



MAY 2025

Vol 22 Issue 4

We won't stop till we are done.....

MOTHER'S DAY CLASSIC 2025

Bay & Basin Cancer Support Group

ANNUAL MORNING TEA

Shoalhaven Family History Society Inc.

TRUST YOUR INSTINCTS

Gorgeous Frangipani - photo by Dannie & Matt Connolly



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A publication of Bay & Basin Community Financial Services Limited (ACN 105 756 063) A Committed Community Centric Company

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Contributions Please submit your contributions for the **June 2025 issue by 7th May** and the **July 2025 Issue by 4th June 2025** to

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Printing

About magazine is proudly printed and typeset locally by Sanctuary Point Printing, phone 4443 0014

8,000 copies carefully distributed to homes and business in Wandandian, Bewong, Tomerong, Falls Creek, Basin View, St Georges Basin, Sanctuary Point, Old Erowal Bay, Erowal Bay, Huskisson, Vincentia and Woollamia. We are also supported by many local businesses.

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A Word from the Editor

WELCOME TO OUR MAY EDITION OF THE

About MAGAZINE.

In this issue, we dive into the heart of what makes our community so special. From the local events that bring us together to the inspiring stories of neighbours helping one another, we are reminded that it's the small, everyday moments that build the bonds that last a lifetime.

Thank you for continuing to support this magazine – your feedback, stories, and contributions make all the difference. We hope this edition inspires you to get involved, share your experiences, and keep the warmth of our community thriving, no matter the season.

This months must reads:

- What Lies Beyond Diving and Dancing with Mantas – Page 15
- Monthly Feature Sub-Branch Balls
 Pages 26 & 27
- **Schools Corner** Pages 36, 37 & 38.

Regards and happy reading Editor



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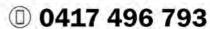
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The Community Crop

The Community Crop is located at St Georges Basin Baptist Church, 165 The Wool Rd (opposite Shortcut Rd).

Produce is available for all in our community and anyone who has surplus in



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their garden is also welcome to drop off if you would like to share with others.

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More info on f Community Crop.



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BAY & BASIN CANCER SUPPORT GROUP

are once again hosting their

ANNUAL MORNING TEA

FUNDRAISING EVENT on

Wednesday 7th May 2025

at The Country Club, St Georges Basin from 10am till 12 noon.



There will be lots of craft, raffles, lucky door prizes and wonderful food for all to enjoy.

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Noah's Inclusion Services

Contributed by Nicole Kennedy, Team Leader 48 Paradise Beach Rd Sanctuary Point (next to the blue library) Ph 4423 5022

LOOKING AFTER MUMS

EVERY CHILD EVERY OPPORTUNITY

This month we have the opportunity to

celebrate the contribution of Mums and Mumfigures in our lives on Mothers Day. For many people, their Mum is a person who represents love, strength and care. It's easy to mistake them for superheroes, but Mums are only human and need to take time to look after themselves as well as those around them.

At Noah's Inclusion Services we work with many families and know first-hand the incredible contribution of Mums to many families. To avoid sacrificing their physical and mental health, we always recommend that Mums take some time for regular self-care.

Prioritise Sleep:

- Aim for 7-8 hours of sleep: Adequate sleep is crucial for physical and emotional well-being.
- Establish a bedtime routine: This can help signal to your body that it's time to wind down.
- Create a relaxing sleep environment: Ensure your bedroom is dark, quiet, and cool.

Eat Well:

- Focus on nutrient-rich foods: Prioritise fruits, vegetables, lean protein and whole grains.
- *Stay hydrated*: Drink plenty of water throughout the day.
- Consider meal prepping: This can save time and ensure you have healthy options readily available

Get Moving:

- Find an activity you enjoy: Whether it's walking, jogging, swimming, or yoga, choose something that you find enjoyable and can stick with within your weekly routine.
- Aim for 150 minutes of moderate-intensity activity per week: This can help improve your mood, reduce stress, and boost your energy levels.



 Incorporate exercise into your daily routine: Even short bursts of activity can make a difference.

Seek Support:

- Don't be afraid to ask for help: Whether it's with childcare, housework, or emotional support, reach out to your partner, family or friends.
- Join a support group: Connecting with other mothers can provide valuable insights and a sense of community.
- Remember that self-care is not selfish: It's essential for your well-being and allows you to be a better mum.

If you're a mum to a child with a disability, additional need or chronic health condition, we know that extra challenges and responsibilities can make your parenting role even more demanding. We have a weekly **MyTime Group** in Sanctuary Point that is a chance for you to connect with other similar families and to enjoy some downtime – held Tuesdays 10am–12pm. Please give us a call on (02) 4423 5022 if you would like to come along.





We won't stop till we're done.....

Twelve Australian women die each day from breast and ovarian cancer. Together we're moving towards the day when no more lives will be taken.

Each year on Mother's Day, participants in 75+ events nationwide, come together to walk or run to raise money for breast and ovarian cancer research. In the last 27 years, our community has donated \$46.1 million to the National Breast Cancer Foundation and since 2024, \$1.2 million to the Ovarian Cancer Research Foundation. This includes over \$120,000 raised by the Huskisson event alone.



This year Huskisson Bakery & Café has continued their amazing, ongoing support for the event by joining us as our Platinum Sponsor. Every year our committee is overwhelmed by the support from local businesses either through sponsorship or with donations for our raffle and this year is no different.

In 2025 we are celebrating our 9th year in Huskisson so gather your friends, family, and colleagues and let's make this year's event bigger than ever!

The event will be held at Voyager Memorial Park on Sunday the 11th of May for a 3km, 5km or 10km walk or run. In addition to a run or walk along a beautiful, mainly flat course along the water we will also have a BBQ, cupcakes and flowers for sale and an amazing raffle. Please head to mothersdayclassic.com.au or our huskissonmdc for more information. We hope to see you there!



History About



Snippet of Tomerong History TRAVELLER'S REST

Information sourced from https://tomeronghistory.com/index.html

WITHIN three years of the first land sale at Tomerong, John Parnell opened a Hotel for the convenience of travellers on the Shoalhaven to Ulladulla Road. This was the first commercial operation in the village and was perhaps the impetus for further expansion in the area. Five years later, the opening of the Post Office and the Public School cemented Tomerong's status, for a time, as the most important centre between Nowra and Milton.

HOTEL

The establishment of the General Store in about 1882 and the Creamery in 1895 provided further infrastructure for the growing community. Other business would follow but it wasn't until further growth in the State demanded the exploitation of Tomerong's natural resource, timber, that the status of 'industry' was achieved.

The Traveller's Rest Hotel

Following the opening of the new southern route to Ulladulla in 1857, John Parnell established the Traveller's Rest Hotel to cater for commuters along the route. The Hotel was situated on the north eastern corner of the Shoalhaven to Ulladulla Road and the South Huskisson Road, now known respectively, as Hawken Road and Pine Forest Road.

The hotel was opened on 1 October 1857 and John Parnell advertised it in the 'Illawarra Mercury' as 'The Traveller's Rest, Tamorang, half-way between Ulladulla and Shoalhaven. House of refreshment and accommodation...' with '...excellent paddocks for the accommodation of horses and cattle...' He trusted that '...by strict attention to cleanliness and comfort, he will merit that support which he now solicits'. John Parnell was granted a liquor license on 4 May 1858, his sureties were Charles Cains, a farmer of 'The Dry Run' and Alexander McInnes the younger, a farmer from Numbaa. His license to operate was

renewed annually for approximately the next 30 years.

A Ballroom was added to the Hotel in 1866 and a dinner and dance was held on Friday 29 June to celebrate its opening. Tickets sold for 2s 6d single, and 4s 6d a double, with dinner on the table at 6 o'clock and dancing commencing at 8 o'clock. The Hotel was also the venue for various public meetings on community issues, political rallies, and auctions and was a polling booth for elections.

The Traveller's Rest was to become the centre of entertainment in the district for the small, scattered settlements around the Bay. A ball at the Traveller's Rest generally followed boat launchings at Currambene Creek and sporting events held in the district. A Booth license was granted to John Parnell in January 1868 to sell refreshments at the launch of the schooner Susanah at the ship building yard of Mr Wood at Jervis Bay. Another vessel was launched in September of that year for which Parnell applied for a booth license. These licenses were granted from six in the morning until sunset.

John Parnell was frequently issued a license to sell refreshments on the course at local horse racing. The Tomerong Races were held annually on Boxing Day and meetings were held at the Traveller's Rest for the purpose of appointing Stewards and arranging the programme. John Parnell was the Treasurer of the race committee for several years and frequently entered horses in race events. The races were very popular during the 1860s and 1870s with large numbers coming from all over the Shoalhaven to participate.

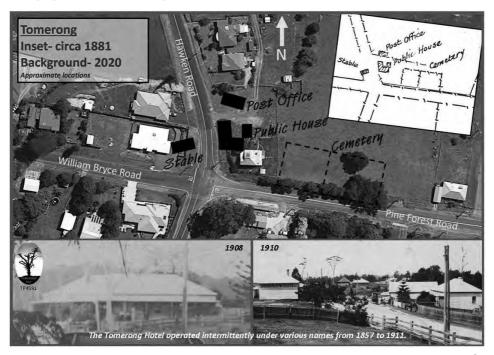
John Parnell retired from the Hotel about 1887 and it is believed that he leased the premises to the new licensee Thomas Mooney. By 1890 the Hotel was showing its age and Sergeant A

Sykes, the District Licensing Inspector, brought the condition of the property before the quarterly meeting of the Shoalhaven Licensing Bench in May. In his report to the meeting he stated 'I inspected the premises of the Traveller's Rest Hotel at Tomerong on the 7th March. I found that the walls of two of the public bedrooms, which were composed of slabs had fallen into the paddock, exposing the interior of the room and a portion of the side of the other room. The room was furnished in this state. The ground plates on which the slabs were resting were completely rotten, I should say with old age and the ravages of white ants. The front wall of the main building leans considerably towards the road, and in my opinion is unfit for human habitation. The roof is very low and in some places I could touch it with my head. The stables are old and dilapidated. I believe the licensed premises themselves are in an unsanitary condition altogether. I have slept in the house on several occasions, and have had plenty of opportunities for seeing the state of affairs. I do not consider the house is fit for the reception of visitors, and know for fact that many people have refused to stop there for that

reason. A good house would be much frequented. I know that the present licensee has made several attempts to repair the place, but in my opinion it is beyond repair. I think it would be a waste of money to attempt it'.

John Parnell gave evidence to the meeting on the condition of the premises and agreed that should the Hotel be condemned, he was prepared to erect new premises for the present licensee. Thomas Mooney told the meeting that he had attempted to keep the premises in repair; however, they were in too ruinous a state to make much improvement. He expressed the desire to construct new premises to suit himself and if the court would give him two months, he would do so. He requested that the license remain in force for this extra time. This was not agreed to as the house and foundations were in ruin, and the bench felt that two months was not nearly enough time to erect premises to meet the requirements of travellers. After 33 years of operation, the license for the Traveller's Rest was not renewed

(The hotel re-opened and had a colourful history until its final closure on Saturday 3 June 1911).





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Ismail Larney Dental Prosthetist

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He manufactured artificial eyes, noses, ears, cast metal splints and obturators for many years at the Sydney (United) Dental Hospital.

Ish has over 30 years experience in making dentures. He became a dental tutor in 1986 and recently retired from teaching however, his retirement was short lived and Ish has now opened a private practice in Vincentia so he can continue doing what he loves best.

