

The Fort Dodge Community REC Center

Pool Schedule

#RECstrong

Monday

Lap/Fitness Swim.....5:00 am-1:00 pm
Water Fitness Class*.....9:30 am-10:15 am
Open Swim.....1:00 pm-8:00 pm

Tuesday

Lap/Fitness Swim.....5:00 am-2:00 pm
Deep Water Fitness*.....9:00 am-9:45 am
Closed For ICCS Swim.....2:00 pm-4:00 pm
Open Swim.....4:00 pm-8:00 pm

Wednesday

Lap/Fitness Swim.....5:00 am-1:00 pm
Water Fitness Class*.....9:30 am-10:15 am
Open Swim.....1:00 pm-8:00 pm

Thursday

Lap/Fitness Swim.....5:00 am-2:00 pm
Deep Water Fitness*.....9:00 am-9:45 am
Closed For ICCS Swim.....2:00 pm-4:00 pm
Open Swim.....4:00 pm-8:00 pm

Friday

Lap/Fitness Swim.....5:00 am-8:00 pm
Water Fitness Class*.....9:30 am-10:15 am
Open Swim.....10:00 am-8:00 pm

Saturday

Open Swim.....9:00am-2:00pm

Sunday

Open Swim.....1:00pm-4:00pm

Kids Club Hours

Monday-Friday AM.....8:15am-12:00pm

Monday-Thursday PM....4:30pm-7:00pm

Friday PM.....Closed

Saturday AM.....8:15am-12:00pm



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<http://www.fdrec.com>



[fd_rec](https://www.instagram.com/fd_rec)

Updated November 2nd, 2022

*During Lap/Fitness Swim and
Classes, Lap swimming only*

