



Getting you back to a happy and peaceful state of mind.

Patient Name: \_\_\_\_\_ Treatment Date: \_\_\_\_\_  
First Middle Last

Therapist: \_\_\_\_\_ Duration of Treatment: \_\_\_\_\_

**SUBJECTIVE**

Intensity of Pain: (circle one) 1 2 3 4 5 6 7 8 9 10

**Sensation of pain:**

- |              |           |
|--------------|-----------|
| Dull         | Sharp     |
| Cold         | Burning   |
| Tender       | Aching    |
| Itching      | Cramping  |
| Sensitive    | Radiating |
| Throbbing    | Shooting  |
| Tingling     | Pressure  |
| Stiff        |           |
| Other: _____ |           |

**Was there a specific incident that caused this pain?** \_\_\_\_\_

- |                        |      |
|------------------------|------|
| Motor Vehicle Accident | Fall |
| Slept Funny            | Work |
| Sports/exercise        |      |
| Other: _____           |      |

**Have you seen other practitioners about this issue?**

- |                    |              |
|--------------------|--------------|
| Massage Therapist  | Chiropractor |
| Physical Therapist | Physician    |
| Other: _____       |              |

**Time Pattern of Pain:**

- Constant (pain does not change)
- Intermittent (intensity doesn't change but comes and goes)
- Variable (intensity changes throughout the day)

**This pain prevents you from participating in:**

- |                    |       |
|--------------------|-------|
| Leisure Activities | Work  |
| Sports/exercise    | Sleep |
| Other: _____       |       |

**When did the pain start?** \_\_\_\_\_

\_\_\_\_\_