When he is not in the practice Ish does voluntary work with Poche Centre for Indigenous Health (University of Sydney).

Come in and have a chat, we are here to help!

lsh 0410 683 658 Bianca 0438 130 487





Wool Road Spinners and Weavers Biennial **Exhibition**

June Long Weekend: Saturday 7th June 10am to 4pm

Sunday 8th June 10am to 3pm

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Further info: Judy 0403 212 237



Jervis Bay and Districts Service

We have moved into a central menu with the rest of the North Shoalhaven Meals service as of 24th March 2025. There is a selection of 21 main meals 380-400g, a new range of 8 light/snack meals 150-200g size has been introduced and we still do omelettes, soups and desserts.

The consumers at Jervis Bay service still are offered bread or bread rolls that is donated by Husky Bakery and Woolworths and some or our consumers are grateful of this help.

We are still cooking some of the main meals at our kitchen in Huskisson and some are now being produced from our new state of the art kitchen at South Nowra that was opened in October 2024. We have 196 registered consumers of which 159 received meals in March 2025. This group of consumers received 1,886 main meals, 487 desserts, 322 soups and 51 omelettes for the month

We still need volunteers to help in the kitchen 6am till 9am and 9am till 1pm Monday, Wednesday and Fridays.

Because of the workload we are looking at introducing a every second Thursday – you can do as little as 1 or 2 shifts a month but if able more is great. We also need delivery persons Monday, Wednesday and Friday's 9.15 till 12 noon.

We would love to hear from you if you are able to help please phone 4441 7854 or email ibkitchen@nsmow.org.au

Cheers Sue (Kitchen Coordinator).

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OUR PARK NEEDS IMPROVING

Sunday March 31st was Neighbour Day. Across Australia there were people coming together in their local communities to strengthen community ties and foster a sense of belonging in their neighbourhoods and beyond. For many people it is a chance to find new friends and end their loneliness.

Sanctuary Point Community Pride planned to hold a free BBQ at Clifton Park, Sanctuary Point, but as we all remember, the weather that weekend was wet and windy. Sadly we had to cancel it.

Features of Clifton Park include the Learn to Ride paths, a playground with an all-abilities swing, electric BBQ, picnic tables and toilets.

It is very popular with young families and many birthday parties and family gatherings are held there.

A large roofed shed would enable these gatherings to be held in all but the most extreme weather.

SPCP has talked to many users of the park who eagerly support this idea. This would be similar to the structure at Paradise Beach.

Over the past months Sanctuary Point Community Pride has approached Shoalhaven City Council (who own the park) to discuss Community Pride's project to erect a picnic shed in Clifton Park.

SPCP has a track record of raising funds and successfully applying for grants, including the cost of the all-abilities swing. We know our Council's financial situation and we do not expect them to fund this picnic shed.

Unfortunately, despite several attempts we have not been able to meet with Council. We will continue to campaign to the Council so that Clifton Park can be a more beneficial resource to our community.



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These groups will be carried out in a safe and accepting space in the Church Hall.

Holy Spirit Catholic Church is located at 23 St George Avenue, Vincentia.

Contact:

Joe Cassar 0413 582 363

E: lawrence_cassar46@outlook.com

Sue O'Brien – 0423 389 401 F: sonrien15@hotmail.com

Robyn Craig - 0488 930 425

E: robyncraig50@outlook.com

Mass is held every Sunday from 9.30am

We look forward to meeting with you.

Coast and Country Community Services Ltd.

COMMUNITY MINDED VOLUNTEERS NEEDED

Coast and Country Community Services is a community transport services provider that supports vulnerable people across Illawarra Shoalhaven, Young, Weddin and Bega. For us to continue in our valuable work in supporting our community with their transport needs, we are actively seeking community minded volunteers, with a drive to connect people and their communities. The key roles to be filled by the right volunteers are drivers with licences including C and LR and vehicle assistants (no licence required for this role).

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For an information pack call our office team on 4423 6044









Shoalhaven Family History Society Inc.

Trust Your Instincts

My research this week has taken me to England, Ireland & Scotland, with no original records to go by, just a few 'facts' and family stories. I was told "Uncle Jim" was illegitimate and his mother later married Mr Swain, who was 'probably' Uncle Jim's father.

A search of Scotlands People website verified the illegitimacy, but there was a notation on the certificate which I also could view on the website. This told me that Uncle Jim's father was not Mr Swain, but John William Mason. From there it was relatively easy to trace his lineage, but I did take a dislike to John Mason as he was 27 years older than Jim's mother, and probably her employer.

My next stumbling block brought me to my knees.

I found proof of Joseph Clapton marrying Mary Elizabeth Slater, father Edward, a dock labourer, so set about building her family group and parents. UK census records showed Mary being born in either Liverpool, Manchester or Pendleton, between 1857 to 1862. To add to the confusion; again from census records, three children were born in 1862 – 2 in Ireland & 1 in Lancashire! Of the two sons, only one was ever mentioned again, indicating they were one and the same person. Of the seven children, two (maybe one) were born in Ireland, four in Liverpool, and Mary Elizabeth in place unknown. Everything about this was telling me I had a big problem.

Over to website Freebmd to check these birth dates and places; naming parents as Edward and Catherine only to find two sisters – Catherine and another Mary, registered with the same number in the same quarter, who both grew up to marry and live happily ever after, and a Mary Elizabeth in Liverpool in 1862, the same year as her two brothers in Ireland. It was common for a

baby to be given the same name as one who had previously died, but these two Marys were very much alive, and my Mary was the older child. Alarm bells had by now been ringing for some time, so the feeling that Mary did not belong in this family grew stronger.

Over now to the General Register Office UK where some registrations name the mother of the baby in question, and when I searched for Mary Elizabeth's birth in Lancashire between 1858 and 1862, only one possibility appeared; born 1858 in Warrington Lancashire – mothers surname Connor. All the various pieces of information now began to fit when the marriage of John Slater and Bridget Connor was found in Warrington, so Mary Elizabeth was deleted from Edward & Catherines family, a new file was created and so the search continued.

The moral of the story is to trust your instincts, double check any third party information, and always view the primary original record if possible, and if it doesn't seem right leave it out of your records until you can prove it one way or another.

The names I have used are not the names of my friend's family, by her request.

The Shoalhaven Family History Society Research Centre is in the Old Pyree School, at 888 Greenwell Point Road Pyree. We are open for research every Sunday and the 1st & 2nd Thursday of each month, all days from 10am to 2pm. Take a look at our website at www.shoalhavenfamilyhistory.org.au for more information.

Our general meetings are held on the 1st Saturday of the month (excluding January) at 1.30pm, with afternoon tea to enjoy – a chat and catch up for everyone. Come along one day to see what we do and how we can help you.

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WHAT LIES BEYOND DIVING AND DANCING **WITH MANTAS**

Contributed by Corinne Le Gall

On a trip to the Maldives recently, my husband and I were made aware of Manta Rays that congregate in a particular area at night - which was below an over-water restaurant. The tourists, whilst dining, could marvel at the gracefulness of these very large denizens of the ocean, as they coasted through the water in slow motion, with a balletlike aura.

We of course, being lovers of the seas and all its inhabitants, without a second thought, decided to join them in their natural environment, There's one thing observing animals in a confined space such a zoo, another to enter their world, on their terms and try and fit in if they allowed us.

All rigged up in our diving gear, we made our way to the many steps that led down into the water. The area below the restaurant was illuminated to entice these beautiful creatures. which would feed on the plankton whilst performing their very acrobatic dances.

Tawny Sharks swam in circles on the perimeter, they themselves searching for scraps of food. Moving swiftly through the water, they would dart in and out of sight at quite good speed. Sharks, being predatory and opportunists, no matter how 'docile' their species might be portrayed, still can pose a risk of an accidental bite.

We firstly placed ourself underneath the restaurant amongst the piers supporting the structure. The ravs would come towards us. but just as I thought that they would run into me, they would veer away with a flick of their wings and skim the top of my head.

Eventually, after watching their pattern of movements for a while. I decided that it was safe to emerge from underneath the piers and actually join them in the open.

It was almost a spiritual interaction as I mimicked the gracefulness of their movements whilst they came towards me with their wings swaying, skimmed over the top of me and gently veer away, only to turn around in a small circle to make a few more passes over me. Of course, the unwritten rule of scuba diving is to never touch the animals. This went on for quite a while and we finally decided to give them their own space to do what they seem to enjoy. They seemed to enjoy the meeting of these foreign creatures all clad in a diving suit and a tank on their back.

As we swam back towards the place where we entered the water, the emboldened sharks started to swim in a circle around me, with the circle getting smaller and smaller the longer I was in the water. This was a sign that we really don't belong in the ocean, although at times, the creatures of this environment will allow us to enter their realm for a quick exploration. I was so thankful for this wonderful experience and will remember it for the rest of my days.

Michael Sinclair A.B.N. 12 142 024 884 ~ Lie No: L3230

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- CCTV & Leak Detection Services
 - · Driveways Cleaned

Ph/Fax: (02) 4443 8597 Mob: 0418 411 911

1 Waratah Crescent, Sanctuary Point



Jesse's Seven Year Woodworking Journey

BCR Communities NDIS participant Jesse Tough beamed with pride as he presented his grandfather Barry with his brand new "wood-barrow" – a sturdy cart that was designed, built and even christened by Jesse himself. Knowing his grandfather often struggled to carry firewood from the woodpile into the house, Jesse – who has Down syndrome – decided to create something that would make his life just a little bit easier.

But the wood-barrow was more than just a thoughtful gift. It was the result of Jesse's seven year journey learning woodworking skills with BCR Communities' NDIS Work, Life Training Program.

"When Jesse first came to BCR, he hadn't really worked with tools," said Mick Hague, Jesse's BCR Communities Support Worker. "But he saw the woodworking shed, and his eyes lit up. He couldn't wait to get stuck in." With the guidance, support and encouragement of Mick, Jesse has learnt to measure, saw, drill, sand, paint and assemble. He attends the BCR Work, Life and Training Activities Hub two days a week and combines working on his own projects with projects for the general community and lifestyle activities like fishing, playing the guitar and cooking.

"Watching Jesse's growth over the years has been incredible," said Mick. "He's gone from needing full support with basic tasks, to planning and building more complex projects like the wood-barrow. Through these projects, he's not only learning skills – he's feeling a sense of pride,

purpose, and independence."



Jesse's journey is a shining example of what's possible when NDIS supports are tailored to an individual's goals and passions. At BCR Communities, participants are empowered to explore new activities, grow their confidence, and connect with their community.

"It's about more than just woodworking," Mick added. "It's about seeing someone believe in themselves. Jesse's determination, kindness, and creative flair comes through in everything he does."

The joy on both Jesse's and Barry's faces said it all – this was more than just a gift. It was a symbol of love, hard work, and the strength of the bond between a grandson and his Pop, made possible through the power of the right support.

NOWRA & DISTRICTS TOTALLY & PERMANENTLY INCAPACITATED (TPI) SOCIAL & WELFARE CLUB

Are you a Military TPI looking for social interaction??? Come and join us. We are always seeking new members. We hold our meetings at the Shoalhaven Veteran and Family Hub, 124 Wallace St, Nowra on the 3rd Tuesday of most months at 11am.

