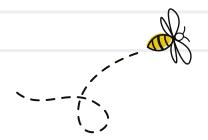


## Write to remember. Write to make it happen.

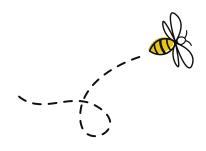
16 Journaling Prompts designed to help you reflect and take action!

Come along and write with The Bee!





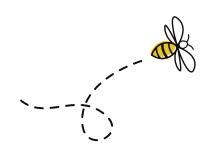
Ever think of a song and hear it on the radio? Or think of a person and then they call you on the phone? Are these occurrences connections or merely a coincidence?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/she-talks-to-angels</u>



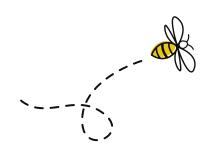
Do you have a secret crush? Did you tell them how you feel?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/head-over-heels</u>



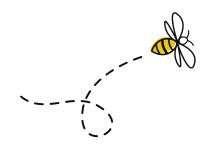
What have you imagined for yourself? Is there one small step you can take to set it in motion? Will you take action? How?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/venus</u>



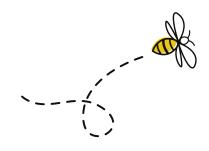
What hobby brings you back to life? What grounds you in chaos?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/feeling-good</u>

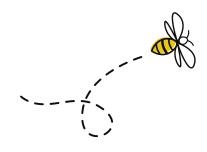


How do you treat the people around you? Are you a giver or a taker?





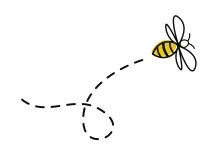
What memories do you hope to make this year?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/o-o-h-child</u>



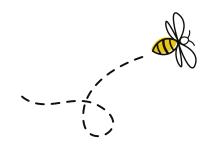
Have you ever felt different from your friends? How did it make you feel?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/sunday-morning</u>



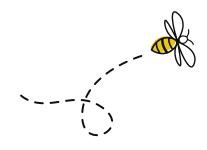
Have you ever been bullied? Des	scribe the experience. you overcome?	What did you do? How did



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/its-all-over-now-baby-blue</u>



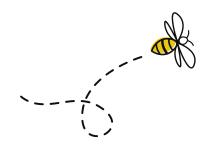
What did you dream of doing as a child? Do you have a lifelong goal that you have yet to achieve? Is it time to revisit the dreams you had as a child?				



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/the-journal-bee</u>



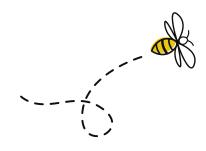
Describe a day that started as awful but ended up being the most memorable and rewarding.



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/save-it-for-later</u>



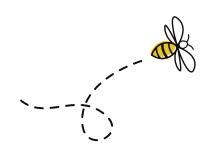
What was your worst first date? Were you able to laugh about it later?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/heart-of-gold</u>



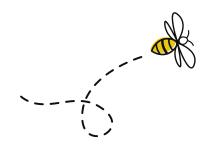
Describe a challenging time in your life. What was going on around you? How did you feel? After reflection, are you able to see the silver linings?			



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/colours</u>



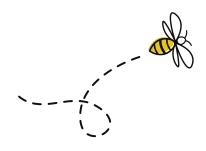
Are you in need of a little fun? Or are you in need of a to do list?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/all-these-things-that-ive-done</u>



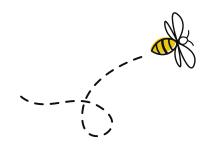
tave you ever done something that made you feel like a hero? A time where you felt you got your cape out of the closet and helped another?						ere you	



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/funny-the-way-it-is</u>



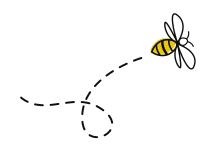
Do you show people who you are or do you tell them? Are you a talker or a doer?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/hallelujah</u>



What was your best birthday? Why was that particular birthday so special?



Do you want to read The Bee's Journal? Visit: <u>https://thejournalbee.com/f/peace-train</u>

