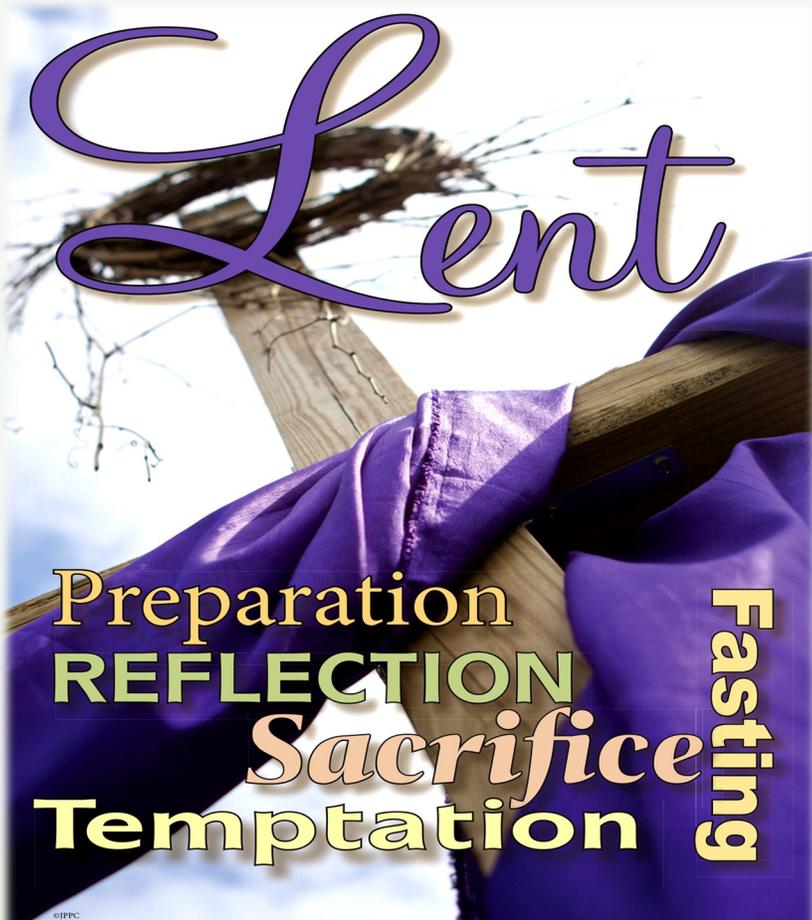




Sacred Heart Parish
Parroquia Sagrado Corazón
www.sacredheartofcamden.com
parishoffice@sacredheartofcamden.com

First Sunday of Lent
February 22, 2026



Preparation
REFLECTION
Sacrifice
Temptation
Fasting

PRIMER
DOMINGO DE CUARESMA
Día 22 de Febrero del 2026

Parish Mission Statement

As a Beacon of Hope for all who desire to encounter God's Love in Camden, Sacred Heart Parish is called to proclaim the Gospel of Jesus Christ through word, sacrament and service.

Our diverse multi-cultural expression of worship is our strength, welcoming and inviting all to follow us on this spiritual journey.

Our historic Churches of St. Bartholomew, St. Joan of Arc and Sacred Heart stand on the side of life and justice, uniting us as one faith family, as we strive to conform our hearts to the Heart of Jesus.

Sacred Heart Church
1739 Ferry Avenue
Camden, NJ 08104

Monday ~ Saturday Mass: 8:15 a.m.
Sunday Mass: 10:30 a.m.

St. Bartholomew Church
751 Kaighn Avenue
Camden, NJ 08103
Office: (856) 365-0573
Sunday Mass: 11:00 a.m.

St. Joan of Arc Church
3107 Alabama Road
Camden, NJ 08104
(*en Español*) Office: (856) 257-3346
Tuesday: Confession 6:30 p.m.
Mass 7:00 p.m. Spanish
Thursday: Confession 6:30 p.m.
Mass 7:00 p.m. Spanish

Saturday: Confession 3:30 p.m.
Vigil Mass: 4:00 p.m. English
Sunday Mass: 9:00 a.m. Spanish

Sacred Heart Office Hours:
Monday-Friday
9 a.m. to 5 p.m.
Office: (856) 966-6700
parishoffice@sacredheartofcamden.com

