

Suzanne Booth

CREATIVE MIND INSPIRING OTHERS

The Sodbury Sampler

Cowl Crochet Pattern



The Sodbury Sampler celebrates Chipping Sodbury's textures, patterns, and rich heritage and has been designed exclusively for the 2025 Sodbury Yarn Over by textile designer and craftpreneur Suzanne Booth,



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CREATIVE MIND INSPIRING OTHERS

I'm Suzanne Booth, a lifelong creative with a passion for inspiring others to explore their creativity and enjoy the mindfulness of crafting.

After graduating with a degree in woven textile design, I worked in the industry for an independent studio that quickly inspired my entrepreneurial spirit. From this point, it's never left me, and my journey has taken me from running a successful handmade business and training to be a teacher to now empowering others to embrace their creative side through my workshops, kits, patterns, and courses.

I love being creative and will try my hand at anything, but I'm always particularly drawn to tactile crafts, like yarn and textiles. Crochet became my creative outlet during a time of burnout while teaching, and it's now one of my greatest joys to share it with others.

I fell in love with the simplicity of just picking up a hook and a ball of yarn and the meditative process of creating beautiful fabrics.

I'm thrilled to share this exclusive pattern with you at The Sodbury Yarn Over. It's such an honour to be asked to contribute, as it perfectly aligns with my mission: to show that everyone can be creative and to support others on their crafting journeys.

Through my business, I help crafters of all levels—whether you're picking up a hook for the first time or ready to take your creativity further. Whether you're looking to unwind, grow your skills, or even turn your hobby into a business, I'm here to guide you every step of the way.

Visit www.suzannebooth.co.uk to explore my courses, discover new patterns, and find inspiration to expand your creativity.

Let's craft something wonderful together!

Suzanne x

Introduction

Sodbury Yarn Over 2025 Exclusive Crochet Pattern: The Sodbury Sampler Cowl by Suzanne Booth

The Sodbury Sampler celebrates Chipping Sodbury's textures, patterns, and rich heritage and has been designed exclusively for the 2025 Sodbury Yarn Over.

The pattern draws inspiration from features of the town and surrounding Cotswolds, incorporating stitches that evoke its landscapes, architecture, and history while inviting you to explore a unique combination of crochet stitches.

It's designed to be versatile and customisable, allowing you to create something that suits your needs and budget. It also reflects my love of introducing people to new techniques and inspiring possibilities. It's simple and achievable, making it accessible for all skill levels, but it also encourages you to try new stitches and explore your creativity.

The basic pattern is based on using just one 100g skein of Aran-weight yarn, which you can join together to make a neck-warmer cowl. However, you can easily add more skeins and repeat the pattern to make it larger or don't join and leave it as a scarf, or even experiment with colour changes and surface crochet.

I've included inspiration and ideas for adapting the design—typical of how I approach my patterns—offering suggestions to empower you to make your own creative decisions and truly make the project your own. I'll show you these design possibilities in my introduction and design video, which you can access easily by scanning the QR code below.



Scan the QR code to access my design inspiration video for the pattern on my YouTube channel!



What you'll need

○ YARN

Suggested yarn: Any Aran weight yarn of your choice.

○ HOOK

As suggested by yarn label

○ NOTIONS

Wool needle

Scissors

Details

○ SKILL LEVEL

Confident beginner

○ MEASUREMENTS

Gauge is not important for this design.

This design can be worked to your desired length or dictated by the skein length
(See pattern notes),

○ ABBREVIATIONS (UK TERMS)

Ch(s) = chain(s)

SS = slip stitch

YO = Yarn over hook

Sk= Skip stitch

Dc = double crochet

[Insert hook / YO / Pull up a loop (2 loops on hook) / YO / Pull through both loops on hook]

Tr = Treble crochet

[YO hook/ insert hook / YO / Pull up a loop (3 loops on hook) / YO / Pull through first 2 loops on hook / YO / Pull through both loops on hook]

Htr = Half treble crochet

[YO hook/ insert hook / YO / Pull up a loop (3 loops on hook) / YO / Pull through all 3 loops on hook]

Special stitch: Little Puff

[YO hook/ insert hook / YO / Pull up a loop (3 loops on hook) / YO / Pull up a loop (5 loops on hook) / YO / Pull up a loop (7 loops on hook)/ YO / Pull up a loop (9 loops on hook)/ YO and pull through all 9 loops.

