

**USPF WV STATE SINGLE PLY DIVISION B FULL POWER
HIGH SCHOOL - FEMALES**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat		159.0	P. Mann	
	Bench		104.0	P. Mann	
	Deadlift		220.0	M. Woodman	
	TOTAL		473.0	P. Mann	
48kg/105.7lb	Squat		253.0	L. Jeffrey	
	Bench		137.0	L. Jeffrey	
	Deadlift		264.0	L. Jeffrey	
	TOTAL		650.0	L. Jeffrey	
52kg/114.5lb	Squat		314.0	L. Jeffrey	
	Bench		170.0	L. Jeffrey	
	Deadlift		330.0	L. Jeffrey	
	TOTAL		815.0	L. Jeffrey	
56kg/123.5lb	Squat		308.0	L. Jeffrey	
	Bench		178.0	L. Jeffrey	
	Deadlift		341.0	L. Jeffrey	
	TOTAL		821.0	L. Jeffrey	
60kg/132.2lb	Squat		286.0	R. Bush	
	Bench		154.0	R. Bush	
	Deadlift		325.0	R. Bush	
	TOTAL		766.0	R. Bush	
67.5kg/148.7lb	Squat		275.0	A. Helminski	
	Bench		159.0	A. Helminski	
	Deadlift		297.0	A. Helminski	
	TOTAL		733.0	A. Helminski	
75kg/165.2lb	Squat		242.0	W. Hendrick	
	Bench		115.0	W. Hendrick	
	Deadlift		297.0	W. Hendrick	
	TOTAL		655.0	W. Hendrick	
82.5kg/181.7lb	Squat		275.0	A. Helminski	
	Bench		130.0	A. Helminski	
	Deadlift		290.0	A. Helminski	
	TOTAL		695.0	A. Helminski	
90kg/198.2lb	Squat		248.0	H. McComas	
	Bench		126.0	H. McComas	
	Deadlift		303.0	A. Harper	
	TOTAL		666.0	A. Harper	
90+kg/UNL	Squat		440.0	C. McClellan	
	Bench		181.0	C. McClellan	
	Deadlift		429.0	C. McClellan	
	TOTAL		1052.0	C. McClellan	