Clergy:
Rev. Vincent Guest, Pastor
Rev. Dalton Reyes,
Part Time Parochial Vicar
Deacon Otilio Peguero

Sacred Heart School
Mrs. Elizabeth Mariani, Principal
(856) 963-1341
SacredHeartSchoolCamden@gmail.com



Pastor's Corner



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Lent – A Season of Prayer, Fasting, and Almsgiving

Lent is a special time of year when special emphasis is placed on the 3 spiritual disciplines of prayer, fasting and almsgiving. My column for the next few weeks will focus on aspects of these disciplines, beginning with prayer. One practice that helps me and that I often share with others is a practice known as The Examen Prayer. The basics of The Examen are found in the Spiritual Exercises of St. Ignatius of Loyola. A good time to pray The Examen is at night. Essentially, it is a prayerful assessment of your day. You review both the blessings and the burdens of your day. Here are the steps:

- (1) **Presence:** Find a quiet place in your home, bless yourself and raise your heart to God. Remember that you are in God's presence.
God loves you and wants you to know His love.
- (2) **Gratitude:** Think about your day and give thanks to God for the blessings you received, both big and small. Review God's gifts during the day. Thank God for the love of family and friends, for your work, for the hug of a child and the beauty of the morning sun. Thank God for the laughter and the tears.
Review the moments of your day and give thanks.
- (3) **Petition:** Tell the Lord what you need. Pray for your family and friends. Pray for the living and the dead. Give the Lord your worry and anxiety.
Trust in God's love for you.
- (4) **Forgiveness:** Review your day. Where did you sin? Did you say something in anger and hurt another? Were you selfish? Did you fail to help a person in need? Ask God for forgiveness and the strength to do better tomorrow.
- (5) **Renewal:** Look forward to the following day and, with God, plan how you will live tomorrow in accord with God's loving desire for your life. Conclude your prayer with an Our Father. As you can see, The Examen Prayer is much more than an examination of conscience which focuses on sinfulness. It is also a review of the blessings and gifts that you received and opportunity for thanksgiving and renewal. Have a prayerful Lent.

God Bless you and your family,

Fr. Vince





SH: Sacred Heart ~ Sagrado Corazón
SB: St. Bartholomew ~ San Bartolomé
SJ: St. Joan of Arc ~ Santa Juana de Arco



Saturday, February 21

SH 8:15 a.m.
 SJ 4:00 p.m.

Lenten Weekday

Pro Populo
 +Joseph Karwacki rb SHP

Sunday, February 22

SJ 9:00 a.m.

SH 10:30 a.m.
 SB 11:00 a.m.

1st Sunday of Lent

† Micaela Mateo de parte de Sus Hijas
 Pro Populo
 Pro Populo

Monday, February 23

SH 8:15 a.m.

St. Polycarp

+Bob Raddant rb Fr. Vince

Tuesday, February 24

SH 8:15 a.m.
 SJ 7:00 p.m.

Weekday

Pro Populo
 Por Nuestra Familia Parroquial

Wed, February 25

SH 8:15 a.m.

Weekday

Pro Populo

Thursday, February 26

SH 8:15 a.m.
 SJ 7:00 p.m.

Weekday

Pro Populo
 Por Nuestra Familia Parroquial

Friday, February 27

SH 8:15 a.m.
 SJ 6:30 p.m.

St. Gregory of Narek

Pro Populo
 Stations of the Cross

Saturday, February 28

SH 8:15 a.m.
 SJ 4:00 p.m.

Lenten Weekday

Lien Vu (birthday) rb Vu family
 Fr. Adam's birthday (Living) &
 Mena Carr's 90th birthday
 (Living) rb SHP

Sunday, March 1

SJ 9:00 a.m.
 SH 10:30 a.m.
 SB 11:00 a.m.

