

# About.....<sup>©</sup>

**Our Bay & Basin**

**NOVEMBER 2024**

Vol 21 Issue 10

Celebrating Men's Health Champions

**INTERNATIONAL  
MEN'S DAY 2024**

Bay & Basin Cancer Support Group

**DEVONSHIRE TEA  
& CRAFT TABLE**

Shoalhaven Family History Society

**RECYCLE AT  
YOUR PERIL**

*Looking over Jervis Bay from Point Perpendicular  
Photo by Maree Clout*

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## Featuring in this issue .....

### **3 New Place Park now open to public** Another community facility supported

*Looking over Jervis Bay from Point Perpendicular – photo by Maree Clout*

#### **8 International Men's Day** Men's Health Champions

#### **13 A Passion for Plants** Well done to Olivia

#### **16 Tech Help Tuesday** @ Sanctuary Point Library

#### **17 Who's Moving?** Bay & Basin Physio

#### **19 Recycle at your Peril** Shoalhaven Family History Society Inc.

#### **20 Community Noticeboard**

#### **22 What's On**

#### **28 About .....® Monthly Feature** The Tourists' Guide

#### **34 Some great gift ideas** from Noah's Inclusion Services

#### **36 About .....® Local History** A Snippet of Tomerong – School Days

#### **39 Schools Corner** HPS, VHS & VPS

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## A Word from the Editor

WELCOME TO OUR  
NOVEMBER EDITION OF THE

**About .....** MAGAZINE.

Wow, it's November already, where did that year go.

November is sometimes better known as

 **MOVEMBER®**

There are a number of ways that you can get involved and help out this worthwhile charity.

- **Grow a moustache** – raise funds for men's health with a Mo of your own
- **Move for mental health** – 60km for the 60 men lost to suicide each hour across the world
- **Host a Mo-Ment** – It's all about having a good time for a good cause
- **Mo your own way** – choose your own adventure

**For all the details and register go to <https://au.movember.com/>**

This months must reads:

- Achievements – Page 13
- The Tourists Guide – Pages 28 & 29
- What Lies Beyond – Slovenia – Page 31

Regards and happy reading, Editor



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# NEW PLACE PARK FOR COMMUNITY CENTRE & ADDING TO THE TEAM



As November begins, I'm thrilled to share the most recent addition to our team. Please join me in welcoming Tayla to the Community Bank team.

Tayla joins our team as our new Customer Relationship Officer. Since the age of 7, Tayla has called Sanctuary Point home. Her career in banking began 3 years ago, and Tayla's main interests include sport, music and playing with her two dogs.

Please join me in welcoming Tayla, who joins Donna, Kat, and Angelina to round out our team.

I invite our community to pop in to say G'day to Tayla and the team. We'd love to chat with you and explore ways we can provide value to you.



We were happy to fund the materials for the new Place Park at the Sanctuary Point Youth and Community Centre, which has now opened to the Public.

Local students from Sanctuary Point Public School and Vincentia High School completed the painting of the poles (photo above).

The park looks amazing and is yet another local project we have been proud to help bring to life. A fantastic outcome for all parties involved. The more the people within our community bank with us, the more we can give back through projects like this.

**Until next month, have a safe November.**

**Luke Nolan - 4443 9825**

# Basin Villages Forum

CCB for StGB Villages / [basinvillagesforum.asn.au](http://basinvillagesforum.asn.au) / PO Box 37, St Georges Basin 2540

Discussion held re Council elections, new Ward 2 and 3 Shoalhaven City Councillors will be invited to attend Forum monthly meetings.

Also

- **Outcomes for Worrowing Creek rubbish – The Old Wool Rd – Library update** – response to request rangers check on free roaming dogs and dog droppings in SGB area.
- **Parsons Funeral Parlour** official opening held and the purpose built state of art funeral chapel and function centre ready at Wandandian.
- **Weekend of First Nations Film Festival** to be held at Huskisson on weekend of 20th to 22nd October with reports of great response with tickets almost sold out.
- **SCC Transport Study with bus trial in November** to include Sanctuary Point. Request to State Govt to trial on demand bus service. Comment submitted by BVF
- **Amendment to Shoalhaven Local Environment Plan** re proposal to include character of local villages with all development proposals submitted to Council and State.
- **Survey to all candidates taken from Community Led Bay & Basin Strategic Plan** and responses discussed. Some disappointing responses.
- **Wards 2 and 3 areas** discussed as some confusion re boundaries.
- **Sussex Inlet report** raising awareness off safety during major catastrophic events relevant to SGB.
- **Southern Cross Community Housing (SCCH)** future project of 100 homes in SGB discussed. Representative from SCCH to be invited to Forum meeting.
- **'Spring into Sanctuary Point'** on 19th October highlighted.
- **'Coffee with a Cop'** project great idea to assist local community members and police officers chance to get together and discuss issues. Possible speaker for BVF meeting.

**Basin Villages Forum meets**

**7.30pm every 3rd Monday**

**of each month at**

**Meriton St Community Centre SGB.**

**Next meeting 18th November  
and is the final meeting for 2024.**

**BVF to recommence**

**17th February 2025.**

**Enquiries 0424 10 0051**





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**Ismail Larney**  
*Dental Prosthetist*

Ish became involved in Dental Prosthetics (Denture making) through his passion for painting and sculpting. From a very young age he carved his family's firewood. He was able to link his passion for carving and sculpting to his career and by restoring the facial features of maxilla facial patients.

He manufactured artificial eyes, noses, ears, cast metal splints and obturators for many years at the Sydney (United) Dental Hospital.

Ish has over 30 years experience in making dentures. He became a dental tutor in 1986 and recently retired from teaching however, his retirement was short lived and Ish has now opened a private practice in Vincentia so he can continue doing what he loves best.

When he is not in the practice Ish does voluntary work with Poche Centre for Indigenous Health (University of Sydney).

**Come in and have a chat, we are here to help!**

**Ish 0410 683 658**  
**Bianca 0438 130 487**







# A busy month for us here at Community Pride

As this article is being written, Sanctuary Point Community Pride members have been very busy preparing for the annual Spring Into Sanctuary Point fair which was held on Saturday 19th October 2024.

There is always much work behind the scenes for the fair to be successful and gives other community groups a chance to show their aims and activities.

Council has given permission for the fair to be held once again at Francis Ryan Reserve, Sanctuary Point. Funding from Liza Butler MP, Member for South Coast, and Shoalhaven City Council enables a better sound system for the fair. Entertainers and Stallholders have been invited and allocated positions.

Members have been collecting prizes from our generous local businesses for the lucky gate draw. A full report on the fair will be provided in the next edition of *About .....*

We have also been selling tickets to our raffle with this year's proceeds being donated to the St Georges Basin Food Pantry at the Uniting Church in Meriton Street. We are very grateful to the businesses who donated prizes – Symone's Avenue of Beauty; Sanctuary Point Garden Centre; Anytime Fitness Vincentia; and Joan Hall who once again donated two beautiful hand crocheted rugs.

Our members set up stalls in front of the Sanctuary Point IGA, the St Georges Basin shopping centre, and we also express our

appreciation to The Country Club St Georges Basin for allowing us space on Friday evenings. We thank everyone who bought a ticket to support this worthy cause.

As explained in our article in the July *About .....* our President Christine McInerney Percy has spent many hours designing our Sanctuary Point Map to show places of local interest for residents and visitors alike. Once residents have had a chance to comment on the draft, the nexus project will be sent to the printers. The map is intended to be distributed widely and placed on our website [www.spcp.org.au](http://www.spcp.org.au)

As all this work wasn't enough, our Committee has been working on updating our Constitution. After 13 years it was time to reexamine and modernise our aims and ambitions. However, fostering pride in our community remains an important goal for SPCP and the Spring Into Sanctuary Point fair is an example of this.

Our volunteer members and supporters are very valued and we greatly appreciate any amount of time they can offer. The tasks are varied and interesting.

If you would like more information our email address is [sanctuarypointcommunitypride@gmail.com](mailto:sanctuarypointcommunitypride@gmail.com) or phone our Secretary Gwen Price on 0419 492 348.

## Bay & Basin Cancer Support Group

### DEVONSHIRE TEA AND CRAFT TABLE

**Wed 4th Dec 2024**



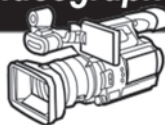
A **Devonshire Morning Tea** will be held on **Wednesday 4th December 2024 from 10am-1pm at The Country Club – St Georges Basin** to support our local Bay & Basin Cancer Support Group.

A \$5 entry entitles you to a sumptuous MORNING TEA with tea or coffee, Spinning Wheel, Lucky Door Prize and also raffles during the morning.

Come along and support the Bay & Basin Cancer Support Group and bring a friend, enjoy a chat and check out our hand made craft with lots of Christmas gifts to purchase.

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The Community Crop is located at St Georges Basin Baptist Church, 165 The Wool Rd (opposite Shortcut Rd).

Produce is available for all in our community and anyone who has surplus in their garden is also welcome to drop off if you would like to share with others.

Produce will vary depending on season.

More info on  Community Crop.



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INTERNATIONAL MEN'S DAY

19 NOVEMBER 2024

## 2024 THEME: Men's Health Champions

**Improving men and boys' health, is one of the six key objectives of International Men's Day on Tuesday 19 November, and the "Men's Health Champions" theme responds to this commitment.**

A key aim of International Men's Day (IMD), is to highlight some of the social issues that men and boys face, including the surprising fact that 50 Australian men a day are dying from preventable causes, before they reach the age of 75.