Pattern Notes

Gauge is not important for this pattern.

The design is a collection of stitch blocks. It has been designed with one 100g Skein of Aran weight yarn in mind, where you keep crocheting until the skein is used up. Therefore, the width and length may vary according to your tension.

The relaxed nature of the pattern allows you to explore using different yarns and amounts to create something unique to you. Working with one 100g skein, I found I got $\frac{3}{4}$ of the way back through the pattern, but the cowl was too long to be a small neck warmer and too short to get two wraps around my head, so for consequent samples, I used less to make a more snug fit. My video will support you with the design choices to help you think about what you'd like to make.

Blocking is recommended to open up the filet crochet stitches and to straighten the design, but it is not essential.

I reference the right side and the wrong side, as in the puff blocks, the puffs are worked on the wrong side to show on the right.



Scan the QR code to access a full step-by-step tutorial for the pattern on my YouTube channel!



Pattern

FOUNDATION

Chain 29 +1

Row 1: 1 DC into the 2nd chain from the hook and in each chain to the end (29 RS), Chain 1 and turn.

BLOCK ONE: Butterflies



Row 2: Slip Stitch (SS) into first stitch, Half treble crochet (Htr) in next, repeat SS then Htr across to the end (29 WS), chain 1 and turn.

Row 3: Htr in the first stitch, SS in next, repeat Htr, then SS across to the end (29 RS), chain 2 and turn.

(Doing the opposite of row 2 basically)

Row 4: Crochet 1TR in the next 4 stitches, then *ch1, skip 1 stitch, 1 TR, Ch1, skip 1 stitch, 1 TR in next 3 stitches. Repeat from * up to 4 stitches remaining. Crochet 1TR in these last 4 stitches. Chain 2 and turn.

Row 5: Repeat Row 4, working into the top of the stitches below.

Row 6: Crochet 1TR in the next 7 stitches, then *ch1, skip 1 stitch, 1 TR, Ch1, skip 1 stitch, 1 TR in next 3 stitches. Repeat from * up to 7 stitches remaining. Crochet 1TR in these last 7 stitches. Chain 1 and turn.

Row 7: Repeat Row 6, working into the top of the stitches below. Chain 1 to end

Pattern

BLOCK TWO: Floral Iris Stitch



Row 8: Slip Stitch (SS) into first stitch, Half treble crochet (Htr) in next, repeat SSSt, then Htr across to the end, (29 WS), chain 1, and turn.

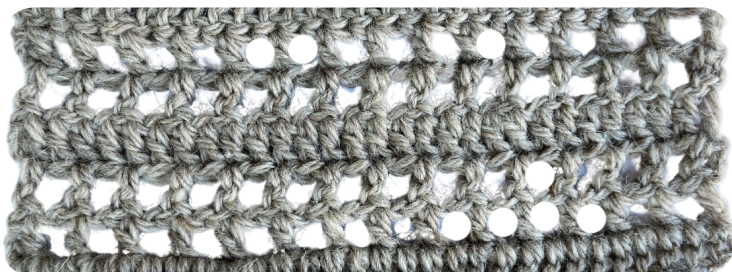
Row 9: Htr in the first stitch, SS in next, repeat Htr, then SS across to the end (29 RS), chain 2 and turn.

Row 10: 1Tr in the first stitch, skip next stitch, [2Tr, Ch1, 2Tr] in next stitch, * Skip 3 sts, [2Tr, Ch1, 2Tr] in the next stitch, repeat from * to the last 2 stitches, skip 1 stitch, Crochet 1Tr in last stitch, Chain 2 and turn.

Row 11: 1Tr in the first stitch, skip across to work in the chain 1 space in the row below (Between the two sets of trebles) and crochet [2Tr, Ch1, 2Tr] in this space, * Skip across to the next chain 1 space [2Tr, Ch1, 2Tr] in here and repeat across to the last set to make a final [2Tr, Ch1, 2Tr] in this space. Skip the remaining stitches at the end of the row and crochet 1Tr in the LAST stitch, Chain 2 and turn.

