



YOUTH BEHAVIOR TRAINING QUIZ

1. Explain Trauma-Informed Care (TIC) and its importance in discipline.
2. Describe three acceptable discipline techniques used at the Daisy Center.
3. Why is physical punishment prohibited in youth care facilities?
4. Give two examples of preventative discipline strategies that staff can use.
5. How does restorative justice promote accountability?
6. Why is relationship-building important for behavior management?
7. What should staff do if de-escalation techniques do not work?
8. List three prohibited discipline techniques and explain why they are inappropriate.
9. What are the key components of an effective Individualized Support Plan?
10. How should staff respond if a youth disrupts a group activity?

Staff Acknowledgment

I confirm that I have completed the Youth Behavior Training and watched the required video.

Staff Name: _____

Date: _____

Supervisor Signature: _____