

Sunrise Zoom Saturday Morning Beginner's Meeting

Week 9: Honesty, Open-Mindedness, & Willingness

Appendix II: Spiritual Experience (pp. 567-568)

- Added in the second printing of the 1st edition of the Big Book in 1941 to distinguish between a spiritual “experience,” like the one experienced by Bill Wilson, and a spiritual “awakening.

“...many alcoholics nevertheless concluded that in order to recover they must acquire an immediate and overwhelming “God-consciousness.”



- Referred to in 3 footnotes: Page 25 – There Is A Solution – “Fully explained...”; Page 27 – There Is A Solution – “For amplification see...”; and Page 47 – We Agnostics – “Please be sure to read...”



“With few exceptions our members find they have tapped an unsuspected inner resource which they presently identify with their own conception of a Power greater than themselves.”

“I only lose when I don't try. The HOW of the program—Honesty Open-mindedness and Willingness – for me works something like this:

Honesty: I need help.

Open-mindedness:

I think you can help me.

Willingness: I'm going to try.”

~Russ K. – AA Grapevine