2nd Sunday of Lent

Por Nuestra Familia Parroquial
 Pro Populo
 Pro Populo



1st Week of Lent

Reading I: Genesis 2: 7-9,3:1-7
Reading II: Romans 5: 12-19, 17-19
The Gospel: Matthew 4: 1-11



Bill Atkins, Pat Best, Colin Brennan, James Brisbon, Jr. Leon Briscoe, Shanee Brown, Colleen Cangro, Jim Cummings, Rachelle Custis, Tony Damato, Pauline Davis, Jack Dever, Clare Dunn, Tanya Drummond, Maria & John Edwards, Mary Ellen Edwards, Cattie Fleming, Michelle Frazier, Josephine & Michael Giacchino, Clifton Harris, Anne Hartman, Jim Holmes, Mary Holmes, Bernadette Jefferson, Joel Johnson, Jr., Tameira Jones, Michele Karwacki, Rose Kane, Ginny King, Richard Kelly, Laurie Laurenzi, Andrew Leonard, Laura Lipetz, Alexis Macrina, Terry McCarthy, Andrew McGee, Charlene Morris, Patrick Mulligan, Andy Musetto, Samuel Okwamba, Kathy Olszewski, Betzaida Ortiz, Adam Pallesen, Jackie Partridge, Kathleen Pierce, Kelly Pyle, Joe (Brother) Roberts, Dee & Gary Skyrn, Mary Tettemer, Michael Trost, Tammy Webb, Ruth Wilkerson, Bill Wisely, Pat Wisely, Anna Whitman & Frank Zinni

Weekly Scripture Justice Challenge
February 22, 2026 • 1st Week of Lent

The Gospel recounts Jesus' experience of being tempted by the devil after 40 days of retreat in the desert. Jesus was tempted to indulge in physical satisfaction (eating bread), ego satisfaction (throwing himself off the temple to be saved by angels), and the satisfaction of power (having the world at his feet if he worshipped the devil). Your challenge this week is to take a serious look at the power you hold over other people - your children or parents, your colleagues at work or school, your friends. Do you use your power in a holy way? Do you ever abuse your power? Pray this week that you always remember that only God really has the power. Remind yourself that you are called to use the power entrusted to you to serve others in the same way Jesus did.

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SPIRITUAL FORMATION



PATHWAYS TOWARD A THRIVING PARISH

RESERVE THE DATE: **SATURDAY
MARCH 7 10AM-12:30PM**
PLACE: **SACRED HEART CHURCH**
FOR: **A PRAYERFUL PARISH WIDE
SYNOD
TO PLAN OUR PATHWAY FOR NEXT
YEAR**

We are in need of facilitators for small groups. If you would like to volunteer, please contact Sr. Kathy (kburton@sacredheartofcamden.com)

Offertory

February 15: \$4,913.00



Collection



Scan the QR code to donate:
Sacredheartofcamden.com/parishgiving



SOUTH JERSEY
CATHOLIC
MINISTRIES
APPEAL

Parish Goal:
\$70,200

Thank you for supporting this year's campaign:
Missionaries of Mercy

PARISH & SCHOOL EVENTS



**Stations of the Cross - St. Joan of Arc
Fridays in Lent - 6:00 p.m.**

**Sunday, March 8 ~ 12:30 PM
St. Bart's Soup & Prayer
Sorrowful Mysteries of the Rosary &
Youth Choir Participation**

**Friday, March 27 - Sacred Heart Church
Prayer Around the Cross
Soup @ 6pm * Prayer @ 7pm**

THANK YOU!

©JPPC

To the organizers - your dedication and hard work are what make things successful! Our community and supporters, thank you for your continued support, we know we can count on you!

Immaculate Conception Cathedral for hosting our Black History Month event with Bro. Mickey Mc Grath's presentation

Sacred Heart Peace Community Peace Talk: Environmental Injustice in Camden

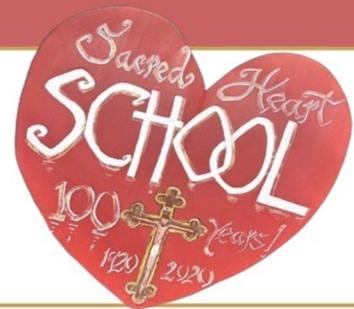
St. Charles Borromeo Parish for hosting our annual Black History Month Mass.

Yes! I want to sponsor a student at Sacred Heart School.

My Name: _____

Address: _____

Phone: _____



_____ \$300 / 1 student

_____ \$600 / 2 students

_____ \$900 / 3 students

_____ \$ _____ / _____ students

_____ Please send me information about sponsoring a class

I would like to pay my sponsorship

_____ In one payment

_____ In six payments

_____ In quarterly payments

_____ In monthly payments

Please mark your check memo: **School Sponsorship**

I would also like to make a one time donation to Sacred Heart School in the amount of \$_____

For online payments through PayPal, please see the back of this form

SACRED HEART SCHOOL
Where God is always marked "Present!"

