

Focusing on Ability

Trustees' annual report 2022

Trustees' annual report for the period 21 July 2021 to 31 December 2022

Dementia Active CIO (registered charity number 1195246)

7 Manor Park

Jugglers Close

Banbury

Oxfordshire

OX16 3TB

dementiactive.co.uk

Introduction from the chair of trustees

Like all charities, Dementia Active has faced enormous challenges over the last few years, but, the good news is, despite the pandemic and the cost of living crisis, we are still here and, happily, thriving. We still face many threats, not least the challenges of recruiting staff, and are acutely aware that, nationwide, social care across the board is more fragile than ever.

I'm pleased to report that, after initially operating in village and church halls in the area, in July 2022 we finally moved into our new dedicated building in Banbury, rented on a 10-year lease. A lot of work was – and still is – needed but that hasn't stopped us with the vital work of caring for some of the most vulnerable people in our community.

Dementia Active is currently self-funding with a small monthly surplus and we are actively seeking capital funding from grants and corporate donations to complete alterations to the building as well as funding of staff wages for the future.

All the hard work by our new fundraiser is beginning to see success with local businesses and organisations, as are the efforts of our dedicated grant applications trustee which will help underwrite these improvements and upgrades to the building and equipment. We are all, along with others in the sector, constantly aware that more is needed, in particular by way of long term financial support from government but that is part of the challenge.

Throughout all the uncertainties, challenges and changes of the last few years, one thing that has remained constant is the resilience and determination of our team. None of this could be achieved without their hard work and dedication, so I can only offer a heart-felt thank you to all of them, the drivers, the group leaders, the helpers, the entertainers, the chef and the bottle washers!

2023 looks like being an equally, if not more, challenging year and I look forward to reporting on our continued growth and success at the end of that time.

- Pat Moore
Patrol herse

Part 1

Governance

Dementia Active is a Charitable Incorporated Organisation (registered charity number 1195246). Its board of trustees is responsible for managing the resources of the charity for its beneficiaries to further its charitable purpose. The day-to-day arrangements committee has delegated responsibility for the daily running of the charity. The charity is governed by its constitution.

Board of trustees

Patrick Moore

Melissa Fazackerley Caroline Wheatley

Kate Wilkinson (to 31 Dec 2022)

Joe Woods

Chris Kinch (from 8 Dec 2021 to 1 Sep 2022)

Anna Svenson-Tuckey (from 27 Jun 2022) William Aylward (from 1 Sep 2022)

Joanne Elstob and Beth Noray joined the board of trustees after the end of the financial year but before this report was authorised.

Day-to-day arrangements committee

Andy Gill (Chief Executive Officer)

Melissa Fazackerley (Designated Safeguarding Lead)

Constitution

Dementia Active was founded as a Charitable Incorporated Organisation on 21 July 2021. Its constitution sets out the framework for the governance of the charity. The purpose of the charity is to relieve the needs of people diagnosed with dementia and related conditions in Banbury and surrounding areas.

The constitution identifies four means by which the charity can achieve its aim and relieve the needs of its beneficiaries:

- facilitating specially designed recreational activities,
- providing transportation,
- offering support and respite to carers, and
- working in association with other organisations.

Recruitment of trustees

During this financial year, trustees were recruited from contacts of the charity, for example individuals who volunteer in sessions and family members of past beneficiaries. New trustees are provided with a copy of the constitution and guidance from the Charity Commission on trustee responsibilities.

Part 2

Objectives and activities

The trustees have had regard to guidance published by the Charity Commission relating to the public benefit requirement and are satisfied that their decisions reflect this requirement. Dementia Active fulfilled its responsibilities to the public and its beneficiaries by providing activity groups, transportation and related activities.

Strategy

The trustees aim to achieve the charity's purpose through the use of strategy involving several elements, most importantly by designing, planning and carrying out activity sessions using principles and techniques that contribute to cognitive stimulation, social participation and enjoyment.

The charity provides opportunities to participate in activity sessions to as broad a section of those in its beneficiary group as possible, making reasonable accommodations to allow those with different or additional needs to participate and only placing limits on membership that are absolutely necessary.

The charity seeks to include and involve its stakeholders in its work, including members' families and carers, staff and volunteers, community members and organisations.

The charity uses a risk management framework in order to facilitate comprehensive management of its resources and activities in the interest of its beneficiaries.

Achievements and performance

Dementia Active CIO was registered at the beginning of this financial year, comprising a team of group leaders, a chef and volunteers who ran sessions at various village halls surrounding Banbury. Upon registration of the CIO, the trustees accepted that the charity should aim to acquire dedicated premises in Banbury

from which to carry out its important work, and initiated fundraising, recruitment and governance projects to facilitate the charity's goals.

Dementia Active provides four activity sessions per week for its members, each lasting three hours. During its first financial year the charity has utilised the services of four group leaders, who provided stimulating activities and opportunities for discussion and social interaction in a safe environment, and a chef who provided cooked three-course meals. Much-needed support within group sessions was provided by eight volunteers.

