



GLOSSARY



Altomesayok - The high mountains of the Andes. Also the name for the Wisdomkeeper's Rite.

Artes - Sacred tools used on the Mesa.

Chumpi Belts - Bands of Power

Curandero - traditional native healer or shaman

Cuti - to set things straight

Despachos - Ritualistic offerings of Mesa, or medicine bundles

Hampe Blessing - The Healer's Rite

Inca- means "Luminous One"

Karpay - Transmissions or Initiations. The *Karpays* connect the person to an ancient lineage of knowledge and power that cannot be accessed by the individual. It can only be summoned by a tribe.

Khujas - Sacred artifacts and Healing Objects. Q'ero paqos carry objects (Khujas) they find in the mountains, come to them directly from other dimensions, or given to them by another shaman.

Ki means life energy, vital energy

Laika - our ancient teachers - those who came before us and guide us on the same path

Mastay - the time of the great gathering and reintegration of the peoples of the four directions

Medicine Space - Calling in the quarters for protection with the energies of the Archetypes

Mesa - altar with medicine bundles, often on the ground

Mosoq Karpay - The Star Rites of “the time to come” fulfilling the prophecy.

The transmission of the *Mosoq Karpay* is the ceremony representing the end of one's relationship to time. *It is a process of the heart.*

This process of Becoming is considered more important than the prophecies themselves. The *Karpay* (rites) plant the seed of knowledge, the seed of Pachacuti, in the luminous body of the recipient. It is up to each person to water and tend the seed so that it can grow and blossom. The rites are a transmission of potential; one must then make oneself available to destiny.

The *Karpays* connect the person to an ancient lineage of knowledge and power that cannot be accessed by the individual. It can only be summoned by a tribe.

Ultimately, this power can provide the impetus for one to leap into the body of an *Inca*, a *Luminous One*. That person is **connected directly to the stars**, the Incan Sun of cosmology.

Munay comes from a Quechua word that means “I love you”

Munay Ki Rites - powerful and transformative spiritual practice that has been passed down through the centuries by the Q'ero people of the Andes mountains in Peru.

The rites are said to

- help connect us with our inner power and intuition
- help us to heal and transform our lives

Pacha - Earth or Time

Pachacutti - periods of evolutionary change when space and time turn over and the world in which we live within moves from a cycle of light into a cycle of dark, and then from a cycle of dark into a cycle of light, and so on, in a natural order of change and evolution

Pachamama - Earth goddess of the Incas. Mother Earth. Mother of the natural world.

Pampamesayok - The Daykeeper's Rite. The Pampamesayoks of Q'eros are highly trained Paqos. This Rite alone does not give you the training to be able to call yourself a Pampamesayok, however it gives you greater insight into daily ritual, altar-keeping, connecting to your local sacred sites.

Paqos or Pakoquna - a closed medicine bundle filled with Khujas that the Quechua curandero utilizes over the Mesa. A Paqo is also the name used for the person doing the ritual.

Personal Sacred Space - Personal Protection performed before and after every sacred ceremony.

Pi Stones - a small circular stone with a hole in the middle, also known as a torus (the three-dimensional shape of a doughnut).

Pi stones are a representation of your spiritual bodies, and the energy universe has to offer. They depict your light and brilliant energy field symbolically. A pi-stone serves as a portal, a trans-dimensional gateway to the energies you are tapping when using these rites, to transmit the Munay-Ki.

Q'ero -. indigenous people who live in the highlands of the Andes mountains in Peru. The Quechua are the direct descendants of the Incas (1400 CE) and have maintained as much of their heritage as possible through centuries of colonialism.

"Q'ero are the last of the Incas, they are the "**Laika**" the "**long haired ones**" spoken of in ancient myths and stories. The mystics and healers of the ancient world, the medicine men and women who have been the keepers of the relationships between the people and the sacred places. The relationship between human kind and the cosmos

Quechua - the language of the Q'ero

Sacred Space - A sacred container for the ceremony or coaching session is essential.

- **Safety and protection**
- Prevents distractions from other energies coming in unwanted
- Provides discernment (anything that comes up is from the client, not an invading energy to interfere with the healing ceremony)

Shaman - The person selected to be a healer in a tribe and helps to heal people through rituals and ceremonies.

Shamanism -

The religious practice of indigenous people around the world.

It was created for

1. Healing
2. Connect with natural world

Soul Retrieval - One of the main forms of healing

- For traumatic experiences, either in this lifetime or in a past life,
- It's when your energy becomes locked away and unavailable
- Negative life symptoms

When the Shaman locates a lost part and returns it healed and whole, the person can experience a huge boost in his/her life.