

50 TIPS FOR INCREASING YOUR PERSONAL-POWER™



STORY IDEAS

- 5-Keys for Building Your Personal-Power: How to Do You, Well
- How to Overcome Perceived Obstacles: Getting Out of Your Own Way
- Increase Your Personal-Power: Maximize What You Do Illuminate Who You Are
- Stepping Out Achieve Your Personal Mission: Finding the Faith Within You
- No, is Not Part of Your Vocabulary: Achieve What You Perceive
- You are Never Failing: Teach Yourself How You Win

MEDIA EXPERIENCE

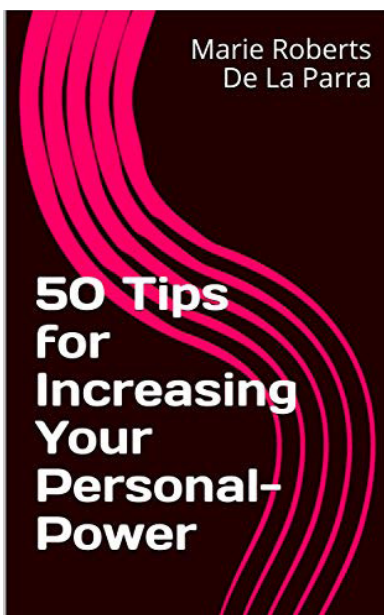
- 50 Tips for Increasing Your Personal-Power, How to do you well!
- 1 Habit™ (co-author)
- Green Tip Expert for KBLX Radio
- Ethical Decision-Making: Cases in Organization and Leadership (contributor)

MARIE ROBERTS DE LA PARRA, AUTHOR, SPEAKER, STORYTELLER

A Power Coach and a Chief Emotional Officer, she is the creator of the Life Energy Management Program at Wait a Green Minute. Marie is a prolific writer and has written articles for magazines and newspapers and is a contributor to various genres for knowledge sharing that include: leadership, personal-development, wellbeing, environmental factors, education, finance, water and energy efficiency, and community and economic development.

amazon

She is the author of the Amazon #1 bestseller in spirituality, and one of the one hundred co-authors to the Amazon bestseller in 3-categories, 1 Habit™. Marie is a Doctoral Candidate in Organization and Leadership; with a current EPA appointment and has obtained State Board appointments across multiple administrations. Marie has been honored to receive 16 congressional awards and host of leadership awards. She is responsible for approval of \$250M+ in business capital loans in California as a loan committee member for 1(7) certified financial development corporations Nor-Cal FDC.



"50 Tips for Increasing Your Personal-Power™ showcases how to observe from within to locate the energy force that makes you your most dynamic, seeking out your life passion, mission, and purpose. Your audience will experience a power filled event with Marie and leave with critical takeaways regarding influence, power, and wellbeing."

FOR INTERVIEWS, PLEASE CONTACT

510-544-7409 | media@marierobertsdelaparra.com



[Twitter.com/waitagreenminut](https://twitter.com/waitagreenminut)



[Linkedin.com/in/marie-roberts-de-la-parra](https://www.linkedin.com/in/marie-roberts-de-la-parra)



[Facebook.com/waitagreenminute](https://www.facebook.com/waitagreenminute)