Australia is one of the healthiest and wealthiest countries in the world and yet men born in Australia still die an average of 7 years younger than women born in Australia.

Australia also leads the world in taking action for men's health and this IMD we want to celebrate the Men's Health Champions around the country, who are working to improve the lives and health of men and boys.

The IMD 2024 theme – Men's Health Champions – will help shine a spotlight on both the problems of men's health and the people delivering the solutions, with the help of four sub-themes:

### 1. Building Healthy Communities

Celebrates people around Australia who are helping to build healthy communities where men and boys can thrive. These Men's Health Champions can be found in every State and Territory, in every town and city, in every community around Australia.

**2. Look out for your mates!** Encourages all Australians to reach out to the men in their families, lives and communities who may be struggling. We believe that men's health is everyone's business and one way we can all be Men's Health Champions is looking out for our mates, particularly when they are doing it tough.

**3. Take action, stay healthy!** Is a rallying call to all Australians to do more of the things that help us live happy, healthy lives. We're inviting organisations and communities all over Australia to use International Men's Day 2024 as an opportunity to promote activities that keep men and boys healthy. Check out our IMD events calendar where you'll find lots of opportunities to be a Men's Health Champion by taking action and staying healthy.

**4. Creating a healthier future!** Is an important reminder that men's health is a social issue, not just an individual issue. International Men's Day is a good time for Government, public services, big businesses, NGOs and the media to focus on the collective action we can take, to make the world a healthier place for everyone, including men and boys. From politicians to sports personalities, from business leaders to charity bosses, we can all be Men's Health Champions!

### Why we have an International Men's Day

In Australia, IMD is a great opportunity to take part in a global conversation about manhood, masculinity and men's issues by:

- Highlighting some of the social issues that men and boys face
- Highlighting some of the social issues that men and boys face
- Making a difference for the men and boys in your community
- Celebrating men and boys in all their diversity
- Having some serious fun in the process

Many people also use the day to highlight some of the key social issues that men and boys around the world face. In Australia, these "men's issues" include the fact that:



- 3 out of 4 suicides are men
- 2 out of 3 violent deaths are men
- Men die 6 years younger than women on average
- Boys underperform girls at every stage of education
- Dads who want to be more involved in their children's lives face a range of barriers

Despite the overwhelming evidence that men and boys face a range of issues related to their physical, mental and social health and wellbeing, many people still persist in promoting a range rigid gender stereotypes and clichés like: "Man Up"; "Boys don't cry"; "Men and boys don't need help"; and "Every day is International Men's Day"

## How to take part in International Men's Day

People can hold their activities and celebrations before or after the main event. Everyone can take part in International Men's Day:

- You can set up an event yourself and promote it on the events calendar
- You can use the events calendar to find an event to attend
- You can use some of our resources to get involved in the International Men's Day conversation online
- You can give a talk about men using our KNOW YOUR MAN FACTS presentation toolkits.
- You can use the hashtag #HealthyMen

**Is International Men's Day really for everyone?** International Men's Day recognises that there are a broad variety of laws, values and viewpoints around the world that affect men and boys in different countries, in different ways.

There is also a diversity of opinions about those laws, values and viewpoints, which are held by people of different genders and gender identities throughout the world.

International Men's Day places a focus on that which unites humanity, giving everyone who wants to celebrate International Men's Day the opportunity to work together towards the day's six key objectives, which apply equally to all males irrespective of their age, ability, social background, legal status, race, beliefs, sexual orientation or gender identity.

It doesn't matter who you are, every individual is free to celebrate International Men's Day.

## Six objectives of International Men's Day

There are wide variety of ways you can mark International Men's Day. As a general rule, the majority of celebrations share one or more of the following objectives:

- Valuing male role models
- Acknowledging the contribution of men and boys
- Improving male health
- Tackling discrimination and disadvantage
- Fostering positive gender relations
- Making the world a safer place for everyone

Check the events in your area please visit <https://www.internationalmensday.info/>. This website is full of helpful and informative information and resources. Info sourced from <https://www.internationalmensday.info/>

# #MensHealthChampions #HealthyMen



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## bagan bariwariganyan echoes of country



Aunty Cheryl Davison, *Ngaraal*, 2024, screen print (detail)

170 Riversdale Road, Illarook NSW  
20 minutes west of Nowra.

**Art Museum** | Wed-Sun, 10am-5pm  
**Ramox Café** | Wed-Sun, 10am-4pm

Aunty Cheryl Davison  
Aunty Julie Freeman  
Jonathan Jones  
Mickey of Ulladulla

This exhibition *bagan bariwariganyan: echoes of country* upholds & maintains Aboriginal values & kinships, featuring an immersive gunyah (home) installation including drawings by the significant Yuin artist Mickey of Ulladulla, a solo exhibition of paintings by Aunty Julie sharing grandmother stories of local plants, animals and weather patterns, & a new installation by Aunty Cheryl, representing the importance of Burrawang seeds, a key traditional food source. Connected through new soundscapes, the exhibition sings the stories of this place, celebrating local traditions & the ongoing collaboration of these artists & cultural leaders.

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## Shoalhaven Prostate Cancer Support Group

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- Discuss the possible impact on partners, family and work
- Learn from speakers including medical professionals
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**WHEN:** 2nd Monday from 10.30am

**WHERE:** Coastal Waters Conference Room,

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## Jervis Bay Lions Club



Lions is an international organisation with strong links to helping the local community and has been operating for over 100 years.

We support local groups such as schools, hospitals, medical research, assistance for the blind and deaf and also individuals in need in the local community.

Incorporated in this work we also have a lot of fun and friendship with a dinner meeting once a month plus social outings..

We can be found at the Huskisson Markets on the 2nd Sunday of each month with our famous "Lions Van" and jumping castle for the kids. We are always on the look out for new members.

More info go to <https://lionsclubs.org.au>

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**CAREER FOCUS:** TAFE NSW Nowra horticulture graduate Olivia Williams has recently been awarded a prestigious national scholarship.

## HOW TAFE NSW NOWRA HELPED OLIVIA CULTIVATE HER PASSION FOR PLANTS

Contributed by Dan Johns,  
TAFE NSW Communications Specialist 0477 722 428

*"When I got the call telling me I'd been awarded the scholarship, I almost dropped the phone," Ms Williams said.*

She plans to use the scholarship money to travel abroad and explore her interest in species conservation and bush regeneration.

*"I'm really interested in the intersection point between horticulture and conservation and this will be an amazing opportunity to explore how other countries are doing this," Ms Williams said.*

According to the Australian Government's Job Outlook, the nation's gardening services industry is in a strong growth phase, generating annual revenue of nearly \$3 billion by the end of 2024.

Ms Williams said the TAFE NSW Nowra course gave her the job-ready skills to make an immediate impact in her role.

*"My teacher was so experienced and was able to pass that experience onto the class," she said.*

*"I also got a lot out of the plant identification unit and enjoyed going out into nature and doing my own research for the assessment."*

TAFE NSW Head Teacher of Horticulture Ben Garner said Ms Williams was one of a growing band of emerging female horticulturalists making their mark on the industry.

*"Horticulture is a very exciting industry to be a part of right now and it's great to see TAFE NSW graduates like Olivia having such success," he said.*

*"This is another great example of the real-world skills TAFE NSW gives its students as it trains the workforce of the future."*

**A TAFE NSW Nowra graduate whose passion for horticulture was forged in the rugged alpine mountains of Austria has been honoured with a prestigious national scholarship.** Olivia Williams, 23, had never considered a career in horticulture before embarking on a gap year as an exchange student in Austria, where she was billeted to a family that ran a business specialising in endemic plant species.

It unlocked a love of horticulture in Ms Williams, who upon returning to her Jervis Bay home, turned her back on an offer to study linguistics at Sydney University and enrolled in a Certificate III in Horticulture at TAFE NSW Nowra.

She was offered a horticulture apprenticeship at Schutz Landscaping in Tomerong and after completing her apprenticeship early this year, now co-manages the nursery section.

Ms Williams was recently announced as one of 25 national winners of the Global Footprints Scholarship, which grants \$9,000 to recipients in the agriculture, horticulture or trades fields to travel overseas for industry experience and professional development.





# MUCKING IN

## CLIFTON COMMUNITY FOOD GARDEN

Hours: Tues and Sat 9 to 12; Fri 3 to 6pm – Contributed by Colleen McIntyre

**Lots and lots of weeding has taken place in the Heritage Herb Garden, since the heavy rain.** The soil has finally dried out at the lower boggy end. There have been many additions for soil improvement over the last 6 weeks and the results are shining through.

Sand, spent mushroom compost rich in pea straw, chopped horse manure and our own compost have been added and allowed to settle in. As a result of this, there have been seeds germinate of plants we grew in the garden several years ago, and that includes warrigal green or native spinach.

Parsley and Coriander seedlings have appeared from the previous crop and the Echinacea have multiplied and grown again after the winter dormancy. Flanders poppies have again flourished and promise to make a rich red flurry in November for Remembrance Day.

Lavender, Pyrethrum, Feverfew and Borage are all flowering. Borage is quite a large multi stemmed plant with bright blue flowers which appear in clusters at the top of each branch. An important plant for the vegetable garden as it attracts bees and other pollinators to the area. All this plant is edible, the flowers being the most popular and used in high-end restaurants on their food as a garnish. One, in Melbourne, has even featured the borage flowers in their unique spring seasonal flower tart.

