**Level System Daisy Center**

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| Category  | Orientation 2 Weeks | 7 Day Reset | Level 1 | Level 2 | Level 3 |
| Room Time Weekdays | 9 pm | 8pm | 9 pm | 9 pm | 9 pm |
| Room Time Weekends | 11 pm | 10pm | 11 pm | 11 pm | 11 pm |
| Bedtime- lights out | 9 pm/10PM- 12 pm weekend | 8/9pm- 10/11 pmweekend | 9 pm/10PM 11/ 12 pm weekend | 9 pm/10PM 11PM /12 pm weekend | 9 pm/10PM 11PM /12pm weekend |
| Electronic Time  | Weekdays 5-6 pm/ 7-9pm Weekends 10-12pm/4-6pm /8-10 pm  | Can get tv remote for room after 7pm, as long as tasks are completed. Can only have the remote to change the channels.  | Weekdays 5-6 pm/ 7-9pm Weekends 10-12pm/4-6pm /8-10 pm | Weekdays 5-6 pm/ 7-9pm Weekends 10-12pm/4-6pm /8-10 pm | Weekdays 5-6 pm/ 7-9pm Weekends 10-12pm/4-6pm /8-10 pm |
| ElectronicsPersona/House | No personal only houseNo tablet or social media | None  | No personal only houseNo tablet or social media | 4-5pm 8-9 pmcommon areas only | Unlimited & in bedroom |
| Electronics WeekendPersonal & House | No personal only houseNo tablet or social media  | None—except X-Box Nintendo as a group activity- 1 hour  | No personal only houseNo tablet or social media | 10am-12 4-6pm 8-10pm common areas only | Unlimited & in bedroom |
|  X- Box/Game Room Tv | After completed tasks | 7-8 pm before bedroom | After completed tasks | After completed Tasks | After completed tasks |
| Phone | 8pm:2X a day Super 10 min | 8pm:2X a day Super 10 min | 8pm | 8pm | 9pm |
| Allowance | $10 | None | $10 | $15 | $20 |
| Passes/ Community Time  | 1 Family Pass with case manager permission | 1 Family Pass with case manager permission | Family Pass- 1 Friend on-campus visit only 1 hour | Family Passes2 – 2hour off campus Friend passes | Unlimited with team discussion |
| Room Time/Supervision | Can go to room at 7 pm otherwise- line of site- must ask permission to go to room | Can go to room at 7 pm otherwise- line of site- must ask permission to go to room | Unlimited with 15-minute checks | Unlimited with 30-minute checks | Unlimited with 60-minute checks |
| Gym Time | With Supervision | With Supervision | With Supervision | Unsupervised | Unsupervised |
| Walk  | With Supervision | With Supervision | With Supervision | 1-hour unsupervised walk per day before 5 pm | 1.5 hours unsupervised walk per day before 5 pm |
| Game Room  | Not Available | Not Available | Available to use | Available to use | Available To Use |

* Line of Sight is defined as the direct visual supervision and monitoring of residents by staff members. It ensures that staff always have a clear and unobstructed view of residents to ensure their safety and well-being. If a youth is ill, they are typically quarantined to room. Staff members regularly check on the youth, typically at frequent intervals throughout the day and night. The frequency of checks can vary depending on the specific needs of youth, but it is typically done at regular intervals, such as every 15 minutes or as determined by their team in the intake or as level changes. If a youth is refusing to leave their room or in crisis and wanting space: the door or curtain will be left open, and staff will do checks every 5 minutes with at least a visualization.
* Electronics are a privilege and will be restricted if youth allow others to use their device during their device/ electronic time. It is the youth’s responsibility to turn in tablets, electronics, and phones at the appropriate time. Failure to turn in or steal an electronic can affect the entire home.

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| Category  | 7 Day Reset |
| Room Time Weekdays | 8pm |
| Room Time Weekends | 10pm |
| Bedtime- lights out | 10 pm- 12 pm |
| Electronic Time | Can get tv remote for room after 7pm, as long as tasks are completed. Can only have the remote to change the channels. |
| ElectronicsPersonal & House | None  |
| Electronics Weekend Personal & House | None—except X-Box Nintendo as a group activity- 1 hour  |
|  X- Box | 7-8 pm before bedroom |
| Phone | 8pm2X per day Supervised 10 min |
| Allowance | None |
| Passes  | 1 Family Pass with case manager permission |
| Room Time | Can go to room at 7 pm otherwise- line of site- must ask permission to go to room |
| Gym Time | With Supervision |
| Walk | With Supervision |
| Game Room  | Not Available |
| Privileges Withheld  | Down to 7 outfits, No Makeup  |
| Level  | Level Drop to Level 1 after Reset is Complete  |
| Room Privilege  | Moving downstairs  |

Reset Description

* If youth is on a 7-day reset due to Physical Aggression, Drug Usage or Running away they will drop a level after successfully completing their 7-day reset. If they are on a 7-day reset due to numerous small infractions, they can return to their previous level after they successfully complete their 7 days reset.
* If the youth does not follow the safety/rules guidelines during a day in Reset that day will not be counted as one of the 7 reset days.
* Youth will be responsible for doing therapeutic worksheets each day they are on reset.
* Reset for small infraction will be determined by our Therapist, Monica. When a youth is placed on Reset, they must complete an Accountability Resolution Sheet and meet with Monica to discuss goals. Each day the youth will rate their progress and staff will reflect on their daily progress.
* Youth will be responsible for completing their reset packet based on the circumstances that caused the reset. After a week the youth will meet with Monica and discuss the next steps.

