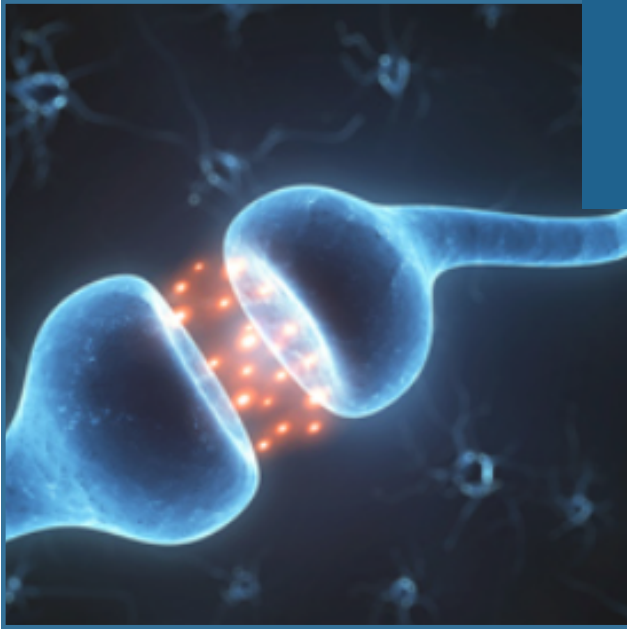


# CHANGE FROM THE INSIDE OUT

NeuroChange Solutions



## CHANGE YOUR MIND, CREATE NEW RESULTS

- NeuroChange Solutions helps organizations improve their business using a unique inside-out approach. This program is based on the work of researcher and best-selling author, Dr. Joe Dispenza, using models for the neuroscience of change.
- The result? Increased employee engagement, greater creativity and productivity, and ultimately – improved business results.
- Individuals are empowered to change thus transforming their teams and, ultimately, the organization. This program teaches how to break old habits that no longer serve and bring about true, lasting change – from the inside out.

## DR. JOE DISPENZA

- Dr Joe Dispenza is an international lecturer, researcher, corporate consultant, educator and New York Times best-selling author. He has developed a unique program, Change Your Mind. Create New Results., for organizations interested in using neuroscientific principles to enhance employee productivity, creativity, and innovation. The result? Increased performance and business results.
- For more than a decade, Dr. Joe's team has conducted thousands of hours of research – observing common people doing the uncommon, measuring the results, and analyzing the data. The evidence demonstrates there is a clear formula for creating lasting changes in the body and mind.



## INDIVIDUAL & TEAM RESULTS

- The Change Your Mind...Create New Results program is designed to engage and involve participants through various teaching modalities including individual and group activities, videos, skills practice, and direct application for key learning takeaways.

### Program participants will:

- Identify a change they want to make in their lives
- Learn new models for change based on neuroscience
- Discover what it means to “live in survival or creation”
- Become acquainted with the “three brains” and their role in the change process
- Apply each of these principles to effect personal change

