

Discover the Health Mate Difference

Infrared Wellness Since 1979: The Original Infrared Sauna Maker

What is Infrared?

Infrared is the invisible part of the sun's light that is responsible for heat. Infrared light is divided into the near, mid, and far infrared ranges. Each range has unique health benefits that can assist with relaxing, healing, and renewing the body.



Why Health Mate?

Health Mate Sauna has been the industry leader in infrared sauna manufacturing since 1979. With 40 years of experience, no one knows more than us about what makes a quality infrared sauna.

We pride ourselves on our production process, which we own 100%. This allows a 5 step quality assurance process and gives us the unique ability to provide parts for service should anything break. This means many of our saunas last upwards of 15 years.

Infrared sauna can provide a wide variety of health benefits, including pain relief, stress relief, improved circulation, detoxification, and weight loss.

To learn more about how infrared sauna can help you, visit our website.





Health Mate Full Spectrum

Our patented Tecoloy heaters provide amazing all around warmth in mid and far infrared ranges. They have the fastest heating time worldwide and can reach above average temperatures.

Additionally our Chromotherapy light panels provide near infrared light, making our saunas truly full spectrum infrared saunas.

SAFETY

Our saunas are verified low EMF by a third party organization. Non-toxic materials are used throughout and our quality assurance system ensures that our saunas are equally safe and effective.

QUALITY CONSTRUCTION

All our full size saunas are made of solid wood throughout—no particle board, plywood, or other engineered woods are used in our saunas.

Additionally, we limit the amount of glass used in our saunas. Glass allows infrared light to escape, making saunas less efficient, harder to heat, and more expensive to run. Beware competitor models that use a lot of glass.

When your Health Mate Sauna arrives, our Snap Lock assembly system makes setting your sauna at home easy as pie. All of this is to ensure you have a quality sauna that will serve your needs for years to come.



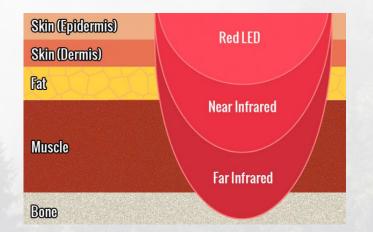




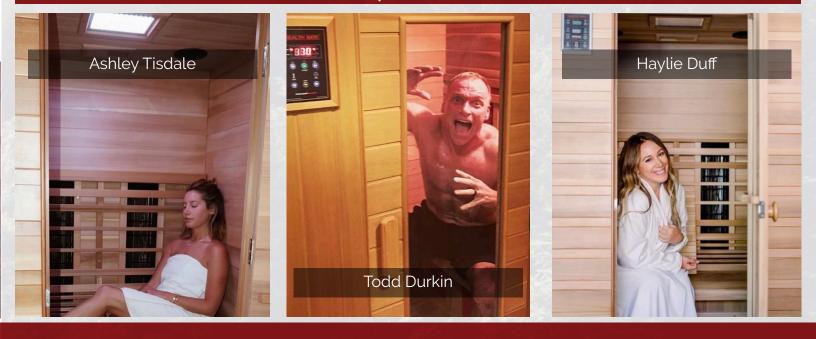
Health Mate Sauna

Chromotherapy

Our Chromotherapy LED Panels provide near infrared variation and light therapy to improve mood. Each light panel can be controlled with an included remote, allowing you to stay relaxed throughout your sauna session.



Celebrity Endorsements



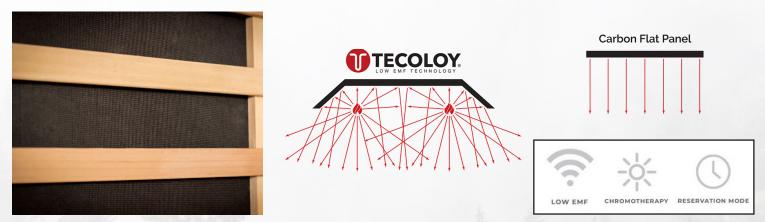


Our Models



RENEW

Health Mate's Renew Series infrared sauna was designed as a more affordable alternative, all while maintaining the same high-quality standards and construction as our other models and sizes. Comes in all sizes: 1 person, 2 person, and 3 person.





ENRICH

Health Mate Enrich Series infrared saunas were designed with ultimate luxury in mind, to provide the world not with just improved health and wellness, but with a complete upgrade on how you enjoy your infrared sauna sessions.



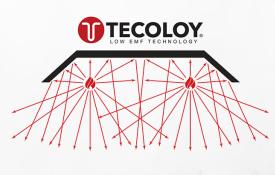




RESTORE

Health Mate Restore Full Spectrum infrared saunas were created with supreme luxury in mind, to provide the world not with just improved health and wellness, but with a complete upgrade on how you enjoy your infrared sauna sessions. Looking for the best 2 to 4 person infrared sauna for the home? Restore Series is your answer.



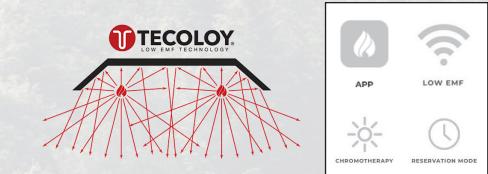






INSPIRE

Health Mate's Inspire sauna is designed to provide an upgraded experience for all users. By using the only Tecoloy Max heaters on the market, Health Mate has once again raised the bar beyond therapeutic benefits and reliable performance to a committed focus on consumer safety and a satisfying return on investment. With app based control and state of the art functionality, this sauna of the century truly promotes an enhanced level of health benefits.





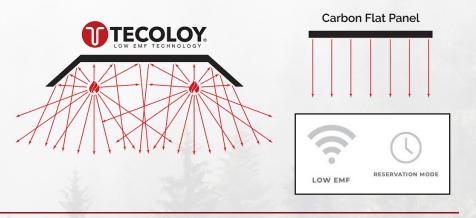




ESSENTIAL LOUNGE

Looking for an affordable infrared sauna that won't take up too much space? Health Mate's Essential Lounge half sauna was designed to provide users with the amazing benefits and full experience of a sauna at a fraction of the cost, and size! This low EMF half sauna is portable and conveniently fits anywhere you need it to. Whether you have an apartment, condo, or any living situation, this infrared sauna is a perfect choice when looking to get your sweat on without having to worry about space.





ESSENTIAL COMFORT

The Essential Comfort is Health Mates revolutionary Dome Sauna. Perfect for apartment living or at-home gyms, this high-impact, low foot-print sauna can collapse to half its size for easy storage. With 2 heat sources and 7 total heat pads, this convenient sauna offers the same soothing warmth as our walk-in models in a fraction of the space.

Two separately controlled heat sources (each ranging from 110 to 150 deg F) surrounding the body with soothing, deep-penetrating, and healing FIR heat from all directions.

Carbon Flat Panel





