

# About.....<sup>©</sup>

**Our Bay & Basin**

**AUGUST 2025**

Vol 22 Issue 7

## **CELEBRATING VERONICA**

**For dedication & service to our community**

## **SAHSSI 30**

**Join in and raise funds**

*About .....* Monthly Feature

## **A MID-CENTURY DECADE**

*Pink Blossoms from Native Corymbia Gum Tree - photo by John Shepherd*

**f** Community Bank  
Sanctuary Point Districts

**ig** communitybank\_sanctuarypoint

[https://bayandbasincommunity  
financialservices.com/](https://bayandbasincommunityfinancialservices.com/)

**BENDIGO COMMUNITY BANK ATM conveniently  
situated at KERRY ST SANCTUARY POINT.**

A Community Magazine proudly produced as a service to the community by  
Sanctuary Point & Districts **Community Bank** Branch



Sanctuary Point | Vincentia

Local Business, National Reach

Number 1 Real Estate brand on the South Coast

Experienced and Dedicated Sales & Property Management Team



Scan here to download your  
**FREE** digital property report

**4443 9666**

1/10 Paradise Beach Road, Sanctuary Point NSW 2540  
Shop 9/8 Moona Creek Road, Vincentia NSW 2540

## Featuring in this issue .....

### **3 Join our Board** continue to strengthen and grow our community

*Pink Blossoms from Native Corymbia Gum Tree – photo by John Shepherd*

#### **4 Celebrating Veronica Husted**

#### **7 #MomentsMatter** Ending Loneliness Together

#### **9 SAHSSI30** Join in to raise funds in August 2025

#### **12 Childrens Book Week** Sanctuary Point Library

#### **15 About .....® Travel** Bali - Part 2

#### **17 Community Noticeboard**

#### **20 What's On**

#### **26 About .....® Monthly Feature** A mid-century decade

#### **30 Mucking In** Clifton Community Food Garden

#### **35 About .....® Home Cooking** Chicken, Mushroom & Spinach Risotto

#### **37 School Corner** Huskisson Primary & Vincentia High

## CONTACT DETAILS

**Contributions** Please submit your contributions for the **September 2025 issue by 6th August** and the **Oct 2025 issue by 3rd Sept** to

### The Co-ordinator

editor@aboutbayandbasin.com.au  
PO Box 180  
Sanctuary Point NSW 2540

### Advertising Enquiries

ads@aboutbayandbasin.com.au

### Distribution Enquiries

distribution@aboutbayandbasin.com.au

### Printing

**About .....** magazine is proudly printed and typeset locally by **Sanctuary Point Printing**, phone **4443 0014**

8,000 copies carefully distributed to homes and business in Wandandian, Bewong, Tomerong, Falls Creek, Basin View, St Georges Basin, Sanctuary Point, Old Erawal Bay, Erawal Bay, Huskisson, Vincentia and Woollamia. We are also supported by many local businesses.

**About .....** accepts no responsibility for any article, advertisement, notice or letter published. Any article, advertisement, notice or letter is published at the risk of the contributor, who accepts liability for any intended publication. All contributors forwarding articles, advertisements, notices or letters agree to indemnify the publisher and warrant that the material is accurate, not deceptive or misleading, in breach of copyright, defamatory or in breach of any other laws or regulations. **About .....** reserves the right to edit contributions and there is no guarantee all material submitted can be published. All views expressed in this publication are those of the contributors and are not necessarily those of **About .....**

## A Word from the Editor

### WELCOME TO OUR AUGUST EDITION OF THE *About .....* MAGAZINE.

As we bid farewell to winter this August, there's a certain magic in the air. The last month of the cold season often feels like a quiet transition – cool mornings giving way to brighter, longer days. It's a reminder that change is constant, and with it, fresh opportunities to reflect, recharge, and look forward to what's ahead.

In this issue, we celebrate the small moments that make winter so special, from cozy gatherings to embracing the beauty of the chilly landscape. Whether you're looking for local events to lift your spirits or stories that highlight the strength and creativity of our community, we've got something to warm you up this month.

Here's to closing out winter with gratitude and anticipation for the spring that's just around the corner.

Stay warm, stay connected,

This month's must reads:

- Celebrating Veronica Husted – Page 4
- SAHSSI 30 – Page 9
- What Lies Beyond – Bali Part 2 – Page 15
- A Mid-Century Decade – Pages 26 & 27

Regards and happy reading  
Editor

### **Cassie's Cuts Curls & Colours**

**All aspects of men's and women's hairdressing**

FACIAL WAXING, EYELASH & EYEBROW TINTING  
RELIABLE & FRIENDLY SERVICE WITH GREAT AFFORDABLE PRICES  
FROM A VERY COMFORTABLE HOME SALON

**10am – 5pm TUESDAY, WEDNESDAY, THURSDAY**  
(After hours and Friday bookings available upon request)

**4443 7643**

**0422 224 541**

26 Naval Parade, Erawal Bay



# JOIN OUR BOARD – CONTINUE TO STRENGTHEN AND GROW OUR COMMUNITY

As another successful year comes to a close, we look ahead with optimism to the opportunities that lie ahead in FY25/26 – continuing to strengthen and grow our Community Bank Sanctuary Point & Districts.

## Are You Interested in Joining Our Board?

We're looking for passionate community members who can bring a fresh perspective to join the **Bay & Basin Community Financial Services Board** – a unique opportunity to make a real difference where it matters most.

As a volunteer board member, you'll help shape initiatives that empower local schools, sporting clubs, charities, and community organisations. This is a chance to contribute to something bigger – driving lasting, positive change across the Bay & Basin region.

**No prior banking or board experience is required** – just a commitment to your community and a willingness to contribute. If you bring experience in any of the following areas, we'd especially love to hear from you:

- Business ownership or management
- People & culture, HR or wellbeing
- OHS, risk or compliance
- Finance, accounting or legal
- Digital marketing and communications
- Community and stakeholder engagement

Alternatively, if you're keen to develop these skills in a professional and supportive board environment, we welcome expressions of interest from those looking to grow.

## Make an impact. Grow your skills. Strengthen your community.

Get in touch with us today to learn more.

Visit <https://bayandbasincommunityfinancialservices.com> or contact me,  
James Marin – Branch Manager, Bendigo Bank 0431 995 179

# **Celebrating Veronica Husted:**

## **A Legacy of Dedication and Service**

We proudly recognise Veronica Husted for her decades of unwavering service and commitment to our community.

Experience and expertise:

- Library Assistant, NSW Public Schools
- Women's Employment Officer, NSW Public Service
- Deputy Chair of Southern Cross Community Housing
- President of Crossroads Rural Fire Brigade
- Secretary of Sanctuary Point Community Pride Inc
- President of Howlong Historical Society
- Member of Howlong City Progress Association and
- Director of Community Bank, Sanctuary Point Branch, May 2011 to June 2025, included in this was as Chair of our Community Committee, Chair of Human Resources Committee and Board Chair until 2021.



Veronica's service included campaigning for the Leisure Centre so children could learn to swim. She was also a Member of the original Bay & Basin Community Resources Board.

Whether it was a community garden, a park where children could learn to ride, or even an extension of a footpath so children could safely get to this park, Veronica strove to improve our area. Veronica was also committed to ensuring that Sanctuary Point had and would continue to have, a public library.

Over the years, Veronica has been a steady force of compassion, leadership, and generosity – touching countless lives and making a lasting impact in ways both big and small.

Whether through her tireless volunteer work, her support of local programs, or her mentorship to others, Veronica has shown us what it means to lead with heart and purpose. While she no longer lives in Sanctuary Point, her legacy is woven into the very fabric of our community, and we are deeply grateful for all she has done.

**Thank you, Veronica, for your extraordinary dedication.  
We celebrate you today and always!**



# BAY & BASIN DENTURES VINCENTIA

**Your Denture Specialist**

**32B The Wool Road Vincentia  
(next to Osteopath)**

## Offering:

- Full and partial dentures, denture repairs, relining, repairs (same day)
- We accept NSW Healthcare Vouchers Veteran Affairs & Health Insurance cards
- House calls for Nursing Homes and those not able to visit the clinic
- Payment plans can be arranged



**Ismail Larney**  
*Dental Prosthetist*

Ish became involved in Dental Prosthetics (Denture making) through his passion for painting and sculpting. From a very young age he carved his family's firewood. He was able to link his passion for carving and sculpting to his career and by restoring the facial features of maxilla facial patients.

He manufactured artificial eyes, noses, ears, cast metal splints and obturators for many years at the Sydney (United) Dental Hospital.

Ish has over 30 years experience in making dentures. He became a dental tutor in 1986 and recently retired from teaching however, his retirement was short lived and Ish has now opened a private practice in Vincentia so he can continue doing what he loves best.

When he is not in the practice Ish does voluntary work with Poche Centre for Indigenous Health (University of Sydney).

**Come in and have a chat, we are here to help!**

**Ish 0410 683 658**  
**Bianca 0438 130 487**



# Basin Villages Forum

A Shoalhaven City Council Community Consultative Body

**SANCTUARY POINT LIBRARY** The June meeting featured a guest speaker from Sanctuary Point Community Pride (SPCP) who spoke on the Sanctuary Point Library at the invitation of the Forum. The long and protracted history of the Library was explained and the unsatisfactory nature for the community of the most recent decisions detailed by Gwen Price. SPCP have organised a petition for community members to sign calling for the Library Project to be reinstated. Gwen emphasised that this is not intended to be at the expense of other recreational and sporting facilities proposed for Francis Ryan Reserve area and that these deserve separate consideration in the interest of both community facilities. It is the intention that the petition will go via Local Member Liza Butler to State Parliament. The petition is being collected in person hard copy at various venues. The Basin Villages Forum is recommending your support.

**BVF MEETINGS AND AGENDA** After a two month break due to use of the Community Hall for a Polling Place and an electrical system upgrade the Forum resumed in June and some of the items dealt with at the June meeting are covered in this edition. Most items involved a report on the latest news and progress in topics of interest to the Forum and members.

**BHERWERRE WETLAND** An application was made to Council to rezone all of the Bherwerre Wetland property to Conservation 2. At the moment it is covered by three zonings: Conservation 2, Rural 2 and Recreational. BVF had a Council response which indicated the wetland property will be included in the Review of the Local Environment Plan as had been requested.

## NEW DEVELOPMENT PROPOSAL FOR ANSON STREET

The Forum was made aware of a probable new development proposal for land on either side of Anson Street linked to the proponent of the Anson Street high rise development of seven years ago which remains. The Forum sought advice from Council and was promptly provided with detailed information, which will be presented at the July meeting.

This and another Basin CBD area development proposal are accessing an approach in which the proponent seeks to have the proposal dealt with as a 'State Significant' project, based on the value of the development but which then takes it out of the hands of Shoalhaven Council, who as the community can then make submissions.

## LOCAL CHARACTER PLANNING PROPOSAL

The Forum made a submission in support of this proposal in 2024 and considered it as a major business item in March 2025, airing our concerns. The Mayor and three Councilors were present to join an excellent discussion.

Recent Council agenda and debate has led to the Proposal being rejected for inclusion the Local Environment Plan, which provides the various provisions for Zoning. Local Character examination remains a major and very serious exercise in dealing with proposals for development in the Basin, both villages and towns. Local Character concerns have continued to arise for the community and the Forum over many years now with particular developments, e.g. Anson Street, and decisions are not always made in favour of the community wishes, which have been provided as submissions, written and verbal presentations to, for example, The Land and Environment Court. It will, no doubt, remain a contentious subject in consideration of our future in the Basin and its towns and villages.

## MEETINGS 3RD MONDAY EACH MONTH

ST GEORGES BASIN COMMUNITY CENTRE, MERITON ST, STGB  
7.15PM FOR A 7.30PM START – 9PM

YOU ARE INVITED – ALL ARE WELCOME!

August 18th  
September 15th  
October 20th  
November 17th





LONELINESS  
AWARENESS  
WEEK AUS



4 - 10 August 2025

**MOMENTS**

**MATTER**

**Loneliness is a critical issue and is recognised as a public health priority for many countries around the world.**

However, despite being highly prevalent, loneliness isn't widely understood or spoken about in Australia.

**Loneliness Awareness Week** shines a spotlight on the shared experience of loneliness and calls on all Australians, including individuals, communities, workplaces, education, and government, to take action to reduce loneliness and create more opportunities for meaningful social connections. Loneliness Awareness Week is brought to you by national peak body **Ending Loneliness Together**.

Young people, aged 16-25, are feeling increasingly lonely, and it's impacting their health and wellbeing. Pressures to have a best friend, partner or big group, cost of living, lack of community spaces and major life events are all contributing to young people feeling disconnected. With your help, we can change that.

**2025 Theme:**

**#MomentsMatter**

Making friends or forming connections takes time and effort, but it often starts with a small moment. A quick hello, a chance encounter, an act of kindness, a compliment, a shared experience or interest, a new hobby or even a funny story – these small but meaningful interactions matter. They spark conversation and help us feel seen and valued.

This Loneliness Awareness Week we'll be **sharing real moments** that helped young people build and strengthen connections and we're calling on all Australians to **make moments matter** at home, work, school and in the community.

**Share a Moment:** Share a small moment of connection that's made you feel less lonely, led to a friendship or strengthened a relationship. Think chance encounters, compliments, funny stories – anything! Post a short video on social media to inspire others.

**Make a Moment:** Create opportunities for young people to build and strengthen connections – host an event, organise a family game, have a team cook up, learn a new skill with someone or switch seats up. Share online and tag us!

#### Hashtags

#MomentsMatter

#LonelinessAwarenessWeekAU

#### Website

[www.lonelinessawarenessweek.com.au](http://www.lonelinessawarenessweek.com.au)



**Renovations, Kitchens,  
Bathrooms, Laundries &  
Waterproofing (certified)**

**FREE measure and quote**

**Terry Irvine**  
**0414 974 424**

**Fully Qualified,  
Licensed & Insured**  
Lic No. 271142C

- Sliding Door Repairs
- Window & Flyscreen Repairs
- Pensioner Discounts Available
- Servicing the local area since 2006



**the  
Roller  
Doctor™**

STEVE BERRY

**0411 555 182**

e: [info@therollerdoctor.com.au](mailto:info@therollerdoctor.com.au)  
www.therollerdoctor.com.au



## Jervis Bay Mobile Massage

Remedial massage to ease your muscular aches and pains!  
In the comfort of your own home!

With 25 years experience including 10 years teaching massage,  
you know you're in good hands!

**Brent Cawood**

Phone: 0429 191 267

**Sanctuary Point PRINTING**

"Your local complete printing service"

ABN 66 322 501 062

**OFFSET & DIGITAL FULL COLOUR PRINTING**

Business Cards | Envelopes | Letterheads | Flyers  
Invoice Books | Magazines | Newsletters | Menus  
Annual Reports | Short Stories | Autobiographies

**4443 0014**

15 Nirimba Ave, Sanctuary Point NSW 2540  
e: [spprint@shoalhaven.net.au](mailto:spprint@shoalhaven.net.au)  
w: [www.sanctuarypointprinting.com.au](http://www.sanctuarypointprinting.com.au)

## Grab & Go! Concrete, Brick & Green waste?

### We Demolish, Remove & Recycle

**Save** on tip fees, any amount, slabs/walls/trees etc.

8 ton Tipper with 3 ton crane. Compact Backhoe/  
Bobcat hire with grader, crusher, hammer &  
screener. 11 ton wheeled Excavator/Loader.  
Site clearing, excavation & road maintenance.

