/4/1995
105lbs/48Kgs	Bench	Wendy Hendrick	55.0	Kg	121.3	lbs	3/4/1995
114lbs/52Kgs	Bench	Ambyr Reyes	87.5	Kg	192.9	lbs	3/29/2008
123lbs/56Kgs	Bench	Lori Jeffrey	77.5	Kg	170.9	lbs	3/4/1995
132lbs/60Kgs	Bench	Tasha Griffin	75.0	Kg	165.3	lbs	1/7/1995
148lbs/67.5Kgs	Bench	Sydney Mitchell	60.0	Kg	132.3	lbs	6/14/2008
165lbs/75Kgs	Bench	Jennifer Irish	80.0	Kg	176.4	lbs	5/17/1997
181lbs/82.5Kgs	Bench	Kim Atencio	72.5	Kg	159.8	lbs	12/10/2005
198lbs/90Kgs	Bench	Heather Keola	72.5	Kg	159.8	lbs	9/27/2008
SHW/90+Kgs	Bench	Heather McComas	57.5	Kg	126.8	lbs	3/5/1995

## Junior (18-19)

Sunday, October 30, 2011

97lbs/44Kgs	Bench	Brandy Campbell	60.0	Kg	132.3	lbs	2/22/1997
105lbs/48Kgs	Bench	Chelsea Wight	52.5	Kg	115.7	lbs	2/22/1997
114lbs/52Kgs	Bench	Brandy Campbell	72.5	Kg	159.8	lbs	9/13/1997
123lbs/56Kgs	Bench	Darlene Barteck	57.5	Kg	126.8	lbs	12/18/1999
132lbs/60Kgs	Bench	Kylee Pierceall	82.5	Kg	181.9	lbs	5/17/1997
148lbs/67.5Kgs	Bench	Skannon Brinkley	70.0	Kg	154.3	lbs	2/22/1997
165lbs/75Kgs	Bench	Jessica Porter	90.0	Kg	198.4	lbs	6/10/2006
181lbs/82.5Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
198lbs/90Kgs	Bench	Lynelle Brode	97.5	Kg	214.9	lbs	12/18/1998
SHW/90+Kgs	Bench	Griselda Gonzalez	112.5	Kg	248.0	lbs	2/21/2009

## Junior (20-23)

Sunday, October 30, 2011

97lbs/44Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
105lbs/48Kgs	Bench	Jessica Rankin-Gee	37.5	Kg	82.7	lbs	6/9/2007
114lbs/52Kgs	Bench	Valerie Moore	60.0	Kg	132.3	lbs	3/4/1995
123lbs/56Kgs	Bench	Jeri Lipert	100.0	Kg	220.5	lbs	3/2/1996
132lbs/60Kgs	Bench	Jennifer Robertson	82.5	Kg	181.9	lbs	5/7/2000
148lbs/67.5Kgs	Bench	Judith Sverchek	97.5	Kg	214.9	lbs	9/13/1997
165lbs/75Kgs	Bench	DiAnna Lainhart	57.5	Kg	126.8	lbs	11/12/1994
181lbs/82.5Kgs	Bench	Kelly Womack	150.0	Kg	330.7	lbs	10/23/2005
198lbs/90Kgs	Bench	Miranda Zambrano	45.0	Kg	99.2	lbs	9/5/2010
SHW/90+Kgs	Bench	Jessica Work	150.0	Kg	330.7	lbs	1/31/2009