As there is a renewed interest in using fresh herbs and spices in tea, we have added a few new plants to the herb garden. Rosella, Elderberry and Stevia are the new additions with the Lemon Verbena being replaced by three new plants.

It was difficult to get them, so we panicked, just to ensure we are not without it. It is the favourite! The soft lemon flavour it imparts makes it useful in many recipes and a refreshing cuppa,

sweetened with stevia is a healthy pick me up. The Rosella is in the Hibiscus family and all parts of the plant are usable and high in Vitamin C. Leaves are used in salads, stir fry and curries, the flowers and fruit for jams and cordial the calyx for cordial, jams and tea and the seeds can be used in baking.

Other flowers which are edible are the whole nasturtium family, violet, chives and calendula, to name just a few.

Flowers of vegetables allowed to go to seed like radish and carrot are also used in cooking for seasoning and decoration to savoury and sweet dishes. These flowers also attract pollinators and beneficial insects, repelling the not so desirable ones from the vegetable garden.

In October, we held a tea making workshop at the garden, featuring fresh herbs, to explore the different flavours and effects which can result. These natural drinks can impart excellent results for personal health and wellness, many improving the function of the human body. It is exciting to rediscover these uses and benefits.

One of our founding members, Sommer, who is an Herbalist, was the presenter, guiding us during this fun and inspiring morning. Thank you again!

Another of our members lent us her wonderful collection of tea pots used for many previous events and we used cups and saucers, yes..... So elegant! Win! Win!

**The flags will fly at 10am till 12 noon for our November Open Day on Saturday 16<sup>th</sup> November** and it is the most exciting of the year as it gives our visitors the chance to stock up with the popular pickles, chutney and preserves for Christmas gift giving. Valued as a special gift for so many occasions, they are ideal to have a few on hand.

**BARLEY (*hordeum vulgare*)**

Brad Wilson - Herbalist



**Juice of the Barley** *What is barley?* There's really only one thing you need to know about barley: when it's soaked in water, the water becomes a nourishing drink. Add a little hops and that drink becomes beer.

As a child, I was intrigued by an ad on TV - "*Robinson's Lemon Barley, good and refreshing*". I remember thinking "Good for what?" I didn't know what barley water was, whereas the two tennis players on TV not only knew, but loved the stuff and started hitting aces. I was also vaguely aware that skulking in our cupboard since 1961 was a mysterious little packet called pearl barley. What in the world was that?

For starters, barley is a cereal - same as cornflakes, except you won't find a box of barley next to the Froot Loops and Coco Pops. Instead you will find barley on the bottom shelf next to the lentils. It's called "pearl" barley because it's had the husk removed and the grain polished - though calling it "pearl" is a bit of a stretch.

On its own, pearl barley added to water is a tonic.

**What is it good for?** Well, like Robinson you can make your own barley water. Or you can add barley to soups and stews to give them "body". Or if you need more friends try making your own beer. To illustrate, here's a quaint drinking ritual from those "good old days"....

Once upon a time in the land down under, all dedicated drinkers paid homage to the "*6 o'clock swill*", where in the hours prior to 6pm, beer would be consumed at a high flow rate.

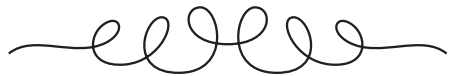
It came about because by law, Public Houses were obliged to stop serving the golden nectar at 6pm sharpish. This encouraged workers fresh from a hard days toil to stop by for "*a quick one*" - rather than rush back to the family castle.

With the clock ticking away, patrons consumed as many cleansing ales as possible while singing "*Roll Out the Barrel*" and "*Knees up Mother Brown*" and saying "*Your shout, mate*".

Intoxicated revellers would return to their dear wives standing in the doorway with a rolling pin and sustain multiple injuries to their upper person.

After enjoying a dried out roast dinner with congealed gravy, they would be furnished with a fluffy blanket and allowed to curl up with Cujo in the kennel.

**Barley water** - Boil barley in water for 20 minutes then strain off (you keep the liquid not the barley). Add lemon juice or sugar or both.



## **Bay & Basin Fencing**

★ Colour Bond ★ Tubular ★ Gates

★ Weld Mesh Steel ★ Chain Wire

0456 198 507



# Shoalhaven Libraries Sanctuary Point



Paradise Beach Road Sanctuary Point, Monday – Friday 9.30am – 5pm Saturday 9.30am – 12.00pm

Phone 4406 2076 Email [sanctuarypointlibrary@shoalhaven.nsw.gov.au](mailto:sanctuarypointlibrary@shoalhaven.nsw.gov.au)

<http://www.shoalhavenlibraries.com.au/Our-Libraries/Sanctuary-Point>



## 2024 Reading Challenge

There is still time to join in the Shoalhaven Libraries 2024 Reading Challenge for the chance to win a great prize!

Choose from a range of categories including an award winner, a true story, a love story, a First Nations voice and more. You only need to read four categories to enter, and you can enter as many times as you like! Ask at the desk for an entry form.

Not sure what to read? Ask one of our friendly staff for a recommendation. Closing date is Friday 29<sup>th</sup> November.

## December Holiday Reads

Feeling stuck and not sure what to read next? We are always happy to help with selecting titles we think you will enjoy. During December, why not ask us to pick you some great summer reads? Drop off a library bag to Sanctuary



Point Library from Monday 2<sup>nd</sup> December and we will pick you up to six books we think you will love. Come back in a few days and collect your selected books ready to enjoy on your summer holidays.

## Tech Help Tuesday.

Tuesdays 3pm-4pm.

If you have a quick computer question or need help with your device, including smartphones and tablets, book in to a free 15 minute session with one of our staff members at Sanctuary Point Library on Tuesday afternoons. We will do our best to help, and if we can't find an answer for you, we'll guide you to additional help.

If you are bringing a device with you on the day, please let us know what it is at the time of booking!

Note: For more in-depth requests, a one hour training session with a library staff member is available on request. Sessions can include introductory or advanced internet and technology training covering email, tablets, social media and more. The cost of this service is \$30/hr. ■



 <b>HUSKY Sports</b> <small>Our community club</small>		<h2>What's happening in NOVEMBER</h2>	
2nd	The A Team	9th	Three Sheets
5th	Melbourne Cup	16th	Dirty Byrd
	Last Chance Honey	23rd	Rock Addicts
	Smorgasbord Lunch	30th	The Spencer Band
			
<b>MINI GOLF</b> Open 10am. Bookings preferred last booking 4pm		<b>MEAT MARKET</b> <b>THURSDAYS</b> Tickets on sale 6pm; Draw from 7pm	
<b>336 Huskisson Rd.</b> <b>Ph: 4441 5135</b> <i>Information for Members &amp; Guests</i>		<b>LUCKY 88 CHINESE RESTAURANT -</b> <b>4441 7063</b> Lunch 12-2pm; Dinner 5-8pm Dine In Bookings Essential; Takeaway: Pick up from side entrance Kioloa Street	





We Are  
**MOVING**



**The rumours are true! Bay & Basin Physio are moving.** After 25 years in Sanctuary Point it's time to say hello to St Georges Basin!

Many of you have watched the progress of our new building at 142 Island Point Rd over the last few months. To the dog-walking-lady who really hoped we'd be a bakery, I'm sorry, but to all our physio clients I'm sure you'll be thrilled with our fresh new fit-out and spacious clinic gym.

We're on track to open at St Georges Basin on 5th November where Helen and Sharon will be excited to welcome you to our new space. Merryn and Jess will continue to provide the professional care you know and trust, while Marni is still enjoying her maternity leave.

**And one last surprise.....** long time local physio Bill Stahlhut will be joining our team at Bay & Basin Physio!

After just as many years in the local area, Bill will be returning to the Basin to continue his long serving commitment to the community. We are very excited to welcome Bill aboard!

To welcome you to our new space we will be having a **Welcome Party on Monday 4th November from 3-4pm**, where clients can come and check out the new practice and community sticky-beakers are also welcome.

**Our phone number stays the same for bookings with Merryn, Jess or Bill 4443 9810. See you at the Basin!**





**At BCR Communities, nothing brings us more joy than seeing our Bay and Basin community come together, and the recent 'Youth Thrive Together Fair' was a shining example of that spirit.** There was no better way to celebrate the start of works for the BCR Youth Collective Pods funded by the NSW Department of Regional Development, than with young people of all different ages having fun together in the BCR Wellness Garden, right next door to where the Pods will be located in Sanctuary Point.



Lawn games, face-painting, youth-specific information stalls, a Lego lottery, brunch, and lots of free giveaways meant everyone left the event with a big smile and some new found treasures.

BCR Youth & Community Services Team Leader, Karen Chambers said the Thrive Together Fairs were originally created by Shoalhaven City Council with the aim of improving wellbeing when people are doing it tough. *"It is so important for community, especially our young people, to feel welcome & included. Here they are comfortable to seek opportunities and support, especially in regards to education, training and mental health,"* Karen said.

*"The atmosphere & energy today has been fantastic, with young people helping plan and host the event. So many of the wonderful community service providers we partner with are here. They can be difficult for some young people to access so today young people have been able to connect with them in an environment which was relaxed and fun."*

*"The success of the event has made the community very excited about our Youth Collective Pods – we hope to build upon the atmosphere of collaboration, fun and impact."*

A big thank you to Shoalhaven City Council; Good360 for generously donating Lego, toiletries, new clothes and accessories; the Jervis Bay Lions Club, Headspace, Shoalcoast Community Legal, TAFE NSW, Kiama Community College, The Personnel Group, Youth Insearch, the participants from our Curious & Creative program and our amazing BCR Community Services team who coordinated the event!