SCAN TO SPONSOR!



For online payment, please scan the QR code or visit <https://sacredheartschoolcamden.org/sponsors-supporters/>



SACRED HEART SCHOOL
1739 FERRY AVENUE
CAMDEN, NJ 08104
856-966-6700

ENCOUNTER CHRIST

DON'T LET ANOTHER LENT PASS BY WITHOUT GROWING ANY CLOSER TO JESUS THAN YOU ARE RIGHT NOW!

Most Catholics settle for giving up something small and spend Lent going through the motions. *Journal Through Lent* gives you a short daily video and one reflection question that helps you encounter Jesus every day and prepare your heart for Easter.



Sign-up for free: CamdenDiocese.org/Lent

Lourdes Virtual Pilgrimage Experiences®
in New Jersey 2026



- March 3 - St. Joachim**
6:30 pm Bellmawr, NJ, 08031
- March 4 - Church of the Holy Family**
6:30 pm Sewell, NJ 08080
- March 5- Our Lady of Hope Parish, St. Agnes Church**
6:30 pm Blackwood, NJ 08012
- March 6- St. Andrew the Apostle**
7:00 pm Gibbsboro, NJ 08026
- March 7- St. Joseph Church**
10:00 am Sea Isle City, NJ 08243

- Hear the Message of Lourdes
- Touch the Grotto Rock
- Experience Lourdes Water
- Eucharistic Blessing



Free Will Offering Graciously Accepted!
A Plenary Indulgence Granted by Papal Decree





Rincón del Pastor

Cuaresma: Un Tiempo de Oración, Ayuno y Limosna

La Cuaresma es una época especial del año en la que se hace especial hincapié en las tres disciplinas espirituales: la oración, el ayuno y la limosna. Mi columna de las próximas semanas se centrará en aspectos de estas disciplinas, comenzando por la oración. Una práctica que me ayuda y que a menudo comparto con otros es la Oración del Examen. Los fundamentos del Examen se encuentran en los Ejercicios Espirituales de San Ignacio de Loyola. Un buen momento para rezar el Examen es por la noche. En esencia, es una evaluación de tu día, en oración. Revisas tanto las bendiciones como las cargas de tu día. Estos son los pasos:

- (1) **Presencia:** Busca un lugar tranquilo en tu casa, bendícete y eleva tu corazón a Dios. Recuerda que estás en la presencia de Dios. Dios te ama y quiere que conozcas su amor.
- (2) **Gratitud:** Piensa en tu día y da gracias a Dios por las bendiciones que recibiste, tanto grandes como pequeñas. Repasa los dones de Dios durante el día. Agradece a Dios por el amor de tu familia y amigos, por tu trabajo, por el abrazo de un niño y la belleza del sol de la mañana. Agradece a Dios por las risas y las lágrimas. Repasa los momentos de tu día y da gracias.
- (3) **Petición:** Dile al Señor lo que necesitas. Ora por tu familia y amigos. Ora por los vivos y los muertos. Entrégale al Señor tus preocupaciones y ansiedades. Confía en el amor de Dios por ti.
- (4) **Perdón:** Revisa tu día. ¿Dónde pecaste? ¿Dijiste algo con enojo que lastimó a alguien? ¿Fuiste egoísta? ¿No ayudaste a alguien necesitado? Pídele a Dios perdón y la fuerza para mejorar mañana.
- (5) **Renovación:** Mira con ansias el día siguiente y, con Dios, planifica cómo vivirás mañana de acuerdo con el amoroso deseo de Dios para tu vida. Concluye tu oración con un Padrenuestro. Como puedes ver, el Examen de Conciencia es mucho más que un examen de conciencia que se centra en la pecaminosidad. También es un repaso de las bendiciones y dones que recibieron y una oportunidad para la acción de gracias y la renovación. Que tengan una Cuaresma llena de oración.

Que Dios los bendiga a ustedes y a su familia.

