



Welcome to the Poconos Retreat, Summer 2026!

There are four exciting vacation options:

Shabbos Nachamu: Friday- Monday, July 24 – July 27 (All-inclusive affordable price: \$1475)

Extended Weekend: Thursday – Monday, Aug 13- Aug 17 (All-inclusive affordable price: \$1975)

Mid-Week: Monday – Thursday, Aug 17- Aug 20 (All-inclusive affordable price: \$1575)

Full Week: Thursday – Thursday, Aug 13 – Aug 20 (All-inclusive affordable price: \$3450)

Check-in is 5:15 PM, and Checkout is 10:45 AM

Every suite includes:

- A master bedroom with a queen-size bed plus an additional folding bed, which we will be providing.
- A living room/sleeping area with 2 pull-out couch beds and an additional cot- which we will be providing.
- A dinette area with a small kitchen and a hot plate for Shabbos.
- A large bathroom.

This comfortably sleeps 2 adults and 4-6 children. There will be additional blow-up mattresses available.

The following is a list of on-site attractions available to you during your stay!

Indoor Waterpark with special hours for Men and Ladies (please note, part of the waterpark is closed for maintenance; however, there is plenty to enjoy!) Swimming Pool, Boating, Bowling, Mini Golf, Hay Ride Playground, and so much more! There are many fields and courts on the premises as well.

Food

Friday-Monday, July 24- July 27: Shabbos Food and Toameha are provided. In an effort to make this stay more affordable, there are no other meals served during this weekend; however, we do have a fully stocked minimart on campus.

Thursday, August 13th to Thursday, August 20th: Lunch and Supper are included in the all-inclusive price for 4 people. Any additional people will be \$75 per person for the stay. These meals will be gourmet, ready-made meals. Shabbos Food will be a fully catered Shabbos Box serving 2 adults and 4-6 children, which you will warm up on the Hotplate provided. **There is no public dining area; meals are eaten in the comfort of your suite.**

(See attached Weekday and Shabbos Menu)

There is a fully stocked Mini-Mart on Premises.

There is an air-conditioned Beis Medrash and Mikva on premises.

There will be an Eruv set up for Shabbos lyH.

To reserve, you must submit a FULLY filled-out application, including your signature and credit card number and email it to poconosretreat1@gmail.com. No reservation is final until confirmation is received from the Poconos office.



LUNCH & SUPPER MENU

FOOD WILL BE SERVED BUFFET STYLE
SOUP WILL BE SERVED WITH EACH MEAL



LUNCH

Hours: 12:30-1:30pm

Tuesday: Eggplant Parmesean / Penne ala Vodka / Greek Salad

Wednesday: Salmon / Fettuccine / Roasted Potatoes

Friday: Cheese Blintzes / Yogurts / Israeli Salad + To'ameha from 4:30-5:30pm

Sunday: Pita / Falafel / Israeli Salad



SUPPER

Hours: 5:30-7:00pm

Monday:

Dark Chicken Cutlets / Baked Potato with Mushroom / Sliced Vegetables

Tuesday:

Boneless Spareribs / Mashed Potatoes / Mixed Vegetables

Wednesday:

Grilled Chicken / Orzo / Baked Potato

Thursday:

Chicken Capons / White Rice / String Beans

Sunday:

Breaded Chicken Cutlets / Lukshen Brezel / Squash in Tomato Sauce

PLEASE NOTE THIS IS A SAMPLE MENU EXACT DETAILS
MAY BE SUBJECT TO CHANGE.





SHABBOS PACKAGE

TOAMEHA

DELICIOUS TO'AMHEA EREV SHABBOS:
CHOLENT & KUGEL SERVED IN LOBBY ON STERNOES FROM 4:30-5:30

FRIDAY NIGHT

SALMON FISH 4 SLICES
GEFILTA FISH 1 ROLL
CHICKEN SOUP 4LB
LUKSHIN
MATZOH BALLS 6
CHICK PEAS 8 OZ
OVERNIGHT POTATO KUGEL 5X7
FARFEL 8OZ
2 GRILLED CHICKEN, 2 CUTLETS
APPLE KUGEL
COMPOTE 2LB

SHABBOS MORNING

SHABBOS EGGS 1LB
LIVER COMBO
GALA 4 OZ
CHULENT 4LB
BEEF KISHKA 1LB
CHICKEN FINGERS
COLD CUTS

OTHER

TOMATO DIP
CHREIN
SOUR PICKLES
COLE SLAW
GRAPE JUICE 64 OZ
3 MEDIUM CHALLAS
6 CHALLAH ROLLS
KOKOSH CAKE
TUNA
SALT PACKET
DISPOSABLE SHABBOS DISHES AND
CUTLERY (PLATES, BOWLS, CUPS,
SPOONS, FORKS, KNIVES, NAPKINS)
2 LITER BOTTLE OF SODA
2 - 1 LITER BOTTLE OF SELTZER
1.5 LITER BOTTLE OF WATER
BODEK MIX LETTUCE
BOX CHERRY TOMATOES
DRESSING

SHABBOS PACKAGE IS INCLUDED IN YOUR RESERVATION
FROM SATMAR FLEISH, BORO PARK

MENU IS SUBJECT TO CHANGE





MINI MART

DIPS & SALADS

ASSORTED DIPS
CHICK PEAS
CHREIN
CHUMMUS
COLE SLAW
CUCUMBER SALAD
EGG SALAD
HERRING
ICEBERG LETTUCE
NOVA LOX SALAD
SOUR PICKLES
TUNA DELUXE
FRESH CUCUMBERS
FRESH TOMATOES

MEAT

BURGERS
CUTLETS
DELI
HOT DOGS

FROZEN ITEMS

ICES
ICE CREAM

DAIRY

AMERICAN CHEESE
BUTTER
CREAM CHEESE
LEBENS
MILK
STRING CHEESE
YOGURT

DRINKS

GRAPE JUICE
ORANGE JUICE
SODA
CASES BOTTLED WATER

GROCERY

BBQ SAUCE
CEREAL
EGGS
HOT PEPPER SLICES
KETCHUP
MATZA
MUSTARD
NOODLE SOUP
OIL
PASTA
PASTA SAUCE
PEANUT BUTTER
RICE CAKES
SALT
TUNA
HOT COCOA
CEREAL BARS
APPLE SAUCE

SNACKS

CANDY
CHIPS
CHOCOLATE
CRACKERS
MARSHMALLOW
PRETZELS
SNACKERS

PAPER GOODS

SHABBOS COMBO SET
DISPOSABLE GRILLS
BOWLS
CUPS
FORKS
HOT CUPS
KNIVES
NAPKINS
PANS
PLASTIC TABLECLOTHS
PLATES
SILVER FOIL
SPOONS
WHITE TABLECLOTHS

BAKERY

BREAD
CAKE
CHALLAH
FRESH DANISHES
HAMBURGER BUNS
HOT DOG BUNS
KICHEL
LITTLE BITES
ROLLS
RUGALACH
WRAPS

SHABBOS FOOD

APPLE KUGEL
CHICKEN
CHICKEN FINGERS
CHICKEN SOUP
CHOLENT
GEFILTA FISH
KISHKA
MATZA BALLS/ LOKSHEN
POTATO KUGEL
SALMON

ALL ITEMS ARE SUBJECT TO CHANGE