The chef, group leaders and other staff have also fulfilled the responsibility of transporting members between their homes and the Dementia Active premises. The charity has been provided with transportation assistance by seven volunteer drivers, and also made partnerships with professional transportation providers.

In July 2022 the charity reached its milestone and moved into its new premises in Manor Park, Banbury. Over the course of the financial year there have been more than 3,750 session attendances and 42 members who attended at least one session with the charity.

Part 3

Financial review

The trustees did not adopt a reserves policy for the 2022 financial year. The level of reserves at the end of the financial year was £49,001.

Overview

The principal source of funding for the charity's activities was £96,392 from member contributions in the form of suggested donations collected for session attendance. In reflection of the strategy to enable maximum participation in sessions, a reduced fee or free attendance has been offered on a case-by-case basis.

The charity also received grants amounting to £51,051 and carried out fundraising events which raised £1,282.

The charity incurred £15,000 of debt for the purpose of installing a lift to enable members who are unable to use stairs to move between floors.

Independent examiner's report to the Trustees of Dementia Active CIO

I report to the trustees on my examination of the accounts of Dementia Active CIO (the charity) for the period ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Hy

Name: Hermione Hymers

Relevant professional qualification or membership of professional body (if any): ICAEW

Address: Penrose House, 67 Hightown Road, Banbury, OX16 9BE.

Date: 63/08/2023





Receipts and payments accounts

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For the period from 01/07/2021 To 31/12/2022

Section A Receipts and	payments				
	Unrestricted	Restricted	Endowment		
	funds	funds	funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Current member donations	93,060	-	-	93,060	
Donations and legacies	51,051			51,051	-
Fundraising	1,283	-	-	1,283	-
Gift aid	15,394	-	•	15,394	-
Member food income	3,603	•	-	3,603	
Services Interest received	83	•	-	83	-
Sub total (Gross income for	19	-	-	19	
	164,493			164,493	
AR)				104,430	
A2 Asset and investment sales,					
(see table).					
(000 100,0).					
	-	-	-	•	
Sub total			-	•	-
Sub total	-	<u>-</u> 1	•		•
T-4-1 (-)				The second second second second second	
Total receipts	164,493	-	-	164,493	
A3 Payments					
Cost of sales	4,783	-	-	4,783	-
Advertising/promotional	184			184	
Day to day expenses Insurances	32,438	-	-	32,438	
Office costs	470	•	-	470	-
Other professional services	5,707 6,244		-	5,707	-
Phone costs	240	-		6,244	•
PPS	71		-	240 71	
Rent and lease costs	34,544			34,544	
Self-employed contractors	16,811			16,811	
Vehicle hire, fuel and tax	8,762		-	8,762	
Volunteer driver expenses	15,195	-	-	15,195	-
Rates	2,089			2,089	
Travel	433		-	433	-
Sub total	127,969		•	127,969	
A4 Asset and investment					
purchases, (see table)					
			-	.	
	-				
Sub total					
oud total					
Total payments	127,969	CONTROL CARROLL STREET, STREET		407.00	
i otai payments	121,909	-	•	127,969	•
N-4-6					
Net of receipts/(payments)	36,524	•	-	36,524	-
A5 Transfers between funds	-	-			
A6 Cash funds last year end	12,478	-	-	12,478	-
Cash funds this year end	49,001			49,001	

Section B Statement of assets and liabilities at the end of the period						
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds		
B1 Cash funds	Unrestricted Funds	to nearest £	to nearest £	to nearest £		
D. Gushi funds		49,001	-	-		
		-	-	-		
	Total cash funds	40.004		-		
	(agree balances with receipts and payments	49,001	-1			
	account(s))			9		
		Unrestricted funds	Restricted funds	Endowment funds		
	Details	to nearest £	to nearest £	to nearest £		
B2 Other monetary assets	VAT debtor	2,379	-	-		
	CAF current account	8,972	-	-		
	Debtors	100	-	-		
		-	-	-		
		-	-	-		
		-	-	-		
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)		
B3 Investment assets		usset belongs	•	(optional)		
			-	-		
			-	-		
			-	-		
	Details	Fund to which	Cost (optional)	Current value		
B4 Assets retained for the	Fixtures and fittings	asset belongs UF	50,052.32	(optional)		
charity's own use	Office equipment	UF	2,498	-		
	Uncategorised asset	UF				
			<u> </u>			
			-			
				-		
				-		
	Details	Fund to which	Amount due	When due		
B5 Liabilities	Loan	UF	(optional) - 15,000	(optional)		
			-			
			-			
Signed by one or two trustees on	Signature	Print N	lame	Date of		
behalf of all the trustees) ,			approval		
	fatrich hours	PATRICK	MOORE	2.8.23		
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