**Call Dave, free quotes**

**0411 572 725**

Incorporating

**Ed's PROPERTY MAINTENANCE**  
ABN 66 354 081 923

**Clean Gutters R US**

**Solar Panel Cleaners R US**

**FREE QUOTES**

## GUTTER & SOLAR PANEL CLEANING

- Residential, Commercial, Strata & Holiday Homes.
- Preventive and scheduled property maintenance, gutter & solar panel cleans.
- Let us help you prepare for bushfire season.
- Over 25 years industry experience.
- Fully insured & working from heights qualified.

Using the latest gutter vacuum and solar cleaning equipment.

**0417 496 793**

[www.edspropertymaintenance.com.au](http://www.edspropertymaintenance.com.au)



## SAHSSI 30 – 2025 EVENT

<https://www.sahssi.org.au/about/sahssi-30-walk>

**Saturday 9th August**

**White Sands Park Huskisson 8am**



**SAHSSI30 is a walk along the beautiful Jervis Bay coastline to raise funds for domestic violence survivors in the Shoalhaven and local women at our crisis accommodation sites.** It is a grassroots community-driven event that has grown out of a desire to make positive change for women and children in the Shoalhaven. The event is organised by local volunteers and is a collaboration between Bay and Basin Amnesty, Heartcentre and Jervis Bay CWA.

This annual walk with hundreds of participants has raised nearly \$100,000 for SAHSSI Nowra Women's Refuge and keeps the focus on the issue of gender-based violence and homelessness in the local area.



The funds raised by SAHSSI30 have provided families who are living on or below the poverty line with access to activities and experiences that would not otherwise be available to them.

SAHSSI30 has funded a coach full of children to Mogo Zoo, purchased school holiday activities for children staying in the refuge, funded Christmas experiences, contributed to the refuge sanctuary garden, provided internet access in the refuge and helped with the construction of a children's playground. All money donated to SAHSSI is spent directly on the clients we support. You can walk as an individual or as a group and you can

walk ANY distance that suits you or simply donate to a great event and cause.

SAHSSI30 is a choose your own adventure starting at Whitesands Park in Huskisson with a stop off at Plantation Point at the 7km mark through to the finishing or turning around at beautiful Hyams Beach at 10- 12kms. A fabulous morning tea is provided for participants both at Plantation Point and Hyams Beach.

Accessibility path – The path from White Sands Park to Plantation Point is accessible, which means whether you are using a wheelchair, walking, running or pushing a pram, everyone can all get moving together for one cause.

Get in touch if you have any questions or follow @sahssi30 /  sahssi30 / [sahssi30@gmail.com](mailto:sahssi30@gmail.com) 





## Shoalhaven Family History Society Inc.

# ALBURY BANNER & WODONGA EXPRESS

**100 YEARS AGO IN TOMERONG** Cold winter days are perfect for spending hours indoors scrolling through Trove, not necessarily looking for family history stories.

These extracts came from a search for “Tomerong” when life was so much harder but joy was found in the simple things.

**Albury Banner and Wodonga Express (NSW:1860-1927; 1929-1931;1933 1938) Fri 16 Jan 1925, p 12**

LETTER-BOX.

Honor Letter. Tomerong. via Nowra. South Coast.

Dear Uncle Jeff, This is my first letter to the 'Banner'. 'I have intended writing several times, for I do enjoy reading the Children's Page, and would like to become one of your nieces. I am ten years old, and have two sisters younger than myself, including twins. We live about four miles from Jervis Bay, but have a splendid view of the ocean, as our home is on a very high hill. We went to see the British Fleet when it visited the Naval College, and went aboard the Hood. The day was very wet, and we were not permitted to remain long on board. We have just returned from camping. We went to a spot called Wreck Bay, where I am told, several vessels have been wrecked, and we found many pieces of wreckage from the unfortunate ships. There was a nice beach for bathing, also some treacherous looking rocks and cliffs where one could scarcely bear to look over. My sister Kathleen (aged eight) and I walk about one and a half miles to school. About 50 children attend. I will write to you again shortly – Your new niece, Eileen M' Kinnon.

*Editor: (A nice letter, Eileen. What a beautiful place you live in. You must love the country around your home.)*

**South Coast Times and Wollongong Argus (NSW : 1900 - 1954), Friday 3 July 1925, page 28.** Mr. Ted Glanville, riding a motor cycle,

averaging 25 miles an hour from Bega to Falls Creek. It took him an hour to accomplish the five miles to Nowra, the worst piece of road on 200 miles run.

**Shoalhaven News and South Coast Districts Advertiser (NSW: 1891 - 1937), Sat 12 Dec 1925, p 2** Mr. James Watt, of Tomerong, has installed! a wireless set. The installation was made by Mr. P. May, of Nowra.

**Shoalhaven Telegraph (NSW : 1881 - 1937), Wednesday 23 December 1925, page 9** Amongst the visitors to Nowra yesterday was Mr. G. P. Smith, one-time of Tomerong, and who since the South African war, in which he was engaged, rising steadily in the service until he was superintendent of the Shaftsbury Reformatory and acting Governor of Parramatta gaol. Mr. Smith is now Governor of Bathurst gaol. He looks well, and apparently deserves all the success that has come to him.

**Australian Worker (Sydney, NSW : 1913 - 1950), Wednesday 28 October 1925, page 13**

A DESERTED HOUSE.

There are sign-posts on the main South Coast road of N.S.W. pointing the way to Tomerong, but it is really only a little bunch of houses and a single store, nestling at the gateway to a country of big timber. We' came down the road... and paused finally at an empty house that faced the store. We had been told we could camp here, and a lean bushman who had been asked to keep on eye on the place confirmed this, and allowed us to make a fire and prepare our quarters for the night. It was a big, rambling place, with a broad verandah and half-a-dozen rooms scattered any old way beneath the rusty iron roof. Dust had gathered on the floors, and there was a musty hint of departed life, and a depressing sense of desolation that only the cheery warmth of a good fire could dispel.



After tea the lean bushman dropped over for a yarn... He told us of the men who had called in here for the luxury of a night under shelter.

There had been a cheerful soul walking to Bega by way of a holiday, the usual stragglers making down the coast in search of work, and another who toured the country on a push bike, with a bundle of oddments for sale. This man had been skilful with the pencil, and the caretaker took us into another room and showed us a little collection of rough sketches on the wall.

There was a group of racehorses, the portrait of a film star, and a seascape - all done with a certain amount of crude skill... Presently, however, our friend left us for the night, and we sat on in silence, each busy with his thoughts, and the things to be seen in the red heart of the fire.

I thought of the little procession of men who had sought shelter beneath this roof, and wondered which distant bush tracks had now swallowed them. I thought of the family that had once made these rooms echo to the sound of voices, and the confident tread of footsteps.

And then I went to the open door, and gazed for a space into the shadows of the night, and caught something of the rich essence of life which hangs eternally above these silent places.

I lay that night with my face turned to a square of window which made a patch darkly blue against the blackness, and from this patch of shadow there shone a single star, very bright, very low down in the west, and I knew then that the place had not been deserted, after all. M. H. HOLCROFT. ■

**JERVIS BAY  
LAWNMOWING**

**Friendly Service  
Great Prices**

**Dan 0403 245 149**

**Wedding Videographer**

**VHS to DVD's**  
reel albums

Cassettes → Onto CD's  
LP's and Cassettes to CD's  
Onto DVD's

Home movies, VHS home movies → DVD

*Weddings, Corporate, Business and all other occasions*

**0401 076 338 0401 076 338**

## The Community Crop

Located at St Georges Basin Baptist Church, 165 The Wool Rd (opposite Shortcut Rd). Produce is available for all in our community and anyone who has surplus in their garden is also welcome to drop off if to share with others. Produce will vary depending on season.  Community Crop.



**Nathan Parnell**

**ROOFING**

**METAL ROOF SPECIALIST**

**For quotes call**

**0422 024 000**

- All types of Metal Roofing
- Fascia & Guttering
- Wood Fire Install & Cleaning
- Chimney Sweeping
- Roof & Gutter Repairs
- Down Pipes & Drainage
- Leaf Guarding / Skylights

**WE NOW OFFER:**  
**Gutter Vac Cleaning & High Pressure Water Cleaning**  
Driveways, Roof Cleaning, Blocked Drains etc.

Lic No.  
175344C





# Shoalhaven Libraries Sanctuary Point

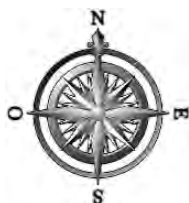
Paradise Beach Rd Sanctuary Point, Monday – Friday 9.30am – 5pm  
Phone 4406 2076 Email [sanctuarypointlibrary@shoalhaven.nsw.gov.au](mailto:sanctuarypointlibrary@shoalhaven.nsw.gov.au)  
<http://www.shoalhavenlibraries.com.au/Our-Libraries/Sanctuary-Point>

**Here we are in August already. It's our favourite month here at the library because in August we celebrate Book Week. That's right, a whole week celebrating books and reading!** What's not to love? This year Book Week runs from Friday 16<sup>th</sup> August to Saturday 23<sup>rd</sup> August so why not come along and 'Book an Adventure' at your local library!



There are some great competitions for the kids to enter. Colouring in for the littlies, Primary can create a boarding pass or use their imagination to draw a fantastical map and there is even an 'extreme reading' photo competition for the older kids (keep it safe though). Look for competition entry forms at your school or pick one up from any Shoalhaven Libraries branch.

Visit the library anytime from 1<sup>st</sup> August and check out all the shortlisted titles. Kids can reserve junior items for free so ask us to hold your favourite shortlisted book for reading at home after Book Week.



**Mapmaking activity.** Design your own map using grains of rice, paper and markers. Will you make a treasure map or a map of an imaginary land? Come along to Sanctuary Point Library on Tuesday 19<sup>th</sup> August 4-5pm for a special Book Week after school craft session. Suitable for kids aged 4-12 years. Bookings essential.

**Special Book Week Storytime.** Ready for more adventure? Join us on Thursday 21<sup>st</sup> August at 10.30am for a special sensory reading of 'We're going on

a bear hunt'. Suitable for kids aged 2-5 years. No bookings required.

Please note bookings are required for most events. Call 4406 2076 or book online at <http://www.shoalhavenlibraries.com.au/events>

**See you at the library!**





*Shoalhaven  
Philatelic  
Society  
Inc.*

presents

# Annual Stamp and Coin Day

**Saturday August 16**

Time: 9.30am - 3pm

Venue: Wesley Centre,  
Uniting Church,  
29 Berry St,  
Nowra

There will be Dealers in  
attendance – buying and  
selling, displays, 2c / stamp  
table and lucky door prizes.

**For further details contact  
John on 0414 634 556**



SHOALHAVEN LYDIAN SINGERS

PRESENT

## SHOW STOPPERS

Join us for an exciting program of famous music from  
opera, operetta and film.

**Saturday 9th August – Berry School of Arts 2pm and**

**Sunday 10th August – Nowra School of Arts 2pm**

Tickets available on TryBooking.com or eftpos or cash at the door.

Adults \$30; Students \$15; Children under 12 free.

Find us on or call Kathy 0403 690 378

## John Thorncraft Electrical

Lic No. EC 41572 ABN 25 052 886 301

*Servicing Bay & Basin and surrounding areas*

New Homes • Extensions • 24 Hr Service  
Installation & Repairs, Hot Water Systems, Stoves, Small Jobs

[johnthelectrical@gmail.com](mailto:johnthelectrical@gmail.com)

**0402 017 295**



## Machelp

**Apple Mac Sales & Service**

15+ years serving Apple Mac users  
throughout the Shoalhaven.

- New Macs & Apple products
- Repairs, upgrades, data recovery

**Phone Dave 0411 572 725**



## YOUR NEIGHBOURHOOD HANDYMAN

*Need a good handyman to help  
with all the little jobs?*

Reliable and Experienced  
Quality Guaranteed  
Neighbourly Rates

SMALL JOBS WELCOME

*Call Arne for a Free Quote*

**0467 734 948**

[handymantotherescue@hotmail.com](mailto:handymantotherescue@hotmail.com)  
ABN 66282205379



# REAL ESTATE – DONE WRIGHT

*Locals supporting locals*

wrightwayrealty.com.au

**Glenn Wright** Licensed Real Estate Agent

Call 0408 120 866

“True to his word - Glenn was professional, true to his word and friendly from the first conversation to the last. Glenn delivered as promised and we would have no hesitation in recommending Glenn for any and all Real Estate needs.”

- Harley & Kaz



m: 0408 120 866 e: glenn.wright@atrealty.com.au  
wrightwayrealty.com.au

WRIGHT↑WAY  
realty

@realty

## ROOF SEAL

Phone 1300 36 70 70



### ROOF SEAL HAS COMPLETED WORK IN YOUR AREA

St Georges Basin, Basin View, Sanctuary Point, Vincentia,  
Nowra, Bomaderry, Shoalhaven Heads, Ulladulla,  
Mollymook, Sussex Inlet, Huskisson

**WORKING THROUGHOUT THE SHOALHAVEN AREA**



**ROOF SEAL**

Over 40 years  
industry experience

Protecting Australian  
roofs since 1984

Protect your home with ELLEMEX™ Superior roof coatings.



**MARKETS  
LIVE MUSIC  
GARDEN  
FUN!**

# MUSEUM SPRING MARKET

**SATURDAY 6 SEPTEMBER**

A fun event with free live music,  
food, markets and special garden  
& nature stalls and activities.

**10AM - 2PM**

[jervisbaymaritimemuseum.com.au](http://jervisbaymaritimemuseum.com.au)

JERVIS BAY | **MARITIME MUSEUM**



**PROFESSIONAL  
AND RELIABLE  
COMPUTER  
SOLUTIONS**

Supporting the Bay & Basin since 2003

**4441 8430 • [www.parcomputers.com.au](http://www.parcomputers.com.au)**

**COMPUTER REPAIRS,  
SUPPORT AND SALES**



Find us with  
Google Maps



[https://www.facebook.com/  
PARComputers/](https://www.facebook.com/PARComputers/)

Shop 1, 5 Burton Street  
Vincentia Shopping Village



# Contacting About ....®

**Editor:** [editor@aboutbayandbasin.com.au](mailto:editor@aboutbayandbasin.com.au)

**Advertising:** [ads@aboutbayandbasin.com.au](mailto:ads@aboutbayandbasin.com.au)

Check out the updated website with previous issues of the

*About ....*® magazine

<https://bayandbasincommunityfinancialservices.com/>

— LOCAL —  
**GLASSMASTER**  
GLAZING SPECIALIST

EMERGENCY  SERVICE

- 0432 074 704 -

24 Duranbah Drive, Huskisson – For a free measure & quote call Andy

Specialising In:

- Broken Glass Replacement
- Shopfront Repairs
- Splashbacks
- Table Tops
- Mirrors
- Shower Screens
- Glass Cut To Size
- Commercial Work

## Ralphs Mobile RV & Caravan Repairs

MVRL55811

**0435 742 540**

[ralphsrvrepairer@gmail.com](mailto:ralphsrvrepairer@gmail.com)

*Dont come to us, we come to you!*

Servicing the Shoalhaven from

Kiama to Batemans Bay

Fully licensed and insured



## QUOTE OF THE MONTH

Although no one can go back and make a brand new start, anyone can go from now and make a brand new ending.