Every few months we have a luncheon so we won't be at our regular meeting place. Spouses and partners are welcome to come along also. If you are interested in coming along, please contact the Secretary, Leanne Wehmeier on 0419 464 313 beforehand to confirm what our location will be on that day.



VINCENTIA RURAL FIRE BRIGADE

next door to Leisure Centre, Vincentia

We are seeking community minded volunteers. Contact our Captain on 4401 1750



BECOME A MEMBER AND HELP ANIMALS IN YOUR LOCAL AREA.

We are looking for passionate animal lovers to join our dedicated group of volunteers to help care for local pets in need, and assist with our various community support and desexing programs. Contact AWL NSW Shoalhaven Branch on 0429 429 885 or email awlshoalhaven@awlnsw.com.au. You can also find us on

Shoalhaven Family History Society Inc.

The Old School 888 Greenwell Pt Rd, Pyree. Open every Sun 10am and 1st & 2nd Thurs 10am – 2pm. shoalhavenfamilyhistory.org.au LIKE us on

Shoalhaven Lydian Singers

We are a community mixed choir. We meet each Wednesday from 6:30 – 9pm at St Andrews Presbyterian Church Hall, Nowra. Access through the gate at bottom of Woolworth's carpark.

Come along and sing a variety of music from classical to jazz. Tenors and Basses are particularly welcome. No auditions required.

For enquiries contact Leonie on 0418 979 689.



North Shoalhaven Meals on Wheels Jervis Bay Service

North Shoalhaven Meals on Wheels-Jervis Bay Service is a not-for-profit organisation that provides meals to older people living in their own homes in the Bay and Basin area.

We need cooks or those that want to help in the kitchen, and delivery people for those that want to get out of the kitchen and help deliver meals. We operate Mon, Wed and Friday from our Huskisson kitchen, with great flexibility in volunteering.

Call the kitchen 4441 7845
if no answer please leave a
message so we can get back to you
OR Main Office on 4422 5111
OR fill in forms online at
www.northshoalhavenmeals.org.au

Shoalhaven Prostate Cancer Support Group

Share experiences of treatments and managing side effects; Discuss the possible impact on partners, family and work; Learn from speakers including medical professionals; Find reassurance and fellowship in an easy going, friendly environment. We meet 2nd Monday of the month from 10.30am at Coastal Waters Conference Room, 110 The Wool Rd, Worrowing Heights. For more info please contact Fred Hocking 0435 628 110 or Roy Forge 0405 579 088

Huskisson **Woollamia Community Voice**



Community Consultative Body (CCB)

HWCV provides a two-way communication link with Shoalhaven City Council: other government agencies and; non-government organisations who make decisions that affect you. Join us to have a say in local matters that effect you and the community you live in.

MEETINGS

at Huskisson Community Centre, Dent St. Huskisson.

Mondays at 7pm (aim to finish at 9pm)



JUSTICES OF THE PEACE Volunteer Help Desk

We are available to help to answer your questions at The Office of the Federal Member for Gilmore, Suite 3, 59 Junction St, Nowra (around corner from PO). For more info or to join the local J.P. Branch call Brenda 0407 065 031

SOCIAL TENNIS

Ladies Doubles - We would love to have some more Ladies join us for some fun and exercise every Tuesday morning 9.30am -11.30am at The Country Club - St Georges Basin. Please come along or contact Maureen on 0478 792 001



We are looking for Volunteer bus drivers.

LR Drivers Licence required. One morning or afternoon per month.

Call Michelle at Basin View Masonic Village on 4443 5034

PHOENIX STRINGS

Like to play Uke? Join a happy group of Uke and Guitar players. Can't play? We will help you! Come along on Thursdays from 1pm to 4pm at the Community Cottage, Edmund Street, Sanctuary Point.

For more information call Sandra 4443 2073 or John on 0403 052 026.



INJURED WILDLIFE?

Call Wildlife Rescue 0418 427 214

www.wildlife-rescue.org.au



VOLUNTEERS NEEDED

Do you have a particular interest and would like to help Basin View Masonic Village? We need REBUT your help with activities such as bus trips, craft, exercise

and various entertainment events. Just a few hours of your time occasionally will put a smile on the faces of our residents. Contact Michelle or Jo on 4443 5034 during office hours.

Rural Fire Services

IN AN EMERGENCY CALL 000

We have 7 Brigades over two groups in our area.



Basin View, Huskisson, St Georges Basin, Sussex Inlet, Tomerong, Vincentia and Wandandian.

New members always welcome.

EMERGENCY CALL 000

Fire Control		4424 4424
Basin View	Denise Fabreschi	0412 780 899
Huskisson	Cpt Sanna Reeves	0408 480 424
St Georges Basin	Cpt Michelle Thornley	0427 288 340
Sussex Inlet	Adam Harris	0409 326 660
Tomerong	Doug Schutz	4443 4600
Vincentia	Captain	4401 1750
Wandandian	Brian Edwards	0488 752 489

·····community

Shoalhaven Beekeepers Assoc Inc.

meet West Street Community Centre, West St, Nowra on the 3rd Wed (ex. Dec 2nd Wed) at



TOMERONG MARKETS

Every 3rd Saturday of the month from 8am till 1.30pm. Lots of local handmade products and snacks. Find us on 1 and 1 and

SHOALHAVEN INDIAN MYNA ACTION GROUP

This facebook page has been setup for the community to share information, educate and share ideas on this pesty bird, the "Flying Rat" Indian Myna which competes and harm's our native birdlife. Join the group for some valuable information to help our local wildlife.



We meet at Jervis Bay Baptist Church school room, behind the Church, cnr Wool Rd & St George Ave, Vincentia, on 1st and 3rd Thursdays from 9.30am to 1pm. **Phone Judy 0403 212 237.**

Tennis: Ladies Doubles Social tennis only – no competition

Ladies come along for some exercise & social activity at The Country Club, StGB.

We need more players for Wed AM. Ph: 0409 920 878

Shoalhaven Transition a worldwide grassroots movement, transitioning communities towards a more sustainable future. **Meets monthly 4443 4713.**

Local Markets

Berry Country Fair

noticeboard

1st Sun (except Feb held 2nd Sun)

Berry Showground, Alexandra St

4464 1476

Callala Beach Makers Market

5th Sat (only in months with 5 Saturdays)

Callala Beach Community Hall

8am to 1.30pm

Clifton Community Food Garden Fundraiser

3rd Sat II 10am - 12 noon II at the garden Clifton Street, Sanctuary Point II 0412 793 319

Culburra Beach Market

1st Sun II Culburra Community Centre, Fred Evans Lane II 8am to 1pm

Huskisson Markets 2nd Sun

■ Huskisson Sports Ground

■ 0409 740 704 (BH)

Jervis Bay Maritime Museum Markets

Twilight Museum Market 1st Sat II 3-7pm II Dent St, Huskisson II Ph 4441 5675 II e: markets@jbmm.asn.au

Milton Village Showground Markets

1st Sat PLUS Long Weekends & Easter | Milton Showgrounds, Croobyar Rd, Milton | miltonvillagemarkets@gmail.com

Nowra Showground Indoor Market

4th Sat I Nowra Showground Pavilion II 8am to 1.30pm

Pyree Village Arts & Craft Markets

4th Sun I Shoalhaven Potters Workshop, Greenwell Pt Rd, Pyree II 4443 7312

Royal Coastal Patrol Market Ulladulla 2nd Sun II Ulladulla Harbour & Wharf, Wason St, Ulladulla II 4455 3403

Sussex Inlet Flea Market 2nd Sat I Uniting Church Hall, Jacobs Dr, Sussex Inlet I 4441 1546

OUR COURTESY BUS RUNS 7 DAYS / WEEK FROM 11AM-LATE

Call Courtesy Bus to book 0413 014 125



WHAT'S ON MAY

The Home of Sport & Entertainment on the South Coast









CHOOSE FROM THE ORIGINAL OR THE WEEKLY

\$22 Visitors









Scan the QR Code to learn more



2nd

\$18 Parmageddon Thursdays*
On Point Kitchen from 5pm

Ripper Raffle - Tickets from 4:30pm Draw 6pm

Junior Rugby League Raffle Draw 6:30pm

Friday Diseases

Friday Bingo 10am - 2pm Auditorium

Friday Afternoon Poker Rego from 12pm, Start 1pm

Hitlist Fridays 7pm Main Lounge

Snooker Club Raffle Drawn 7:30pm

MEGA Friday Member Badge Draw Drawn 7:45pm

Conrad Sewell Show
Doors open 7pm | Show 8pm, Auditorium

Free Live Entertainment

Last Chance Honey 7pm - 11pm

Poker - Sunday Poker Rego from 1pm, starts 2pm

Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm

Snooker Club Raffle Drawn 5:30pm

Free Live Entertainment

Rock-A-Holics 4pm - 8pm

Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm

\$18 Monday Roast Night*
On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Cash Housie Starts 10:30am

\$18 Burger & Beer Tuesdays*
On Point Kitchen from 5pm

Bingo Starts 6:30pm

Trivia from 6:30pm

SGB Women's Golf Club Raffle Drawn 6pm

Bingo Starts 10:30am

. Med

\$18 Wednesday Steak Night*
On Point Kitchen from 5pm

Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm WIN ONE YEAR MEAT WINNERS DRAW

Sub Club Raffle Draw 6:30pm

Wednesday Night Poker Register 5:30pm, Start 6:30pm \$18 Parmageddon Thursdays*

Ripper Raffle - Tickets from 4:30pm Draw 6pm

Thu

10th

12th

Mon

Junior Rugby League Raffle Draw 6:30pm

Friday Bingo 10am - 2pm Auditorium

Friday Afternoon Poker Rego from 12pm, Start 1pm

Hitlist Fridays 7pm Main Lounge

Snooker Club Raffle Drawn 7:30pm

MEGA Friday Member Badge Draw Drawn 7:45pm

Free Live Entertainment
Jackee B Trio 7pm - 11pm

Diva Disney Bingo

Doors open 6pm | Balls drop 7pm, Auditorium

Poker - Sunday Poker Rego from 1pm, starts 2pm

Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm

Mother's Day High Tea On Point Kitchen | 10am & 2:30pm Bookings essential

Snooker Club Raffle Drawn 5:30pm

Free Live Entertainment Backlash 4pm - 8pm

Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm

\$18 Monday Roast Night*
On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Cash Housie Starts 10:30am

\$18 Burger & Beer Tuesdays*
On Point Kitchen from 5pm

Bingo Starts 6:30pm

Trivia from 6:30pm

SGB Women's Golf Club Raffle

Bingo Starts 10:30am

\$18 Wednesday Steak Night*
On Point Kitchen from 5pm

Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm

Sub Club Raffle Draw 6:30pm

Wednesday Night Poker Register 5:30pm, Start 6:30pm \$18 Parmageddon Thursdays*

Ripper Raffle - Tickets from 4:30pm Draw 6pm

Junior Rugby League Raffle Draw 6:30pm

Friday Bingo 10am - 2pm Auditorium

Friday Afternoon Poker Rego from 12pm, Start 1pm

16th

Mon 19th

Snooker Club Raffle Drawn 7:30pm

MEGA Friday Member Badge Draw Drawn 7:45pm

Free Live Entertainment

Gedupndans 7pm - 11pm

Poker - Sunday Poker Rego from 1pm, starts 2pm

Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm

Snooker Club Raffle Drawn 5:30pm

Free Live Entertainment

Mark Dabin 4pm - 8pm

Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm

\$18 Monday Roast Night*
On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Cash Housie Starts 10:30am

