

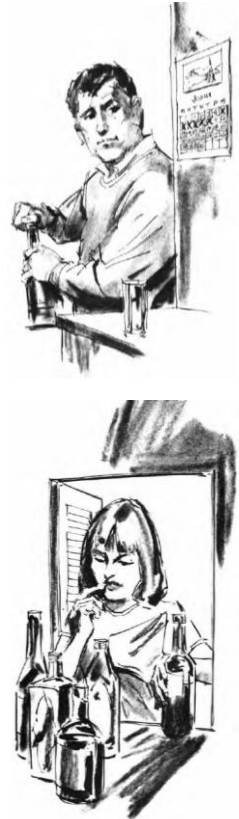
Sunrise Zoom Saturday Morning Beginner's Meeting

Week 7: Two Simple Questions...

...to help me determine whether I'm an alcoholic

Questionnaires

Organization	Questions	Link
A.A.	12	https://www.aa.org/sites/default/files/literature/assets/p-36_isAAforMe.pdf
ATLAS	13	https://www.treatmentatlas.org/
AUDIT (WHO)	10	https://auditscreen.org/check-your-drinking/
HACOAA	20	https://hacoaa.org/literature-about-aa-twelve-steps-to-stop-drinking/20-questions-are-you-an-alcoholic/
Women's Recovery	20	https://www.womensrecovery.com/addiction-treatment-resources/addiction-treatment-quizzes/am-i-an-alcoholic-questionnaire/
Very Well Mind	11	https://www.verywellmind.com/could-you-have-an-alcohol-abuse-problem-3894213



Big Book – We Agnostics – p. 44

IF

(1) When you honestly want to, you find you cannot quit entirely,

AND/OR

(2) When drinking, you have little control over the amount you take,

THEN

You are probably alcoholic.