Row 12 and 13: Repeat Row 11, end chain 1 and turn.

BLOCK THREE: Medieval heritage



Row 14: ONLY WORK IN THE TREBLES - NOT THE CHAIN ONE SPACE!

Skip 1st stitch, Slip Stitch (SS) into 2nd stitch, Half treble crochet (Htr) in next, repeat SS, then Htr across to the end, chain 1, and turn.

Row 15: Htr in the 1st stitch, SS in next, repeat Htr, then SS across to the end, chain 1 and turn.

Row 16: Slip Stitch (SS) into 1st stitch, Half treble crochet (Htr) in next, repeat SS, then Htr across to the end, chain 1, and turn.

Row 17: Crochet 1Dc in each stitch along the row (29) chain 2 and turn.

Row 18: Crochet 1Tr in each stitch along the row (29) chain 2 and turn.

Row 19: Crochet 1Tr in the first stitch, then *Ch1, Skip 1 stitch, 1Tr in the next, and repeat from * along the row until there are 2 stitches left. Skip a stitch and TR in the last stitch. Chain 2 and turn.

Row 20: Repeat row 19, working the same stitches into the top of the stitches below to form a double row of grid-like stitches. Chain 2 and turn.

Row 21: Work a row of trebles - 1 in each stitch along the row. (29)

Row 22 - 24: Repeat rows 19 - 21 chain 1 and turn on the last stitch.

Pattern

BLOCK FOUR: Rolling hills



Row 25: Crochet 1 Dc in each stitch along the row (29), chain 1 and turn.

Row 26: Crochet 1 Dc in the first two stitches, * in the next stitch, create a puff (See abbreviations). Crochet 1 Dc in the next 3 stitches. Repeat from * along the row until only 2 stitches left. Crochet 1Dc in the last 2 stitches. Chain 2 and turn.

Row 27: Crochet 1Tr in each stitch along the row (29). Chain 1 and turn.

Row 28: Crochet 1 Dc in the first four stitches, * in the next stitch, create a puff (See abbreviations). Crochet 1 Dc in next 3 stitches. Repeat from * along the row until only four stitches left. Crochet 1Dc in these last four stitches. Chain 2 and turn.

Row 29: Crochet 1Tr in each stitch along the row (29). Chain 1 and turn.

Row 30- 31: Repeat row 26 and 27

Repeat the pattern from Row 2 and go as far as you want to—either until the skein runs out or until the cowl is the size you require, or if you want to make a scarf, keep going until it's the length you require.



Share your makes!



I hope you've enjoyed exploring these stitches and connecting with the inspiration behind the Sodbury Sampler design.

I would love you to share photos of your finished designs!
You can either...

Email me



suzanne@suzannebooth.co.uk



Tag me in your social media posts



@SuzanneBoothCreative



@suzannebooth.creative

Finally!

It will mean a lot if you could LIKE either or both of the Sodbury Sampler Video on YouTube so please do like and subscribe to my channel!



Learn more & get creative

with Suzanne Booth

Online Courses & Workshops

Ready to take your crochet and craft skills to the next level? I've a brand-new collection of online and in-person courses coming in May. They are designed to inspire, guide, and help you grow in confidence—whether you're mastering new techniques, tackling ambitious projects, or even exploring how to turn your creativity into a business.

If you would like to be the first to know when these courses go live, then please scan this code to enter your details to be added to my mailing list.



Ensure you tick the consent box, otherwise I can't get in touch!



Join the Conversation in My Facebook Groups

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Suzie Jules Crochet Community

A warm, welcoming space for crochet enthusiasts! This group is dedicated to sharing ideas, projects, and tips. Whether you come here through my original brand of Suzie Jules crochet kits, or prefer a crochet-focused group you'll find inspiration and helpful advice from fellow crafters.



Creative Haven

A space for crafters who love crochet and enjoy exploring other crafts too! Whether a crocheter or someone who likes to dabble in various creative pursuits, this group is your new go-to for inspiration, advice, and fun projects. Over time, it will evolve into your all-encompassing crafting community—where creativity knows no bounds!



Creative Business Community Hub

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