## Shoalhaven Family History Society Inc.

# Recycle At Your Peril

Last week I was told a story, which I have heard so many times before, by a visitor to our Research Library. She told me how her mother had researched their family history for 35 years. This was in the days of waiting weeks for the postie to deliver certificates ordered, visiting record repositories, libraries and archives, and scrolling for hours through microfiche and microfilms of parish registers.

We are now so lucky to have had many of these records digitised and to be able to access them at the click of a mouse.

The story went on to say that at the time this lady could not see any benefit in keeping the history which was mounds of paper records in a format she could not understand, so although she kept *'some bits of it'*, the majority went into the rubbish bin (I am hoping the 'bits' are certificates).

Now of course, to satisfy the curiosity of wanting to know where her families originated, with the associated stories and family revelations, the 35 years of very hard and laborious labour which is, sadly, long gone into the bin, must be redone.

This time around it will be a lot easier; databases are online, cemeteries have been photographed and newspapers are readable from your desk.

However, for hardcopy intimate and local knowledge, the search must take another direction, seeking help from the local family history group, who will guide the researcher in the correct way to find, record, and organise her information.

My visitor took home a couple of items to help her get started at home, and, full of hope that she can redeem herself, we hope to see her back soon.

The Shoalhaven Family History Society Research Centre is in the Old Pyree School, at 888 Greenwell Point Road Pyree. We are open for research every Sunday & the 1st & 2nd Thursday of each month, all days from 10am to 2pm. Take a look at the website [shoalhavenfamilyhistory.org.au](http://shoalhavenfamilyhistory.org.au) for more information.

Members can use the facilities free of charge and a small fee of \$10 allows visitors to research for the day, with any photocopying a little extra.

Our Members Meetings are held on the 1st Saturday of the month (excluding January) at 1.30pm, with afternoon tea to enjoy and a chat and catch up for everyone. Come along one day to see what we do and how we can help you.



## Australian Plan Management Services



Navigating Your NDIS Plan with  
heart, expertise and dedicated support

Call us on 4445 3715



**SHOALHAVEN CITY PIPES & DRUMS**

We meet each Monday – 7pm at Nowra Wellbeing Centre, 124 Wallace St, Nowra. All ages and levels of experience are welcome. **Phone Stuart 0404 471 957**

**INJURED WILDLIFE?**

Call Wildlife Rescue  
**0418 427 214**  
[www.wildlife-rescue.org.au](http://www.wildlife-rescue.org.au)

**JUSTICES OF THE PEACE****Volunteer Help Desk**

We are available to help to answer your questions at The Office of the Federal Member for Gilmore, Suite 3, 59 Junction St, Nowra (around corner from PO). **For more info or to join the local J.P. Branch call Brenda 0407 065 031**

**Tennis: Ladies Doubles****Social tennis only – no competition**

Ladies come along for some exercise & social activity at The Country Club, StGB. **We need more players for Wed AM. Ph: 0409 920 878**

**VOLUNTEERS NEEDED**

Do you have a particular interest and would like to help Basin View Masonic Village? We need your help with activities such as bus trips, craft, exercise and various entertainment events. Just a few hours of your time occasionally will put a smile on the faces of our residents. **Contact Michelle or Jo on 4443 5034 during office hours.**

**VINCENTIA RURAL FIRE BRIGADE**

next door to Leisure Centre, Vincentia

**We are seeking community minded volunteers. Contact our Captain on 4401 1750**

**Shoalhaven Family History Society Inc.**

The Old School 888 Greenwell Pt Rd, Pyree. Open every Sun 10am and 1st & 2nd Thurs 10am – 2pm. [shoalhavenfamilyhistory.org.au](http://shoalhavenfamilyhistory.org.au) LIKE us on

**NOWRA & DISTRICTS TOTALLY & PERMANENTLY INCAPACITATED (TPI) SOCIAL & WELFARE CLUB**

Are you a Military TPI looking for social interaction??? Come join us! We are seeking new members. We hold our meetings at the Nowra Veterans Wellbeing Centre, 124 Wallace Street, Nowra, on the 3rd Tuesday at 11am as well as having social outings and lunches. **For more information contact Secretary Leanne Wehmeier on 0419 464 313.**

**SHOALHAVEN ANIMAL WELFARE LEAGUE NSW****BECOME A MEMBER AND HELP ANIMALS IN YOUR LOCAL AREA.**

We are looking for passionate animal lovers to join our dedicated group of volunteers to help care for local pets in need, and assist with our various community support and desexing programs. Contact AWL NSW Shoalhaven Branch on 0429 429 885 or email [awlshoalhaven@awlntsw.com.au](mailto:awlshoalhaven@awlntsw.com.au). You can also find us on

**We are looking for Volunteer bus drivers.**


LR Drivers Licence required. One morning or afternoon per month. **Call Michelle at Basin View Masonic Village on 4443 5034**

**Shoalhaven Transition** a worldwide grassroots movement, transitioning communities towards a more sustainable future. **Meets monthly 4443 4713.**





### Shoalhaven Beekeepers Assoc Inc.



meet West Street Community Centre, West St, Nowra on the 3rd Wed (ex. Dec 2nd Wed) at 5.30pm for cuppa, meeting starts 6pm sharp, guest speakers most months. For more info email [shoalhavenbeekeepers@gmail.com](mailto:shoalhavenbeekeepers@gmail.com) or 

### TOMERONG MARKETS

Every 3rd Saturday of the month from 8am till 1.30pm. Lots of local handmade products and snacks. Find us on  and  @Tomerong Markets

### SHOALHAVEN INDIAN MYNA ACTION GROUP

This facebook page has been setup for the community to share information, educate and share ideas on this pesty bird, the "Flying Rat" Indian Myna which competes and harm's our native birdlife. Join the group for some valuable information to help our local wildlife.



We meet at Jervis Bay Baptist Church school room, behind the Church, cnr Wool Rd & St George Ave, Vincentia, on 1st and 3rd Thursdays from 9.30am to 1pm.  
**Phone Judy 0403 212 237.**

## Local Markets

**Berry Country Fair** 1st Sun (except Feb held 2nd Sun) ||  
Berry Showground, Alexandra St || 4464 1476

### Clifton Community Food Garden Fundraiser

3rd Sat || 10am - 12 noon || at the garden Clifton Street,  
Sanctuary Point || 0412 793 319

**Huskisson Markets** 2nd Sun || Huskisson Sports Ground  
|| 0409 740 704 (BH)

### Jervis Bay Maritime Museum Markets

**Winter Morning Market** 1st Sat || 10am-1pm || Dent St,  
Huskisson || Ph 4441 5675 || e: [markets@jlbmm.asn.au](mailto:markets@jlbmm.asn.au)

### Milton Village Showground Markets

1st Sat PLUS  
Long Weekends & Easter || Milton Showgrounds, Croobyar Rd,  
Milton || [miltonvillagemarkets@gmail.com](mailto:miltonvillagemarkets@gmail.com)

### Pyree Village Arts & Craft Markets

4th Sun ||  
Shoalhaven Potters Workshop, Greenwell Pt Rd, Pyree  
|| 4443 7312

### Royal Coastal Patrol Market Ulladulla

2nd Sun ||  
Ulladulla Harbour & Wharf, Wason St, Ulladulla || 4455 3403

### Sussex Inlet Flea Market

2nd Sat || Uniting Church Hall,  
Jacobs Dr, Sussex Inlet || 4441 1546

### Tomerong Village Market

3rd Sat || 8am-1.30pm  
|| School of Arts, 360 Hawken Rd, Tomerong || email:  
[tomorongmarket@gmail.com](mailto:tomorongmarket@gmail.com) || [www.tomoronghall.com](http://www.tomoronghall.com) || or  
find us on  or 

## Rural Fire Services

**We have 7 Brigades over two groups in our area.**



Basin View, Huskisson,  
St Georges Basin, Sussex Inlet,  
Tomerong, Vincentia and Wandandian.  
**New members always welcome.**

**EMERGENCY  
CALL 000**

## IN AN EMERGENCY CALL 000

### Fire Control

**4424 4424**

Basin View	Denise Fabreschi	0412 780 899
Huskisson	Cpt Sanna Reeves	0408 480 424
St Georges Basin	Cpt Michelle Thornley	0427 288 340
Sussex Inlet	Adam Harris	0409 326 660
Tomerong	Doug Schutz	4443 4600
Vincentia	Captain	4401 1750
Wandandian	Brian Edwards	0488 752 489



