



LESSON 1



What is Munay-Ki?

Munay comes from a Quechua word that means **'I love you.'**

The Munay-Ki are the Rites of the Shaman's Path of the Q'ero Nation, descendants of the Inka, who were the indigenous people of the holy mountains of the Andes in Peru.

The prophecies of the ancient Americas speak about a new human appearing on the planet – one who lives free of fear and resides in their transcendent nature. The Munay-Ki are the codes for the new human. They are delivered in the form of energetic transmissions.

These Rites are given as the next step in the evolution of humanity; to realign and attune our neural pathways and truly shift human consciousness. These Initiatory Rites, in essence, empower us to step up to the task of being lightworkers and assuming stewardship for the Earth and all creation during this amazing time of transition.

There are nine Rites in total. It is hoped that these Rites can be transmitted to as many as possible. Once you have received all nine Rites, it is asked that you pass them on to others. According to the prophecy, once enough people have awakened to a higher level of consciousness, we will then witness the birth of a new form of human on the planet and the dawn of a new civilization- we are the Ones we've been waiting for!

Anyone can receive the Munay-Ki rites with no previous healing or shamanic experience. The Rites of Munay-Ki develop your luminous energy field.

The Andean tradition reminds us that we are intimately connected with everything and everyone around us. If we are in balance, then we are in rhythm with the natural flow of things. Life then requires much less effort to accomplish so much more. The energy and purpose of the Munay-Ki is connected to an ancient tradition that reminds us of who we really are, beyond culture and country.

With this attunement you will begin to see the unseen energy of the spiritual world and connect on an energetic level with the Elements, nature and divine creation. The energy flow guides you, taking you where you want to go. This requires letting go of the need to know and understand things in a logical, analytical way. The more you connect with nature, the Elements and your inner self, the more you will learn to trust that the divine is assisting you, offering you opportunities to choose life, simplicity, happiness and magic.

Your luminous energy field contains records of your personal and ancestral memories, trauma and even painful wounds from past lives. Imprints propel us to recreate painful dramas and heartbreaking encounters yet ultimately guide us toward situations wherein we can heal our ancient soul wounds.

This Munay-Ki course teaches you how to create, or open sacred space and to close it again when you are finished with your work. You will also learn how to summon the healing power of nature anywhere on Earth. The shaman's covenant with Spirit is that when they call, Spirit answers. Powerful medicine people from the Spirit world appear in the form of luminous beings who assist us in our healing work.

Munay Ki is the shamanic 'path of fire' and daily meditations with fire as well as full moon fire ceremonies are a key practice of the Munay Ki. Daily fire meditations with the Archetypes are very important as the light and warmth of the fire germinates the seeds that have been received in your luminous body. The time required for this can be a little as 5 minutes daily, or as long as you like. Ideally 15 to 20 minutes.

What About the Rites?

The Rites plant the seeds of knowledge into the luminous body of the recipient. It is up to each person to water and tend the seed so that it can grow and blossom.

The Rites are a transmission of potential; one must then make oneself available to destiny. It is like the old story from many traditions that tells of rowers in trouble at sea, they are all praying to God to get them out of trouble AND they are rowing like crazy to help themselves.

The Rites connect the person to an ancient lineage of knowledge and power. It is up to you, they can be gifted however you need to row your own boat to grow them.

Ultimately, this power can provide the impetus for one to evolve into a Luminous One. That person is connected directly to the stars, the Incan Sun of cosmology. The Shaman believes that the doorways between the worlds are opening again. Holes or veils in time that we can step through and beyond, where we can explore our human capabilities. Regaining our luminous nature is a possibility today for all who dare to take the leap.

This training is an energetic transmission, a series of initiations that help us to develop a new architecture in our luminous energy field. The Rites anchor each of the critical junctures in the process of becoming homo luminous. These Rites are the sum total of attunements that we go through as we transit from the body of a human to the body of angels.

These rites were first given to the Laika, our ancient teachers, by angelic beings, and now are passed on from teacher to student. When you receive the gifts of the Munay-Ki as a student, it is the lineage of luminous beings that transmits itself, from the head of the master to the student traveling through the etheric fields to transfer this energetic information.

As an Earthkeeper, I quietly sit, engage and maintain sacred space and embody the vibration of the Rite you are to receive. Alberto Villoldo, emphasized over and over again that when you unite your vision with your intent, the universe will ACTIVELY conspire with you.

"Miracles happen when you work in the domain of the sacred."

The Rites will be taught in stages. I cannot emphasize enough that you will come to them when you are ready. They are presented at weekly intervals, except between the first and second rites, when we wait three weeks to allow the new attunement to hold into the student's physical and energetic bodies. Once you start the course, you have unlimited and untimed access to the Rites