

September 20th, 2017

Dear New Brother,

Congratulations on completing the New Warrior Training Adventure!

Welcome to our community of initiated men. We are blessed to have you join us. Enclosed are some materials for you related to your weekend.

Remember that you have really just begun your journey. To help you integrate what you learned on the weekend into your life, we highly recommend that you become a part of a local group of men who meet regularly. We call them integration groups (I-groups).

I hope that you have joined a local Integration Group or have signed up for the Primary Integration Training. If you have not, give me a call and I will help you take the next step.

There are many opportunities to grow and serve in MKP. Give me a call or stop in soon.

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MKP Chicago: Empowering Men to lives of Integrity, Accountability, Compassion, and Service in our World. We are an increasingly diverse group of men dedicated to improving our lives and empowering others to improve their own.



The ManKind Project USA | PO Box 383, Kaysville, UT 84037 | MKPUSA.org | 800-870-4611

Greetings New Warrior!

As the Chairman of the Board for the ManKind Project USA, I congratulate you on completing the New Warrior Training Adventure!

The community where you just did 'the weekend' is part of a national organization, the ManKind Project USA. MKP USA is, in turn, one of nine global regions that comprise a global brotherhood, the ManKind Project. Together, we produce the most recognized and respected men's initiation training available and we offer a global network of peer facilitated men's groups.

"Today, right here, we are the co-creators of a new way of being as men." The NWTA is a step on a lifelong journey. With each man doing his work and supporting others, we are co-creating needed shifts in our culture:

- Building mature male role models through mentoring, support, and challenge
- Fostering brotherhood by rejecting destructive competition and senseless violence
- Creating inclusive community by leaving isolation, abuse, and neglect in the past
- Mastering mature relationship by resolving conflicts and creating conscious intimacy

I invite you to explore the richness of MKP USA; to find support and connection in a local community and an Integration Group; to engage with men of the NWTA Leader Body, Lodge Keepers Society, the Elders, the Young Warriors, and more. We hope you will actively participate and add your brilliance to our community.

It will take a committed group of highly conscious men and women to create a culture of integrity, authenticity, inclusivity, generosity and emotional intelligence. The ManKind Project USA is Member supported. If you loved the New Warrior Training Adventure, please consider becoming a supporting Member of MKP USA. http://mkpusa.org/membership

Congratulations on your Journey & Blessings on your return,

Julien Devereux

MKP USA Chairman 2016

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With our past healed and our missions of service in focus, we accept our individual and shared responsibility for the future of humanity.

As New Warriors, we accept responsibility for our own problems and take action with others to create solutions.



The Journey Continues...

When we sign on for the NWTA, we begin our journey to mature masculinity. The NWTA awakens our souls to the possibilities of a life of mission and purpose. We push beyond our normal boundaries by accessing our deep archetypal energy. The I-groups stress uncovering our shadows and sharing them with the group. Without the I-group, the discovery of our inner selves could go largely undeveloped. This container provides a place for being grounded and uncovering our life dilemmas. Following the NWTA, you have choices in additional training and workshops to further your journey.

Why Staff?

The lifeblood of the community is sharing the gift of initiation with new brothers who need your energy and devotion to mentor them on their journey and to help create community. The NWTA requires the skills, talents and experience of initiated men. The learning opportunities of staffing the NWTA add up to benefits that clearly match the benefits of the original weekend. Staffing is a test of challenging your mission to the world. Time required: two staff meetings before the training and a meeting, at the site, on the Thursday night before the weekend. Selection is done six months in advance.

Why Continue in Your I-Group?

l-groups are the core of your involvement in the Warrior community. The group, with its original brothers, is one of the most powerful places for us to manifest what we "got" during our initial weekend. We share a common and special experience, a unique language and evolving rituals that allow us to enter that place where we trust, expose, learn, share and grow with these men. I-groups change over time because we change. Over the years, we have helped the I-group become a dynamic and safe place to continue the life-long work of recognizing our patterns, using our strengths and wisdom, to live in new ways and venture into a world that needs us every day to be conscious of how we manifest our service, our gift, our light.

Leadership Training

Integrating Personal Leadership Training (IPLT) - The Responsible Man Workshop

This workshop is about your future. It is about discovering tools to create the life you say you want to have. The training covers what it means to grow up and take responsibility for your life, how you hi-jack yourself from that responsibility. It also looks at how you get hooked by old stories and beliefs, how to balance your lover and warrior energies, and how to build strong functional boundaries, and a whole lot more!

Basic Staff Development Training (BSDT)

BSDT is designed for men just beginning their NWTA staffing experience. It is also beneficial for men who have yet to staff their first weekend as a "rookie" to prepare them for that experience. MKP policy requires BSDT be completed before a man staffs his fourth NWTA and unless previously "grand fathered" it is required to begin the Leadership Training Process toward certification.

The purposes of BSDT are:

- To teach the basic theory structure, flow, purpose and ideals of the NWTA.
- To help men learn and practice kills that will enhance their abilities as a NWTA staff man. The skills taught
 and processes covered are appropriate for a rookie and junior level staff man.
- To show and strengthen facilitation skills to take back to a man's I-group.
- To begin to look at the MKP Leadership Training and certification process.