\$18 Burger & Beer Tuesdays*

Bingo Starts 6:30pm

Trivia from 6:30pm

SGB Women's Golf Club Raffle Drawn 6pm

Bingo Starts 10:30am

\$18 Wednesday Steak Night*
On Point Kitchen from 5pm

Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm

Sub Club Raffle Draw 6:30pm

Wednesday Night Poker Register 5:30pm, Start 6:30pm \$18 Parmageddon Thursdays*

Ripper Raffle - Tickets from 4:30pm Draw 6pm

Junior Rugby League Raffle Draw 6:30pm

Friday Bingo 10am - 2pm Auditorium

Friday Afternoon Poker Rego from 12pm, Start 1pm

Hitlist Fridays 7pm Main Lounge

Snooker Club Raffle Drawn 7:30pm

MEGA Friday Member Badge Draw Drawn 7:45pm

Free Live Entertainment

Hits Central 7pm - 11pm

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Mon

Poker - Sunday Poker Rego from 1pm, starts 2pm

Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm

Snooker Club Raffle Drawn 5:30pm

Free Live Entertainment

William Wallace 4pm - 8pm

Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm

\$18 Monday Roast Night*
On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Cash Housie Starts 10:30am

\$18 Burger & Beer Tuesdays*

Bingo Starts 6:30pm

Trivia from 6:30pm

SGB Women's Golf Club Raffle Drawn 6pm

Bingo Starts 10:30am

\$18 Wednesday Steak Night*
On Point Kitchen from 5pm

Wednesday Mega Meat Raffle
Tickets from 4:30pm, Draw 6pm

Sub Club Raffle Draw 6:30pm

Wednesday Night Poker Register 5:30pm, Start 6:30pm

State of Origin 1 On the Big Screens

WHAT'S ON MAY



\$18 Parmageddon Thursdays*

Ripper Raffle - Tickets from 4:30pm

Junior Rugby League Raffle

Friday Bingo 10am - 2pm Auditorium

Friday Afternoon Poker

MEGA Friday Member Badge Draw Drawn 7:45pm

Books on sale 11:30am | Starts 1pm

Free Live Entertainment
Hav N Fun Karaoke 7pm - 11pm

Monthly Special Breakfast

Cash Housie

Hitlist Fridays 7pm Main Lounge

Snooker Club Raffle Drawn 7:30pm

Rego from 12pm, Start 1pm

29th

뜐

Draw 6:30pm

Weekly Meetings

1st St Georges Basin Scout Group = Tasman Rd Scout Hall, SGB = Tue 5pm Joey Scouts; 6.30pm Cub Scouts = Wed 6pm Scouts = Mon 6.30pm Venturers = Paula 0400 674 525

Al Anon - Huskisson = Tue 1pm & Thu 10am **=** Huskisson Community Centre Dent Street, Huskisson

Alcohol and Drug Treatment = Lives Lived Well = Nana Muru (Better Road) = Free day rehabilitation program runs over 6 weeks in bay and basin (non-residential) = Mobile withdrawal program for residents of Nowra and bay and basin = 18 yrs and over = 1300 727 957 = self refer via website www.liveslivedwell.org.au

Basin Radio Controlled Yacht Group = Jetty at Island Pt Rd, SGB = Tue & Sat 9.30am = Racing starts 10am = Tony Blackmore 0427 450 278 or Malcolm Griffiths 0431 094 520

Basin Track Bushcare = Wed 9am = https://www. shoalhaven.nsw.gov.au/For-Residents/Our-Environment/ Bushcare = michael.smith@shoalhaven.nsw.org = 0434 691 367

Bay & Basin Art Group = Community Centre, Loralyn Ave StGB = Mon 9.30am-12.30pm = Over 50s = Lyn 4443 2848

Bay & Basin Bombers Junior & Senior AFL Club

■ Leisure Centre, Wood Rd, Vincentia ■ Juniors Thu 4.30-5.30pm for girls & boys aged 6-17 ■ Seniors for men & women Tue & Thu 6-7.30pm / Game Day Sat ■ Michael 0417 190 277 or Chris 0403 047 659 ■ www.bombers. net.au

Bay & Basin Bush Potters = 48 Edmund St, Sanctuary Point = Mon 9am-2pm = Lesley 0426 878 421

Beginners Belly Dance Class • Huskisson Community Centre • Wed 5-6pm • Ph Mimi 0461 576 176

Best Fitness = Huskisson Community Centre = Tue 4.30-5.30pm = Ph Mimi 0461 576 176

Clifton Community Food Garden Working Bees

held 3 times a week = Daylight Saving Hours Tue 9am-12noon = Fri 3-6pm = Sat 9am-12noon = Non Daylight Saving Hours Tue 9am-12noon = Fri 2-5pm = Sat 9am-12noon = Jeff 0437 333 042

Collingwood Reserve Park Care Group • meet in reserve opposite Basin View Volunteer Rural Fire Brigade Shed • Mon 8.30am •

CWA Jervis Bay Day Huskisson Community Centre, Dent St | Tue 10am for craft, cuppa & chat | 3rd Tue General Meeting | Visitors welcome | Pres. Flavia Riva 0430 155 486

Dancing = Bomaderry RSL Club = Wed 7pm = permanent dance floor R'n'R, swing, country 2 step, rockabilly = Born to Boogie 0409 998 868

Heart Foundation Walking Group = Paradise Beach Sanctuary Point **=** Mon 9am **=** Sue Randles 0427 286 719

HuskiDrumming = Facilitated djembe drumming circle = Huskisson Community Centre = Sat 10.30am = All welcome = e: huskidrumming@gmail.com

Huskisson Girl Guides - During school terms - Huskisson Scout/Guide Hall, Kiola St (near Bowling Club) - Tue 5-6.30pm Junior Guides 6-9yrs - Wed 4.30-6.30pm Guides & Senior Guides 10-16 yrs - Parents and Friends Support Group 3rd Wed - Liesel Turnbull 4443 6007/0402 837 777

JB Walkers and Talkers = Meet Holden St Boat Ramp, Vincentia = Pram friendly walking group = Fri 10.30am = e: lanaburkey@gmail.com

Jervis Bay Bridge Club - Huskisson Community Centre, Dent St, Huskisson - Fri 9.30am - All Bridge players welcome Ph 0421 332 991 or 0430 013 946

Jervis Bay Community & Men's Shed I Thu 9am-12pm
I New members welcome both men & women
I Colin Loudon 0412 347 322

Jervis Bay & Districts Activities Group | Fri 9am-1pm | Men & Women welcome | Colin Loudon 0412 347 322

Jervis Bay Paddle Group weekly paddle group for kayakers

«check 13 Jervis Bay Paddle Group page for schedule

Jervis Bay Physical Culture Club - Classes held Vincentia Primary School & StGB Community Hall www.jervisbayphysie.com.au - e: jervisbayphysie@gmail. com - Jaclyn 0422 458 485 or Amie 0405 438 057

Jervis Bay Wobbegongs Winter Swimming Club =

Huskisson Beach south end = Racing season Sun 8.30am between 1st May & 30th Sept each year = Swim & Chinwag Mon-Fri 7.30am to 8am all year long

http://wobbegongs.weebly.com/ or

Karate = Sanct Pt Community Centre, 18 Sanct Pt Rd = Tue & Fri = 5.30pm

- Line Dancing = Tue 10am-1pm SGB Community Hall,
 Meriton St, StGB = Mon 6-8.30pm Shoalhaven Heads
 Bowling Club = Wed 10am-1pm Bomaderry Community Hall

 Thurs 6-8pm StGB Community Hall = Laurel 0408 184 984
- **Mannahouse Youth** Fri 7pm StGB Community Centre, 21 Meriton St, StGB www.mannahouseyouth.org
- **MSCARC Inc. =** (Mid South Coast Amateur Radio Club Inc.) **-** Wed from 7.30-9.30pm on air **-** New members always welcome **-** Ken 4403 0599
- Nowra Healing Rooms = 12 Tarawara St, Bomaderry

 Open Wed 10am-12pm, Thu 7-9pm = 0459 046

 084 = No appointment necessary & no charge =

 www.healingrooms.com.au
- Nowra Quilters = North Nowra Community Centre, 7 Hood Cl, Nth Nowra = Tue 9am-1pm = New members welcome = e: alex@themwarners.com
- Nowra Town Band = 174 Kinghorne St, Nowra = Mon 5.30-6.30pm for Training Band & 7-9pm for senior practice = Private lessons available in brass and percussion = Hall 4422 0807 or Ross 4443 5745/0488 056 196
- Raised Voices Community Choir SATB = Jervis Bay
 Baptist Church = Tue 7pm = New Members welcome
 = Ph Rosalie 0412 297 435
- **Rock and Roll Lessons** = Huskisson Community Hall = Tue 7pm = Rock n Roll, Partner Dancing, Swing = Ph Laurel 0408 184 984 or Rob 0439 416 386
- Scottish Country Dancing = Thu 2pm-3.30pm
 Senior Citizens Hall, Berry St, Nowra = Tue 7.30-9.30pm
 Presbyterian Church Hall, Kinghorne St, Nowra
 Beginners welcome = Heather 4441 5496
- Shoalhaven Concert Band = Junior, Concert and
 Stage band = Nowra School of Arts Annex, Berry St Nowra

 Tue 6-9.30pm = Richard 0417 462 885 or see
- Shoalhaven Ex-Servicemans Dance Club 157

 Junction St, Nowra | Wed 7-9.30pm | Social dancing inc.
 modern ballroom, new vogue, sequence, latin, rock n roll

 visitors welcome | Ph Norm 0407 950 325
- Shoalhaven Rock N Roll Group = SGB Country Club = Mon 7pm = John 0411 120 042 or Linda 0408 428 670 = www.shoalhavenrockandroll.org.au

- Sing Australia, Vincentia Community Singing Group
 Jervis Bay Baptist Church, The Wool Rd, Vincentia Thu
 7-9pm New members welcome Jenny 4441 7713 www.singaustralia.com.au
- Smith Bay Bushcare Group = Basin View = Fri for 2-3 hours = Fran 4443 6324
- **Social Scrabble** The Country Club StGB Thu 1-4pm New players welcome Ph Anne 0410 012 642 or Emily 0438 208 754
- St Georges Basin Health & Com Transport Serv = Mon & Wed Local Health = Tue, Thu & Fri Nowra Area Health = 4423 6044 for bookings Mon-Fri 9am-12pm, 1-3pm
- **St Georges Basin Little Athletics** Sports Grounds, Larmer Ave, Sanctuary Point - Registration Ph Tracy 0423 846 194 or Michelle 0412 656 206
- **St Georges Basin Senior Citizens Club -** Thu from 9am Bowls-Darts-Euchre, The Country Club St Georges Basin **-** Ph Margaret 4443 6031
- St Georges Basin Senior Citizens Walking Group
- Alternate Fridays 9am onwards, ph Helen 0412 215 855, Colleen 0423 233 594
- St Georges Basin SES Unit = 41 Tasman Rd, StGB = Wed 6.30pm = for training, providing advice to members of the community on storm/flood preparedness, new volunteer enquiries welcomed = 3 NSWSESSGB
- **Sussex Inlet Computer Club** = Sussex Inlet RSL Club = 2nd, 3rd & 4th Tue 10am-noon = All welcome
- **Table Tennis =** Scout Hall, Tasman Rd, SGB **=** Wed 2-4pm **=** Adam 0401 020 827 please leave a message
- **Tennis** Erowal Bay Grandview St, Erowal Bay Booking enquiries 0491 978 037 Monday & Tuesday morning social tennis players welcomed, as well as Thursday afternoon social tennis
- **Tennis** = Huskisson = Owen St, Huskisson Casual bookings Wendy 4441 7985 = Adult Mixed Group Mon PM & Thu AM Ph June Grippling 4443 3065 or John Hayward 4441 6979 = Ladies Tue AM Ph Jan Chappelow 4441 6417
- **Tennis** The Country Club, St Georges Basin Social Mon 6-9pm & Thu 9-11am Ph Max 0427 663 318 or Ph 4443 0666 thecountryclub.com.au/sport/tennis
- **Vincentia Bush Care Group =** Tue 9am 12 noon **=** Ph 0418 460 594