**Short Burst Consequences-**

**When a youth receives an hour- they must complete that hour that day.**

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| ACTIONS  | HOURS | EXAMPLES  | ACTIONS  | HOURS  | EXAMPLES |
| Drug usage on campus, pass or at school, et. | Reset- 5  | Completing therapeutic sheets on substance abuse/ impulse control/coping skills. Review a ted talk and write a paper on what they learned then present it to the house | Excessive Inappropriate language | 1  | Write a paper about the words to substitute then rewrite that sentence with the substitute word 50 times while saying it aloud |
| Physical Aggression | Reset- 5  | Completing therapeutic sheets on Anger Management/ Coping Skill. Apology letter to the person who hurt | Refusing to go to Bedroom / going to bedroom on reset | 1  | Loss of remote for the next day and/ or loss of rec the next day or that day depending on the time  |
| Runaway – unauthorized leave more than 2 hours | Reset- 5  | Writing a paper about the pros/cons of leaving. How they can fill whatever void makes them run. Sheets on Coping Skills. Ted talk about Human Trafficking and present to group | Each class with and Unexcused absences-  | 1  | Loss of Privilege for School functions that week, Line of Sight with an hour earlier bedtime if absence exceed 3 in a week. 30 minutes supervised H.W. time in living room  |
| Runaway (unauthorized Leave) less than 2 hours | 2 | Writing a paper about the pros/cons of leaving. How they can fill whatever void makes them run. Sheets on Coping Skills | Food in unauthorized Room/ Bedroom/ vehicle | 1  | Do a worksheet on lying and complete a letter about why food comes in the room |
| Caught Vaping for the first time or vaping on an outing  | 3 | Watch a video about the dangers of vaping, write a paper and present it to staff. Complete an action plan on paper of how to avoid temptation going forward. Complete impulse packet  | Wronged another youth with our words or physical or emotional disrespect  | 2 | Complete mediation -once both sides have had space. Write an accountability and Apologize letter. Complete a taking responsible Sheet and complete that’s youth chore for the next day.  |
| Deregulated for more than 3 minutes (Meltdown- Temper) | 1 | Send them to their room for 30-60 minutes. Complete a safety plan with the skills they will use that day and complete a dysregulation sheet based on what is bother them  | Allowing a person to go into your bedroom | 1 | Complete boundaries worksheet and peer pressure sheet  |
| Property Damage- breaking -cameras- holes in walls  | 4  | Youth must help repair the item if possible. The cost of the item/repair will be taken out of their allowance. An apology letter must be written. Therapeutic sheets on coping skills/anger management  | Going upstairs when bedroom is on main level | 1  | Loss of tv remote, loss of electronic time for that day or next day depending on the time occurs  |
| Stealing from other youth, staff, house, etc. (must give item back and complete the youth chore or pay for the cost) | 3 | Youth will need to return item, Youth will do the other youths’ chore for 2 days, youth will write an apologize letter & complete sheet on stealing and lying  | Refusing to take a shower when prompted twice if problem persistent  | 1  | Complete a worksheet on hygiene. Or watch a video on the importance of hygiene and write a paper present to group |
| Refusing to stay in bedroom under Quarantine when not in school/home for illness |  2  | Youth will watch a video about germs & how they spread and write a full page on what they learned. Youth will create a safety plan about skills to use during quarantine.  | Going outside without permission  | 1  | Loss of tv remote, loss of electronic time or rec for that day or next day depending on the time occurs  |
| Refusing to follow instructions -go to safe area during crisis-  | 1 | Loss of Privilege to participate in Rec the next day or that day depending on the time.  | Painting nails/ crafts/ markers without protective covering | 1  | Will be responsible for cleaning up musts or making repairs. Loss of the privilege for a week.  |
| Dying hair without permission  |  2  | You will clean up the damage created by the hair dye, you will write an apology letter about her actions and what could have been different. You will be responsible for calling guardian in front of staff to report their actions  | Refusing to go to Group/Therapy/ participate in group activity | 1  | Loss of tv remote, loss of electronic time or rec for that day or next day depending on the time occurs  |
| Sneaking out window/ screen tampering/ Lock tampering  | 1 | You will be allowed to go to their room till 7pm for two days  | Unplugging Camera | 2  | Loss of tv remote, loss of electronic time or rec for 3 days  |

Alternatives to Short Burst Consequences as learning and growth alternatives (1-hour Short Burst Alternative) Consequences within Trauma Informed Care is about finding the underlying problem that is hidden in the behavior. Each hour should be utilized with the options below or options in therapeutic file cabinet. Please think about what skills the youth can improve when thinking about the resources to use.

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| Complete Accountability Reflection Sheet | Go to Dog Rescue/ Horse Rescue |
| Work on the emotional Regulation book and complete a task | Bully Behavior: Mediation then restorative Justice do something nice say or write five nice things |
| Write an apology | Make sure you are promoting Daisy Dollars for good behavior |
| Watch a Ted Talk video of staff choice regarding topic | Talk to the Youth- try to figure out why they are dis-regulated and help solve the problem.  |

Youth Signature Caseworker/ Guardian Signature