~ Carl Bard ~

## Bay & Basin Fencing

★ Colour Bond ★ Tubular ★ Gates  
★ Weld Mesh Steel ★ Chain Wire

**0456 198 507**







# WHAT LIES BEYOND Bali - Part 2

Contributed by Corinne Le Gall

Following on from last month's issue of the evolving Bali on my visits over a twenty year period, my observations of the last of my ten-time visits there, I cried for what Bali had become.

From innocence, to full-on degradation of culture, lack of respect from tourists to the locals and vice-versa and general attitude of tourists who believe that *'I'm on holiday here to have a good time, no matter what'*, which has brought Bali to the same level as other Asian destinations which abound in all-day, all-night neon lights (think Times Square in NY), never-ending partying, no lack of alcohol, absolutely no dress code (anything goes), loud, obnoxious and drunk patrons being the types that a nation is being judged at.

The first thing I noticed was that a new female tourist would be asked where she was from, and upon being told Australia – especially as a solo traveller - you were immediately cast as a sexually-easy 'piece of action' as many of those who came to the island did so to 'score' with at least one of the local lads. Very sad indictment on the rest of the Australian, female traveller.

Going to the beach that I used to virtually live on from sunrise to sunset, where have all the trees gone? - all cleared to make way to cater for the swell of tourists.

Male youths hiring out surfboards and bodyboards, with these guys thinking that if you are polite with them, 'that you are

asking to be taken' because unfortunately, that's what they have encountered with many female tourists - so, let's tar every female with the same brush!

McDonald's the food chain, has woven its way physically into the fabric of what was once paradise where you could once upon a time, immerse yourself in the flavours and aromas of this once-beautiful island. Where you would eat as a local from the tiny 'restaurant' run by a mum while her kids slept just on the other side of the sheet-curtained doorway.

You would sit yourself on a makeshift, small table and an even smaller wooden stool. At sunset, the street vendors would pedal to the beach to sell roasted peanuts, some type of soup concoction or corn on the cob or some delicacy from their carefully constructed glass display unit sitting proudly on the back of their pushbike.

How simple and pleasurable was it then!. I guess that I never imagined that it would change so much as I was living 'in the moment' where I believed that Bali would never succumb to modernity to the point where she lost her soul and gained a bunch of loud, obnoxious, drunk fools who have really spoilt 'Paradise'.

My last visit in 1996, became the very last to where I thought I had found an escape from the trappings of what is known as 'progress'. ■

## **BCR Respite Social Group Brings Comfort and Connection**

**Every Tuesday, laughter, music, and the comforting hum of conversation fills BCR Communities Wellness Centre in Sanctuary Point as participants of the dementia-specific 'Respite Social' group gather for a day designed just for them.** At the heart of the program is BCR's person-centred philosophy of care, which honours each individual's story, strengths, and choices. *"Our goal is to create a space where people living with dementia feel respected, understood, and engaged,"* explained BCR Lifestyle Activities Coordinator Kim McDonald. *"We see the person first, not the diagnosis."*

The Tuesday group offers a welcoming environment where participants can enjoy activities tailored to their own unique interests and abilities – from walks, gardening and singalongs to art, games and sensory experiences. *"It's so much more than just keeping busy,"* Kim said. *"It's about providing opportunities that focus on what the participants can still do so they can continue to feel a sense of purpose and pride. It is also about fostering those little moments of joy and ensuring everyone feels like they belong."*

Once a month, the group heads out into the community for a special outing, like lunch at a local café or club. These trips are carefully planned to help participants feel independent and confident, for example they are encouraged to order and pay for their own meal.

*"These outings give people a sense of normalcy and empowerment,"* Kim said. *"They remind our participants - and the community - that people living with dementia can still enjoy meaningful, everyday experiences."*

For many local families, the program also provides much needed peace of mind and respite. *"Carers tell us they feel relief knowing their loved one is somewhere safe and supportive, so they can have time to themselves to relax, recharge and do the activities that give them joy,"* Kim said.

**To find out more about BCR Communities Respite Social group, visit [BCRcommunities.com](http://BCRcommunities.com), phone 1300 222 748 or email [info@BCRcommunities.com](mailto:info@BCRcommunities.com)**



# St Georges Basin Senior Citizens Inc.

(aka Basin Seniors)

Providing Fun Activities and Social Contact for "Young at Heart" Seniors

Ph Margaret 4443 6031 – 0403 783 290

**Senior Citizens are people 50 and over either retired or semi – retired.**

We are a friendly group of people providing activities and fun days for our local Senior Citizens. So, if you are looking for something to do, something to get you out of the house where you'll meet people and make new friends, we are here for you. Perhaps you are new to the district and looking for company and an interest? Why not join us for a social morning of **Indoor Bowls**, or perhaps a game of **Euchre** is more to your liking?

Please come along and have a morning with us. We are located in the Auditorium at The Country Club – St Georges Basin, from 9am each Thursday. If you don't know how to play Indoor Bowls, don't worry, we'll soon teach you in a very social, relaxed and friendly atmosphere.

Our **Bushwalking group** will make new members very welcome also. They meet on alternate Friday mornings. All walks are easy and designed for Seniors.

Anyone interested in any of our activities can contact 4443 6031 or 0403 783 290.

**Till next time, keep smiling – Margaret**



**Is drinking costing you more than money?**

*Don't suffer any longer...*

*there is hope ...*

Call Alcoholics Anonymous 1300 22 22 22 [aa.org.au](http://aa.org.au)

community

noticeboard

## Shoalhaven Lydian Singers

We are a community mixed choir. We meet each Wednesday from 6:30 – 9pm at St Andrews Presbyterian Church Hall, Nowra. Access through the gate at bottom of Woolworth's carpark. Come along and sing a variety of music from classical to jazz. Tenors and Basses are particularly welcome. No auditions required. **For enquiries contact Kathy on 0403 690 378.**

## NOWRA & DISTRICTS TOTALLY & PERMANENTLY INCAPACITATED (TPI) SOCIAL & WELFARE CLUB

Are you a Military TPI looking for social interaction??? Come and join us. We are always seeking new members. Meetings are at the Shoalhaven Veteran and Family Hub, 124 Wallace St, Nowra on the 3rd Tuesday of most months at 11am. Every few months we have a luncheon so we won't be at our regular meeting place. Spouses and partners are welcome to come along also. **If you are interested in coming along, please contact the Secretary, Harry Back on 0402 366 695 beforehand to confirm what our location will be on that day.**

## Shoalhaven Prostate Cancer Support Group

Share experiences of treatments and managing side effects; Discuss the possible impact on partners, family and work; Learn from speakers including medical professionals; Find reassurance and fellowship in an easy going, friendly environment. We meet 2nd Monday of the month from 10.30am at Coastal Waters Conference Room, 110 The Wool Rd, Worring Heights. **Contact Fred 0435 628 110 or Roy 0405 579 088**



## VINCENTIA RURAL FIRE BRIGADE

next door to Leisure Centre, Vincentia

**We are seeking community minded volunteers. Contact our Captain on 4401 1750**

## Huskisson Woollamia Community Voice



### Community Consultative Body (CCB)

HWCV provides a two-way communication link with Shoalhaven City Council; other government agencies and; non-government organisations who make decisions that affect you. **Join us to have a say in local matters that effect you and the community you live in.**

### MEETINGS

at Huskisson Community Centre, Dent St, Huskisson.

Mondays at 7pm  
(aim to finish at 9pm)



Link to HWCV's website

### JUSTICES OF THE PEACE Volunteer Help Desk

We are available to help to answer your questions at The Office of the Federal Member for Basins, Suite 3, 59 Junction St, Nowra (around corner from PO). **For more info or to join the local J.P. Branch call Brenda 0407 065 031**

### SOCIAL TENNIS

**Ladies Doubles** – We would love to have some more Ladies join us for some fun and exercise every Tuesday morning 9.30am – 11.30am at The Country Club – St Georges Basin. **Please come along or contact Maureen on 0478 792 001**



### We are looking for Volunteer bus drivers.

LR Drivers Licence required. One morning or afternoon per month.

**Call Michelle at Basin View Masonic Village on 4443 5034**

### PHOENIX STRINGS

**Like to play Uke? Join a happy group of Uke and Guitar players.** Can't play? We will help you! Come along on Thursdays from 1pm to 4pm at the Community Cottage, Edmund Street, Sanctuary Point.

**For more information call Sandra 4443 2073 or John on 0403 052 026.**



### INJURED WILDLIFE?

Call Wildlife Rescue  
**0418 427 214**

[www.wildlife-rescue.org.au](http://www.wildlife-rescue.org.au)



### VOLUNTEERS NEEDED

Do you have a particular interest and would like to help Basin View Masonic Village? We need your help with activities such as bus trips, craft, exercise and various entertainment events. Just a few hours of your time occasionally will put a smile on the faces of our residents. **Contact Michelle or Jo on 4443 5034 during office hours.**

## Rural Fire Services

**We have 7 Brigades over two groups in our area.**



Basin View, Huskisson,  
St Georges Basin, Sussex Inlet,  
Tomerong, Vincentia and Wandandian.

**New members always welcome.**

**EMERGENCY  
CALL 000**

## IN AN EMERGENCY CALL 000


### Fire Control

**4424 4424**



|                  |                       |              |
|------------------|-----------------------|--------------|
| Basin View       | Denise Fabreschi      | 0412 780 899 |
| Huskisson        | Cpt Sanna Reeves      | 0408 480 424 |
| St Georges Basin | Cpt Michelle Thornley | 0427 288 340 |
| Sussex Inlet     | Adam Harris           | 0409 326 660 |
| Tomerong         | Doug Schutz           | 4443 4600    |
| Vincentia        | Captain               | 4401 1750    |
| Wandandian       | Brian Edwards         | 0488 752 489 |

### Shoalhaven Beekeepers Assoc Inc.



meet West Street Community Centre, West St, Nowra on the 3rd Wed (ex. Dec 2nd Wed) at 5.30pm for cuppa, meeting starts 6pm sharp, guest speakers most months. For more info email shoalhavenbeekeepers@gmail.com or 

### TOMERONG MARKETS

Every 3rd Saturday of the month from 8am till 1.30pm. Lots of local handmade products and snacks. Find us on  and  @Tomerong Markets

### SHOALHAVEN INDIAN MYNA ACTION GROUP

This facebook page has been setup for the community to share information, educate and share ideas on this pesty bird, the "Flying Rat" Indian Myna which competes and harm's our native birdlife. Join the group for some valuable information to help our local wildlife.



We meet at Jervis Bay Baptist Church school room, behind the Church, cnr Wool Rd & St George Ave, Vincentia, on 1st and 3rd Thursdays from 9.30am to 1pm.  
**Phone Judy 0403 212 237.**

### Tennis: Ladies Doubles Social tennis only – no competition

Ladies come along for some exercise & social activity at The Country Club, StGB.  
**We need more players for Wed AM.  
Ph: 0409 920 878**

**Shoalhaven Transition** a worldwide grassroots movement, transitioning communities towards a more sustainable future. **Meets monthly 4443 4713.**

## Local Markets

### Berry Country Fair

1st Sun (except Feb held 2nd Sun) ■ Berry Showground, Alexandra St ■ 4464 1476

### Callala Beach Makers Market

5th Sat (only in months with 5 Saturdays) ■ Callala Beach Community Hall ■ 8am to 1.30pm

### Clifton Community Food Garden Fundraiser

3rd Sat ■ 10am – 12 noon ■ at the garden Clifton Street, Sanctuary Point ■ 0412 793 319

### Culburra Beach Market

1st Sun ■ Culburra Community Centre, Fred Evans Lane ■ 8am to 1pm

### Huskisson Markets 2nd Sun ■ Huskisson Sports Ground

■ 0409 740 704 (BH)

### Jervis Bay Maritime Museum Markets

**Twilight Museum Market** 1st Sat ■ 3–7pm ■ Dent St, Huskisson ■ Ph 4441 5675 ■ e: markets@jbmm.asn.au

### Milton Village Showground Markets

1st Sat PLUS Long Weekends & Easter ■ Milton Showgrounds, Croobay Rd, Milton ■ miltonvillagemarkets@gmail.com

### Nowra Showground Indoor Market

4th Sat ■ Nowra Showground Pavilion ■ 8am to 1.30pm

### Pyree Village Arts & Craft Markets

4th Sun ■ Shoalhaven Potters Workshop, Greenwell Pt Rd, Pyree ■ 4443 7312

### Royal Coastal Patrol Market Ulladulla 2nd Sun ■

Ulladulla Harbour & Wharf, Wason St, Ulladulla ■ 4455 3403

### Sussex Inlet Flea Market 2nd Sat ■ Uniting Church Hall,

Jacobs Dr, Sussex Inlet ■ 4441 1546

### Tomerong Village Market 3rd Sat ■ 8am–1.30pm ■ School

of Arts, 360 Hawken Rd, Tomerong ■ nowramarkets@gmail.com ■ www.tomeronghall.com ■ or find us on  or 



## Weekly Meetings

**1st St Georges Basin Scout Group** ■ Tasman Rd Scout Hall, SGB ■ Tue 5pm Joey Scouts; 6.30pm Cub Scouts ■ Wed 6pm Scouts ■ Mon 6.30pm Venturers ■ Paula 0400 674 525

**Al Anon - Huskisson** ■ Tue 1pm & Thu 10am ■ Huskisson Community Centre Dent Street, Huskisson

**Alcohol and Drug Treatment** ■ Lives Lived Well ■ Nana Muru (Better Road) ■ Free day rehabilitation program runs over 6 weeks in bay and basin (non-residential) ■ Mobile withdrawal program for residents of Nowra and bay and basin ■ 18 yrs and over ■ 1300 727 957 ■ self refer via website [www.liveslivedwell.org.au](http://www.liveslivedwell.org.au)

**Basin Radio Controlled Yacht Group** ■ Jetty at Island Pt Rd, SGB ■ Tue & Sat 9.30am ■ Racing starts 10am ■ Tony Blackmore 0427 450 278 or Malcolm Griffiths 0431 094 520

**Basin Track Bushcare** ■ Wed 9am ■ <https://www.shoalhaven.nsw.gov.au/For-Residents/Our-Environment/Bushcare> ■ [michael.smith@shoalhaven.nsw.gov.au](mailto:michael.smith@shoalhaven.nsw.gov.au) ■ 0434 691 267

**Bay & Basin Art Group** ■ Community Centre, Loralyn Ave StGB ■ Mon 9.30am-12.30pm ■ Over 50s ■ Lyn 4443 2848

**Bay & Basin Bombers Junior & Senior AFL Club** ■ Leisure Centre, Wood Rd, Vincentia ■ Juniors Thu 4.30-5.30pm for girls & boys aged 6-17 ■ Seniors for men & women Tue & Thu 6-7.30pm / Game Day Sat ■ Michael 0417 190 277 or Chris 0403 047 659 ■ [www.bombers.net.au](http://www.bombers.net.au)

**Bay & Basin Bush Potters** ■ 48 Edmund St, Sanctuary Point ■ Mon 9am-2pm ■ Lesley 0426 878 421

**Beginners Belly Dance Class** ■ Huskisson Community Centre ■ Wed 5-6pm ■ Ph Mimi 0461 576 176

**Best Fitness** ■ Huskisson Community Centre ■ Tue 4.30-5.30pm ■ Ph Mimi 0461 576 176

**Clifton Community Food Garden Working Bees** held 3 times a week ■ Daylight Saving Hours Tue 9am-12noon ■ Fri 3-6pm ■ Sat 9am-12noon ■ Non Daylight Saving Hours Tue 9am-12noon ■ Fri 2-5pm ■ Sat 9am-12noon ■ Jeff 0437 333 042