Fortnightly Meetings

Bay & Basin Camera Club Vincentia Community Hall, rear Coles carpark II 2nd & 4th Tues 7.30–9.30pm
II Pam 0401 043 833 II Kate 0417 713 850

SCA Shire of Adora Medievalists of the South Coast Wandandian Progress Hall | Every 2nd Wed 5.30-7.30pm | e: seneschal@adora.lochac.sca.org; | w: adora.lochac.sca.ora/regular-activities

Shoalhaven Masonic Widows Association Basin View Masonic Village Hall, 130 The Wool Rd I 2nd Mon 10am I 4441 0436 or 4441 1644

Wool Road Spinners & Weavers Jervis Bay Baptist Church classroom, behind church, cnr The Wool Rd & St George Ave, Vincentia I 1st & 3rd Thu 9.30am-1pm I Judy 0403 212 237

Monthly Meetings

1st St Georges Basin Scout Group Meetings 1st Mon 6.30pm | Tasman Rd Scout Hall, SGB | Paula 0400 674 525

Amnesty International - Bay & Basin 3rd Mon I New members welcome I bayandbasinamnesty@gmail.com

Association of Independent Retirees-AIR Bomaderry Bowling Club, Meroo Rd, Bomaderry 2nd Tue 10am Peter Moate 4448 7788

Basin Business Forum Last Fri of the month | See
Basin Business Forum for more details and to RSVP
| e: basinbusinessforum@gmail.com or

Basin View Daylight Lodge No.1015 (now consolidated with Lodge Milton No. 63) Milton Masonic Centre, 128 Princes Hwy, Milton ■ 2nd Mon 6pm
■ M/Ship & other enquiries Ken Sheppard 0428 638 611

Basin View Rural Fire Service Fire Station #3rd Fri 6.30pm #Denise Fabreschi 0412 780 899

Bay & Basin Brew Club ■2nd Fri 7pm at alternate locations ■ Matt 0413 172 757

Bay & Basin Cancer Support Group Venue Room, SGB Country Club I 2nd Thu 10am-12pm I Dianne 4443 3275

Bay & Basin Cricket Club Meetings held 2nd Tue 7pm II St Georges Basin Country Club II Ph Chris 0403 113 362

Bay & Basin Multicultural Support Group Community Centre, Meriton St, SGB I 1st Thu 11am-1pm I Zaga Tkulja 4229 2755 or Anu Mehta 4422 5933

Bloomers & Buds Social Gardening Group

Inc. Community Centre, Dent St, Huskisson I Last Wed 9 30am IPh Denise 0408 723 270

Combined Probus Club of Jervis Bay & Districts

Inc. SGB Country Club, Function Room #4th Thu 9.30am-11.30am #Pres. Norman Hughes 0418 382 288; Sec. Ros Woolmer 0409 981 340

Combined War Widows & Laurel Club of Legacy
Huskisson Meeting & Lunch || Club Jervis Bay (RSL) || 2nd
Tue at 11am || Carol Barnes 0408 076 280

Country Labor – Jervis Bay/SGB Branch meets every month on the 2nd Wed I more info about joining, meeting times and venue email Debbie on debshapira@gmail.com

Huskisson RSL Sub Branch 2nd Thu 5pm «Club Jervis Bay «Sec Helen Walker 4441 5282

Huskisson Rural Fire Service 2nd Tue 7pm | Captain Sanna Reeves 0408 480 424

Jervis Bay Community & Men's Shed
Computer Service Day 1st Thu 1-3pm | Call Colin for booking 0412 347 322

Jervis Bay Divers Club Club Jervis Bay ■ Last Wed 7pm ■ contact_2@jervisbaydivers.org or call Geraldine 0410 326 061

Jervis Bay Lions Club Club Jervis Bay I 1st Thu 6pm for 7pm start I President Marie-Ann Watson 0412 401 917 Publicity Bob Hanlon 4441 6087

Jervis Bay Probus Club Inc. (C) RFBI Basin View Masonic Village, 130 The Wool Rd, Basin View | 3rd Mon 10am | Ian Collins 0424 292 625 | secretary.probusjervisbay@gmail.com

Jervis Bay Triathlon Club Inc. Usually Iluka, Booderee National Park | Group Training Day 3rd Sun 8am | All welcome including juniors | Pres. Tony Lim 0411 052 746 | admin@jervisbaytriathlonclub.org

Justice of the Peace Assoc NSW Shoalhaven

Branch Bomaderry Bowling Club, Meroo St I 1st Mon 1pm I Visitors most welcome I Brenda 0407 065 031

Marine Rescue Jervis Bay - VMR 209 Voyager Park, Currambene St, Huskisson II 2nd Fri 5.30pm @ Club Jervis Bay (MRNSW members only) II 4428 2400

Nationals Branch Shoalhaven meetings I lan 4443 3780

National Servicemen's Assoc., Shoalhaven Sub-Branch
Rotating meetings on 4th Sun || Ulladulla Ex-Servos Club
0930 for 1000hrs start || Nowra Ex-Servos Club 0930 for
1000hrs start || Sussex Inlet RSL Club 1000 for 1030hrs
start || Jim Reid 4421 2886

Nowra & Districts Totally & Permanently Incapacitated (TPI) Social Welfare Club

3rd Tue 11am II Nowra Veterans Wellbeing Centre, 124 Wallace St, Nowra II Leanne 0419 464 313

Nowra Legacy Group 66 Bridge Rd, Nowra I 1st Mon (except January) 10am I 4423 1795 or 0409 981 663

NSW Transport Authorities Retired Employees Assoc

Nowra Bowling Club, cnr Osbourne & Junction St II 2nd Thu 10am for 10.30am start II Pres. Bob 4421 5265 or Sec Aileen 4421 6660

Sanctuary Point Mens Shed 17 Clifton St, Sanct Pt II 1st Thu 10.30am II All members welcome II Open Mon-Fri 9am-3pm II Any blokes that want to get out of the house for a while drop in for a cuppa and a chat II John 0413 837 538

Shoalhaven Avicultural Society (Bird Club) 2nd Tue 7.30pm North Nowra Community Hall, Hook Cl, Nth Nowra Ph Ray Faulds 4423 4475

Shoalhaven Beekeepers Ass, Inc. West Street
Community Centre, West St, Nowra #3rd Wed (ex. Dec 2nd
Wed) 5.30pm for cuppa, meeting 6pm sharp,
guest speakers most months
#e: shoalhavenbeekeepers@gmail.com or #4

Shoalhaven Caravan Club bi monthly 11am Nowra Bowling Club followed by lunch Ph Kathy 0427 874 201

Shoalhaven Ex-Servicemans Dance Club 3rd Sat 7-10.30pm | Shoal ExServicemans Club 157 Junction St, Nowra | social dance incl. modern ballroom, new vogue and sequence, latin, rock n roll | visitors welcome light supper | Ph Norm 0407 950 325

Shoalhaven Mark & Royal Arch Chapter No.73 1st Thu 7pm RFBI Village Hall, 130 The Wool Rd, Basin View Rereamsons (attached or current) RGlen Green 0417 453 999

Shoalhaven Orchid Society 3rd Mon Feb-May & Sept-Dec 7pm; Winter day meetings 3rd Sat June, July & Aug 10am I Bomaderry Community Centre, 17-19 Birriley St, Bomaderry I Visitors welcome I 0419 241 177

Shoalhaven Philatelic Society 2nd Mon 7pm I Nowra Bowling Club, Osborne St, Nowra I John 4421 4624

Shoalhaven Prostate Cancer Support Group

2nd Mon 10.30am © Coastal Waters Conference Room, 110 The Wool Rd, Worrowing Heights © Fred Hocking 0435 628 110 e: ShoalhavenPCSG@gmail.com

Shoalhaven Scout Fellowship 3rd Sun I David Ravell 4441 8659

Shoalhaven Transition 1st Tue I Trish Kahler 4443 4713 or shoalhaventransition@yahoo.com.au

St Georges Basin Probus Club Inc. (Mixed) SGB Country Club, Function Room #3rd Thu 10am-12pm #Sec. Robyn Dalleywater 4408 8084

St Georges Basin Rural Fire Brigade Fire Station, The Wool Rd, SGB 13rd Mon 7.30pm 1 Cpt Michelle 0427 288 340

Sussex Inlet Cancer Support Group 2nd Fri 10am
Sussex Inlet Neighbourhood Centre Robin Lang 4441 0155
or Kay Cunningham 0408 297 325

Tomerong School of Arts 2nd Mon 1900hrs ■Tomerong School of Arts Hall ■ www.tomeronghall.com ■ New members welcome

Vincentia Rural Fire Brigade Fire Station, The Wool Rd, Vincentia I 1st Mon 6.30pm Cpt. 4401 1750

Wandandian Progress Association 1st Tue 6pm II
Progress Hall I New members welcome II
e: secretary@wandandian.org.au

Wildlife Rescue South Coast Contact 0418 427 214 e: info@wildlife-rescue.org.au 2nd Wed 7pm Phone / email for details of meetings via Zoom or venue TBA

Weekly Church Services

Anglican Church -

Vincentia • Vincentia Primary School, George Caley Place, Vincentia • 8.30am Traditional Service each Sunday

■ 10.30am Contemporary Family Service with kids and youth programs ■ Minister Campbell Mackay 0478 228 113

Basin Baptist Church = 165 The Wool Rd, SGB = Sun Morning Service 9.30am = Minister David Marsden 0408 779 451

Bay & Basin Uniting Church = Meriton St, SGB = Sun 9.30am Family Worship w/Jnr Church = Minister 4443 0864

C3 Church Jervis Bay = 20 Birriga Av, Worrowing Hts = Sun 9.30am Family Service = Every morning except Sun 5.30am Prayer Meeting = Office 0429 335 024 = web: c3churchjervisbay.com.au

Holy Spirit Catholic Church = 23 St George Ave, Vincentia • Mass times: Sun 9.30am = Tue / Wed / Fri 8am = Wed 5pm = www.nowraparish.org.au/masses/mass-times

Jervis Bay Baptist Church = Cnr The Wool Rd & St George Av, Vincentia **=** Sun 9.30am Morning Service

Seventh-day Adventist Church = 169 McKay St, Nowra

Sat 9.30am Bible Study, 11am Worship Service = Future
planning for possible Bay and Basin Contemporary Service =
Minister Adam Tonkin 0413 538 514

Monthly Church Services

Spiritualist Meeting Scout Hall, 39 Tasman Rd, StGB II 2nd Sun II 2pm II Ph 4443 0628

