

Our Dream Vacation

Trip Logistics & Vital Info

Beyond The Empty Nest | Kathryn J. Brooks KathrynJBrooks.com |
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Traveler Details

- **Full Name:** _____
- **Phone Number:** _____
- **Email:** _____
- **Emergency Contact Name:** _____
- **Emergency Contact Phone:** _____
- **Relationship:** _____

Trip Overview

- **Destination:** _____
- **Departure Date:** _____
- **Return Date:** _____

Passport & Identifications

- **Passport Number:** _____
- **Issue Date:** _____
- **Expiration Date:** _____
- **Known Traveler / TSA PreCheck #:** _____
- *(Pro-Tip: Ensure your passport is valid for at least 6 months beyond your return date!)*

Transportation, Accommodation & Safety

Flight Itinerary

- **Outbound Flight:**

- Date: _____ Airline: _____ Flight #: _____
- Departs: _____ Arrives: _____
- Seat: _____ Confirmation #: _____

- **Return Flight:**

- Date: _____ Airline: _____ Flight #: _____
- Departs: _____ Arrives: _____
- Seat: _____ Confirmation #: _____

Accommodation Hub

- **Hotel / Rental Name:** _____
- **Address:** _____
- **Phone Number:** _____
- **Check-In Time:** _____ **Check-Out Time:** _____
- **Confirmation #:** _____

Health & Security

- **Travel Insurance Provider:** _____
- **Policy Number:** _____
- **Emergency Claim Phone #:** _____
- **Known Allergies:** _____
- **Daily Medications:** _____
- **Local U.S. Embassy/Consulate Phone:** _____

The Empty Nester's Packing List & Notes

Travel Documents & Financial

- Passport & Driver's License
- Printed Boarding Passes & Itinerary
- Travel Insurance Card
- Credit Cards (No Foreign Transaction Fees)
- Cash / Local Currency (Euros)

Electronics & Tech

- Smartphone & Charger
- Universal Power Adapter (Type C/F for Europe)
- Portable Power Bank
- E-reader / Tablet & Headphones

Comfort & Health

- Prescription Medications (in original bottles)
- First Aid Basics (Band-aids, Ibuprofen, Antacid)
- Compression Socks for the flight
- Sunglasses & Sunscreen
- Reusable Water Bottle

Daily Itinerary / Excursion Notes *(Use this space to jot down tour meeting times, ferry schedules, or that highly recommended taverna!)*

- **Disclaimer:** This planner is for organizational purposes only. Kathryn J. Brooks and Beyond The Empty Nest are not liable for travel disruptions, lost items, or cancellations. Always verify travel requirements prior to departure.
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- **Recommended Gear:** Want to see the exact packing cubes and adapters I use for Greece? Visit [KathrynJBrooks.com/favorites](https://kathrynjbrooks.com/favorites) ***