**OUR COURTESY BUS RUNS  
7 DAYS / WEEK FROM 11AM-LATE**

**Call Courtesy Bus to book 0413 014 125**



# WHAT'S ON NOVEMBER

## The Home of Sport & Entertainment on the South Coast



**Scan the QR Code  
to learn more**



Fri 1st	<b>Friday Bingo</b> 10:30am - 2:30pm Auditorium <b>Hitlist Fridays</b> 7pm Main Lounge <b>Snooker Club Raffle</b> Drawn 7:30pm <b>Friday Afternoon Poker</b> Rego from 12pm, Start 1pm
Sat 2nd	<b>Free Live Entertainment</b> Rock Chic Duo 7pm - 11pm
Sun 3rd	<b>Poker</b> - Sunday Poker Rego from 1pm, starts 2pm <b>Sunday Meat Market</b> Tickets from 1:30pm, Draw 3pm <b>Free Live Entertainment</b> Backlash 4pm - 8pm
Mon 4th	<b>Bingo</b> - Morning 10am - 12pm Afternoon 12:45pm - 3pm <b>\$15 Pork Ribs &amp; Beer Mondays</b> Available from 5pm <b>Poker</b> Rego from 5:30pm, starts 6:30pm <b>Melbourne Cup Calcutta Auction</b> 6pm
Tue 5th	<b>Cash Housie</b> Starts 10:30am <b>\$15 Burger &amp; Beer Tuesdays</b> On Point Kitchen from 5pm <b>Bingo</b> Starts 6:30pm <b>Melbourne Cup Live</b> Tab, Sweeps, Luncheon, Best Dressed Entertainment from 3:30pm
Wed 6th	<b>Bingo</b> Starts 10:30am <b>\$15 Wednesday Steak Night</b> Available from 5pm <b>Wednesday Mega Meat Raffle</b> Tickets from 4:30pm, Draw 6pm <b>Sub Club Raffle</b> Draw 6:30pm <b>Wednesday Night Poker</b> Register 5:30pm, Start 6:30pm
Thu 7th	<b>\$15 Parmageddon Thursdays</b> On Point Kitchen from 5pm <b>Ripper Raffle</b> - Tickets from 4:30pm Draw 6pm <b>Junior Rugby League Raffle</b> Draw 6:30pm

Fri 8th	<b>Friday Bingo</b> 10:30am - 2:30pm Auditorium <b>Hitlist Fridays</b> 7pm Main Lounge <b>Snooker Club Raffle</b> Drawn 7:30pm <b>Friday Afternoon Poker</b> Rego from 12pm, Start 1pm <b>The Wolfe Brothers</b> with special guest Max Jackson Auditorium Doors 7pm   Show 8pm
Sat 9th	<b>Free Live Entertainment</b> Keith Zehn 7pm - 11pm
Sun 10th	<b>Poker</b> - Sunday Poker Rego from 1pm, starts 2pm <b>Sunday Meat Market</b> Tickets from 1:30pm, Draw 3pm <b>Free Live Entertainment</b> Last Chance Honey 4pm - 8pm
Mon 11th	<b>Bingo</b> - Morning 10am - 12pm Afternoon 12:45pm - 3pm <b>\$15 Pork Ribs &amp; Beer Mondays</b> Available from 5pm <b>Poker</b> Rego from 5:30pm, starts 6:30pm
Tue 12th	<b>Cash Housie</b> Starts 10:30am <b>\$15 Burger &amp; Beer Tuesdays</b> On Point Kitchen from 5pm <b>Bingo</b> Starts 6:30pm <b>Trivia</b> from 6:30pm
Wed 13th	<b>Bingo</b> Starts 10:30am <b>\$15 Wednesday Steak Night</b> Available from 5pm <b>Wednesday Mega Meat Raffle</b> Tickets from 4:30pm, Draw 6pm <b>Sub Club Raffle</b> Draw 6:30pm <b>Wednesday Night Poker</b> Register 5:30pm, Start 6:30pm
Thu 14th	<b>\$15 Parmageddon Thursdays</b> On Point Kitchen from 5pm <b>Ripper Raffle</b> - Tickets from 4:30pm Draw 6pm <b>Junior Rugby League Raffle</b> Draw 6:30pm

Fri 15th	<b>Friday Bingo</b> 10:30am - 2:30pm Auditorium <b>Hitlist Fridays</b> 7pm Main Lounge <b>Snooker Club Raffle</b> Drawn 7:30pm <b>Friday Afternoon Poker</b> Rego from 12pm, Start 1pm
Sat 16th	<b>Beatles Magic &amp; Sixties Invasion Show</b> Auditorium Doors 7pm   Show 8pm <b>Free Live Entertainment</b> SiRenics 7pm - 11pm
Sun 17th	<b>Poker</b> - Sunday Poker Rego from 1pm, starts 2pm <b>Sunday Meat Market</b> Tickets from 1:30pm, Draw 3pm <b>Free Live Entertainment</b> Rock-A-Holics 4pm - 8pm
Mon 18th	<b>Bingo</b> - Morning 10am - 12pm Afternoon 12:45pm - 3pm <b>\$15 Pork Ribs &amp; Beer Mondays</b> Available from 5pm <b>Poker</b> Rego from 5:30pm, starts 6:30pm
Tue 19th	<b>Cash Housie</b> Starts 10:30am <b>\$15 Burger &amp; Beer Tuesdays</b> On Point Kitchen from 5pm <b>Bingo</b> Starts 6:30pm <b>Trivia</b> from 6:30pm
Wed 20th	<b>Bingo</b> Starts 10:30am <b>\$15 Wednesday Steak Night</b> Available from 5pm <b>Wednesday Mega Meat Raffle</b> Tickets from 4:30pm, Draw 6pm <b>Sub Club Raffle</b> Draw 6:30pm <b>Wednesday Night Poker</b> Register 5:30pm, Start 6:30pm
Thu 21st	<b>\$15 Parmageddon Thursdays</b> On Point Kitchen from 5pm <b>Ripper Raffle</b> - Tickets from 4:30pm Draw 6pm <b>Junior Rugby League Raffle</b> Draw 6:30pm

Fri 22nd	<b>Friday Bingo</b> 10:30am - 2:30pm Auditorium <b>Hitlist Fridays</b> 7pm Main Lounge <b>Snooker Club Raffle</b> Drawn 7:30pm <b>Friday Afternoon Poker</b> Rego from 12pm, Start 1pm
Sat 23rd	<b>NPL Poker \$10,000 Draw</b> Rego from 11am   Start 12pm, Auditorium <b>Free Live Entertainment</b> William Wallace 7pm - 11pm
Sun 24th	<b>Poker</b> - Sunday Poker Rego from 1pm, starts 2pm <b>Sunday Meat Market</b> Tickets from 1:30pm, Draw 3pm <b>Free Live Entertainment</b> Mark Dabin 4pm - 8pm
Mon 25th	<b>Bingo</b> - Morning 10am - 12pm Afternoon 12:45pm - 3pm <b>\$15 Pork Ribs &amp; Beer Mondays</b> Available from 5pm <b>Poker</b> Rego from 5:30pm, starts 6:30pm
Tue 26th	<b>Cash Housie</b> Starts 10:30am <b>\$15 Burger &amp; Beer Tuesdays</b> On Point Kitchen from 5pm <b>Bingo</b> Starts 6:30pm <b>Christmas Ham Raffle</b> Tickets 4:30pm   Draw 6pm <b>Trivia</b> from 6:30pm (at the conclusion of Ham Raffle)
Wed 27th	<b>Bingo</b> Starts 10:30am <b>\$15 Wednesday Steak Night</b> Available from 5pm <b>Wednesday Mega Meat Raffle</b> Tickets from 4:30pm, Draw 6pm <b>Sub Club Raffle</b> Draw 6:30pm <b>Wednesday Night Poker</b> Register 5:30pm, Start 6:30pm
Thu 28th	<b>\$15 Parmageddon Thursdays</b> On Point Kitchen from 5pm <b>Ripper Raffle</b> - Tickets from 4:30pm Draw 6pm <b>Junior Rugby League Raffle</b> Draw 6:30pm

Fri 29th	<b>Friday Bingo</b> 10:30am - 2:30pm Auditorium <b>Hitlist Fridays</b> 7pm Main Lounge <b>Snooker Club Raffle</b> Drawn 7:30pm <b>Friday Afternoon Poker</b> Rego from 12pm, Start 1pm
Sat 30th	<b>Monthly Breakfast Special</b> 9am - 11am <b>Cash Housie</b> On sale from 11am, eyes down 1pm <b>Free Live Entertainment</b> Hav N Fun Karaoke 7pm - 11pm
EVERYDAY	<b>Car or Cash Draw</b> One finalist drawn every night! Everyday at 7.30pm, we draw one lucky winner from the day's attendance. Earn entries by swiping the kiosks upon entry, claiming your daily entry by spending \$10 or more over the bar (accumulated between purchases).

