

**DON'T JUST  
DREAM IT  
GO GET IT!**

only  
**\$15**  
per session  
or buy a  
10 pack and save  
\$\$\$



# **STRENGTH, SPEED AND AGILITY**

*OPEN TO 6TH GRADE AND UP*

**NEW TIMES STARTING MARCH 30!  
MORNING & AFTERNOON SESSIONS**

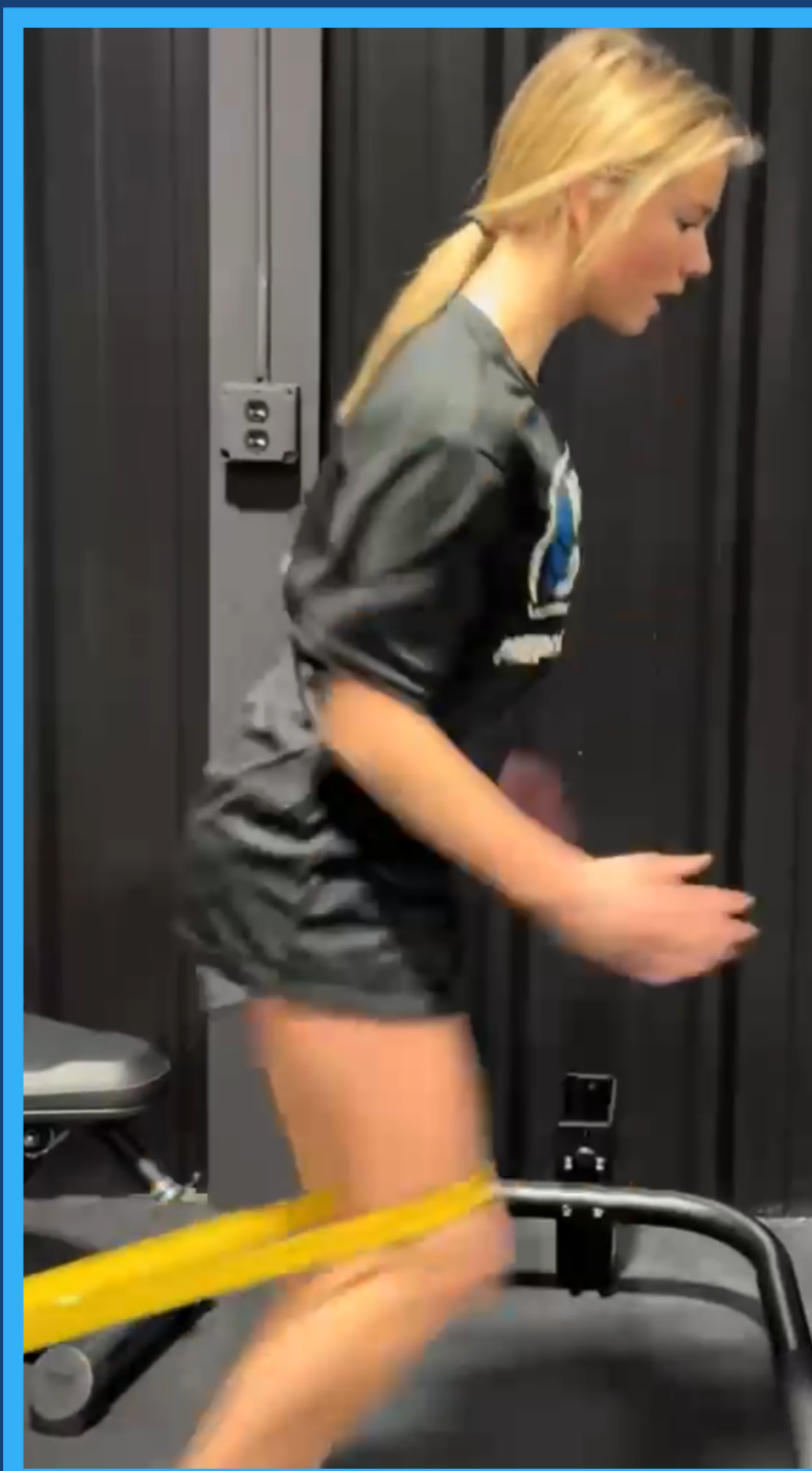
**TUESDAY & FRIDAY MORNINGS**

**6AM-6:45AM- EXPLOSIVE TRAINING**

**TUESDAY & THURSDAY AFTERNOONS**

**4:15-4:45 PM- ALL GAS**

**4:45-5:15 PM- SPEED AND AGILITY**



[matchpoint-performance.com](http://matchpoint-performance.com)