

STRENGTH, SPEED AND EXPLOSIVENESS

PERSONAL Training

WITH
CHRIS ZABLOCKI!

****LIMITED SPOTS
AVAILABLE ****



PERSONAL ONE-ON-ONE sessions with CHRIS
TRAIN on
STRENGTH, SPEED & EXPLOSIVE TECHNIQUE

Customized Sport-Specific Training Programs
Available

\$65 per 60 minute session

Text Chris to set up your sessions!

920-254-9490

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