**Collingwood Reserve Park Care Group** ■ meet in reserve opposite Basin View Volunteer Rural Fire Brigade Shed ■ Mon 8.30am ■

**CWA Jervis Bay Day** ■ Huskisson Community Centre, Dent St ■ Tue 10am for craft, cuppa & chat ■ 3rd Tue General Meeting ■ Visitors welcome ■ Pres. Flavia Riva 0430 155 486

**Dancing** ■ Bomaderry RSL Club ■ Wed 7pm ■ permanent dance floor R'n'R, swing, country 2 step, rockabilly ■ Born to Boogie 0409 998 868

**Friendly 500 Card Group** ■ Mon 1pm ■ New members welcome ■ Roger 0481 995 461

**Heart Foundation Walking Group** ■ Paradise Beach Sanctuary Point ■ Mon 9am ■ Sue Randles 0427 286 719

**HuskiDrumming** ■ Facilitated djembe drumming circle ■ Huskisson Community Centre ■ Sat 10.30am ■ All welcome ■ e: [huskidrumming@gmail.com](mailto:huskidrumming@gmail.com)

**Huskisson Girl Guides** ■ During school terms ■ Huskisson Scout/Guide Hall, Kiola St (near Bowling Club) ■ Tue 5-6.30pm Junior Guides 6-9yrs ■ Wed 4.30-6.30pm Guides & Senior Guides 10-16 yrs ■ Parents and Friends Support Group 3rd Wed ■ Liesel Turnbull 4443 6007/0402 837 777

**JB Walkers and Talkers** ■ Meet Holden St Boat Ramp, Vincentia ■ Pram friendly walking group ■ Fri 10.30am ■ e: [lanaburkey@gmail.com](mailto:lanaburkey@gmail.com)

**Jervis Bay Bridge Club** ■ Huskisson Community Centre, Dent St, Huskisson ■ Fri 9.30am ■ All Bridge players welcome Ph 0421 332 991 or 0430 013 946

**Jervis Bay Community & Men's Shed** ■ Thu 9am-12pm ■ New members welcome both men & women ■ Colin Loudon 0412 347 322

**Jervis Bay & Districts Activities Group** ■ Fri 9am-1pm ■ Men & Women welcome ■ Colin Loudon 0412 347 322

**Jervis Bay Paddle Group** ■ weekly paddle group for kayakers ■ check  Jervis Bay Paddle Group page for schedule

**Jervis Bay Physical Culture Club** ■ Classes held Vincentia Primary School & StGB Community Hall ■ [www.jervisbayphysie.com.au](http://www.jervisbayphysie.com.au) ■ e: [jervisbayphysie@gmail.com](mailto:jervisbayphysie@gmail.com) ■ Jaclyn 0422 458 485 or Amie 0405 438 057

**Jervis Bay Wobbeongs Winter Swimming Club** ■ Huskisson Beach south end ■ Racing season Sun 8.30am between 1st May & 30th Sept each year ■ Swim & Chinwag Mon-Fri 7.30am to 8am all year long ■ <http://wobbeongs.weebly.com/> or 

**Karate** ■ Sanct Pt Community Centre, 18 Sanct Pt Rd ■ Tue & Fri ■ 5.30pm

## What's On...What's On...What's On...What's On...What's On...What's On

**Line Dancing** ■ Tue 10am-1pm SGB Community Hall, Meriton St, StGB ■ Mon 6-8.30pm Shoalhaven Heads Bowling Club ■ Wed 10am-1pm Bomaderry Community Hall ■ Thurs 6-8pm StGB Community Hall ■ Laurel 0408 184 984

**Mannahouse Youth** ■ Fri 7pm StGB Community Centre, 21 Meriton St, StGB ■ [www.mannahouseyouth.org](http://www.mannahouseyouth.org)

**MSCARC Inc.** ■ (Mid South Coast Amateur Radio Club Inc.) ■ Wed from 7.30-9.30pm on air ■ New members always welcome ■ Ken 4403 0599

**Nowra Healing Rooms** ■ 12 Tarawara St, Bomaderry ■ Open Wed 10am-12pm, Thu 7-9pm ■ 0459 046 084 ■ No appointment necessary & no charge ■ [www.healingrooms.com.au](http://www.healingrooms.com.au)

**Nowra Quilters** ■ North Nowra Community Centre, 7 Hood Cl, Nth Nowra ■ Tue 9am-1pm ■ New members welcome ■ e: [alex@themwarners.com](mailto:alex@themwarners.com)

**Nowra Town Band** ■ 174 Kinghorne St, Nowra ■ Mon 5.30-6.30pm for Training Band & 7-9pm for senior practice ■ Private lessons available in brass and percussion ■ Hall 4422 0807 or Ross 4443 5745/0488 056 196

**Raised Voices Community Choir SATB** ■ Jervis Bay Baptist Church ■ Tue 7pm ■ New Members welcome ■ Ph Rosalie 0412 297 435

**Rock and Roll Lessons** ■ Huskisson Community Hall ■ Tue 7pm ■ Rock n Roll, Partner Dancing, Swing ■ Ph Laurel 0408 184 984 or Rob 0439 416 386

**Scottish Country Dancing** ■ Thu 2pm-3.30pm Senior Citizens Hall, Berry St, Nowra ■ Tue 7.30-9.30pm Presbyterian Church Hall, Kinghorne St, Nowra ■ Beginners welcome ■ Heather 4441 5496

**Shoalhaven Concert Band** ■ Junior, Concert and Stage band ■ Nowra School of Arts Annex, Berry St Nowra ■ Tue 6-9.30pm ■ Richard 0417 462 885 or see 

**Shoalhaven Ex-Servicemens Dance Club** 157 Junction St, Nowra ■ Wed 7-9.30pm ■ Social dancing inc. modern ballroom, new vogue, sequence, latin, rock n roll ■ visitors welcome ■ Ph Norm 0407 950 325

**Shoalhaven Rock N Roll Group** ■ SGB Country Club ■ Mon 7pm ■ John 0411 120 042 or Linda 0408 428 670 ■ [www.shoalhavenrockandroll.org.au](http://www.shoalhavenrockandroll.org.au)

**Sing Australia, Vincentia** ■ Community Singing Group ■ Jervis Bay Baptist Church, The Wool Rd, Vincentia ■ Thu 7-9pm ■ New members welcome ■ Jenny 4441 7713 ■ [www.singaustralia.com.au](http://www.singaustralia.com.au)

**Smith Bay Bushcare Group** ■ Basin View ■ Fri for 2-3 hours ■ Fran 4443 6324


**Social Scrabble** ■ The Country Club StGB ■ Thu 1-4pm ■ New players welcome ■ Ph Anne 0410 012 642 or Emily 0438 208 754

**St Georges Basin Health & Com Transport Serv** ■ Mon & Wed Local Health ■ Tue, Thu & Fri Nowra Area Health ■ 4423 6044 for bookings Mon-Fri 9am-12pm, 1-3pm

**St Georges Basin Little Athletics** ■ Sports Grounds, Larmer Ave, Sanctuary Point ■ Registration Ph Tracy 0423 846 194 or Michelle 0412 656 206

**St Georges Basin Senior Citizens Club** ■ Thu from 9am Bowls-Darts-Euchre, The Country Club — St Georges Basin ■ Ph Margaret 4443 6031

**St Georges Basin Senior Citizens Walking Group** ■ Alternate Fridays 9am onwards, ph Helen 0412 215 855, Colleen 0423 233 594

**St Georges Basin SES Unit** ■ 41 Tasman Rd, StGB ■ Wed 6.30pm ■ for training, providing advice to members of the community on storm/flood preparedness, new volunteer enquiries welcomed ■  NSWSESSGB

**Sussex Inlet Computer Club** ■ Sussex Inlet RSL Club ■ 2nd, 3rd & 4th Tue 10am-noon ■ All welcome

**Table Tennis** ■ Scout Hall, Tasman Rd, SGB ■ Wed 2-4pm ■ Adam 0401 020 827 please leave a message

**Tennis** ■ Erawal Bay ■ Grandview St, Erawal Bay ■ Booking enquiries 0491 978 037 ■ Social tennis players welcomed on ■ Monday & Tuesday mornings ■ Tuesdays evening 6.45pm ■ Thursday afternoons

**Tennis** ■ Huskisson ■ Owen St, Huskisson Casual bookings Wendy 4441 7985 ■ Adult Mixed Group Mon PM & Thu AM Ph June Gripppling 4443 3065 or John Hayward 4441 6979 ■ Ladies Tue AM Ph Jan Chappelow 4441 6417

**Tennis** ■ The Country Club, St Georges Basin ■ Social Mon 6-9pm & Thu 9-11am Ph Max 0427 663 318 or Ph 4443 0666 ■ [thecountryclub.com.au/sport/tennis](http://thecountryclub.com.au/sport/tennis)

**Vincentia Bush Care Group** ■ Tue 9am - 12 noon ■ Ph 0418 460 594



**OUR COURTESY BUS RUNS  
7 DAYS / WEEK FROM 11AM-LATE**  
Call Courtesy Bus to book 0413 014 125

THE  
COUNTRY CLUB  
*St Georges Basin*

# WHAT'S ON AUGUST

The Home of Sport & Entertainment on the South Coast

**30 TRAYS**  
Tickets Just \$1 Each  
**SUNDAY MEAT MARKET**  
On Sale 1:30pm  
Draw Starts 3pm

**MONDAY Roast Night**  
AVAILABLE FROM 5PM EVERY MONDAY  
**\$18** MEMBERS  
**\$22** VISITORS  
Roast meat of the week with roast pumpkin, potatoes, steamed vegetables, cauliflower gratin, herb-baked puddings, and gravy.

**WEDNESDAY Mega 50 TRAYS!**  
**MEAT RAFFLE**  
TICKETS ON SALE 4:30PM, DRAW STARTS 6PM  
TICKETS JUST \$1 EACH  
BUY 10 NUMBERS AND GET A BONUS 10 NUMBERS FREE!

**BURGER + BEER TUESDAYS \$18**  
ANY BURGER, FRIES & A BEER OR SOFT DRINK  
AVAILABLE FROM 5PM  
WITH A DIFFERENT SPECIAL BURGER EACH WEEK!

**RIPPER RAFFLE Thursdays**  
Over \$3,000 in Prizes to be Won!  
**WIN!** Tickets on sale 4:30pm  
Draw starts 6:00pm  
TICKETS \$1 EACH  
BUY 10 AND GET A FREE DOUBLE TICKET!

**STEAK NIGHT**  
WEDNESDAY FROM 5PM  
Weekly Special Cut  
With Chips & Salad  
**\$18** MEMBERS  
**\$22** VISITORS

**\$18 PARMA GEDDON!**  
THURSDAYS FROM 5PM  
CHOOSE FROM THE ORIGINAL OR THE WEEKLY PARMY SPECIAL!  
\*Dine in Only

## MUSICAL MONDAY

with  
**BILL CROFT**

**MONDAY 4TH AUGUST**  
10.30AM - 12.00PM

**FREE**

in the Main Lounge

Playing all your favourite songs!

Tea and Coffee station available



THE COUNTRY CLUB  
*St Georges Basin*

The Country Club St Georges Basin  
11, Peninsula Village Road, St Georges Basin NSW 2557  
Ph: 0413 008811 | Web: thecountryclub.com.au

THE COUNTRY CLUB  
*St Georges Basin*  
**SATURDAY 6TH SEPTEMBER**  
Doors 7:00pm | Show 8:00pm  
Tickets door Reception or online  
thecountryclub.com.au  
**\$40** Door \$45  
plus booking fee  
**THE RADIATORS**  
Plus Special Guests  
**Simply Divinyls**  
Plus Special Guests  
Simply Divinyls

## WEEKLY ENTERTAINMENT

**FREE AND LIVE MAIN LOUNGE**  
Saturday 7pm - 11pm | Sunday 4pm - 8pm

**AUGUST 2025**

Saturday 2nd  
Sunday 3rd

Saturday 9th  
Sunday 10th

Saturday 16th  
Sunday 17th

Saturday 23rd  
Sunday 24th

Saturday 30th  
Sunday 31st

Raven  
William Wallace

DJ Mat Trix  
Backlash

Hits Central  
Torque Duo

Last Chance Honey  
SiRenics

Hav N Fun Karaoke  
Keith Zehn



GET IT ON  
Google Play

Download on the  
App Store

THE COUNTRY CLUB  
*St Georges Basin*  
https://thecountryclub.com.au

Please note: All Entertainment is subject to change without notice

Scan the  
QR Code to  
learn more



Fri 1st

**Friday Bingo** 10am - 2pm Auditorium  
**Friday Afternoon Poker**  
Rego from 12pm, Start 1pm  
**Hitlist Fridays** 7pm Main Lounge  
**Snooker Club Raffle** Drawn 7:30pm  
**MEGA Friday Member Badge Draw** Drawn 7:45pm

Sat 2nd

**Free Live Entertainment**  
Raven Duo 7pm - 11pm  
**The Ultimate Luke Combs Tribute Show**  
Doors open 7pm | Show 8pm

Sun 3rd

**Poker** - Sunday Poker  
Rego from 1pm, starts 2pm  
**Sunday Meat Raffle**  
Tickets from 1:30pm, Draw 3pm  
**Snooker Club Raffle** Drawn 5:30pm  
**Free Live Entertainment**  
William Wallace 4pm - 8pm

Mon 4th

**Musical Monday**  
Bill Croft 10:30am - 12pm  
**Bingo** - Morning 10am - 12pm  
Afternoon 12:45pm - 3pm  
**\$18 Monday Roast Night\***  
On Point Kitchen from 5pm  
**Poker** Rego from 5:30pm, starts 6:30pm

Tues 5th

**Cash Housie** Starts 10:30am  
**\$18 Burger & Beer Tuesdays\***  
On Point Kitchen from 5pm  
**Bingo** Starts 6:30pm  
**Trivia** from 6:30pm  
**SGB Women's Golf Club Raffle**  
Drawn 6pm

Wed 6th

**Bingo** Starts 10:30am  
**\$18 Wednesday Steak Night\***  
On Point Kitchen from 5pm  
**Wednesday Mega Meat Raffle**  
Tickets from 4:30pm, Draw 6pm  
**Sub Club Raffle** Draw 6:30pm  
**Wednesday Night Poker**  
Register 5:30pm, Start 6:30pm

Thurs 7th

**\$18 Parmageddon Thursdays\***  
On Point Kitchen from 5pm  
**Ripper Raffle** - Tickets from 4:30pm  
Draw 6pm  
**Junior Rugby League Raffle**  
Draw 6:30pm

Fri 8th

**Friday Bingo** 10am - 2pm Auditorium  
**Friday Afternoon Poker**  
Rego from 12pm, Start 1pm  
**Hitlist Fridays** 7pm Main Lounge  
**Snooker Club Raffle** Drawn 7:30pm  
**MEGA Friday Member Badge Draw** Drawn 7:45pm

Sat 9th

**Free Live Entertainment**  
DJ Mat Trix 7pm - 11pm

Sun 10th

**Poker** - Sunday Poker  
Rego from 1pm, starts 2pm  
**Sunday Meat Raffle**  
Tickets from 1:30pm, Draw 3pm  
**Snooker Club Raffle** Drawn 5:30pm  
**Free Live Entertainment**  
Backlash 4pm - 8pm

