

50 Ways to Claim Self-Agency Using Self-Literacy™



SPEAKER TOPICS

- PUZZLEyOU™: Building the Frame Before the Picture Appears
- Loop Logic™ as the Engine for Self-Directed Outcomes
- The Betweenverse™: Operating in the Space Between Decisions
- Cognitive Geometry™: When Thought Reveals Its Shape
- Self-Thinking Literacy™ and the End of Borrowed Logic
- Designing Thoughtwork™ That Performs While You Think

MEDIA EXPERIENCE

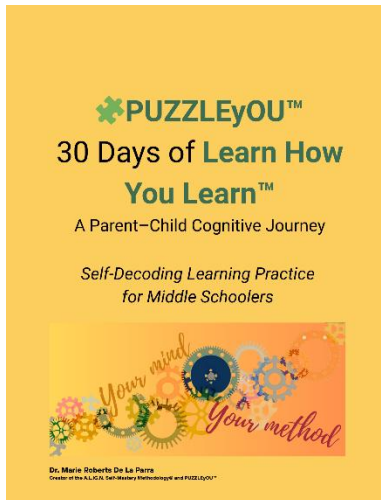
- 50 Possibilities for Increasing Your Personal Power, How to Do You Well!
- 1 Habit™ (co-author)
- Green Tip Expert for KBLX Radio
- Ethical Decision-Making; Cases in Organization and Leadership (contributor)

DR. MARIE ROBERTS DE LA PARRA, AUTHOR, SPEAKER, STORYTELLER

A Self-Mastery Cognitive System Architect and Chief Thought Officer, Dr. Marie Roberts De La Parra (Dr. Thought) is the creator of the A.L.I.G.N.® Self-Mastery Methodology, The Betweenverse™, and the PUZZLEyOU™ Cognitive Framework, which begins at age nine. She is a prolific writer whose work spans leadership, cognitive development, self-agency, education, innovation, environmental impact, and community advancement. Her storytelling integrates original frameworks with applied insight, offering a distinct lens for thinking, learning, and self-leading.



"Dr. Marie Roberts De La Parra has created a breakthrough guide that empowers middle schoolers to unlock their cognitive potential with clarity and confidence. 30 Days of Learn How You Learn™ is more than a workbook—it's a journey that helps young learners decode their unique thinking patterns. With compassionate insight and innovative tools, Dr. Roberts De La Parra meets students where they are developmentally and equips them with the important skill of self-directed learning. This is a must-read for any parent or educator invested in nurturing authentic, independent thinkers." — Dr Michael Swack, Senior Fellow, Carsey School of Public Policy, University of New Hampshire"



FOR MEDIA, SPEAKING ENGAGEMENTS OR COLLABORATIONS CONTACT | media@marierobertsdelaparra.com
To Learn More About Dr. Marie Roberts De La Parra, visit | <https://marierobertsdelaparra.com/meet-dr-thought>



[Instagram.com/marierobertsdlp](https://www.instagram.com/marierobertsdlp)



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