

# American Women

## Single Lift Bench

Masters (40-44)

Sunday, October 30, 2011

97lbs/44Kgs							
Bench	Chenger Mehmedbasich	55.0	Kg	121.3	lbs	12/18/1998	
105lbs/48Kgs							
Bench	April Shumaker	120.0	Kg	264.6	lbs	9/24/2010	
114lbs/52Kgs							
Bench	Angela Tronske	50.0	Kg	110.2	lbs	3/25/2006	
123lbs/56Kgs							
Bench	Pamela Davis	65.0	Kg	143.3	lbs	7/14/1990	
132lbs/60Kgs							
Bench	Christina Williams	147.5	Kg	325.2	lbs	1/31/2009	
148lbs/67.5Kgs							
Bench	Christina Williams	125.0	Kg	275.6	lbs	4/14/2007	
165lbs/75Kgs							
Bench	Christina Williams	130.0	Kg	286.6	lbs	6/3/2007	
181lbs/82.5Kgs							
Bench	Tanya Reed	140.0	Kg	308.6	lbs	3/28/2009	
198lbs/90Kgs							
Bench	Angela Martinez	140.0	Kg	308.6	lbs	8/5/2006	
SHW/90+Kgs							
Bench	Nicki l'Anson	110.0	Kg	242.5	lbs	3/31/2007	

## Masters (45-49)

Sunday, October 30, 2011

97lbs/44Kgs	Bench	Imelda Fowler	52.5	Kg	115.7	lbs	10/21/2006
105lbs/48Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
114lbs/52Kgs	Bench	Anne Larson	58.5	Kg	129.0	lbs	3/28/2009
123lbs/56Kgs	Bench	Sabra Lucchesi	92.5	Kg	203.9	lbs	8/6/2005
132lbs/60Kgs	Bench	Lynne Homan	72.5	Kg	159.7	lbs	12/4/2011
148lbs/67.5Kgs	Bench	Monica DiGiuro	85.5	Kg	188.5	lbs	7/5/2009
165lbs/75Kgs	Bench	Cara Westin	127.5	Kg	281.1	lbs	6/7/2009
181lbs/82.5Kgs	Bench	Tanya Reed	140.0	Kg	308.6	lbs	3/28/2009
198lbs/90Kgs	Bench	Karen Black	107.5	Kg	237.0	lbs	6/14/2008
SHW/90+Kgs	Bench	Valerie Crowell	90.0	Kg	198.4	lbs	12/8/2007

## Masters (50-54)

Sunday, October 30, 2011

97lbs/44Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
105lbs/48Kgs	Bench	Georgette Marshall	50.0	Kg	110.2	lbs	3/2/1996
114lbs/52Kgs	Bench	Hedy Miller	80.5	Kg	177.5	lbs	12/9/2006
123lbs/56Kgs	Bench	Sabra Callahan	97.5	Kg	214.9	lbs	9/9/2006
132lbs/60Kgs	Bench	Gerrie Shapiro	87.5	Kg	192.9	lbs	7/10/1994
148lbs/67.5Kgs	Bench	Karen Parnow	72.5	Kg	159.8	lbs	9/24/2010
165lbs/75Kgs	Bench	Joyce Hamblin	87.5	Kg	192.9	lbs	11/12/1994
181lbs/82.5Kgs	Bench	Joyce Hamblin	95.0	Kg	209.4	lbs	3/3/1996
198lbs/90Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
SHW/90+Kgs	Bench	Mary Rubcic-Tawzer	75.0	Kg	165.3	lbs	5/15/2010

## Masters (55-59)

Sunday, October 30, 2011

97lbs/44Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
105lbs/48Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
114lbs/52Kgs	bench	Hedy Miller	85.0	Kg	187.4	lbs	3/29/2008
123lbs/56Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
132lbs/60Kgs	Bench	Miriam Lindbeck	55.0	Kg	121.3	lbs	7/10/1994
148lbs/67.5Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	
165lbs/75Kgs	Bench	Marilynn Mathis	90.0	Kg	198.4	lbs	3/21/2009
181lbs/82.5Kgs	Bench	Betty Heriford	120.0	Kg	264.6	lbs	9/24/2010
198lbs/90Kgs	Bench	Karen Polansky	82.5	Kg	181.9	lbs	8/6/2005
SHW/90+Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	

## Masters (60-64)

Sunday, October 30, 2011

97lbs/44Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

105lbs/48Kgs

Bench

E. Jones

27.5 Kg

60.6 lbs

5/18/1992

114lbs/52Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

123lbs/56Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

132lbs/60Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

148lbs/67.5Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

165lbs/75Kgs

Bench

R. Bland

62.5 Kg

137.8 lbs

5/18/1992

181lbs/82.5Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

198lbs/90Kgs

Bench

Record Open

0.0 Kg

0.0 lbs

SHW/90+Kgs

Bench

Lita Verts

55.0 Kg

121.3 lbs

3/2/1996

Masters (65-69)

Sunday, October 30, 2011

97lbs/44Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Bench

Helene Tropp

42.5

Kg

93.7

lbs

9/8/2007

114lbs/52Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

165lbs/75Kgs

Bench

Mary Webb

57.5

Kg

126.8

lbs

8/27/1994

181lbs/82.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Bench

Dorothy Rawe

47.5

Kg

104.7

lbs

8/13/2005

SHW/90+Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

Masters (70-74)

Sunday, October 30, 2011

97lbs/44Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

114lbs/52Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Bench

Ruth Wiltshire

30.0

Kg

66.1

lbs

3/25/2006

148lbs/67.5Kgs

Bench

Ene Purre

32.5

Kg

71.6

lbs

8/19/2006

165lbs/75Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

SHW/90+Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

# Masters (75-79)

Sunday, October 30, 2011

97lbs/44Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

114lbs/52Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

165lbs/75Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

SHW/90+Kgs

Bench

Record Open

0.0

Kg

0.0

lbs



Masters (80+)

Sunday, October 30, 2011

97lbs/44Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

114lbs/52Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

165lbs/75Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

SHW/90+Kgs

Bench

Record Open

0.0

Kg

0.0

lbs