WHAT'S ON

NOVEMBER



## Weekly Meetings

**1st St Georges Basin Scout Group** ■ Tasman Rd Scout Hall, SGB ■ Tue 5pm Joey Scouts; 6.30pm Cub Scouts ■ Wed 6pm Scouts ■ Mon 6.30pm Venturers ■ Paula 0400 674 525

**Al Anon - Huskisson** ■ Thu 10am ■ Huskisson Community Centre Dent Street, Huskisson

**Alcohol and Drug Treatment** ■ Lives Lived Well ■ Nana Muru (Better Road) ■ Free day rehabilitation program runs over 6 weeks in bay and basin (non-residential) ■ Mobile withdrawal program for residents of Nowra and bay and basin ■ 18 yrs and over ■ 1300 727 957 ■ self refer via website [www.liveslivedwell.org.au](http://www.liveslivedwell.org.au)

**Basin Radio Controlled Yacht Group** ■ Jetty at Island Pt Rd, SGB ■ Tue & Sat 9.30am ■ Racing starts 10am ■ Tony Blackmore 0427 450 278 or Malcolm Griffiths 0431 094 520

**Basin Track Bushcare** ■ Wed 9am ■ <https://www.shoalhaven.nsw.gov.au/For-Residents/Our-Environment/Bushcare> ■ [michael.smith@shoalhaven.nsw.org](mailto:michael.smith@shoalhaven.nsw.org) ■ 0434 691 367

**Bay & Basin Art Group** ■ Community Centre, Loralyn Ave StGB ■ Mon 9.30am-12.30pm ■ Over 50s ■ Lyn 4443 2848

**Bay & Basin Bombers Junior AFL Club** ■ Leisure Centre, Wood Rd, Ventinctia ■ Thu 4.30-5.30pm ■ Girls & Boys aged 6-17 ■ Jeff 0420 749 402 or Chris 0403 047 659 ■ [www.bombers.net.au](http://www.bombers.net.au)

**Bay & Basin Bush Potters** ■ 48 Edmund St, Sanctuary Point ■ Mon 9am-2pm ■ Lesley 0426 878 421

**Beginners Belly Dance Class** ■ Huskisson Community Centre ■ Wed 5-6pm ■ Ph Mimi 0461 576 176

**Best Fitness** ■ Huskisson Community Centre ■ Tue 4.30-5.30pm ■ Ph Mimi 0461 576 176

**Clifton Community Food Garden Working Bees** ■ held 3 times a week ■ Daylight Saving Hours Tue 9am-12noon ■ Fri 3-6pm ■ Sat 9am-12noon ■ Non Daylight Saving Hours Tue 9am-12noon ■ Fri 2-5pm ■ Sat 9am-12noon ■ Jeff 0437 333 042

**Collingwood Reserve Park Care Group** ■ meet in reserve opposite Basin View Volunteer Rural Fire Brigade Shed ■ Mon 8.30am ■

**CWA Jervis Bay Day** ■ Huskisson Community Centre, Dent St ■ Tue 10am for craft, cuppa & chat ■ 3rd Tue General Meeting ■ Visitors welcomed ■ Pres. Emily Ede 0438 208 754

**Dancing** ■ Bomaderry RSL Club ■ Wed 7pm ■ permanent dance floor R'n'R, swing, country 2 step, rockabilly ■ Born to Boogie 0409 998 868

**Heart Foundation Walking Group** ■ Paradise Beach Sanctuary Point ■ Mon 9am ■ Sue Randles 0427 286 719

**HuskiDrumming** ■ Facilitated djembe drumming circle ■ Huskisson Community Centre ■ Sat 10.30am ■ All welcome ■ e: [huskidrumming@gmail.com](mailto:huskidrumming@gmail.com)

**Huskisson Girl Guides** ■ During school terms ■ Huskisson Scout/Guide Hall, Kiola St (near Bowling Club) ■ Tue 5-6.30pm Junior Guides 6-9yrs ■ Wed 4.30-6.30pm Guides & Senior Guides 10-16 yrs ■ Parents and Friends Support Group 3rd Wed ■ Liesel Turnbull 4443 6007/0402 837 777

**Husky Social Carpet Bowls** ■ Huskisson Community Centre ■ Mon 9am-1.30pm ■ morning tea provided bring your lunch ■ Ph 0427 275 552 or 0421 480 702

**JB Walkers and Talkers** ■ Meet Holden St Boat Ramp, Ventinctia ■ Pram friendly walking group ■ Fri 10.30am ■ e: [lanaburkey@gmail.com](mailto:lanaburkey@gmail.com)

**Jervis Bay Bridge Club** ■ Huskisson Community Centre, Dent St, Huskisson ■ Fri 9.30am ■ All Bridge players welcome Ph 0421 332 991 or 0430 013 946

**Jervis Bay Community & Men's Shed** ■ Thu 9am-12pm ■ New members welcome both men & women ■ Colin Loudon 0412 347 322

**Jervis Bay & Districts Activities Group** ■ Fri 9am-1pm ■ Men & Women welcome ■ Colin Loudon 0412 347 322

**Jervis Bay Paddle Group** ■ weekly paddle group for kayakers ■ check [Facebook](https://www.facebook.com/jervisbaypaddle) Jervis Bay Paddle Group page for schedule

**Jervis Bay Physical Culture Club** ■ Classes held Ventinctia Primary School & StGB Community Hall ■ [www.jervisbayphysie.com.au](http://www.jervisbayphysie.com.au) ■ e: [jervisbayphysie@gmail.com](mailto:jervisbayphysie@gmail.com) ■ Jaclyn 0422 458 485 or Amie 0405 438 057

**Jervis Bay Wobbegongs Winter Swimming Club** ■ Huskisson Beach south end ■ Racing season Sun 8.30am between 1st May & 30th Sept each year ■ Swim & Chinwag Mon-Fri 7.30am to 8am all year long ■ <http://wobbegongs.weebly.com/> or [Facebook](https://www.facebook.com/wobbegongs)

**Karate** ■ Sanct Pt Community Centre, 18 Sanct Pt Rd ■ Tue & Fri ■ 5.30pm

**Line Dancing** ■ Tue 10am-1pm SGB Community Hall, Meriton St, StGB ■ Mon 6-8.30pm Shoalhaven Heads Bowling Club ■ Wed 10am-1pm Bomaderry Community Hall ■ Thurs 6-8pm StGB Community Hall ■ Laurel 0408 184 984



## What's On...What's On...What's On...What's On...What's On...What's On

**Mannahouse Youth** ■ Fri 7pm StGB Community Centre, 21 Meriton St, StGB ■ [www.mannahouseyouth.org](http://www.mannahouseyouth.org)

**MSCARC Inc.** ■ (Mid South Coast Amateur Radio Club Inc.)  
■ Wed from 7.30-9.30pm on air ■ New members always welcome ■ Ken 4403 0599

**Nowra Healing Rooms** ■ 12 Tarawara St, Bomaderry  
■ Open Wed 10am-12pm, Thu 7-9pm ■ 0459 046 084 ■ No appointment necessary & no charge ■ [www.healingrooms.com.au](http://www.healingrooms.com.au)

**Nowra Quilters** ■ North Nowra Community Centre, 7 Hood Cl, Nth Nowra ■ Tue 9am-1pm ■ New members welcome  
■ e: [alex@themwarners.com](mailto:alex@themwarners.com)

**Nowra Town Band** ■ 174 Kinghorne St, Nowra ■ Mon 5.30-6.30pm for Training Band & 7-9pm for senior practice  
■ Private lessons available in brass and percussion ■ Hall 4422 0807 or Ross 4443 5745/0488 056 196

**Raised Voices Community Choir SATB** ■ Jervis Bay Baptist Church ■ Tue 7pm ■ New Members welcome  
■ Ph Rosalie 0412 297 435

**Rock and Roll Lessons** ■ Huskisson Community Hall ■ Tue 7pm ■ Rock n Roll, Partner Dancing, Swing ■ Ph Laurel 0408 184 984 or Rob 0439 416 386

**Scottish Country Dancing** ■ Thu 2pm-3.30pm Senior Citizens Hall, Berry St, Nowra ■ Tue 7.30-9.30pm Presbyterian Church Hall, Kinghorne St, Nowra  
■ Beginners welcome ■ Heather 4441 5496

**Shoalhaven City Pipes & Drums** ■ Mon 7pm ■ Nowra Wellbeing Centre, 124 Wallace St, Nowra  
■ Ph Stuart 0404 471 957

**Shoalhaven Concert Band** ■ Junior, Concert and Stage band ■ Nowra School of Arts Annex, Berry St Nowra  
■ Tue 6-9.30pm ■ Richard 0417 462 885 or see 

**Shoalhaven Ex-Servicemens Dance Club** 157 Junction St, Nowra ■ Wed 7-9.30pm ■ Social dancing inc. modern ballroom, new vogue, sequence, latin, rock n roll  
■ visitors welcome ■ Ph Norm 0407 950 325

**Shoalhaven Rock N Roll Group** ■ SGB Country Club ■ Mon 7pm ■ John 0411 120 042 or Linda 4443 3364  
■ [www.shoalhavenrockandroll.org.au](http://www.shoalhavenrockandroll.org.au)

**Sing Australia, Vincentia** ■ Community Singing Group ■ Jervis Bay Baptist Church, The Wool Rd, Vincentia ■ Thu 7-9pm ■ New members welcome ■ Jenny 4441 7713 ■ [www.singaustralia.com.au](http://www.singaustralia.com.au)

**Smith Bay Bushcare Group** ■ Basin View ■ Fri for 2-3 hours ■ Fran 4443 6324


**Social Scrabble** ■ The Country Club StGB ■ Thu 1-4pm ■ New players welcome ■ Ph Anne 0410 012 642 or Emily 0438 208 754

**St Georges Basin Health & Com Transport Serv** ■ Mon & Wed Local Health ■ Tue, Thu & Fri Nowra Area Health  
■ 4423 6044 for bookings Mon-Fri 9am-12pm, 1-3pm

**St Georges Basin Little Athletics** ■ Sports Grounds, Larmer Ave, Sanctuary Point ■ Registration Ph Tracy 0423 846 194 or Michelle 0412 656 206

**St Georges Basin Senior Citizens Club** ■ Thu from 9am Bowls-Darts-Euchre, The Country Club — St Georges Basin  
■ Ph Margaret 4443 6031

**St Georges Basin Senior Citizens Walking Group** ■ Alternate Fridays 9am onwards, ph Helen 0412 215 855, Colleen 0423 233 594

**St Georges Basin SES Unit** ■ 41 Tasman Rd, StGB ■ Wed 6.30pm ■ for training, providing advice to members of the community on storm/flood preparedness, new volunteer enquiries welcomed ■  NSWSESSGB