Mon 11th

**Bingo** - Morning 10am - 12pm  
Afternoon 12:45pm - 3pm  
**\$18 Monday Roast Night\***  
On Point Kitchen from 5pm  
**Poker** Rego from 5:30pm, starts 6:30pm

Tues 12th

**Cash Housie** Starts 10:30am  
**\$18 Burger & Beer Tuesdays\***  
On Point Kitchen from 5pm  
**Bingo** Starts 6:30pm  
**Trivia** from 6:30pm  
**SGB Women's Golf Club Raffle**  
Drawn 6pm

Wed 13th

**Bingo** Starts 10:30am  
**\$18 Wednesday Steak Night\***  
On Point Kitchen from 5pm  
**Wednesday Mega Meat Raffle**  
Tickets from 4:30pm, Draw 6pm  
**Sub Club Raffle** Draw 6:30pm  
**Wednesday Night Poker**  
Register 5:30pm, Start 6:30pm

Thurs 14th

**\$18 Parmageddon Thursdays\***  
On Point Kitchen from 5pm  
**Ripper Raffle** - Tickets from 4:30pm  
Draw 6pm  
**Junior Rugby League Raffle**  
Draw 6:30pm

Fri 15th

**Friday Bingo** 10am - 2pm Auditorium  
**Friday Afternoon Poker**  
Rego from 12pm, Start 1pm  
**Hitlist Fridays** 7pm Main Lounge  
**Snooker Club Raffle** Drawn 7:30pm  
**MEGA Friday Member Badge Draw** Drawn 7:45pm

Sat 16th

**Free Live Entertainment**  
Hits Central 7pm - 11pm

Sun 17th

**Poker** - Sunday Poker  
Rego from 1pm, starts 2pm  
**Sunday Meat Raffle**  
Tickets from 1:30pm, Draw 3pm  
**Snooker Club Raffle** Drawn 5:30pm  
**Free Live Entertainment**  
Torque 4pm - 8pm

Mon 18th

**Bingo** - Morning 10am - 12pm  
Afternoon 12:45pm - 3pm  
**\$18 Monday Roast Night\***  
On Point Kitchen from 5pm  
**Poker** Rego from 5:30pm, starts 6:30pm

Tues 19th

**Cash Housie** Starts 10:30am  
**\$18 Burger & Beer Tuesdays\***  
On Point Kitchen from 5pm  
**Bingo** Starts 6:30pm  
**Trivia** from 6:30pm  
**SGB Women's Golf Club Raffle**  
Drawn 6pm

Wed 20th

**Bingo** Starts 10:30am  
**\$18 Wednesday Steak Night\***  
On Point Kitchen from 5pm  
**Wednesday Mega Meat Raffle**  
Tickets from 4:30pm, Draw 6pm  
**Sub Club Raffle** Draw 6:30pm  
**Wednesday Night Poker**  
Register 5:30pm, Start 6:30pm

Thurs 21st

**\$18 Parmageddon Thursdays\***  
On Point Kitchen from 5pm  
**Ripper Raffle** - Tickets from 4:30pm  
Draw 6pm  
**Junior Rugby League Raffle**  
Draw 6:30pm

Fri 22nd

**Friday Bingo** 10am - 2pm Auditorium  
**Friday Afternoon Poker**  
Rego from 12pm, Start 1pm  
**Hitlist Fridays** 7pm Main Lounge  
**Snooker Club Raffle** Drawn 7:30pm  
**MEGA Friday Member Badge Draw** Drawn 7:45pm

Sat 23rd

**Free Live Entertainment**  
Last Chance Honey 7pm - 11pm

Sun 24th

**Poker** - Sunday Poker  
Rego from 1pm, starts 2pm  
**Sunday Meat Raffle**  
Tickets from 1:30pm, Draw 3pm  
**Snooker Club Raffle** Drawn 5:30pm  
**Free Live Entertainment**  
SiRenics 4pm - 8pm

Mon 25th

**Bingo** - Morning 10am - 12pm  
Afternoon 12:45pm - 3pm  
**\$18 Monday Roast Night\***  
On Point Kitchen from 5pm  
**Poker** Rego from 5:30pm, starts 6:30pm

Tues 26th

**Cash Housie** Starts 10:30am  
**\$18 Burger & Beer Tuesdays\***  
On Point Kitchen from 5pm  
**Bingo** Starts 6:30pm  
**Trivia** from 6:30pm  
**SGB Women's Golf Club Raffle**  
Drawn 6pm

Wed 27th

**Bingo** Starts 10:30am  
**\$18 Wednesday Steak Night\***  
On Point Kitchen from 5pm  
**Wednesday Mega Meat Raffle**  
Tickets from 4:30pm, Draw 6pm  
**Sub Club Raffle** Draw 6:30pm  
**Wednesday Night Poker**  
Register 5:30pm, Start 6:30pm

Thurs 28th

**\$18 Parmageddon Thursdays\***  
On Point Kitchen from 5pm  
**Ripper Raffle** - Tickets from 4:30pm  
Draw 6pm  
**Junior Rugby League Raffle**  
Draw 6:30pm

Fri 29th

**Friday Bingo** 10am - 2pm Auditorium  
**Friday Afternoon Poker**  
Rego from 12pm, Start 1pm  
**Hitlist Fridays** 7pm Main Lounge  
**Snooker Club Raffle** Drawn 7:30pm  
**MEGA Friday Member Badge Draw** Drawn 7:45pm

Sat 30th

**Cash Housie**  
Books on sale 11:30am | Starts 1pm  
**Monthly Special Breakfast**  
9am - 11am  
**Free Live Entertainment**  
Hav N Fun Karaoke 7pm - 11pm

Sun 31st

**Poker** - Sunday Poker  
Rego from 1pm, starts 2pm  
**Sunday Meat Raffle**  
Tickets from 1:30pm, Draw 3pm  
**Snooker Club Raffle** Drawn 5:30pm  
**Free Live Entertainment**  
Keith Zehn 4pm - 8pm

WHAT'S ON  
AUGUST





## Fortnightly Meetings

**Bay & Basin Camera Club** Vincentia Community Hall, rear Coles carpark ■ 2nd & 4th Tues 7.30-9.30pm  
■ e: Pam 0401 043 833 ■ Kate 0417 713 850

**SCA Shire of Adora** Medievalists of the South Coast Wandandian Progress Hall ■ Every 2nd Wed 5.30-7.30pm  
■ e: seneschal@adora.lochac.sca.org;  
■ w: adora.lochac.sca.org/regular-activities

**Shoalhaven Masonic Widows Association** Basin View Masonic Village Hall, 130 The Wool Rd ■ 2nd Mon 10am ■ 4441 0436 or 4441 1644

**Wool Road Spinners & Weavers** Jervis Bay Baptist Church classroom, behind church, cnr The Wool Rd & St George Ave, Vincentia ■ 1st & 3rd Thu 9.30am-1pm  
■ Judy 0403 212 237

## Monthly Meetings

**1st St Georges Basin Scout Group** Meetings 1st Mon 6.30pm ■ Tasman Rd Scout Hall, SGB ■ Paula 0400 674 525

**Amnesty International - Bay & Basin** 3rd Mon ■ New members welcome ■ bayandbasinamnesty@gmail.com

**Association of Independent Retirees-AIR** Bomaderry Bowling Club, Meroo Rd, Bomaderry ■ 2nd Tue 10am ■ Peter Moate 4448 7788

**Basin Business Forum** Last Fri of the month ■ See  Basin Business Forum for more details and to RSVP  
■ e: basinbusinessforum@gmail.com or

**Basin View Daylight Lodge No.1015** (now consolidated with Lodge Milton No. 63) Milton Masonic Centre, 128 Princes Hwy, Milton ■ 2nd Mon 6pm  
■ M/Ship & other enquiries Ken Sheppard 0428 638 611

**Basin View Rural Fire Service** Fire Station ■ 3rd Fri 6.30pm ■ Denise Fabreschi 0412 780 899

**Bay & Basin Brew Club** ■ 2nd Fri 7pm at alternate locations ■ Matt 0413 172 757

**Bay & Basin Cancer Support Group** Venue Room, SGB Country Club ■ 2nd Thu 10am-12pm ■ Dianne 4443 3275

**Bay & Basin Cricket Club** Meetings held 2nd Tue 7pm ■ St Georges Basin Country Club ■ Ph Chris 0403 113 362

**Bay & Basin Multicultural Support Group** Community Centre, Meriton St, SGB ■ 1st Thu 11am-1pm ■ Zaga Tkulja 4229 2755 or Anu Mehta 4422 5933

**Bloomers & Buds Social Gardening Group Inc.** Community Centre, Dent St, Huskisson ■ Last Wed 9.30am ■ Ph Denise 0408 723 270

**Combined Probus Club of Jervis Bay & Districts Inc.** SGB Country Club, Function Room ■ 4th Thu 9.30am-11.30am ■ Pres. Norman Hughes 0418 382 288; Sec. Roz Woolmer 0409 981 340

**Combined War Widows & Laurel Club of Legacy Huskisson** Meeting & Lunch ■ Club Jervis Bay (RSL) ■ 2nd Tue at 11am ■ Carol Barnes 0408 076 280

**Country Labor – Jervis Bay/SGB Branch** meets every month on the 2nd Wed ■ more info about joining, meeting times and venue email Debbie on debshapira@gmail.com

**Huskisson RSL Sub Branch** 2nd Thu 5pm  
■ Club Jervis Bay ■ Sec Helen Walker 4441 5282

**Huskisson Rural Fire Service** 2nd Tue 7pm ■ Captain Sanna Reeves 0408 480 424

**Jervis Bay Community & Men's Shed Computer Service Day** 1st Thu 1-3pm ■ Call Colin for booking 0412 347 322

**Jervis Bay Divers Club** Club Jervis Bay ■ Last Wed 7pm ■ contact \_2@jervisbaydivers.org or call Geraldine 0410 326 061

**Jervis Bay Lions Club** Club Jervis Bay ■ 1st Thu for 7pm start ■ President Ruth Evans 0439 466 741 ■ Publicity Bob Hanlon 4441 6087

**Jervis Bay Probus Club Inc. (C)** RFBI Basin View Masonic Village, 130 The Wool Rd, Basin View ■ 3rd Mon 10am ■ Ian Collins 0424 292 625 ■ secretary.probusjervisbay@gmail.com

**Jervis Bay Triathlon Club Inc.** Usually Iluka, Booderee National Park ■ Group Training Day 3rd Sun 8am ■ All welcome including juniors ■ Pres. Tony Lim 0411 052 746 ■ admin@jervisbaytriathlonclub.org

**Justice of the Peace Assoc NSW Shoalhaven Branch** Bomaderry Bowling Club, Meroo St ■ 1st Mon 1pm ■ Visitors most welcome ■ Brenda 0407 065 031



## What's On...What's On...What's On...What's On...What's On

**Marine Rescue Jervis Bay - VMR 209** Voyager Park, Currumbene St, Huskisson ■ 2nd Fri 5.30pm @ Club Jervis Bay (MRNSW members only) ■ 4428 2400

**Nationals Branch** Shoalhaven meetings ■ Ian 4443 3780

**National Servicemen's Assoc., Shoalhaven Sub-Branch**

Rotating meetings on 4th Sun ■ Ulladulla Ex-Servos Club 0930 for 1000hrs start ■ Nowra Ex-Servos Club 0930 for 1000hrs start ■ Sussex Inlet RSL Club 1000 for 1030hrs start ■ Jim Reid 4421 2886

**Nowra & Districts Totally & Permanently Incapacitated (TPI) Social Welfare Club**

3rd Tue 11am ■ Nowra Veterans Wellbeing Centre, 124 Wallace St, Nowra ■ Harry Back 0402 366 695

**Nowra Legacy Group** 66 Bridge Rd, Nowra ■ 1st Mon (except January) 10am ■ 4423 1795 or 0409 981 663

**NSW Transport Authorities Retired Employees Assoc**

Nowra Bowling Club, cnr Osbourne & Junction St ■ 2nd Thu 10am for 10.30am start ■ Pres. Bob 4421 5265 or Sec Aileen 4421 6660

**Sanctuary Point Mens Shed** 17 Clifton St, Sanct Pt ■ 1st Thu 10.30am ■ All members welcome ■ Open Mon-Fri 9am-3pm ■ Any blokes that want to get out of the house for a while drop in for a cuppa and a chat ■ John 0413 837 538

**Shoalhaven Avicultural Society (Bird Club)** 2nd Tue 7.30pm ■ North Nowra Community Hall, Hook Cl, Nth Nowra ■ Ph Ray Faulds 4423 4475

**Shoalhaven Beekeepers Ass, Inc.** West Street Community Centre, West St, Nowra ■ 3rd Wed (ex. Dec 2nd Wed) 5.30pm for cuppa, meeting 6pm sharp, guest speakers most months ■ e: shoalhavenbeekeepers@gmail.com or 

**Shoalhaven Caravan Club** bi monthly 11am ■ Nowra Bowling Club followed by lunch ■ Ph Kathy 0427 874 201

**Shoalhaven Ex-Servicemens Dance Club** 3rd Sat 7-10.30pm ■ Shoal Ex-Servicemens Club 157 Junction St, Nowra ■ social dance incl. modern ballroom, new vogue and sequence, latin, rock n roll ■ visitors welcome light supper ■ Ph Norm 0407 950 325

**Shoalhaven Mark & Royal Arch Chapter No.73** 1st Thu 7pm ■ RFBI Village Hall, 130 The Wool Rd, Basin View ■ Freemasons (attached or current) ■ Glen Green 0417 453 999

**Shoalhaven Orchid Society** 3rd Mon Feb-May & Sept-Dec 7pm; Winter day meetings 3rd Sat June, July & Aug 10am ■ Bomaderry Community Centre, 17-19 Birriley St, Bomaderry ■ Visitors welcome ■ 0419 241 177

**Shoalhaven Philatelic Society** 2nd Mon 7pm ■ Nowra Bowling Club, Osborne St, Nowra ■ John 4421 4624

**Shoalhaven Prostate Cancer Support Group** ■

2nd Mon 10.30am ■ Coastal Waters Conference Room, 110 The Wool Rd, Worroving Heights ■ Fred Hocking 0435 628 110 e: ShoalhavenPCSG@gmail.com

**Shoalhaven Scout Fellowship** 3rd Sun ■ David Ravell 4441 8659

**Shoalhaven Transition** 1st Tue ■ Trish Kahler 4443 4713 or shoalhaventransition@yahoo.com.au

**St Georges Basin Probus Club Inc. (Mixed)** SGB Country Club, Function Room ■ 3rd Thu 10am-12pm ■ Sec. Robyn Dalleywater 4408 8084

**St Georges Basin Rural Fire Brigade** Fire Station, The Wool Rd, SGB ■ 3rd Mon 7.30pm ■ Cpt Michelle 0427 288 340

**Sussex Inlet Cancer Support Group** 2nd Fri 10am ■ Sussex Inlet Neighbourhood Centre ■ Robin Lang 4441 0155 or Kay Cunningham 0408 297 325

**Tomerong School of Arts** 2nd Mon 1900hrs ■ Tomerong School of Arts Hall ■ www.tomeronghall.com ■ New members welcome

**Vincentia Rural Fire Brigade** Fire Station, The Wool Rd, Vincentia ■ 1st Mon 6.30pm ■ Cpt. 4401 1750

**Wandandian Progress Association** 1st Tue 6pm ■ Progress Hall ■ New members welcome ■ e: secretary@wandandian.org.au

**Wildlife Rescue South Coast** ■ Contact 0418 427 214 e: info@wildlife-rescue.org.au ■ 2nd Wed 7pm ■ Phone / email for details of meetings via Zoom or venue TBA

