

# **Preparing for Your German Cockroach Treatment**

To ensure a successful treatment and minimize disruption, please follow these steps before your scheduled appointment:

## **Kitchen and Pantry:**

- **Empty cabinets and drawers:** Remove all food, dishes, utensils, and cookware. Place them in sealed containers or in the refrigerator.
- Clean surfaces: Wipe down shelves, countertops, and appliances with soapy water or a disinfectant solution.
- Focus on tight spaces: Pay close attention to areas behind and under appliances, around sink pipes, and in corners.
- Vacuum thoroughly: Vacuum floors, under cabinets, and cracks in walls. Dispose of the vacuum bag immediately after use.

#### **Bathroom:**

- Remove toiletries and personal items: Store toothbrushes, cosmetics, and other items in sealed containers.
- Empty under-sink cabinets: Take out cleaning supplies and other stored items.

#### General:

- Pack away pet food and water bowls.
- Turn off aquariums and cover them securely.
- Move furniture away from walls: Allow easy access for the technician to treat baseboards and cracks.
- Launder bedding and linens: Wash in hot water (at least 130°F) and dry on high heat.
- **Dispose of garbage:** Take out all trash cans before the treatment.

### **Important Information:**

- **Do not use insecticides:** Avoid using any bug sprays or foggers before or after the professional treatment, as this can interfere with its effectiveness.
- **Follow post-treatment instructions:** The technician will provide specific guidance on cleaning and precautions after the treatment.

By following these steps, you can help ensure a successful treatment and a roach-free environment.