**Sussex Inlet Computer Club** ■ Sussex Inlet RSL Club ■ 2nd, 3rd & 4th Tue 10am-noon ■ All welcome

**Table Tennis** ■ Scout Hall, Tasman Rd, SGB ■ Wed 2-4pm ■ Adam 0401 020 827 please leave a message

**Tennis** ■ Errowal Bay ■ Grandview St, Errowal Bay ■ Booking enquiries 0491 978 037 ■ Monday & Tuesday morning social tennis players welcomed, as well as Thursday afternoon social tennis

**Tennis** ■ Huskisson ■ Owen St, Huskisson Casual bookings Wendy 4441 7985 ■ Adult Mixed Group Mon PM & Thu AM Ph June Gripping 4443 3065 or John Hayward 4441 6979  
■ Ladies Tue AM Ph Jan Chappelow 4441 6417

**Tennis** ■ The Country Club, St Georges Basin ■ Social Mon 6-9pm & Thu 9am-1pm ■ Comps Tue or Wed 6-9pm  
■ Ph 4443 0666 ■ [thecountryclub.com.au/sport/tennis/](http://thecountryclub.com.au/sport/tennis/)

**Vincentia Bush Care Group** ■ Tue 9am - 12 noon ■ Ph 0418 460 594

## Fortnightly Meetings

**Bay & Basin Camera Club** Vincenia Community Hall, rear Coles carpark ■ 2nd & 4th Tues 7.30-9.30pm  
■ Pam 0401 043 833 ■ Kate 0417 713 850

**SCA Shire of Adora** Medievalists of the South Coast Wandandian Progress Hall ■ Every 2nd Wed 5.30-7.30pm  
■ e: [seneschal@adora.lochac.sca.org](mailto:seneschal@adora.lochac.sca.org);  
■ w: [adora.lochac.sca.org/regular-activities](http://adora.lochac.sca.org/regular-activities)

**Shoalhaven Masonic Widows Association** Basin View Masonic Village Hall, 130 The Wool Rd ■ 2nd Mon 10am ■ 4441 0436 or 4441 1644

**Wool Road Spinners & Weavers** Jervis Bay Baptist Church classroom, behind church, cnr The Wool Rd & St George Ave, Vincenia ■ 1st & 3rd Thu 9.30am-1pm  
■ Judy 0403 212 237

## Monthly Meetings

**1st St Georges Basin Scout Group** Meetings 1st Mon 6.30pm ■ Tasman Rd Scout Hall, SGB ■ Paula 0400 674 525

**Amnesty International - Bay & Basin** 3rd Mon ■ New members welcome ■ [bayandbasinamnesty@gmail.com](mailto:bayandbasinamnesty@gmail.com)

**Association of Independent Retirees-AIR** Bomaderry Bowling Club, Meroo Rd, Bomaderry ■ 2nd Tue 10am ■ Peter Moate 4448 7788

**Basin Business Forum** Last Fri of the month ■ See  Basin Business Forum for more details and to RSVP  
■ e: [basinbusinessforum@gmail.com](mailto:basinbusinessforum@gmail.com) or

**Basin View Daylight Lodge No.1015** (now consolidated with Lodge Milton No. 63) Milton Masonic Centre, 128 Princes Hwy, Milton ■ 2nd Mon 6pm  
■ M/Ship & other enquiries Ken Sheppard 0428 638 611

**Basin View Rural Fire Service** Fire Station ■ 3rd Fri 6.30pm ■ Denise Fabreschi 0412 780 899

**Bay & Basin Brew Club** ■ 2nd Fri 7pm at alternate locations ■ Matt 0413 172 757

**Bay & Basin Cancer Support Group** Venue Room, SGB Country Club ■ 2nd Thu 10am-12pm ■ Dianne 4443 3275

**Bay & Basin Cricket Club** Meetings held 2nd Tue 7pm ■ St Georges Basin Country Club ■ Ph Chris 0403 113 362

**Bay & Basin Multicultural Support Group** Community Centre, Meriton St, SGB ■ 1st Thu 11am-1pm ■ Zaga Tkulja 4229 2755 or Anu Mehta 4422 5933

## Bloomers & Buds Social Gardening Group

**Inc.** Community Centre, Dent St, Huskisson ■ Last Wed 9.30am ■ Ph Denise 0408 723 270

## Combined Probus Club of Jervis Bay & Districts

**Inc.** SGB Country Club, Function Room ■ 4th Thu 9.30am-11.30am ■ Pres. Val Hyde 0422 477 771;  
Sec. Denise Stevens 0408 008 460

## Combined War Widows & Laurel Club of Legacy

**Huskisson** Meeting & Lunch ■ Club Jervis Bay (RSL) ■ 2nd Tue at 11am ■ Carol Barnes 0408 076 280

**Country Labor – Jervis Bay/SGB Branch** meets every month on the 2nd Wed ■ more info about joining, meeting times and venue email Debbie on [debshapira@gmail.com](mailto:debshapira@gmail.com)

**Honey Beez Gardeners Group** 3rd Wed 11.30am ■ Vincenia Community Hall (behind Coles carpark) ■ Lauren 4443 5946

**Huskisson RSL Sub Branch** 2nd Thu 5pm  
■ Club Jervis Bay ■ Sec Helen Walker 4441 5282

**Huskisson Rural Fire Service** 2nd Tue 7pm ■ Captain Sanna Reeves 0408 480 424

## Jervis Bay Community & Men's Shed

**Computer Service Day** 1st Thu 1-3pm ■ Call Colin for booking 0412 347 322

**Jervis Bay Divers Club** Club Husky, 336 Huskisson Rd, Huskisson ■ Last Wed 7pm ■ contact [\\_2@jervisbaydivers.org](mailto:_2@jervisbaydivers.org) or call Susan 0409 875 358

**Jervis Bay Lions Club** Club Jervis Bay ■ 1st Thu 6pm for 7pm start ■ President Marie-Ann Watson 0412 401 917  
Publicity Bob Hanlon 4441 6087

**Jervis Bay Probus Club Inc. (C)** RFBI Basin View Masonic Village, 130 The Wool Rd, Basin View ■ 3rd Mon 10am ■ Ian Collins 0424 292 625 ■  
[secretary.probusjervisbay@gmail.com](mailto:secretary.probusjervisbay@gmail.com)

**Jervis Bay Triathlon Club Inc.** Usually Iluka, Booderee National Park ■ Group Training Day 3rd Sun 8am ■ All welcome including juniors ■ Pres. Tony Lim 0411 052 746 ■  
[admin@jervisbaytriathlonclub.org](mailto:admin@jervisbaytriathlonclub.org)

## Justice of the Peace Assoc NSW Shoalhaven

**Branch** Bomaderry Bowling Club, Meroo St ■ 1st Mon 1pm ■ Visitors most welcome ■ Brenda 0407 065 031

## What's On...What's On...What's On...What's On...What's On

**Marine Rescue Jervis Bay - VMR 209** Voyager Park, Currumbene St, Huskisson ■ 1st Wed 10am @ Club Jervis Bay ■ [www.marinerescuejervisbay.org.au/](http://www.marinerescuejervisbay.org.au/) ■ 4441 5433

**Nationals Branch** Shoalhaven meetings ■ Ian 4443 3780

**National Servicemen's Assoc., Shoalhaven Sub-Branch**

Rotating meetings on 4th Sun ■ Ulladulla Ex-Servos Club 0930 for 1000hrs start ■ Nowra Ex-Servos Club 0930 for 1000hrs start ■ Sussex Inlet RSL Club 1000 for 1030hrs start ■ Jim Reid 4421 2886

**Nowra & Districts Totally & Permanently Incapacitated (TPI) Social Welfare Club**

3rd Tue 11am ■ Nowra Veterans Wellbeing Centre, 124 Wallace St, Nowra ■ Leanne 0419 464 313

**Nowra Legacy Group** 66 Bridge Rd, Nowra ■ 1st Mon (except January) 10am ■ 4423 1795 or 0409 981 663

**NSW Transport Authorities Retired Employees Assoc**

Nowra Bowling Club, cnr Osbourne & Junction St ■ 2nd Thu 10am for 10.30am start ■ Pres. Bob 4421 5265 or Sec Aileen 4421 6660

**Sanctuary Point Mens Shed** 17 Clifton St, Sanct Pt ■

1st Thu 10.30am ■ All members welcome ■ Open Mon-Fri 9am-3pm ■ Any blokes that want to get out of the house for a while drop in for a cuppa and a chat ■ John 0413 837 538

**Shoalhaven Avicultural Society** 2nd Tue 7.30pm ■ PCYC Hall Park Rd Nowra ■ 4423 4475

**Shoalhaven Beekeepers Ass, Inc.** West Street

Community Centre, West St, Nowra ■ 3rd Wed (ex. Dec 2nd Wed) 5.30pm for cuppa, meeting 6pm sharp, guest speakers most months

■ e: [shoalhavenbeekeepers@gmail.com](mailto:shoalhavenbeekeepers@gmail.com) or [fb](https://www.facebook.com/shoalhavenbeekeepers)

**Shoalhaven Caravan Club** bi monthly 11am

■ Nowra Bowling Club followed by lunch ■ Ph Kathy 0427 874 201

**Shoalhaven Ex-Servicemens Dance Club** 3rd Sat

7-10.30pm ■ Shoal Ex-Servicemens Club 157 Junction St, Nowra ■ social dance incl. modern ballroom, new vogue and sequence, latin, rock n roll ■ visitors welcome light supper ■ Ph Norm 0407 950 325