## Weekly Church Services

### Anglican Church -

**Vincentia** ■ Vincentia Primary School, George Caley Place, Vincentia ■ 8.30am Traditional Service each Sunday  
■ 10.30am Contemporary Family Service with kids and youth programs ■ Minister Campbell Mackay 0478 228 113

**Basin Baptist Church** ■ 165 The Wool Rd, SGB ■ Sun Morning Service 9.30am ■ Enquiries Steve Harris 0415 668 660

**Bay & Basin Uniting Church** ■ Meriton St, SGB ■ Sun 9.30am Family Worship w/Jnr Church ■ Minister 4443 0864

**C3 Church Jervis Bay** ■ 20 Birriga Av, Worroving Hts ■ Sun 9.30am Family Service ■ Every morning except Sun 5.30am Prayer Meeting ■ Office 0429 335 024 ■ web: c3churchjervisbay.com.au

**Holy Spirit Catholic Church** ■ 23 St George Ave, Vincentia ■ Mass times: Sun 9.30am ■ Tue / Wed / Fri 8am ■ Wed 5pm ■ www.nowraparish.org.au/masses/mass-times

**Jervis Bay Baptist Church** ■ Cnr The Wool Rd & St George Av, Vincentia ■ Sun 9.30am Morning Service

**Seventh-day Adventist Church** ■ 169 McKay St, Nowra ■ Sat 9.30am Bible Study, 11am Worship Service ■ Future planning for possible Bay and Basin Contemporary Service ■ Minister Adam Tonkin 0413 538 514

## Monthly Church Services

**Spiritualist Meeting** ■ Scout Hall, 39 Tasman Rd, StGB ■ 2nd Sun ■ 2pm ■ Ph 4443 0628

## Other Activities

**Australian Breastfeeding Association, Shoalhaven Group** ■ 24 hour Breastfeeding Helpline 1800 686 268 for information about local Mum-to-Mum get togethers ■ www.breastfeeding.asn.au

**Bay & Basin Branch of the Liberal Party** ■ Meets Quarterly ■ 7pm ■ Venue SGB Country Club

**Bay & Basin Uniting Church Huskisson** ■ OP SHOP at Huskisson Church Centre ■ 53 Hawke Street, Huskisson ■ Mon-Fri 9am-4pm, Sat 9am-12.30pm ■ 4441 7495

## Other Activities cont'd

**BBCR Activities Hub** ■ 18 Sanctuary Pt Rd, Sanctuary Point ■ Mon, Tues, Thurs & Fri 9am-3pm (closed Wed) ■ 4443 7681

**Community Cottage** ■ 48 Edmund St, Sanctuary Pt ■ Lesley 0426 878 421 ■ Mon Pottery 9am-2pm  
■ Tue & Thu Gentle Fitness for Postural Strength - Move with ease 8-9am ■ Thu Phoenix Strings Ukles & Guitars practice 1-4pm

### Shareostomates, Shoalhaven Area Ostomates

**Support Group** ■ Nowra Community Health Centre, 5-7 Lawrence Av, Nowra ■ Contact Brenda Christiansen on 0422 006 550 or 4424 6321 for group times and dates ■  
*Improving lives through shared experiences*

**Tomerong School of Arts** ■ Mon Pilates 6-7pm ■ Wed NIA 11.30-1.30pm ■ Sat Markets (3rd Sat) 8am-1.30pm ■ email tomerongmarket@gmail.com ■ Sat (4th Sat) Yoga Tapas 8-10am ■ Further info www.tomeronghall.com

**Youth & Community Centre** ■ 34 Paradise Beach Rd, Sanctuary Pt ■ 4443 9244 ■ Operating Hrs Mon-Fri 9-4pm offering a range of social & recreational activities

## Community Forums

**Basin Villages Forum** ■ 3rd Mon 7.30pm ■ Meriton St Community Centre, SGB ■ Christine 4443 7665

**Huskisson & Woollamia Comm. Voice** ■ bi monthly 2nd Mon 7pm (Feb-Nov) ■ Huskisson Community Centre, Cnr Tomerong & Dent St, Huskisson ■ www.hwc.org.au ■ exec@hwc.org.au

**Sanctuary Point Community Pride** ■ Function Room at The Country Club, St Georges Basin  
■ Christine 0409 363 243 or Gwen 0419 492 348  
■ e: sanctuarypointcommunitypride@gmail.com

**Tomerong Community Forum** ■ 2nd Mon 2030hrs directly after the School of Arts meeting ■ Tomerong School of Arts Hall ■ New members welcome

### Vincentia Ratepayers & Residents Association

Vincentia Community Hall (Coles carpark) ■ 3rd Thu of every 2nd month (Feb, Apr, Jun, Aug, Oct, Dec) 7.15pm coffe/tea/ biscuit 7.30pm start ■ www.vrra.org.au ■ vrra.ccb@gmail.com ■ Secretary 0438 856 568 ■ vrra.ccb

What's On...What's On...What's On

| Venues for Hire                                     |  |
|---|--|
| <b>Bay &amp; Basin Uniting Church</b>               | Meriton St, StGB<br>   4443 2642   |
| <b>Community Arts Cottage</b>                       | 48 Edmund St, Sanctuary Point    Lesley 0426 878 421   |
| <b>Huskisson Community Centre</b>                   | Dent St, Huskisson    Ph Peter 0401 436 353  |
| <b>Huskisson Scout &amp; Guide Hall</b>             | Kiola St, Huskisson    Ph Scout South Coast & Tablelands 02 42746334                                   |
| <b>Jervis Bay Maritime Museum Classrooms</b>        | Dent St, Huskisson   |
| <b>Sanctuary Point Youth &amp; Community Centre</b> | 34 Paradise Beach Rd, Sanctuary Point    Ph: 4443 9244   |
| <b>St Georges Basin Scout Hall</b>                  | Tasman Rd Scout Hall, St Georges Basin    Tammie 0472 658 505  |
| <b>Tomerong School of Arts</b>                      | 358 Hawken Rd, Tomerong<br>   \$15 per hour    Email tomeronghall@gmail.com<br>   www.tomeronghall.com |
| <b>Vincenia Community Centre</b>                    | rear of Bilo carpark, Wool Rd, Vincenia    4429 3463   |
| <b>Wandandian Progress Association Hall</b>         | D2683 Princes Hwy, Wandandian    www.wandandian.org.au<br>   Booking Officer Anne Simpson 0405 527 655 |

| Justices of the Peace   |              |
|-------------------------|--------------|
| <b>BASIN VIEW</b>       |              |
| Barling, Debbie         | 0411 275 656 |
| <b>HUSKISSON</b>        |              |
| <b>OLD EROWAL BAY</b>   |              |
| Lord, Simone            | 4443 8300    |
| <b>SANCTUARY POINT</b>  |              |
| Flynn, Mark             | 0418 669 688 |
| Tyrrell, Leesma         | 0420 921 778 |
| <b>ST GEORGES BASIN</b> |              |
| Crass, Charles          | 0400 876 696 |
| Creighton, Sandra       | 0411 245 188 |
| Thomas, Jeff            | 0417 772 262 |
| <b>TOMERONG</b>         |              |
| Askew, Matthew          | 0422 068 209 |
| <b>VINCENIA</b>         |              |
| Casimir, Luciano (Lou)  | 0438 856 568 |

Local Services...Local Services...

| Playgroups                             |   |
|--|---|
| <b>Aboriginal Playgroup</b>            | Mon 9.30-11am    Noah's Inclusion Services the old church 48 Paradise Beach Rd, Sanctuary Point    Ph Mel Harpur 4423 5022 or email mharpur@noahsark.nsw.edu.au     |
| <b>Sanctuary Point Sing &amp; Play</b> | Tues 9.30-11.30am at Sanctuary Point Connect    A free supported playgroup with music, craft and more    Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au |
| <b>Splash Playgroup</b>                | Mon 9.30-11.30am    Paradise Beach Reserve    Renee 0423 606 559  |
| <b>Baby Playgroup</b>                  | - for babies 6 wks to 2 yrs    Thu 1-2.45pm at Sanctuary Point Connect    Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au                                |
| <b>Little Steps</b>                    | - a playgroup for children not attending childcare    the old church 48 Paradise Beach Rd Sanctuary Point    Ph 4423 5022   |
| <b>St. Georges Basin</b>               | Wed 9.30am    Cnr Tasman Rd & Terry St, SGB    Melissa Horselman 0424 218 547 or find us on facebook  |

# UPDATE YOUR LISTING

WE DON'T KNOW IF YOU DON'T TELL US!

**Are Your ...What's On... Details Incorrect or Out of Date?**

Email your updated information to [editor@aboutbayandbasin.com.au](mailto:editor@aboutbayandbasin.com.au)

# A MID-CENTURY DECADE

Contributed by John Blackmore

**In the main Central Business District of Nowra, the town grid outlaid in the mid-decades of the 19<sup>th</sup> century extended from North Street, East Street (now the 1980s realigned Princes Highway thoroughfare), to West Street (adjacent to where the Showground is today), then south for half a dozen blocks.** A 1937 Shoalhaven Historical Society photo shows the extent of this grid very clearly. It also shows a concentration at that time of the majority of the shopping precinct buildings in Junction Street between the north/south running Kinghorne and Berry Streets. Large spaces in this original town grid south beyond Junction Street existed then. Many homes constructed of weatherboard walls and corrugated iron rooves existed in parts of this remainder of the grid. Occasionally clusters of them are visible in some of the streets.

In the June *About .....* Monthly Feature last year, the influence of the Irish born and educated barrister John Hubert Plunkett was examined. He helped establish many institutions in the colony after his arrival and appointment as N.S.W. Solicitor-General in 1832. Details were also outlined as to how Plunkett Street in Nowra became a hub for the main legal, educational and religious precinct, as the town developed in to one of a number of government towns established in regional districts across the colony. Plunkett Street is the fourth street which runs parallel and to the south of North Street in the original town grid.

Returning to the historical society's aerial photo, the proximity of Junction Street to Nowra Bridge is a possible major reason why it had grown in to the main cluster of shops for the town by 1937. Bridge Road fed existing highway and local traffic from the north directly off the southern end of the river crossing and in to the town CBD. With the railway station at Bomaderry also contributing to the passage of goods, services and people from this direction into this concentration of shops, this central focus of buildings along Junction Street between Berry and Kinghorne Streets was a main

meeting place for townsfolk. This continued to be so for quite a few decades to come.

Census figures of the time allow for an estimate of around 3,000 as the population of Nowra when this aerial photo was taken. Some of the major buildings visible in the main street are at the junction of Kinghorne and Junction Streets. A multi-storey Prince of Wales Hotel building dominates the NW corner of this intersection, while opposite on the SW corner is the Hotel Nowra. On the SE corner was the traditional Commercial Banking Company of Sydney building, with another building for stables out the back, while the NE corner was the original home of the Commonwealth Bank in Nowra.

At the other end of this central block of Junction Street on its southern side is the distinctive Post Office building, today a licensed premises known as the Postman's Tavern. Behind it is the Woodhills Emporium building, which has in recent years been re-purposed as apartments and offices, and is now named The Iconic. On the opposite side of Berry Street closest to its SW corner with Junction Street is the Methodist Church. Adjacent to it on the southern side is Dr Francis Ryan's surgery building. Most distinctive in the centre of the Junction Street block is Walsh's Building, which was to be owned and operated by that family up until the end of last century.

It was in to this town that Brian Noble Forrester was born, and would become one of its better known businessmen by the end of the 20<sup>th</sup> century. In May this year, the Shoalhaven Historical Society members became much the poorer when they learnt of Brian's passing at 89 years of age. He died as the 11<sup>th</sup> Life Member of S.H.S., only a week after doing his turn on the roster at the society's museum on the corner of Kinghorne and Plunkett Streets. Brian had enthusiastically cared for the grounds and lawns surrounding the museum's building over the past few decades. His enthusiasm spread to attempting to keep the museum open to the public for lengthier periods,

which saw him consistently take a duty to do so on Sunday afternoons.

In 2008, in his third year on the committee of the Nowra based historical society, Brian Forrester used his extensive and sharp memory of his earliest decades living and working in Central Nowra to write a book he called A DECADE IN TIME. He sub-titled this publication *“Nowra’s Central Business District during the mid 1940’s to the mid 1950’s”*. Brian’s history of his hometown was not by any means a definitive one. Rather, as he philosophises at the very end of his POST SCRIPT that rounds off the written sections of his book : *“We are reminded of what we’ve always known – that the really interesting aspect of History is the people rather than events or ‘things’ ”*. At the outset of his book he had written a short APOLOGIES section because, as he says of his text, *“the many names quoted are from memory – wherever the spelling of any, whether Christian name or surname is incorrect, please excuse”*.

Prefacing his history in such a tone, on the same page where Brian Forrester does an ACKNOWLEDGEMENTS section, he begins by thanking all of the members of the society who encouraged him to do more than just jog his memory, but to record it. This he did in an inimitable style – his own. He produces more of a yarn about the characters that conducted businesses in the Nowra CBD in this mid 20<sup>th</sup> century decade. He, as the **About .....** Monthly Feature has often done, recognises for their assistance the two most experienced and widely published historians within the society, Alan Clark AM and Robyn Florance OAM.

Of Peter Walsh, Bill Sturgiss and Dr Bill Ryan OAM, three people who were prominent figures working in Central Nowra during his time, Brian rated them as *‘particularly helpful’* to his efforts to record that decade during the middle of the 20<sup>th</sup> century. Peter Walsh was the proprietor of the business that occupied Walsh’s Building in Junction Street (mentioned in a previous paragraph) for much of his and Brian’s working life. Bill Sturgiss purchased the newsagency in the middle of Junction Street in the latter decades of last century. His son still operates this business, at which Brian has kept its shelf of historical

society publications stocked up for the public for many years.

In acknowledging the publisher of his book, Brian links another couple of local Nowra businesses. Dave Hill Marine is today a visible and popular business on the corner of Berry and North Streets. Brian described himself as a *“technologically challenged oldie”*, so his *“production processes”* for his book were gratefully assisted by Cheryl Hill of Nowra Copy Centre. Cheryl he refers to as *“a member of the Dave Hill Marine extended family”*. This Copy Centre business she was working for in the 2000’s was located opposite the Roxy Cinema along Berry Street.

That side of Berry Street between Junction and Worrigeer Streets was a special area of Central Nowra to Brian. He stated that at *“some time between September 1934 and September 1936”*, he’d been born in a weatherboard cottage at the extremities of the town grid in St Ann’s Street. This location he described as his *“sacred site”*. In the next decade, when he attended school at Nowra Primary and Nowra Intermediate High in the 1940s (both then situated on the same site in Plunkett Street), Brian Forrester lived at two addresses along this block of Berry Street.

*“Initially the family occupied a weatherboard cottage adjacent to a small mixed business on the corner of Berry and Worrigeer Streets where the Happy Inn Chinese Restaurant is currently.... This was the corner shop, where the writer learned how to make penny ice blocks and sell four-a-penny lollies during the Roxy Cinema intervals”*.