Other Activities

Australian Breastfeeding Association,

Shoalhaven Group 24 hour Breastfeeding Helpline 1800 686 268 for information about local Mum-to-Mum get togethers I www.breastfeeding.asn.au

Bay & Basin Branch of the Liberal Party Meets Quarterly \$\pi\text{7pm} \pi\text{Venue SGB Country Club}\$

Bay & Basin Uniting Church Huskisson OP SHOP at Huskisson Church Centre #53 Hawke Street, Huskisson #Mon-Fri 9am-4pm, Sat 9am-12.30pm #4441 7495

Other Activities cont'd

BBCR Activities Hub 18 Sanctuary Pt Rd, Sanctuary Point Mon, Tues, Thurs & Fri 9am-3pm (closed Wed) # 4443 7681

Community Cottage 48 Edmund St, Sanctuary Pt II
Lesley 0426 878 421 II Mon Pottery 9am-2pm
II Tue & Thu Gentle Fitness for Postural Strength - Move with
ease 8-9am II Thu Phoenix Strings Ukes & Guitars practice
1-4pm

Shareostomates, Shoalhaven Area Ostomates

Support Group Nowra Community Health Centre, 5–7 Lawrence Av, Nowra | Contact Brenda Christiansen on 0422 006 550 or 4424 6321 for group times and dates |

Improving lives through shared experiences

Tomerong School of Arts Mon Pilates 6-7pm | Wed NIA 11.30-1.30pm | Sat Markets (3rd Sat) 8am-1.30pm | email tomerongmarket@gmail.com | Sat (4th Sat) Yoga Tapas 8-10am | Further info www.tomeronghall.com

Youth & Community Centre 34 Paradise Beach Rd, Sanctuary Pt | 4443 9244 | Operating Hrs Mon-Fri 9-4pm offering a range of social & recreational activities

Community Forums

Basin Villages Forum 3rd Mon 7.30pm

■ Meriton St Community Centre, SGB

■ Christine 4443 7665

Huskisson & Woollamia Comm. Voice bi monthly 2nd Mon 7pm (Feb-Nov) | Huskisson Community Centre, Cnr Tomerong & Dent St, Huskisson | www.hwcv.org.au | exec@hwcv.org.au

Sanctuary Point Community Pride Function Room at The Country Club, St Georges Basin

■ Christine 0409 363 243 or Gwen 0419 492 348

■ e: sanctuarypointcommunitypride@gmail.com

Tomerong Community Forum 2nd Mon 2030hrs directly after the School of Arts meeting | Tomerong School of Arts Hall | New members welcome

Vincentia Ratepayers & Residents Association

Vincentia Community Hall (Coles carpark) I 3rd Thu of every 2nd month (Feb, Apr, Jun, Aug, Oct, Dec) 7.15pm coffe/tea/biscuit 7.30pm start I www.vrra.org.au I vrra.ccb@gmail.com II Secretary 0438 856 568

What's On...What's On...What's On

Venues for Hire

Bay & Basin Uniting Church Meriton St, StGB #4443 2642

Community Arts Cottage 48 Edmund St, Sanctuary Point Lesley 0426 878 421

Huskisson Community Centre Dent St, Huskisson
Ph Peter 0401 436 353

Huskisson Scout & Guide Hall Kiola St, Huskisson Ph Scout South Coast & Tablelands 02 42746334

Jervis Bay Maritime Museum Classrooms Dent St, Huskisson

Sanctuary Point Youth & Community Centre 34 Paradise Beach Rd, Sanctuary Point Ph: 4443 9244

St Georges Basin Scout Hall Tasman Rd Scout Hall, St Georges Basin | Tammie 0472 658 505

Tomerong School of Arts 358 Hawken Rd, Tomerong \$\\$15 per hour \$\text{\text{Email tomeronghall@gmail.com}}\$\$ www.tomeronghall.com

Vincentia Community Centre rear of Bilo carpark, Wool Rd. Vincentia #4429 3463

Wandandian Progress Association Hall D2683 Princes Hwy, Wandandian I www.wandandian.org.au I Booking Officer Anne Simpson 0405 527 655

Justices of the Peace

BACINI VIEW

DASIN VIEW		
Barling, Debbie		0411 275 656
HUSKISSON		
OLD EROWAL BAY		
Lord, Simone	4443 8300	
SANCTUARY POINT		
Flynn, Mark		0418 669 688
Hawkins, Paul	4443 8800	0417 219 260
Tyrrell, Leesma		0420 921 778
ST GEORGES BASIN		
Crass, Charles		0400 876 696
Creighton, Sandra		0411 245 188
Thomas, Jeff		0417 772 262
TOMERONG		
Askew, Matthew		0422 068 209
VINCENTIA		
Casmiri, Luciano (Lou)		0438 856 568

Local Services...Local Services...

Playgroups

Aboriginal Playgroup Mon 9.30-11am I Noah's Inclusion Services the old church 48 Paradise Beach Rd, Sanctuary Point I Ph Mel Harpur 4423 5022 or email mharpur@noahsark.nsw.edu.au

Sanctuary Point Sing & Play I Tues 9.30-11.30am at Sanctuary Point Connect I A free supported playgroup with music, craft and more I Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au

Splash Playgroup ■ Mon 9.30-11.30am ■ Paradise Beach Reserve ■ Renee 0423 606 559

Baby Playgroup – for babies 6 wks to 2 yrs #Thu 1-2.45pm at Sanctuary Point Connect #Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au

Little Steps – a playgroup for children not attending childcare II the old church 48 Paradise Beach Rd Sanctuary Point II Ph 4423 5022

St. Georges Basin Wed 9.30am #Cnr Tasman Rd & Terry
St. SGB # Melissa Horselman 0424 218 547 or find us on facebook

UPDATE YOUR LISTING

WE DON'T KNOW IF YOU DON'T TELL US!

Are Your ...What's On... Details Incorrect or Out of Date?

Email your updated information to editor@aboutbayandbasin.com.au



SUB-BRANCH BALLS

Contributed by John Blackmore

At the start of the 1950s, Huskisson was a village with around five to six hundred people living in it. Hvams Beach, Killarnev (now Erowal Bay), and St Georges Basin were the largest of the remaining population centres in what we now collectively refer to as the Bay & Basin. The number of permanent residents in all three of these localities was barely the total of those who lived at Huskisson. Sanctuary Point was called Royal Park Estate, with small numbers of residents living in scattered bushland settings and around the waterfront of the basin. Vincentia did not exist at this point, with only clusters of homes having been built in the area, one of which was near the village shopping centre that exists today. In Graeme Gibson and Meg Bishop's 2008 GROWING UP BY THE BAY book, it is stated that by 1950, "over 50,000 tourists were visiting the Bay each year.... Although the area had a small population." Huskisson was the hub of those who arrived during holiday times, although the middle months of the year in particular still remained very quiet ones for visitors around the mouth of Currambene Creek, and the nearby beaches around the shores of Jervis Bay.

Accommodation at this point focused on the guest houses that had existed for several decades, while a key movement saw camping formalised behind the sand dunes along Huskisson Beach.

Another point made in GROWING UP BY THE BAY was that among the permanent residents of Huskisson, "there was a strong sense of community. Everyone knew everyone else and nearly everyone went to dances or parties at the School of Arts". Today, the Huskisson School of Arts building is a popular cinema catering for residents of the Bay & Basin, visitors from other parts of the Shoalhaven, and tourists alike. Back in the 1950s, this building was a multi-purpose venue, with some movies being shown, as well as a range of other functions like ANZAC Day commemorations, public meetings, and school

functions being held there.

Having been formed in June 1947, Huskisson RSL sub-Branch was in its first decade of existence. A small parcel of land had been donated to it by the publican of the nearby Jervis Bay Hotel, Aub Rees. Aub also happened to be the founding father and first President of the sub-Branch at Huskisson. During his time as President, it was organised for a small memorial hall, or clubhouse, to be built for the foundation members and their guests. This was located down the slope of land behind the hotel, a little bit closer to the creek.

Approval for the building application had been recognised in a newspaper snippet in the Shoalhaven and Nowra News edition of Tuesday, 25th January, 1949. C.M. Henkel was acknowledged in this snippet as the builder. A plaque which has lasted down the years acknowledges a group of local volunteers who helped the builder to erect this hall for the fledgling sub-Branch. They were E.M. Davis, G. Donelly, H.M. Driscoll, G. Hudson, J.C. Ludowice, C. Mitchell, D. Oakley, W. Overall, and A Settree

Known as 'Mick' Henkel, the builder of the clubhouse had established himself as a building contractor in Nowra during the 1930s. A World War I veteran, he was an active member of both the Nowra Warriors Rugby League Club and the Nowra RSL sub-Branch. From 1950 to 1952, he was to serve as that sub-Branch's President, after which time he was made its 5th Life Member. 'Mick' Henkel also worked on the conversion of a small hospital on the eastern side of Bridge Road in Nowra in to the White Ensign Club. This was established in 1952 as a licensed social premises for the 2,000 naval personnel who were stationed to serve at HMAS Albatross in that decade.

For the Huskisson RSL sub-Branch, the 1950s was the start of a tradition which was to last during the remainder of the 20th century. In 1977, a three man committee had been looking



in to the origins of the sub-Branch. It consisted of Malcolm Guppy, Alan McDonald and Bob White. As sub-Branch President, Bob reported to the members at a meeting held on March 10th 1977 that "on investigation, he had discovered that the first Huskisson RSL sub-Branch Ball had been held 23 years ago, although no actual date of the occasion was available."

This ball was held in Huskisson School of Arts, being well attended by around 300 people. A group of debutantes were presented to the South Coast State Member of Parliament, the Honourable Jack Beale. The Ball was officially opened by Jim Keene, a foundation member of the sub-Branch who had served as its first treasurer. One photograph taken at what is believed to have been this first ball shows half a dozen of the young local ladies all dressed in their debutante outfits at this occasion. One of them was Miss Wendy Williams. She was the daughter of R.M. Williams, another foundation member of the sub-Branch

Known as 'Bill', he had attended the first meeting to form the sub-Branch in June 1947. Along with fellow foundation member A.A. Martin, known as 'Bob', the two of them had been the first men from Huskisson to enlist for defence force service at the start of World War II. Before leaving for that duty, Huskisson School of Arts had also been the venue for their farewell, at which both were presented with a gold watch on behalf of the community.

In the late 1950s, with the area expanding and the nearby permanent populations beginning to grow, the clubhouse that had been the venue for many wonderful social gatherings of sub-Branch members was under pressure. Membership had grown faster than expected, so it was deemed that larger sized clubrooms were required.

By February 1961, a fully appointed licensed club had been built next to the RSL clubhouse that had existed for a decade adjacent to the mouth of Currambene Creek at Huskisson. Shoalhaven Shire Council President Dr Francis Ryan officially opened the new premises. At this ceremony, he described them as a "step forward in the progressive development of Huskisson". Many people representing the broad sweep of

other district RSL clubs, a variety of community groups, as well as various shire council officials who had been involved in seeing through the project in its construction phase, were present for the occasion. All agreed that the club had a beautiful location, and was built with "a northern wall of glass to take advantage of the unique view of Jervis Bay and its beaches".

By the 1970s, all of the sub-Branch Balls were being held in the club's auditorium. 1972 saw a committee of three sub-Branch members, along with some ladies from the Women's Auxiliary, organise the ball for that year. It was held on Saturday, September 3rd, with Lyn Fowler's Orchestra engaged to provide the music.

