

5 Elements Healing & Wellness Retreat

**Ubud, Bali | Nov 11–18, 2025
Come home to yourself in Bali**

Join facilitators Opinder and Anthony Paden in Bali for a transformative week of connection, healing, and renewal.

Guided by the wisdom of the 5 Elements—Earth, Water, Fire, Air, and Ether this is more than a retreat; it's a sacred space to release what no longer serves you, remember who you are and reconnect with your inner truth.

Set in a serene, eco-luxury villa, each day offers healing practices including yoga, meditation, and the 12 Stages of Healing

What Awaits You

Sacred fire & water ceremonies: Agni Hotra & Melukat purification

Traditional Balinese celebration banquet

Cultural & nature excursions: waterfalls, temples, rice paddies

Nourishing meals made with organic, local ingredients

Supportive community guided by experienced facilitators

Your Retreat Experience Includes

7 nights at a private Ubud Eco-Retreat (Wi-Fi, daily housekeeping, 24/7 staff)

Airport pickup on arrival

3 organic meals daily (special diets accommodated)

Full retreat program, all excursions, ceremonies & workshops

Optional add-ons available: private healing sessions, massage, art or cooking classes, and more.

Investment in You

Tuition: \$2,888

Deposit: \$1,444 to reserve your space

2 remaining payments of \$722 due by Sept 30, 2025

Early Bird: \$2,700 if deposit is received by August 1, 2025

Room selection & payment details on the application.

Space is limited to 12 — reserve your transformative experience now!



Scan For More Details

For questions or to set up call with the facilitator
Email: shaktiintegrativhealing@gmail.com
Call: Opinder Paden — 808-212-6353
www.opinderdeol.com



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