Afterwards, from the late 40s in to the next decade, the Forrester family moved to a flat above another shop closer to Junction Street. This was the next business that Brian’s father Ken Forrester operated. Next door to the landmark Woodhills building mentioned earlier, now called THE ICONIC, this flat had an aerial view across the road of the Methodist Church and the surgery and residence of the December 2023 **About .....** Monthly Feature subject DOCTOR FRANK (Ryan).

This was the Nowra that Brian Forrester was to recall from memory in A DECADE IN TIME, over half a century later. ■





## It's time for a Chemical CleanOut!

**Saturday 23 August WOOLLAMIA - 9am to 3.30pm**

Woollamia Council Works Depot, 3 Erina Road

### You can drop off for **FREE**

- Poisons
- Garden Chemicals
- Pool Chemicals
- Household Cleaners
- Hobby Chemicals
- Vapes
- Motor oils, fluids and fuels
- Car batteries
- Household batteries
- Paint
- Fluoro lights
- Gas bottles
- Fire extinguishers
- Smoke detectors

Only household quantities accepted (20L or 20kg), except paint. Up to 100L (in 20L containers) of paint accepted.



This project is a NSW EPA Waste Less Recycle More initiative funded from the waste levy and Paintback.


# FIONA PHILLIPS MP

FEDERAL MEMBER FOR GILMORE


**ON YOUR SIDE**

**I'm proud to be delivering for our community.**

If you need any assistance, would like a Seniors Kit, or would like a special birthday or anniversary message, contact my office today.

 **4423 1782**

 **Fiona.Phillips.MP@aph.gov.au**

 **FionaPhillips.com.au**

AUTHORISED BY FIONA PHILLIPS MP, ALP, 3/59 JUNCTION ST, NOWRA NSW 2541



**Scan the QR code to keep in touch**

## How healthy is your home loan?

**Book your home loan health check today.**

With the current cost of living, there's never been a better time to review your home loan.

We'll look at your rate, term, repayments and equity, giving your loan a full check-up to make sure it's still right for you and your current needs. Then, if we can add value to what you already have, we'll talk you through:

- our competitive rates
- 100% offset on fixed or variable loans
- how LVR (your loan to value ratio) works
- and of course, our fantastic customer service

Whether you're an existing customer or you're new to Bendigo Bank, we're here to help you get the most out of your home loan.

Enquire online at [bendigobank.com.au/healthcheck](https://bendigobank.com.au/healthcheck) or visit your nearest branch

 Community Bank – Sanctuary Point – 1/200 Kerry Street, Sanctuary Point

**Your local specialist:**

**Tayla Markland – Customer Relationship Manager**

**Phone: (02) 4443 9825**

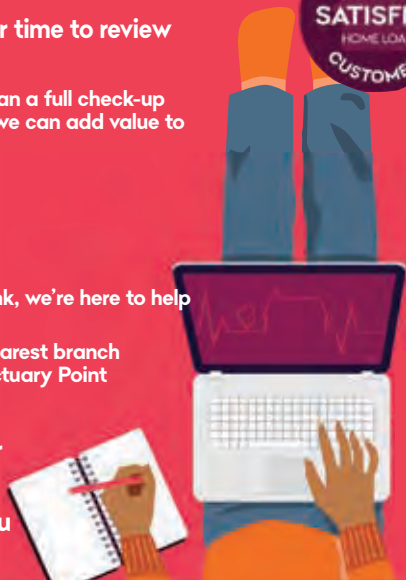
**[tayla.markland@bendigoadelaide.com.au](mailto:tayla.markland@bendigoadelaide.com.au)**

**[bendigobank.com.au](https://bendigobank.com.au)**

All loans are subject to the bank's normal lending criteria. Fees, charges, terms and conditions apply. Please consider your situation and read the Terms and Conditions available online at [www.bendigobank.com.au](https://www.bendigobank.com.au) or upon request from any Bendigo Bank branch before making decision. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL/Australian Credit Licence 237879.

 **Bendigo Bank**

AUSTRALIA'S  
**MOST SATISFIED**  
HOME LOAN  
CUSTOMERS





**Authentic East African Massage Experience**

For a booking at Sanctuary Point  
Phone Kiki - 0490841970 or Visit..  
[www.mombasamassage.net](http://www.mombasamassage.net)  
[kiki@mombasamassage.net](mailto:kiki@mombasamassage.net)

# HUNT

## REMOVALS & STORAGE

**"OUR PROUD REPUTATION IS YOUR GUARANTEE!"**

INTERSTATE & BACKLOAD REMOVALS

RESIDENTIAL & OFFICE RELOCATIONS  
CONTAINER STORAGE & TRANSIT  
INTERNAL MODULAR STORAGE  
INSURANCE ARRANGEMENTS  
PACKING MATERIALS AVAILABLE  
PACKING SERVICES AVAILABLE  
OBLIGATION FREE QUOTES



NOWRA: 02 4422 7742  
JERVIS BAY: 02 4441 7744  
3 TOM THUMB AVE, SOUTH NOWRA NSW 2541  
[www.huntremovals.com.au](http://www.huntremovals.com.au)  
[info@huntremovals.com.au](mailto:info@huntremovals.com.au)



**MENTION THIS ADD AND RECEIVE 10% OFF YOUR NEXT MOVE!**



## 2025 MEETING DATES

**Tues 26th August** 6.30pm to 8pm  
**Fri 26th September** 10am to noon  
**Tues 28th October** 6.30pm (**AGM**) to 8pm  
**Fri 28th November** 10am to noon.

---

Meetings held at  
The Country Club St Georges Basin:

**Contact Secretary**  
Gwen Price 0419 492 348  
for further information  
PO Box 99 Sanctuary Point 2540  
e: [sanctuarypointcommunitypride@gmail.com](mailto:sanctuarypointcommunitypride@gmail.com)  
w: <https://spcp.org.au/>




## Australian Plan Management Services

Navigating Your NDIS Plan with heart, expertise and dedicated support

**Call us on 4445 3715**








# Wool Road Spinners & Weavers

Inc.



**Let me introduce you to another of our members.** Irene grew up on the family farm in Ireland. Her Mum and Gran taught her to crochet, knit and embroidery.

Irene trained as a nurse and after she finished her training she emigrated to Australia to be a bridesmaid for her cousin in 1972 and worked as a nurse in a variety of places for 50 years.

She became interested in spinning, and later weaving, after a holiday in New Zealand when she bought some hand spun wool. She decided that she could spin wool, so she taught herself and bought herself a spinning wheel and some books. Spinning and then weaving have become Irene's passion, and she produces many articles, which she sells. She then found that she had so much wool spun that she bought herself a knitter's loom which then led her into the joy of weaving.

When Irene retired in 2016, she joined, and is a very active member, of the Wool Road Spinners and Weavers. When asked what is her passion, Irene absolutely enjoys weaving the wool she has spun. The favourite project she has produced is a shawl from an alpaca fleece (pictured right). This shawl began with a fleece from Jimmy, the alpaca, that Irene receives from a friend each year. The fleece needs to be sorted, carded, spun and then woven.



Irene feels she has learnt a lot by coming to the spinning weaving group through the sharing and discussions that flavour the meetings. If you are some what interested please drop in. There's always a cup of coffee and lots of chatter. We meet the 1st and 3rd Thursday each month in a classroom at Jervis Bay Baptist Church, 1 St George Ave, Vincentia from 9.30am to 1pm (come and go as you wish). **Enquiries: Judy 0403 212 237**



**HUSKY Sports**  
Our community club

336 Huskisson Rd.

Ph: **4441 5135**

*Information for Members & Guests*

## What's On AUGUST 2025

### Saturday 30th The Rockitz

|  |   |  |
|--|---|--|
| <b>LUCKY 88 CHINESE RESTAURANT -</b><br><b>4441 7063</b> Lunch 12-2pm; Dinner 5-8pm<br>Dine In Bookings Essential;<br>Takeaway: Pick up from side entrance Kioloa Street | <b>MEAT MARKET THURSDAYS</b><br>Tickets on sale 6pm;<br>Draw from 7pm | <b>MINI GOLF</b><br>Open 10am.<br>Bookings preferred<br>last booking 4pm |
|--|---|--|



# MUCKING IN

## CLIFTON COMMUNITY FOOD GARDEN

Hours: Tues and Sat 9 to 12; Fri 2 to 5pm – Contributed by Colleen McIntyre

**It is always exciting for the members of the garden at this time of the year.** We see the beautiful orange citrus fruit all around the areas we live in and travel around and think of marmalade on hot buttered toast..... Yes we do!!

This is the time our wonderful cooks are able to make the marmalade from the bounty of mandarins, lemons and oranges that brighten the winter gardens. We are always on the lookout for oranges, especially Seville Oranges as they are the *'top of the crop'* when it comes to marmalade and hot buttered toast. It is their sharp, slightly sour flavour..... and not too sweet, which lends them to this lofty position. Now, having said that, the Blood Orange and Mandarin products also have their followers, so we are in need of those too! We can pick and collect fruit at any time, sending out our fittest and brightest with ladders and baskets to collect the bounty. Phone Ellen 0412 793 319.

**The Fundraising Morning for August will be on 16<sup>th</sup>, the third Saturday of the month from 10am to 12 noon;** we will have the tables groaning in the hut with delicious wares of pickles, chutneys, relishes, marmalades, jams, sauces and either lemon, passionfruit or lime butter.

Depending on availability there will be excess vegetables for sale and a plant stall as usual.

Proceeds from these mornings provide the funds for maintenance and fertilizer, as required and we really appreciate the support and interest from the community on these days. Members of the garden are on hand to have a chat and show visitors around the facility.

We all look forward to these social mornings when we have our supporters in and we are so grateful that many people are recycling the jars for us to reuse, it helps to keep the costs down. We hold this morning every month regardless of the weather!!





The beautiful sunny days of early winter, which we all enjoyed have encouraged good growth on winter crops and the cabbages, cauliflowers, broad beans and broccoli have grown well. Several varieties of potatoes have been planted in the specially prepared beds, and winter lettuce is being picked. Dry weather in early winter also helped and there has been good control of water to the crops. There have been fewer pest problems, for a while at least.



## Chilli (*Capsicum annuum*)

*Brad Wilson - Herbalist*

**Chilli Chocolate** Is there anyone in the world who actually likes chilli flavoured chocolate? When I used to sell food at the gourmet market, the guy next to me was selling home-made chilli chocolate on his stand and he couldn't even give it away. There were free samples for everyone and even I tried it. People politely said *"Oh, that's.... different"* and kept walking. Let's be clear: chilli and chocolate are two different things. Like garlic and ice cream, they should be kept far apart from each other.

There are better uses for chillies and I will happily tell you what they are. For example, did you suffer from cold feet this winter? Next time, sprinkle a little ground cayenne pepper into your socks before you go trudging off into the snow. It makes a whole world of difference. Your feet will sparkle. Of course, it does turn your feet a sort of red colour but that's a small price to pay – no one is going to look at your feet. While you're at it, sprinkle a little bit into your mittens as well. For cold fingers it works wonders. A word of caution: if you are a nose picker (and who amongst us is truly innocent?), make sure you wash your hands first – and preferably afterwards as well. Believe me, chilli up the nose is not a good feeling.

Another great use for chillies is for chilli eating

contests. These are wonderful things. A cultural phenomenon! Mankind has really come a long way. Perhaps you have seen this on TV, got excited and wondered if there were any chilli eating contests in your local area that you could join. Have you seen the looks on their faces? The happiest person in the chilli room is the contest winner, having just consumed a million *"Scoville Units"* of chillies in 20 minutes. He or she is really having a good time and enjoying a nice gallon of milk as a treat. Sometimes the winner gets to go to hospital afterwards.

If for some reason these activities do not interest you, don't rule chilli out of your life. It has some real world benefits. You may be aware it is an ingredient in arthritis creams (capsaicin). It relieves pain by increasing blood flow to the area – but here's another reason why it works: because the cream is hot on the skin, the brain gets confused and can't make up its mind whether it is feeling arthritis pain or just heat – so the pain becomes diffused. It's a clever trick!

If you are suffering from cold or flu, chillies are for you – for increasing blood flow and stimulating your poor sick body. They won't *"cure"* you – but for sure will help to take your mind off the discomfort. Add it to your chicken soup and your baked vegetables and put paprika in your hot pot or even on your chips. For the small amount that you use, dried chilli flakes, cayenne powder or the milder paprika are convenient and just as good as the fresh. But don't ignore capsicums. These *"bell peppers"* are chillies too and just because they're not hot doesn't mean they have no benefit. All colours are high in vitamins A, B & C to knit your sinews and repair the eyes (eat them, don't apply them).

**How to Eat Chillies Safely:** If you are wondering how hot that mystery chilli in your possession is, try it on a friend first. If you don't have any friends, arm yourself with a glass of full cream milk. The fat in the milk will absorb the heat – enough so that you can still call emergency services later if you have to. ■



**Just incase no one told  
you today:**

- You are doing great**
- I believe in you**
- You got this**
- You are enough**



## **JOIN *the* CREW**

The Man Walk provides an opportunity for men to get together and walk, talk and support each other in a regular and healthy way.

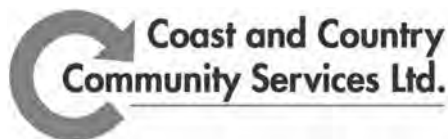
*Connecting men, strengthening communities, combating isolation*

**ST GEORGES BASIN CREW WALKS**  
**EVERY Saturday Morning @ 7.30am**  
**Meeting @ Providence Blue Cafe**  
**191 Kerry Street, Sanctuary Point**

Call John on 0412 118 678

GET INVOLVED:

**f The Man Walk – Community**  
WEB [www.themanwalk.com.au](http://www.themanwalk.com.au)



## **COMMUNITY MINDED VOLUNTEERS NEEDED**

Coast and Country Community Services is a community transport services provider that supports vulnerable people across Illawarra Shoalhaven, Young, Weddin and Bega. For us to continue in our valuable work in supporting our community with their transport needs, we are actively seeking community minded volunteers, with a drive to connect people and their communities. The key roles to be filled by the right volunteers are drivers with licences including C and LR and vehicle assistants (no licence required for this role).

Be part of the great Australian volunteer force that has kept Australia strong, moving, and connected. When volunteering for CCCSL, you will have access to a quality volunteer support program, including the reimbursement of out-of-pocket expenses and training.

**For an information pack call our office  
team on 4423 6044**



## **Michael Sinclair**

A.B.N. 12 142 024 884 ~ Lic No: L3230

### **Complete Plumbing & Draining Service**

- High Pressure Drain Cleaning
- CCTV & Leak Detection Services
- Driveways Cleaned

**Ph/Fax: (02) 4443 8597**

**Mob: 0418 411 911**

1 Waratah Crescent..Sanctuary Point



## **New Zumba Gold**

**The class that's designed  
for seniors**

**Have fun while getting active, improving balance  
and looking after your health!**

I am a qualified Personal Trainer, specialising in aging  
– you can be confident you are in good hands.

**NOW IS THE TIME TO FEEL GOOD!**

Try it for FREE contact **Jaye 0401 200 720**  
<http://www.jayecartwright.zumba.com>



# LIBRARY CAMPAIGN CONTINUES

**A petition for the building of a new Bay and Basin Library on the corner of Kerry Street and Paradise Beach Road is gaining more and more signatures and we thank those hundreds of people for their support.**

The current site of our little library is owned by the NSW Education Department and we have learned of their plans for co-locating a preschool with Sanctuary Point Public School.

Public libraries are regulated to ensure they meet requirements under the Libraries Act and are eligible for government funding.