In 1973, the 11th August was set aside as the date for the sub-Branch Ball. The Women's Auxiliary were allocated the task of selling tickets, with \$2.50 per person the cost of a ticket to attend. Formal Dress was the standard for all those attending, while a list of invited guests was decided upon. Ken Patterson acted in the role of Master of Ceremonies at this Ball. Two years later, when the sub-Branch Ball was held on July 5th, the cost of tickets had risen to \$3.50.

In 1977, after the Ball was held on July 23rd, at the August monthly meeting of the sub-Branch, the Women's Auxiliary were singled out for special thanks in the way they decorated the auditorium hall on the night. The following year, the Ball was held on July 1st, with ticket prices set at \$4 per person. An invitation was extended to the NSWRSL President Sir Colin Hines to attend.

At the end of the previous year, extensions had been completed to the Huskisson RSL Club premises. These were officially opened on November 19th, 1977 by His Excellency the Governor of New South Wales, Sir Roden Cutler VC, KCMG, KCVO, CBE. He went on to become the longest ever serving NSW Governor. As was pointed out in a South Coast Register article written that month, Sir Roden would have known that "some of the biggest clubs in the State had their beginnings in former Army huts, tin sheds, and former rooms of buildings."

Huskisson RSL was no different, having commenced three decades before that in a small, modest weatherboard clubhouse

Have you ever wanted a photo of yours to be on the cover of a magazine??

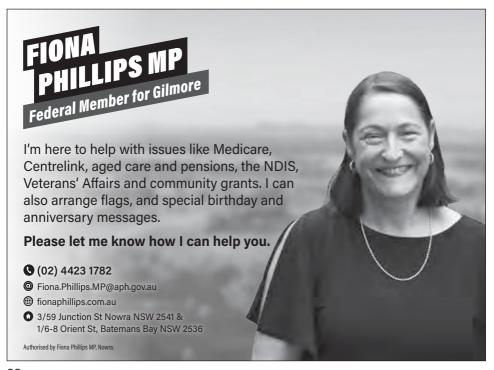
Here's your chance..... We always welcome photos from our readers to be considered for the cover shot of each issue of the About..... magazine. This opportunity is open to people of all ages and the photo must be taken in the Bay and Basin area which includes Wandandian, Bewong, Tomerong, Falls Creek, Basin View, St Georges Basin, Sanctuary Point, Worrowing, Old Erowal Bay, Erowal Bay, Hyams Beach, Huskisson, Vincentia and Woollamia.

Only digital submissions will be accepted. Images need to be 300dpi jpeg (no compression) and must be free of any text or watermarks. Name and contact details must be included as well as details of where/when the photo was taken. You will retain copyright of your image, but submitting your photo signifies acceptance that **About*** has the right to publish your photo at least once, with appropriate "credit" to the photographer.

Submit photos to editor@aboutbayandbasin.com.au

<u>Please note:</u> If the photos contain images of individuals, either adults or children, we will need written consent from the individuals concerned to print the photo. If the photo contains images of children under the age of 18, we will need written consent from their parent/quardian.

The About retains the right to publish any submitted photo entered in this competition in electronic and printed promotional material for the About We will not sell or give away the rights for use of your photographs to any third party without seeking prior consent. The About editorial team are the sole judges and no correspondence will be entered into regarding the final decision of the editorial team.







Biryani

courtesy of **f** Australian Home Cooks

INGREDIENTS

- 750g chicken thigh fillets, trimmed, cut into 3cm pieces
- 1/2 cup Tikka Masala curry paste
- 1 tbsp vegetable oil
- 1 tbsp butter
- 2 large brown onions, thinly

sliced

- 1 cup basmati rice
- 1 1/2 cups liquid chicken stock
- 1 cup thick greek-style yoghurt
- 1/3 cup mint leaves
- 8 small pappadums, cooked, to serve

METHOD

- 1. Combine chicken and curry paste in a ceramic bowl. Cover. Refrigerate for at least 3 hours, or overnight if time permits.
- 2. Preheat oven to 180°C. Heat oil and butter in a frying pan over medium heat until sizzling. Add onions. Cook for 15 minutes or until caramelised. Transfer chicken to an 8-cup capacity ovenproof casserole dish. Spoon onions over chicken.
- 3. Place rice into a sieve. Rinse under cold water until water runs clear. Sprinkle rice evenly over onions.
- 4. Place stock into a microwave-safe jug. Microwave on HIGH (100%) power for 2 minutes or until hot.
- 5. Pour stock over the back of a metal spoon over rice. Cover with foil then cover with a lid.
- 6. Bake for 1 hour 45 minutes or until rice is tender. Season with salt and pepper.
- 7. Place yoghurt into a bowl. Finely chop 2 tablespoons of mint leaves. Stir through yoghurt.
- 8. Spoon Biryani into bowls. Top with yoghurt mixture and remaining mint leaves.
- 9. Serve with pappadums.





Shoalhaven Libraries Sanctuary Point

Paradise Beach Rd Sanctuary Point, Monday – Friday 9.30am – 5pm Phone 4406 2076 Email sanctuarypointlibrary@shoalhaven.nsw.gov.au http://www.shoalhavenlibraries.com.au/Our-Libraries/Sanctuary-Point

It's May so that means National Simultaneous Storytime! Across Australia at schools, libraries, bookshops and more, the same book is read at the same time! So, let's celebrate and promote books, Australian authors and illustrators and highlight the value of reading and literacy for everyone.

This year we will all be reading "The Truck Cat" written by Deborah Frenkel, illustrated by Danny Snell and published by Hardie Grant Children's Publishing.

Some cats are house cats.

Some are apartment cats.

But Tinka is a truck cat.

Tinka lives everywhere.

Please join us at our regular **Storytime session on Thursday 22**nd **May at 10.30am**. There will be cat stories, songs, rhymes and lots of fun. After the story, make a little cardboard cat to take home. *Meow!* Suitable for kids aged 2-5 years. No bookings required, just come along.





ROBOTICS & CODING FOR SENIORS

Would you like to tinker and have a play with Sphero, Dash and Ozobot? Have a go at coding in the Scratch environment? Amaze your grandkids by sending them an e-card you coded and created yourself?

Come along on **Wednesday 14th May** from 10.30am-11.30am for a fun, interactive session with library staff. Bookings essential.

TECH SAVVY SENIORS

Sanctuary Point Library is offering a five-week technology training course commencing 5th June. Small group sessions will cover a range of topics including smartphones and tablets, online shopping, cyber safety, sharing posts and video calling. Bookings essential as places are strictly limited.



- Full Range of locally grown flowering ornamentals, screening, local species & bush food plants
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Shop 1/20 Paradise Beach Rd Sanctuary Point

Ph: 4443 3777



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- Servicing and repairs
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- Friendly, helpful advice
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Pick up your free Yellow Bin Fridge Magnet from Council Administration Centres, Shoalhaven Libraries or order one by calling 1300 293 111.

shoalhaven.nsw.gov.au



THINKING TOGETHER: Exchanges with the natural world 1 March – 8 June 2025 | Opening Weekend celebration 8 & 9 March

Introducing major new commissions by contemporary artists Robert Andrew, Alfredo and Isabel Aquilizan and Keg de Souza, presented alongside video works by Sorawit Songsataya and Tina Stefanou, and paintings by Martu Artists of central Western Australia.

bundanon.com.au

BUDDANON

Ngamaru Bidu, J. Biljabu (dec.), Kumpaya Girgirba, Bowja Gaye Patricia Butt, Noelene Girgirba (Lanky) Oates, N. Taylor (dec.), Ngalangka Nola Taylor, Muuki Taylor, W. Taylor (dec.), Kalyu, 2014 (detail), synthetic polymer paint on linen. Museum of Contemporary Art Australia. © Martumili Artists/Copyright Agency, 2024



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Shop 1, 5 Burton Street Vincentia Shopping Village



Basin Villages Forum

A Shoalhaven City Council Community Consultative Body

St Georges Basin Community Centre | 3rd Monday each month starting at 7pm

SIGNAGE REQUESTS BVF has written to Council to request the name sign at Larmer Avenue bridge over the currently named Cockrow Creek be removed as incorrect signage and replaced with Tomerong Creek.

The letter also requests Council to remove the dilapidated Island Point WWII plane base signage.



COASTAL MANAGEMENT PLAN St GEORGES BASIN

Exhibition of the SGB Plan closed on March 17 2025 and will be considered for final ratification on March 31 at the Central Costal Planning Committee.

This "High Priority Action" section of 23 pages covers both general and site specific strategies. Sites involved include Wandandian Ck., Old Erowal Bay, McLeans Pt., Erowal Bay sewerage, Blackett Park, Wrights Beach and Tullawarra Inlet

A specific inclusion of the Tomerong Ck.-Bherwerre Wetland precinct and support for a change to the criteria applying to development blocks ground works to cater for erosion, particularly in storm episodes, have been requested.

"OUT OF CHARACTER"

Chris Grounds contributed an outline of the BVF position of the Out Of Character Planning Proposal provided to SCC as a CCB submission to the public exhibition.

This was one part of the extended discussion that arose in the last meeting around this topic.

Clr. Lou Casmiri was invited to the meeting to explain his stance on the Character proposal.

The Mayor Clr. Patricia White, and Clrs. Gilliam Boyd and Jemma Tribe also attended and joined a lively discussion.

The point was made to Clrs. that the CCB experience over many years and with many Development Applications indicated a strong community dissatisfaction with the impact on the "Character" of the Basin towns and villages but that has involved enormous work and many frustrations for the local community, which continue today.



NEXT MEETING MAY 19TH

ST GEORGES BASIN COMMUNITY CENTRE, MERITON ST, STGB 7.15PM FOR A 7.30PM START - 9PM

YOU ARE INVITED - ALL ARE WELCOME! COME AND HAVE A CUPPA WITH US!



2025 MEETING DATES

Fri 30th May 10am to noon

Tues 24th June 6.30pm to 8pm
Fri 25th July 10am to noon
Tues 26th August 6.30pm to 8pm
Fri 26th September 10am to noon
Tues 28th October
6.30pm (AGM) to 8pm
Fri 28th November 10am to noon.

Meetings held at The Country Club St Georges Basin:

Contact Secretary

Gwen Price 0419 492 348 for further information

PO Box 99 Sanctuary Point 2540

e: sanctuarypointcommunitypride@ gmail.com

w: https://spcp.org.au/

Following on from flyers you may have received in your letterbox or social media ads you may have seen

WE NEED VOLUNTEERS

WANT TO DO SOMETHING LIFE CHANGING? WHY NOT VOLUNTEER AT VINCENTIA OR HUSKISSON PRIMARY SCHOOL AS AN ETHICS TEACHER!

Volunteers can be parents, grandparents or friends from the local community. Primary Ethics, the approved provider, offers full free training, lesson scripts and ongoing support.

The ethics program encourages children to develop their opinions through ethical reasoning and respectful discussion.

Ethics helps kids develop confidence and empathy. As a volunteer ethics teacher, you'll get a lot out of it too!

If you have an hour a week and want to ensure children at our school can access this valuable program, go to

https://primaryethics.com.au/volunteer/ethics-teacher/

OR contact

Marbecc for Vincentia 0407 150 967 OR

Suzanne for Huskisson 0421 279 156.







