

Dementia Active Gardening Sessions Risk Assessment

The primary purpose of this activity is to provide a means by which members can be encouraged to take part in practical gardening sessions in an enclosed safe garden area,

Potential Hazard with risk	Risk Level LOW, Medium or High	Controls in place, and Further action required or taken.
Uneven/wet surfaces - Slipping, tripping and falling.	LOW	Members adequately supervised and instructed to walk in the garden. Surfaces adequately maintained and repaired when necessary. Other specific surfaces deemed dangerously slippery when wet, such as decking, should be covered with a nonslip surface.
Chemicals used in the garden. Inhalation of or contact with chemicals	LOW	Adopt environmentally sensitive approach to garden i.e. garden without the use of chemicals. If chemicals are used, they must be used by qualified operator warning signs should be displayed The relevant Personal Protective Equipment (PPE) to be used Spray only when weather appropriate Stored in accordance with health and safety legislation.

Plants Poisoning from ingestion and allergic reactions	LOW	All adults assisting in the garden to be made aware of any members known to have specific plant and food allergies, including hay fever and to know which member of staff is responsible for administering that medication. Members must not eat parts of plants unless instructed to do so, and must wash hands after garden sessions. Gloves should be made available.
Plant supports	LOW	Damage to the eye. Members to be made aware of hazard and to take care when leaning over beds or containers. Cane toppers to be used where practical
Bees, wasps and insects Stings	LOW	These are natural inhabitants of the garden and pose no risk unless provoked. Staff must be aware of any members allergic to the above. If stung, members should seek first aid from a member of staff.
Soil, animal faeces and water (eg puddles and water butts). Tetanus, Leptospirosis (Weils disease) and Toxocariasis (roundworm) and other infections. Adults and children. High - tetanus, weils disease and roundworm.	LOW	Low - other infections Everyone must wash their hands thoroughly after working in the garden and before handling food and drink. Cover any cuts or abrasions before

		<p>garden sessions. Ensure members have up-to-date tetanus before garden sessions. Remove all traces of animal faeces before the children enter the garden. Gloves to be made available. Prevent animals from entering the garden where possible. Glass and other Adults and Low Remove all litter from the garden prior to using Gloves to be worn when clearing soil</p>
Weather Sunburn, dehydration, hypothermia	Medium	<p>Appropriate clothing to be worn for the weather conditions. Adequate fluids drunk when it is hot. Sun cream applied when necessary</p>
Heavy objects, Injury caused from lifting	LOW	<p>Members not to lift heavy objects or bags of compost, nor to overfill wheelbarrows where in use. Use smaller sized watering cans for members that aren't as heavy when full. Staff to use safe lifting techniques when lifting. Brief Manual handling training for able members.</p>