



VolleyBall Training

Boys & Girls



with
Jake Journey

Lakeland University Assistant Men's Volleyball Coach

All Skills Training

adjusted for each age

**Sunday's
September & October**

GIRLS

Ages 12 through 14

Sept 14 - 2:00 PM - 3:00 PM
Sept 21 - 2:00 PM - 3:00 PM
Sept 28 - 2:00 PM - 3:00 PM

Ages 15 through 17

Sept 14 - 3:00 PM - 4:00 PM
Sept 21 - 3:00 PM - 4:00 PM
Sept 28 - 3:00 PM - 4:00 PM

BOYS

Ages 12 through 14

Sept 14 - 4:00 PM - 5:00 PM
Sept 21 - 4:00 PM - 5:00 PM
Sept 28 - 4:00 PM - 5:00 PM

Ages 15 through 17

Sept 14 - 5:00 PM - 6:00 PM
Sept 21 - 5:00 PM - 6:00 PM
Sept 28 - 5:00 PM - 6:00 PM

\$28 per Session

REGISTER

