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**Parent Pathways Empowerment Guide**

***Essential Questions to Ask at Your First DDD HCBS (Home & Community-Based Services) Meeting***

Bring this guide to your first meeting—and write answers right next to each question so nothing slips through the cracks!

**🧠 Eligibility & Coverage**

1. Is my child currently ALTCS-approved?
2. If not, what steps are needed to complete eligibility?
3. What services are covered under HCBS?
4. What’s the difference between ALTCS vs. DDD coverage?
5. How will changes in our situation affect eligibility?

**🧩 Available HCBS Services**

1. What is Habilitation (HAH) and how will it help my child?
2. What respite services are available and how many hours?
3. Is Attendant Care an option? Who can provide it?
4. What is LHA (Life & Home Adaptation), and how does it differ from HAH?
5. Can my child receive transportation services for community access?
6. Are there behavioral health supports connected to DDD or AHCCCS?

**🏡 Home Environment & Safety Support**

1. Are there services to improve safety or home adaptations?
2. Can DDD help with durable medical equipment or assistive tech?
3. Is funding available for home modifications (e.g., gates, ramps)?

**🧾 Training & Support for Caregivers**

1. Are there parent/caregiver trainings available?
2. Can we request coaching, mentoring, or behavioral consultation?

**🧑‍🤝‍🧑 Providers & Staffing**

1. Can I choose or recommend a provider or agency?
2. Can a family member be a paid provider?
3. What if a provider isn’t a good fit—how do we proceed?
4. How do providers get selected, trained, and screened?

**🗓️ Scheduling & Service Hours**

1. How many service hours are allotted weekly for each service?
2. Can hours be split across different services?
3. Is the schedule flexible for holidays, breaks, illness?
4. Who tracks and documents service hours?

**📄 ISP & Goal Planning**

1. When will the Individual Support Plan (ISP) be developed or reviewed?
2. Can I help write HAH/LHA goals?
3. How will goal progress be measured and documented?
4. Can goals be adjusted mid-year if needed?
5. How are goals personalized and kept meaningful?

**📚 Education & School Collaboration**

1. Does DDD coordinate with schools or IEP teams?
2. Can services be provided before or after school?
3. How can DDD goals align with IEP or transition goals?

**💬 Communication & Advocacy**

1. What’s the best way to contact my coordinator?
2. How often will check-ins or meetings occur?
3. What if I disagree with a decision or denial?
4. What parent resources or support groups are available?
5. Can I request Field Support Visits or additional coaching?

**🧾 Billing, Reimbursements & Documentation**

1. Do I need to track hours or documentation myself?
2. Are reimbursements or stipends available for mileage or supplies?
3. Who do I contact if there's an issue with billing or hours?

**🔁 Reviews & Future Planning**

1. How often are services reviewed, and can I request reviews off-cycle?
2. What happens during the annual ISP review?
3. How do we prepare for transitions (aging out, adult services)?

**✨ Bonus Tips from Parent Pathways**

* You are your child’s strongest voice—ask confidently.
* Bring this guide, a pen, and a phone or notepad to meetings.
* Save all DDD documents in a well-organized binder.
* Don’t hesitate to request follow-up or get answers in writing.
* If you would like personalized support, we can attend your PCSP meetings with you!