During this training, you will receive an overview of the processes, energy, structure, and intention of the processes on the NWTA in which the rookie or junior staff man will most likely be involved. A Mission review is done along with looking at "what's at risk?" and accountability. The roles of a rookie or junior staff man are stressed covering what and how the man may be involved on the various NWTA processes. Remember that this is a NWTA Staff training so

it will be geared and weighted to teaching the NWTA processes. There will also be skills taught, such as "what's at risk?" that can be taken back to the man's I-group and the MKP leadership path will be covered to answer questions a man may have about that.

LT1 - Leader Training One "The Container of Leadership"

A large part of the training includes leadership-training processes created from the teachings and concepts of such corporate leadership trainers as Kevin Cashman, Stephen Covey and Ken Blanchard. There is deeper Mission work including their Leader Mission and Leader Shadow Mission, and a mini "guts" workshop of carpet work with freeze frame and debriefing. We go into safety on the NWTA, do a Leader Hot Seat (both shadow and golden), creating a Court, and conflict resolution techniques. In LT1 men will look at their definitions of leadership, their conscious and shadow beliefs about leadership, and leading from their authentic character vs. leading from their persona. The men then gain awareness of how all this is involved in their "creation of a container". The participants begin learning and working with the leadership habit of "seeking first to understand, then to be understood."

It is suggested that men have done BSDT before LT1, however it is not a requirement. Since much of LT1 is on Leadership and not NWTA, men that participate will experience growth in the leadership in their lives. These men still need to attend BSDT to further their NWTA staffing abilities. LT1 is for both the staff man who wants to pursue the MKP Leadership path and for men who do not wish to pursue MKP Leadership, yet want to step more into their own personal and professional leadership.

LT2 – Leader Training Two "The Burden of Leadership"

A large part of this training is the experiential "burden process" which allows men to feel the burden of leadership while looking at being of service and acts of service as a leader. This theme runs throughout the weekend training. Men participating in this training will learn more about the burdens of leadership and how those play out in his life. Men will discover more about how to implement what they have learned rather than continue to talk about it. You will have the opportunity to discover more of your gold and shadows of leadership through carpet work and learn further facilitation skills. There is a continuation of mission work and further work around your leadership mission and how that relates to your personal mission. Men will experience how their "money shadows" show up in their lives and in their leadership and will have the opportunity to do self-examination of their leadership and the continual "work-in-progress of leadership.

It is highly recommended and suggested that a man have done LT1 before attending LT2 and that 6 months pass between taking these trainings. This allows the material presented at LT1 to be integrated into the participant's life.

LT3 - The Co-Leader Training "The Co-Leader Training"

The purpose of the Co-Leader Training is to complete the formal training process of prospective Co-Leader candidates for the ManKind Project. It is to continue to strengthen and develop skills appropriate for a Co-Leader – both on the NWTA and in the man's community. We help the man look even more deeply at leadership in his life by looking at and working with his leadership shadows, particularly the victim / perpetrator dyad. Men learn about creating and maintaining a sacred container and look more deeply at safety at all levels, especially psychic safety. Men will discover more of their gold and shadows of leadership through carpet work, and will hone their leader mission and leader shadow mission. Their Kingship will be assessed, honored and blessed. Through a Hot Seat process, then men will gain an understanding of their gifts and potential for Co-Leader certification.

The LT3 introduces new material solely on Leadership, not based exclusively on the NWTA. From the book "Leadership From the Inside Out" and "Leadership By The Book" as well as others, we ask the men to look at their conscious and unconscious or "shadow" beliefs about Servant Leaders and how those create his reality and affect his leadership. They will also look at Servant Leader Checkpoints, and have an opportunity to gain awareness of what it is inside them that drives them or calls them into leadership. This moves and accelerates LT3 beyond the NWTA and becomes a weekend look at a man's character and values. Is he a leader from within himself or just a leader from the outside – the weekend?

The guidelines to be invited to the Co-Leader training are: completed BSDT, LT1 & LT2; declared on leader track and paid the leader track fee; have the blessings of the mentor, local leader body, and community; and staffed at least 12 NWTA weekends. The Co-Leader Training is by invitation only and invitations are extended by the Leader Training Chairman. Men who believe they should be invited are encouraged to enroll and request an invitation.



INVITING MEN TO THE NEW WARRIOR TRAINING

New Warriors rely on word of mouth and personal invitation to bring men to the Initiation Training. While we utilize other outreach methods, none is as effective as the sharing of the gift in a one on one relationship.

Whether the intent is to get a man to the training or an outreach type event (Open Circle), there is a way to communicate which is authentic and congruent with our personal commitment as Warriors. Using the discovery and listening skills we use in our I Groups and with our Brothers will keep us "real" with ourselves and with the man we invite.

1. Focus on the man; not yourself or the training

2. Listen and speak from your heart and don't be attached to the outcome. This is an act of service.

Relate: (3% of the conversation)

Ask him how he feels. Identify with his heart connections. Gain trust and bonding.

