STRATEGIC
CONSTRUCTION SOLUTIONS

FALL PROTECTION

HARNESS INSPECTION QUIZ

1. _____ is one of the most important procedures in the world of Fall Protection.

   a. Maintenances
   b. Planning
   c. Inspection
   d. Purchasing

2. Damage cannot be found and remedied unless equipment is _____ thoroughly.

   a. Maintained
   b. Designed
   c. Leveled
   d. Inspected

3. Prior to each use, a harness must be inspected for deficiencies.

   True **False**

4. During inspection of harnesses the following must be inspected:

   a. Corrosion, Deformation, Pits, Burrs, Broken Stitching
   b. Rough Surfaces, Sharp edges, Cracking, Rust, Fraying
   c. Paint Buildup, Excessive Heating, Alteration, Missing or Illegible Labels
   d. All of the Above

5. If defects or damage are found during harness inspection, or if exposed to forces of fall arrest, the harness should be

    a. Used until parts are ordered to repair.
    b. Used on at lower elevations
    c. Removed from service after getting approval from Supervision
    d. None of the above.

6. The most important feature of the harness to check is the:

    a. D-Ring
    b. SRL Housing
    c. Expiration date
    d. Impact Indicator

7. After inspection of harness, you find no existence other than the Impact Indicator is deployed, the harness is ACCEPTABLE to use.

    True **False**

8. If the labeling on the harness is not present or legible, the harness needs to be removed from service.

    True **False**

9. Surface level rust or corrosion may not require the harness be taken out of service.

True **False**

10. D-Rings must be integral to the harness and pivot freely, and all buckles must connect and adjust as intended.

True **False**

11. Lanyard Keepers are essential in securing the unused leg of a Dual Leg Lanyard or SRL.

True **False**

12. It is acceptable to connect an unused lanyard to any portion of the harness other than the lanyard keeper as long as you are not climbing.

True **False**

13. The harness webbing should be inspected for:

    a. Rips
    b. Tears
    c. Discoloration
    d. All of the above

14. It is important to pay close attention to points of friction on the harness, such as where buckles or D-rings may rub against webbing.

True **False**

STRATEGIC
CONSTRUCTION SOLUTIONS

15. While inspecting SRL's the unit's housing, check for loose fasteners and bent, cracked, worn parts.

True **False**

16. While testing the lifeline you should maintain a light tension on the lifeline as it retracts.

True **False**

17. If the lifeline retracts most of the way it is acceptable to use.

True **False**

18. The breaking mechanism can be tested by grasping the lifeline above the load indicator and applying a sharp steady pull downward. This should engage the brakes.

True **False**

Employee: (print) _____

Employee: (sign) _____

Date: _____ **Score:** _____

SIG Representative: _____