

Sunrise Zoom Group

Meeting For Beginners at All Points in Sobriety

Saturdays at 6:45am EST

Week	Date	Topic
1	11/12/22	Practical Sobriety
2	11/19	Tools of the Program
3	11/26	Gifts of Sobriety
4	12/3	The Physical Disease
5	12/10	The Mental Obsession
6	12/17	Identifying vs. Comparing

Week	Date	Topic
7	12/24	Two Simple Questions
8	12/31	The Dilemma & The Choice
9	1/7/23	Honesty, Open-Mindedness & Willingness
10	1/14	Characteristics of Higher Power
11	1/21	The Actor
12	1/28	The Ultimate Decision