Discover: (90% of the conversation)

Through asking good questions, uncover commitment. Create possibilities. Allow the man to discover for himself. Find out what his commitment is to his own life.

"I'd like to know more about you. Do you have time to talk for a few minutes?"

"May I ask you a few questions about your life? (Ask permission; come from the heart.)

"Is there anything missing in your life right now?"

"What is going on in your life that you would like to change now?"

"What is missing for you in your life? What stands in the way of you achieving that?"

"What do you want from your life? What are your dreams?"

"What do you believe is possible? And if you achieved that, what else would be possible?"

"If you were to go to the New Warrior training, what would you want to get out of it?"

All the while, restating what you hear him say...so that he gets it that you care who he is as a man.

Advocate: (2% of the conversation)

Relate to his needs; tell him how the training gave you what he said he's looking for...

Ask,"Is this something you would be interested in?"

Support: (2% of the conversation)

"What can I do to support you in your decision?"

Give a brochure, an Outreach event flier, offer to go with to Outreach event, copy of an article....

Action: (3% of conversation)

Make a request...an invitation.

"Is it OK if I call and follow up next week?"

"I ask you to seriously consider attending this training."

Bottom Line; listen, Let the man talk; 90% of your time should be devoted to your discovery of him, his needs, his fears and concerns. When you do speak, speak directly to his issues.



Resources Available to New Warriors

Websites

<u>www.mkpchicago.org</u> – local website – apply to staff, look up contact information for fellow warriors <u>www.mkp.org</u> – international website

<u>www.newwarriorcircle.mkp.org</u> - lots of downloadable information & protocols for the NWTA & Center Development. <u>www.mkpchicago.org</u> - MKP Chicago website. Be sure to keep your member profile up to date. This site allows you to search our membership for contact information on other members.

Email Lists

<u>chi-talk</u> – this is an informal membership chat list. Appropriate items include:

- 1. Requests for personal assistance
- 2. Opinions, Complaints, Jokes, etc.
- 3. Announcements of Life Events of Warriors: Marriages, Births, Deaths of immediate family members
- 4. Advertisements for services from men in the community.

The community monitors messages sent to Chi-talk.

chi-info – formal membership information only list. Appropriate items include:

- 1. Official Announcements
- 2. Official Assistance Requests on behalf of the Community
- 3. Calendar Announcements of Community Events
- 4. Paid advertisements

Messages sent to Chi-info are approved in advance.

All other email list serves are for constituencies and groups within the Chicago community. They are for the business of that group and chat should be limited on those list serves.

Publications

MKP Journal – journal.mkp.org - published by a Warrior for the benefit of all members.

Other Trainings

The New Warrior Training Adventure has been a catalyst for many other trainings which can deepen the teachings of the weekend and help an individual expand in new directions. These trainings are offered by many skilled people. Go to their websites to learn more about them and the gifts they offer, as well as the requirements.

- Hollow Bones
- Inner King
- Shadow Work Seminars
- The Boys to Men Mentoring Network
- The Inside Circle Foundation
- The Next Step
- Warrior Monk
- Woman Within
- Path to Spirit

See community calendar of email lists for upcoming other trainings.

MKP Chicago Stakeholders BROTHERS

SECURE THE FUTURE OF YOUR MKP CHICAGO VISIT THIS WEBSITE:

MyMKPchicago.org

BE ONE OF 200 MEN TO SAY

I got your back MKP Chicago

YES "I'm In"

Who We Are What We Do Matters
I can Give Back

Go to this Website

MyMKPchicago.org



A men's group is a place to tell the truth about your life, to face the past, take full responsibility for your life and reclaim your power and wisdom in the world. We support each other to create dynamic, safe and empowered men - men ready to change the world. You have the opportunity to radically improve your life.

Be MORE of the man you want to be.

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The ManKind Project is a not for profit training organization. We are not affiliated with any religious practice. Your beliefs are welcome. We offer trainings that help a man create the life that he wants to lead, and to live it with integrity.

We help men grow.

BECAUSE THE WORLD NEEDS GROWN UP MEN.

MANKINDPROJECT.ORG

Men's Support, Men's Training, Men's Community

WE HELP MEN GROW

Because the world needs grown up men. Every week, there is a men's group meeting somewhere close to your home. The most powerful men in the world have



Changing the world one man at a time.

advisors, brain trusts, cabinets, courts, fraternities. You can too. Make the call. Get the power that only comes with support. Since 1984 nearly 45,000 men have made the choice to get more out of their lives - to take action and to take responsibility. What about you?

We hold Open Circles every 1st Thursday and 3rd Wednesday of each month, that begin at 7:00 p.m. Please join us to see what we are all about, or call our Center Director at 312-243-6743 with any questions you might have.



The New Warrior Training Adventure is an intense 48 hour experiential training that challenges men to find and embody their personal mission and power in the world. We help men redefine the unhealthy male stereotypes and step into mature compassionate masculinity - the kind of masculinity that we need to help each other face the big problems in our world - and embrace the challenges in our lives.