

# **STRENGTH, SPEED AND EXPLOSIVENESS**

## **PERSONAL Training**

WITH  
**CHRIS ZABLOCKI!**



**\*\*LIMITED SPOTS  
AVAILABLE \*\***

**FASTER  
STRONGER  
HIGHER**

**PERSONAL ONE-ON-ONE sessions with CHRIS  
TRAIN on  
STRENGTH, SPEED & EXPLOSIVE TECHNIQUE**



**Customized Sport-Specific Training Programs  
Available**

**\$65 per 60 minute session**

**Text Chris to set up your sessions!**

**920-254-9490**

**matchpoint-performance.com**

**WI953 Garton Rd, Sheboygan**