Padre Vicente



1er Domingo de Cuaresma



Oración
Ayuno
Limosna

Formación de Vida Spiritual



Caminos

HACIA UNA

PARROQUIA PROSPERANDA

An Initiative of

LOYOLA
UNIVERSITY
NEW ORLEANS

NCCL
National Community of
Catechetical Leaders

**CAMINOS HACIA
UNA PARROQUIA FLORECIENTE**
RESERVE LA FECHA: SÁBADO 7 DE MARZO,
10:00 A. M. - 12:30 P. M.
LUGAR: IGLESIA DEL SAGRADO CORAZÓN
PARA: UN SÍNODO PARROQUIAL DE
ORACIÓN
PARA PLANIFICAR NUESTRO CAMINO PARA
EL PRÓXIMO AÑO

Necesitamos facilitadores para los grupos pequeños.
Si desea ser voluntario, comuníquese con la Hna.
Kathy (kburton@sacredheartofcamden.com)
o llame a la rectoría al 856-966-6700

Desafío Semanal de Justicia Bíblica

22 de Febrero del 2026 • 1.ª Semana de Cuaresma

El Evangelio relata la experiencia de Jesús al ser tentado por el diablo tras 40 días de retiro en el desierto. Jesús fue tentado a entregarse a la satisfacción física (comer pan), a la satisfacción del ego (arrojarse del templo para ser salvado por ángeles) y a la satisfacción del poder (tener el mundo a sus pies si adoraba al diablo). Tu desafío esta semana es analizar seriamente el poder que tienes sobre otras personas: tus hijos o padres, tus compañeros de trabajo o de estudios, tus amigos. ¿Usas tu poder de forma santa? ¿Abusas alguna vez de él? Ora esta semana para que siempre recuerdes que solo Dios tiene realmente el poder. Recuerda que estás llamado a usar el poder que se te confió para servir a los demás como lo hizo Jesús.

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Diezmo Parroquial de Sagrado Corazón



Colecta del **Día 15 de
Febrero: \$4,913.00**

¡Dios los bendiga
a todos por su
generosidad!



Ofertorio

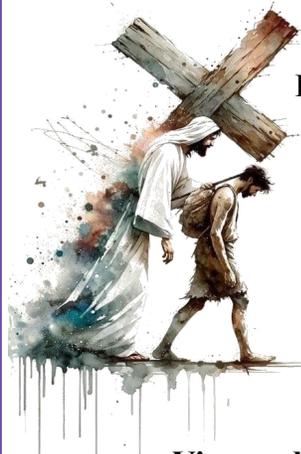
Escanee el código QR para donaciones en Línea
Sacredheartofcamden.com/parishgiving



APELACIÓN DE
LOS
MINISTERIOS
CATÓLICOS
DEL SUR DE
JERSEY

Meta Parroquial: **\$70,200**
Gracias por apoyar la
campana de este año:
**Misioneros de la
Misericordia**

NOTICIAS PARROQUIALES



Estaciones de la Cruz –
Iglesia Santa Juana de Arco
Los Viernes en
Cuaresma - 6:00 p.m.

Domingo día 8 de Marzo -
12:30 p.m.

Sopa y Oración en Iglesia
San Bartolomé

Misterios Dolorosos del
Rosario y Participación del
Coro Juvenil

Viernes día 27 de Marzo -
Iglesia del Sagrado Corazón
Oración en Torno a la Cruz

Sopa a las 6:00 p.m. * Oración a las 7:00 p.m.

RETIRO PARA

Caballeros

Febrero 27-28 al Marzo 1, 2026

RETIRO COMIENZA EL VIERNES A LAS 6:00 PM

Lugar: Iglesia St. Joseph's Polish
1010 Liberty St.
Camden, NJ 08104

Costo: \$125



*"Vengan a mi los que
estén cansados y
agobiados, que yo
los haré descansar."*
Mateo 11-28

Movimiento de Retiros Parroquiales
Juan XXIII Diócesis de Camden, NJ
(856) 265-0769
movimientojuan23camden@gmail.com



Inscripciones Abiertas

Seminario De Vida En El Espíritu

Santa Juana de arco Parroquia Sagrado Corazón
Fecha de retiro pendiente

Fechas Semanales

Primera Semana—5 de Marzo Horario 6pm a 8pm
Segunda Semana—12 de Marzo Horario 6pm a 8pm
Tercera Semana—19 de Marzo Horario 6pm a 8pm
Cuarta Semana—26 de Marzo Horario 6pm a 8pm