In summary, the site must be on a main street or shopping area location; highly visible with street frontage and on a ground floor; fully accessible; close to

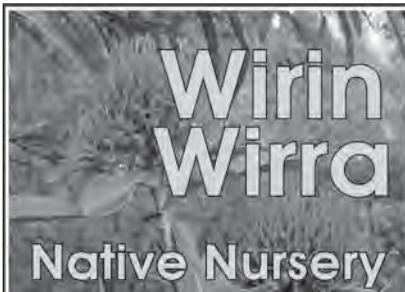
local schools; walking distance from public transport; access to convenient and safe car parking. The Kerry Street corner site meets those requirements.

However, Council is now examining a site on Clifton Street that does not meet the regulations. This is not what our community wants.

We urge the Council to continue with the site at the corner of Kerry Street and Paradise Beach Road. Council owns the site, has the architectural design, and the funding. Now hundreds of ratepayers are calling on it to be built.

Sanctuary Point Community Pride Inc will continue to campaign for a new fit for purpose library. Our aims are to gain better infrastructure for our community.

Further information can be found on our website [spcp.org.au](http://spcp.org.au)



- Full Range of locally grown flowering ornamentals, screening, local species & bush food plants
- Tubestock to advanced plants
- Wholesale prices – All welcome
- Eftpos Available

**0488 332 562 – 4443 4029 (Ph/Fax)**

email: [wwirra@bigpond.net.au](mailto:wwirra@bigpond.net.au)

web: [wirinwirra.com](http://wirinwirra.com)

**Located on the cnr of Hill Street and Evelyn Road, Tomerong**



# Noah's

EVERY CHILD. EVERY OPPORTUNITY.

## Noah's Inclusion Services

Contributed by Nicole Kennedy, Team Leader

48 Paradise Beach Rd Sanctuary Point (next to the blue library) Ph 4423 5022

**You might think that play is just something a child does to**

**pass time but it's actually much more than that – play is how children learn and practice new skills on their journey of child development.**

The really amazing part of this process is that the skills go much deeper than being able to stack up a pile of blocks, push a toy car along or brush a doll's hair. For children, play actually teaches children all kinds of things about life, including:

- Social and emotional skills like sharing, respect, cooperation, patience, resilience and teamwork
- Cognitive skills like counting, recognising patterns and shapes
- Speech and language skills
- Gross and fine motor skills that improve a child's physical capacity to carry out all kinds of daily tasks

As new skills emerge, children continue to practise these skills in the play setting, taking risks, experimenting and testing boundaries to learn more about the world.

Noah's Inclusion Services takes a play-based approach to child development. One of our favourite ways to encourage and facilitate play is through our weekly playgroups. We currently host 13 playgroups across the South Coast, with three of these in Sanctuary Point, including:

- **Gugunyal Bagan Playgroup** – for Aboriginal children 0-5 years and families - Mondays 10am to 12pm during school terms
- **Playconnect Playgroup** – for children 0-5 years who have additional needs and their families - Wednesdays 10am to 11.30am during school terms
- **Little Steps Playgroup** – for children 0-5 years who do not attend other early education services and their families 9.30am to 11am

We would love to see your family at one of our playgroups soon. All groups are held at 48 Paradise Beach Road Sanctuary Point. **For more information please phone (02) 4423 5022.**

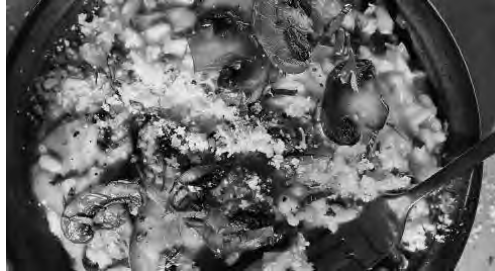


# Chicken, Mushroom and Spinach Risotto

courtesy of  Australian Home Cooks

## INGREDIENTS

- 300g white cup mushrooms, sliced
- 1 brown onion, finely chopped
- 2 cloves garlic, finely chopped
- 250g Imperial Grain arborio rice
- 1 litre liquid chicken stock, heated
- 200ml white wine
- 100g baby spinach
- 2 tbsp olive oil, plus extra to serve
- 120g cooked chicken meat, shredded
- 50g unsalted butter, cold and cubed



- 50g-60g grated parmesan cheese
- Fresh parsley leaves, finely chopped, to serve
- Salt and cracked black pepper, to season

## METHOD

1. Place half of the olive oil into a large, heavy-based frying pan set over a medium-high heat. Add the mushrooms and cook for 4-5 minutes or until nicely browned. Season and set aside on a plate.
2. Add stock to small saucepan and heat to a simmer, you'll need to keep this hot throughout the process.
3. Place the frying pan on a medium-low heat and add the remaining oil. Add the onion and garlic and cook for 5 minutes or until softened but not coloured. Stir in the rice and cook for a minute until slightly translucent.
4. Turn the heat up to medium-high and add the wine, stirring until it evaporates. Add the stock, a ladleful at a time, until almost all the liquid is absorbed. You can also use boiling water to add, if you need additional liquid. This should take around 20 minutes for the rice to cook and maintain a wet consistency.
5. Stir in the mushrooms, spinach, cooked chicken and cracked pepper. Stir through until the spinach wilts and the chicken is piping hot. Take off the heat and stir in the butter and most of the parmesan, reserving a little for garnish. Season to taste with salt and pepper.
6. To serve, transfer to warmed plates and top with chopped parsley, the remaining cheese and a drizzle of olive oil.



**Holy Spirit Catholic Church Vincentia is extending an invitation, who over the years have lost touch with their Catholic faith.** We understand that this happens for many and for varied reasons.

If you would like to reconnect with the Church, no matter how long it has been, and join with others who are exploring the possibility of a personal faith journey with Jesus in the Catholic faith, please call, email or text any of the below contacts for an initial chat. These groups will be carried out in a safe and accepting space in the Church Hall.

Holy Spirit Catholic Church is located at 23 St George Avenue, Vincentia.

**Contacts:** Joe Cassar 0413 582 363 or [lawrence\\_cassar46@outlook.com](mailto:lawrence_cassar46@outlook.com)

Sue O'Brien – 0423 389 401 or [sonrien15@hotmail.com](mailto:sonrien15@hotmail.com)

Robyn Craig – 0488 930 425 or [robyncraig50@outlook.com](mailto:robyncraig50@outlook.com)

**Mass held every Sunday from 9.30am**

We look forward to meeting with you.

**CRIME  
STOPPERS**  
**1 800 333 000**

**[www.crimestoppers.com.au](http://www.crimestoppers.com.au)**

## **BAY & BASIN TREE SERVICE**

- Tree removal
- Tree trimming
- Block clearing
- Chipping service
- Hedge trimming
- Stump grinding
- Mulch supply
- Firewood

**Free Quotes**  
**Competitive rates**  
**Fully insured**  
**Qualified Arborist – Cert III**  
**17 years experience**

**0414 801 730**

[e: bayandbasintreeservice@gmail.com](mailto:bayandbasintreeservice@gmail.com)

## **Ian's Keys & More....**



- ✓ Most types of key cutting for home or vehicle
- ✓ Remote Control repair and replacement
- ✓ Engraving for identification or personalisation
- ✓ Watch repair, battery and band replacement
- ✓ Gifts, Pet Tags and Personalised Cake toppers

Shop 9, Burton St, Vincentia

Ph: 4441 7648 – e: [ianskeys@mail.com](mailto:ianskeys@mail.com)

THE PLACE TO GO TO FIND OUT MORE ABOUT OUR COMMUNITY, SERVICES AND COUNCIL

## **Our Community Directory**

COMMUNITY CHAMPIONS  
SANCTUARY POINT BY GEORGE BASH

PLEASE SCAN THIS CODE TO GO TO THE DIRECTORY



## **Jervis Bay Lions Club**

Lions is an international organisation with strong links to helping the local community and has been operating for over 100 years.



We support local groups such as schools, hospitals, medical research, assistance for the blind and deaf and also individuals in need in the local community.

Incorporated in this work we also have a lot of fun and friendship with a dinner meeting once a month plus social outings..

We can be found at the Huskisson Markets on the 2nd Sunday of each month with our famous "Lions Van" and jumping castle for the kids. We are always on the look out for new members.

More info go to <https://lionsclubs.org.au>  
Publicity Officer Bob Hanlon 4441 6087.



# HUSKISSON PUBLIC SCHOOL

Together we are Stronger and Smarter

P: 4441 5074 E: huskisson-p.school@det.nsw.edu.au

## Why Huskisson Public School is a Great Local Choice

*Enrolling now for 2026!*

Right in the heart of Huskisson, our small school with a big heart is making a big difference. Huskisson Public School is a place where every child is known, valued and supported to thrive – not just in their learning, but in life.

We offer a range of exciting opportunities for students, especially in High Potential and Gifted Education. Whether it's joining the school choir, competing in Chess, Tournament of the Minds (TOM), representing the school in sport, or diving into hands-on STEM activities, there's something for every curious mind.

Wellbeing is a key focus at Huskisson. Through our **Transforming Schools** approach, we've made wellbeing part of our everyday teaching and learning. Our Buddy Groups pair senior students with Kindergarten buddies, helping build friendships and leadership skills from day one. Our Buddy Sport Program gives older students the chance to lead and younger students the chance to shine.

In every classroom, our dedicated and passionate teachers offer a differentiated curriculum, making sure each student's learning needs are met through clear and focused teaching. And it's working – we see strong academic growth across the board.

Students also take part in our Living Skills program where they learn to plan meals, budget, shop for groceries, cook, and clean up – important life skills that are also loads of fun!

At the heart of it all are our **Husky STARS** values: being **Safe, Tolerant, Achieving** and **Responsible**. These guide everything we do and create a positive, caring culture that families love.

Huskisson Public School is more than just a school – it's a community. We value strong partnerships with families and encourage you to come and take a look around.

We're now taking enrolments for 2026. Pop in and meet the team – we'd love to show you what makes our beautiful little school so special. ■





Showcasing VHS on Wednesday 18 June to our distinguished guests including the Director of Education & Learning, RIEP Officer, VET Director, Coordinator & Advisor, Careers & Pathways Director and Head Teacher this morning was a proud moment for our staff and students.

Greeted by Principal Ruth Winfield and Deputy Sue Fisher, along with our Garindja Barra Barra Ranger Program students & staff, Senior VET students and SBAT students was a great introduction to life at VHS with Miss Harper and Mrs McNeil. Our Food Tech kitchen was buzzing with excitement, our Bushscape Cafe staff and students served mouth watering delights and barista coffees. The visits to our wood work, metal work, business studies classrooms and 'Careers in a Container' site ended the morning tour for our guests.

It was a fabulous day and we would like to thank our staff and students for not only the '*behind the scenes*' preparation, but for the way VHS was presented to our visitors. The VET, SBAT and Pathways programs have successfully assisted students gaining qualifications and employment over many years, and we look forward to more successes in the future.



**Sudoku 1**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 8 |   | 5 |   |   |   | 4 | 3 |
|   |   | 5 | 3 | 6 |   |   |   |   |
|   |   |   | 4 | 9 | 7 |   | 1 |   |
|   |   |   |   |   |   | 4 |   |   |
| 5 | 4 |   |   | 7 |   |   | 3 |   |
| 7 |   |   |   |   |   |   | 6 | 1 |
|   |   |   |   |   | 1 |   | 8 |   |
| 1 |   |   | 2 |   |   |   |   | 4 |
|   |   | 2 | 9 |   | 5 |   |   |   |

## Can you do it?

The goal of Sudoku is to fill in a 9 x 9 grid with numbers 1-9.

Tricky part is each number can appear only once in each row, column and 3 x 3 block.



|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 8 |   |   |   | 2 |   |   |   |
|   | 2 |   |   | 9 |   | 6 |   |   |
|   |   |   |   |   |   | 3 |   |   |
| 6 |   |   | 7 | 5 |   |   | 8 |   |
| 5 | 4 |   | 3 |   |   |   |   |   |
|   |   |   |   |   | 4 |   | 6 |   |
| 7 | 1 | 2 |   |   |   |   |   |   |
|   |   |   |   |   |   | 7 |   | 5 |
|   | 3 |   | 6 |   | 9 |   | 4 |   |

**Sudoku 2**



## McNamara & Associates

Lawyers & Conveyancers

- Family focused with a friendly & caring approach
- Efficient & reliable services for all your conveyancing, family law, business and legal needs

6/3 Schofield Lane, Nowra

**4423 0155**

[www.mcnamaralawyers.com.au](http://www.mcnamaralawyers.com.au)



# KIDS

## ORNER

Draw a circle around the things you might need to fix a car.

### JOKES

**Q.** What do you say to a frog who needs a ride?

**A.** Hop in

**Q.** What sound does a Witch's car make?

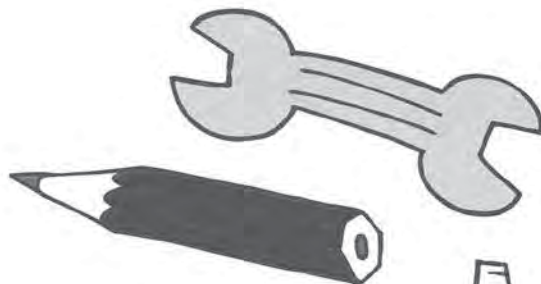
**A.** Broom broom!

**Q.** Why are pigs such bad drivers?

**A.** Because they hog the road!

**Q.** What do you get if you cross a car with a kangaroo?

**A.** A jump-start!



## HUSKISSON PICTURES



For dates, information &  
movie times log onto  
our website  
[www.huskipics.com.au](http://www.huskipics.com.au)

Program Information: 4441 6343

Administration: 4441 5076



**KENNEDY & COOKE**  
THE SOUTH COAST LAWYERS **and**

**SOUTH COAST CONVEYANCING**  
A DIVISION OF KENNEDY & COOKE LAWYERS

WE CAN ASSIST WITH ALL OF YOUR LEGAL AND  
CONVEYANCING NEEDS.

CALL FOR AN APPOINTMENT TODAY.

**44 132 132**

Shop 2/26 Paradise Beach Rd, Sanctuary Point | Shop 1/185 Jacobs Drive, Sussex Inlet

[www.kennedycooke.com.au](http://www.kennedycooke.com.au)

EXPLORE THE BAY & BASIN

## Advertise now in the brand new *About .....*® magazine feature

We're creating a new section in the magazine for tourism focused businesses, locals and tourists wanting to explore their beautiful surrounds.

This exclusive opportunity will allow you to reach new audiences and thousands of locals, business owners and tourists alike.

Over 8,000 copies distributed across the Bay and Basin area.

With limited space, we'd love to hear from you and promote your business.

**Support your community.**

Enquire now [ads@aboutbayandbasin.com.au](mailto:ads@aboutbayandbasin.com.au)



3/314 Island Point Road  
St Georges Basin

SALES, HOLIDAY, RENTALS,  
COMMERCIAL

4443 6635



Personal, Professional Conveyancing for the South Coast



There is no longer a need to leave the Bay and Basin to access exceptional, award winning conveyancing services. The Bay and Basin now have a full time Conveyancing firm at Sanctuary Point (conveniently located behind the Bendigo Bank).

**(02) 4408 3030**

3/200 Kerry Street,  
Sanctuary Point

Billie-May Ewings Conveyancing  
Licensed Conveyancer  
No. 05003916  
ABN: 12 103 155 128