MUCKING IN

CLIFTON COMMUNITY FOOD GARDEN

Hours: Tues and Sat 9 to 12; Fri 2 to 5pm - Contributed by Colleen McIntyre

Our Fundraiser Day for May will be Saturday, 17th of May from 10am to 12 noon, in the last month of autumn. The garden will be groaning with the promise of produce, as we go into the winter months.

The members have worked hard to refurbish all the raised garden beds with compost and manure to enrich the soil for the crops. It has been very dry during the autumn season unlike last year when rain had us all working in our gumboots, wellies, galoshes and the like! A sustained campaign of watering, with light liquid fertilizers, such as comfrey tea, worm tea and seasol, have kept the young plants healthy and growing, with mulching so important too! Spinach, both Giant Ford Hook and English were planted out quite early in the season, followed by Peas, Lettuce and more Spinach for ongoing supply right through the autumn and winter.

Cabbages and cauliflowers were germinated in the greenhouse and planted out in mid-March. There will be a repeat crop planned for a months' time to continue the supply, and hedge our bets against the will of Mother Nature.

We have shared the first of the beautiful Dragon Fruit (Pitaya or Pitahaya) at morning tea, late in March, with more fruit to come. A delicious cerise flesh, tiny black seeds, mild sweet taste and enhanced with fresh lime juice. High in antioxidants and fewer carbs than other tropical fruit, it is reported to provide protection for the liver against cholesterol and fatty acids and prevent insulin resistance and inflammation.

Some of our members have grown this fruit successfully at home and we often have plants available at our fundraising mornings.

Another treasure we have grown successfully

in the garden is Old Man Saltbush (Purngep or Binga), an indigenous shrub appreciated in culture for thousands of years. A gorgeous silvery grey-blue edible plant, it was also used as medicinal by some groups.

Traditionally, the ground seeds were used in baking by some, while the leaves were considered useful for sores, burns and other wounds. It's the leaves that have attracted the culinary world of late. Nutritionally they are high in antioxidants and rich in calcium and protein. Saltbush has a fantastic flavour: a slightly salty, almost sea weedy personality that lends itself beautifully to sweet, buttery flavours like egg, creamy sauces, root vegies and pumpkin, or even as a replacement or alternative to salt in some cases.

After European settlers cleared the land for farming, the removal of native vegetation, including Saltbush caused a rise in the water table. The salinity of the soil was responsible for not only killing the salt-sensitive plants but also affecting the drinking water, animal habitats and other natural ecosystems. Saltbush uses moisture from deep in the soil, thereby lowering the water table, making the topsoil less saline and more usable.

Do mark your calendar and visit the Clifton Community Food Garden on Saturday, 17th of May from 10am to 12 noon; follow the progress of the planting and enjoy the friendly atmosphere of this productive space.

Check the progress of the tamarillo tree and maybe try chutney or relish using this favourite of New Zealand. Apparently, yes, they had it first. Mmm!





Chamomile (anthemis nobilis)

Brad Wilson - Herbalist



Keep Calm with Chamomile

Chamomile tea is not the sort of beverage you are likely to be ordering across the bar at the local watering hole, yet by the end of the evening, it's probably just the sort of drink that you need. In fact, before hops came along, chamomile beer was a big thing. People brewed beer out of anything they could find, including chamomile flowers. Of course you can still brew it today medicinal beer. That's got to be a good thing!

In one form or another, people have been consuming chamomile for at least 4000 years. We know the Ancient Egyptians loved it. That's because it works. It is a pain reliever an anodyne. In those days it was a remedy for just about everything, from aches and pains to delirium tremens. These days it is generally used as a natural alternative to analgesics such as paracetamol, and also as a soporific to send you off to La La Land in the evenings. It is particularly useful for pains in the tummy – intestinal issues. It relieves cramps and spasms. It is handy for mouth irritations, headache, neck ache, tight muscles and "the blues".

You are likely to come across two types: Roman Chamomile which is the "official" chamomile or sometimes called English Chamomile, and German Chamomile which is a different plant. Both relieve pain. The German variety is sometimes called "wild" chamomile and it is more bitter tasting than the Roman. There are several other species, but they are not for drinking.

The delicate oils in the flower quickly sublimate under heat, in the same way that coffee gives up its best flavours to the air as soon as you pour on the hot water. To give chamomile its best chance, keep it in a sealed glass jar once you have opened the packet and while it's brewing keep a lid on your cup to stop the steam escaping. Let it brew for 10 minutes – with the lid on the cup it will stay hot. You can always dilute it down with a bit more water if it's too bitter

Chamomile is a very hardy plant and not difficult to grow. It's a "self seeder". Once it gets going it goes well. It is a "prostrate" herb, meaning it grows low and spreads out quickly. It has lots of little yellow flowers which is the main source of the healing oil.

As well as having it in your herb garden you can plant it right where you walk. That's because chamomile is also a "steppable" – it likes to be stepped on. A bit of abuse actually makes it stronger and more hardy. As a bonus, when it is crushed it gives off a strong scent similar to apples. For that reason it is sometimes called "ground apple" – the word chamomile from the original Greek means exactly that. Some people take this to the next level and plant out an entire chamomile "lawn" as a groundcover. You get the smell of apples in every step.

So if you are starting to feel like a doormat these days and everyone is walking all over you – even the dog, cheer up and drink some chamomile tea and take a leaf from this old poem from the Middle Ages:

> "I ike a camomile bed – The more it is trodden The more it will spread".



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HUSKISSON PUBLIC SCHOOL

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Power FM Visits Huskisson Public School!

Thursday April 3rd, was a day to remember! Power FM brought their *Back to School* broadcast to our grounds, filling the air with excitement (and the delicious smell of the Year 6 fundraising BBQ).

The real showstopper? A Navy helicopter landing right on the oval! Year 6 students had a blast playing Scatterbrains, and the whole school came together to celebrate an amazing term.

A huge thank you for all the generous donations, especially our wonderful helicopter cake from the Husky Bakery—what a fantastic way to wrap up!

Teacher Professional Learning Supporting Student Learning Through Explicit Teaching

This term, our teachers have been focusing on two key teaching strategies: 'Checking for understanding' and the 'Gradual release of responsibility.' These strategies help ensure that students not only receive information but truly grasp and apply their learning.

During a recent professional learning session, our teachers reflected on what learning feels like from a student's perspective. We





acknowledged the importance of clear classroom routines, well-paced lessons, explicit instruction, and positive reinforcement in creating a supportive learning environment.

We also explored a powerful analogy: learning is like a running relay. A successful baton exchange only happens when the receiver gets a firm grip. From a distance, it may look instant, but in reality, learning doesn't happen that way. Knowledge doesn't simply jump from teacher to student—it requires careful guidance and support.

At Huskisson Public School, we emphasise the 'We do it together' stage of learning, where teachers model and guide students before they take on tasks independently. Our goal is to ensure every student experiences success in their learning journey, building the confidence and skills they need to thrive.





What's been happening at

St Georges Basin Public School

What a great start to the year! Our school has truly been filled with positivity in Term 1, thanks to a variety of exciting learning opportunities and vibrant school events. From engaging classroom activities that spark creativity and collaboration among students to uplifting events that bring our school community together, every moment has contributed to an enriching atmosphere.

School Disco









Attendance Rewards Congratulations to all our classes who have received a special treat for the highest attendance in Term 1. We are so proud! To celebrate this achievement, we provide the weekly winning classes with delicious ice blocks! This special treat is a small way to recognise your hard work making it to school consistently every week. Keep up the great work.



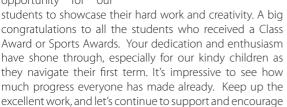












one another as we move forward together!













VINCENTIA HIGH



It's been a fantastic start to the year in Agriculture! The animals are loving having the students back and all the attention they bring. Our gardens have been highly productive, yielding a variety of fresh produce, including pumpkins, cherry tomatoes, potatoes, a range of herbs and eggs. We have also been selling our fresh produce, giving students the opportunity to see the full cycle of farm-to-table production. Excitingly, our gardens are undergoing an overhaul – stay tuned for updates!

In the classroom, our Year 8 students have been introduced to the fundamentals of Agriculture, exploring topics such as climate, weather and the history of Australian agriculture. Year 10 students have focused on cattle production, gaining valuable insights into the industry.

Our HSC students have been studying animal production, applying their learning through hands-on husbandry practices with our school sheep. Meanwhile, Year 11 agriculture students have kickstarted their HSC journey with an in-depth overview of agriculture, including a detailed case study of a local farm.

We're
looking
forward
to another
great
term of
hands-on
learning and
agriculture.





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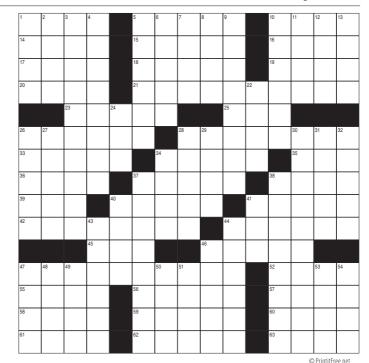


Across

- 1. Peter I, for one
- 5. Border plant
- 10. Call to a mate
- 14. Altar locale
- 15. Gibson garnish
- 16. Ice cream treat
- 17. Quarterback's option
- 18. Girder material
- 19. Comedienne Imogene
- 20. "Halt!"
- 21. Verse of four measures
- 23. Show fear
- 25. Dead letters?
- 26. Kind of cord
- 28 Chill out
- 33 Unrefined
- 34. Energize (with "up")
- 35. Block
- 36. Hourly charge
- 37 Stake
- 38 Look after
- 39. Chowed down
- 40. Neglected boy
- 41. Abstain
- 42. From the age of chivalry
- 44. Plow's trail
- 45. "Gosh!"
- 46. Heart line
- 47. Smelly pranks
- 52. Desire
- 55. Fashion designer Chanel
- 56. Circa
- 57. Showy flower
- 58. Unpleasant emanation
- 59. Hangman's knot
- 60. Air show stunt
- 61. Strengthen, with "up"
- 62. Dissuade
- 63. Kitty starr

Down

- 1. Last call?
- 2 Cross words
- 3. Kind of press
- 4. Answer
- 5. Inexpensive lodging
- 6. Script direction
- 7. South Beach, for one



- 8. Suffix with theater
- 9. Darkroom apparatus
- 10. Click the OK button
- 11. Knee-slapper
- 12. Enough, for some
- 13. Academic period
- 22. Personal air
- 24. Is no longer
- 26 "Beat it!"
- 27. Go on and on
- 28. Watch
- 29. Square
- 30. Mental lapse
- 31 Ballroom dance
- 32 Fund
- 34 Buddhist leader
- 37. Range of frequencies
- 38. Tex-Mex staple
- 40. Nerdy one
- 41. PETA peeve
- 43. Slight, in a way
- 44. Encourage
- 46. Bullying, eq.

- 47 Kilt wearer
- 48. Type of list
- 49. Desktop feature
- 50 Double-reed instrument
- 51. Kind of court
- 53. Congeal
- 54. Hoopla





KIDS E

Q. What did the mum broom say to the baby broom?

A. Go to sweep!

Q. What did the mummy tomato say to the baby tomato?

A. Catch up!

Q. What did mummy spider say to baby

spider? A. You spend too much time on the web.

Q. What kind of sweets do astronaut mums like?

A. Mars bars.

Q. Why is a computer so smart?

A. Because it listens to its motherboard.



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HUSKISSON PICTURES



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