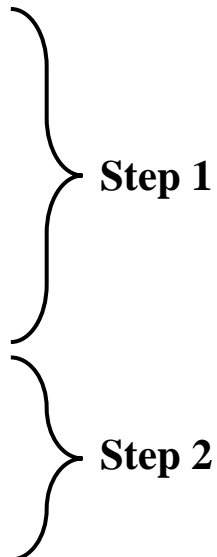


Sunrise Zoom Saturday Morning Beginner's Meeting

Week 11: Pause, Reflect, Consider

Where We Have Been?

Week	Topic
1	Practical Sobriety
2	Tools of the Program
3	Gifts of Sobriety
4	The Physical Disease
5	The Mental Obsession
6	Identifying vs. Comparing
7	Two Simple Questions
8	The Dilemma & The Choice
9	Honesty, Open-Mindedness & Willingness
10	Characteristics of Higher Power



Resources Used

*Living Sober
Big Book
12 & 12
Grapevine
Joe & Charlie*

Where Are You Right Now?

Meetings



Sponsorship



Network



Sharing in Meetings



Prayer & Meditation