**Shoalhaven Mark & Royal Arch Chapter No.73** 1st

Thu 7pm ■ RFBI Village Hall, 130 The Wool Rd, Basin View ■ Freemasons (attached or current) ■ Glen Green 0417 453 999

**Shoalhaven Orchid Society** 3rd Mon Feb-May &

Sept-Dec 7pm; Winter day meetings 3rd Sat June, July & Aug 10am ■ Bomaderry Community Centre, 17-19 Birriley St, Bomaderry ■ Visitors welcome ■ 0419 241 177

**Shoalhaven Philatelic Society** 2nd Mon 7pm ■ Nowra

Bowling Club, Osborne St, Nowra ■ John 4421 4624

**Shoalhaven Prostate Cancer Support Group** ■

2nd Mon 10.30am ■ Coastal Waters Conference Room, 110 The Wool Rd, Worroving Heights ■ Fred Hocking 0435 628 110 e: [ShoalhavenPCSG@gmail.com](mailto:ShoalhavenPCSG@gmail.com)

**Shoalhaven Scout Fellowship** 3rd Sun ■ David Ravell

4441 8659

**Shoalhaven Transition** 1st Tue ■ Trish Kahler 4443 4713

or [shoalhaventransition@yahoo.com.au](mailto:shoalhaventransition@yahoo.com.au)

**St Georges Basin Probus Club Inc. (Mixed)** SGB

Country Club, Function Room ■ 3rd Thu 10am-12pm ■ Sec. Robyn Dalleywater 4408 8084

**St Georges Basin Rural Fire Brigade** Fire Station, The

Wool Rd, SGB ■ 3rd Mon 7.30pm ■ Cpt Michelle 0427 288 340

**Sussex Inlet Cancer Support Group** 2nd Fri 10am ■

Sussex Inlet Neighbourhood Centre ■ Robin Lang 4441 0155 or Kay Cunningham 0408 297 325

**Tomerong School of Arts** 2nd Mon 1900hrs ■ Tomerong

School of Arts Hall ■ [www.tomeronghall.com](http://www.tomeronghall.com)

■ New members welcome

**Vincentia Red Cross** Holy Spirit Church Hall, St George

Ave, Vincentia ■ 4th Wed (except Jan) 1pm ■ Enquiries Margaret Klem 0491 622 405

**Vincentia Rural Fire Brigade** Fire Station, The Wool

Rd, Vincentia ■ 1st Mon 6.30pm ■ Cpt. 4401 1750

**Wandandian Progress Association** 1st Tue 6pm ■

Progress Hall ■ New members welcome ■

e: [secretary@wandandian.org.au](mailto:secretary@wandandian.org.au)

**Wildlife Rescue South Coast** ■ Contact 0418 427 214

e: [info@wildlife-rescue.org.au](mailto:info@wildlife-rescue.org.au) ■ 2nd Wed 7pm ■ Phone / email for details of meetings via Zoom or venue TBA

## Weekly Church Services

### Anglican Church -

**Vincentia** ■ Vincentia Primary School, George Caley Place, Vincentia ■ 8.30am Traditional Service each Sunday  
■ 10.30am Contemporary Family Service with kids and youth programs ■ Minister Campbell Mackay 0478 228 113

**Basin Baptist Church** ■ 165 The Wool Rd, SGB ■ Sun Morning Service 9.30am ■ Minister David Marsden 0408 779 451

**Bay & Basin Uniting Church** ■ Meriton St, SGB ■ Sun 9.30am Family Worship w/Jnr Church ■ Minister 4443 0864

**C3 Church Jervis Bay** ■ 20 Birriga Av, Worroving Hts ■ Sun 9.30am Family Service ■ Every morning except Sun 5.30am Prayer Meeting ■ Office 0429 335 024 ■ web: c3churchjervisbay.com.au

**Holy Spirit Catholic Church** ■ 23 St George Ave, Vincentia ■ Mass times: Sun 9.30am ■ Tue / Wed / Fri 8am ■ Wed 5pm ■ www.nowraparish.org.au/masses/mass-times

**Jervis Bay Baptist Church** ■ Cnr The Wool Rd & St George Av, Vincentia ■ Sun 9.30am Morning Service

**Seventh-day Adventist Church** ■ 169 McKay St, Nowra ■ Sat 9.30am Bible Study, 11am Worship Service ■ Future planning for possible Bay and Basin Contemporary Service ■ Minister Adam Tonkin 0413 538 514

## Monthly Church Services

**Spiritualist Meeting** ■ Scout Hall, 39 Tasman Rd, StGB ■ 2nd Sun ■ 2pm ■ Ph 4443 0628

## Other Activities

**Australian Breastfeeding Association, Shoalhaven Group** ■ 24 hour Breastfeeding Helpline 1800 686 268 for information about local Mum-to-Mum get togethers ■ www.breastfeeding.asn.au

**Bay & Basin Branch of the Liberal Party** ■ Meets Quarterly ■ 7pm ■ Venue SGB Country Club

**Bay & Basin Uniting Church Huskisson** ■ OP SHOP at Huskisson Church Centre ■ 53 Hawke Street, Huskisson ■ Mon-Fri 9am-4pm, Sat 9am-12.30pm ■ 4441 7495

## Other Activities cont'd

**BBCR Activities Hub** ■ 18 Sanctuary Pt Rd, Sanctuary Point ■ Mon, Tues, Thurs & Fri 9am-3pm (closed Wed) ■ 4443 7681

**Community Cottage** ■ 48 Edmund St, Sanctuary Pt ■ Lesley 0426 878 421 ■ Mon Pottery 9am-2pm ■ Tue & Thu Body/Soul Fitness 8-9am ■ Tue Studio 19 Dance 3.30-8.30pm ■ Tue & Wed Daly Moves Exercise 9.30-10.30am ■ Fri Mannerhouse Outreach Childrens Group 4-5pm

### Shareostomates, Shoalhaven Area Ostomates

**Support Group** ■ Nowra Community Health Centre, 5-7 Lawrence Av, Nowra ■ Contact Brenda Christiansen on 0422 006 550 or 4424 6321 for group times and dates ■

*Improving lives through shared experiences*

**Tomerong School of Arts** ■ Mon Pilates 6-7pm ■ Wed NIA 11.30-1.30pm ■ Sat Markets (3rd Sat) 8am-1.30pm ■ email tomerongmarket@gmail.com ■ Sat (4th Sat) Yoga Tapas 8-10am ■ Further info www.tomeronghall.com

**Youth & Community Centre** ■ 34 Paradise Beach Rd, Sanctuary Pt ■ 4443 9244 ■ Operating Hrs Mon-Fri 9-4pm offering a range of social & recreational activities

## Community Forums

**Basin Villages Forum** ■ 3rd Mon 7.30pm ■ Meriton St Community Centre, SGB ■ Christine 4443 7665

**Huskisson & Woollamia Comm. Voice** ■ bi monthly 2nd Mon 7pm (Feb-Nov) ■ Huskisson Community Centre, Cnr Tomerong & Dent St, Huskisson ■ www.hwc.org.au ■ exec@hwc.org.au

**Sanctuary Point Community Pride** ■ Function Room at The Country Club, St Georges Basin ■ Christine 0409 363 243 or Gwen 0419 492 348 ■ e: sanctuarypointcommunitypride@gmail.com

**Tomerong Community Forum** ■ 2nd Mon 2030hrs directly after the School of Arts meeting ■ Tomerong School of Arts Hall ■ New members welcome

### Vincentia Ratepayers & Residents Association

Vincentia Community Hall (Coles carpark) ■ 3rd Thu of every 2nd month (Feb, Apr, Jun, Aug, Oct, Dec) 7.15pm coffe/tea/biscuit 7.30pm start ■ www.vrra.org.au ■ vrra.ccb@gmail.com ■ Secretary 0438 856 568 ■ vrra.ccb



What's On...What's On...What's On

**Venues for Hire**

**Bay & Basin Uniting Church** Meriton St, StGB  
‖ 4443 2642

**Community Arts Cottage** 48 Edmund St, Sanctuary Point ‖ Lesley 0426 878 421

**Huskisson Community Centre** Dent St, Huskisson ‖ Ph Peter 0401 436 233

**Huskisson Scout & Guide Hall** Kiola St, Huskisson ‖ Ph Scout South Coast & Tablelands 02 42746334

**Jervis Bay Maritime Museum Classrooms** Dent St, Huskisson

**Sanctuary Point Youth & Community Centre**  
34 Paradise Beach Rd, Sanctuary Point ‖ Ph: 4443 9244

**St Georges Basin Scout Hall** Tasman Rd Scout Hall, St Georges Basin ‖ Tammie 0472 658 505

**Tomerong School of Arts** 358 Hawken Rd, Tomerong  
‖ \$15 per hour ‖ Email tomeronghall@gmail.com  
‖ www.tomeronghall.com

**Vincenia Community Centre** rear of Bilo carpark, Wool Rd, Vincenia ‖ 4429 3463

**Wandandian Progress Association Hall** D2683 Princes Hwy, Wandandian ‖ www.wandandian.org.au  
‖ Booking Officer Anne Simpson 0405 527 655

Justices of the Peace			
<b>BASIN VIEW</b>			
Barling, Debbie			0411 275 656
Gray, Frank	4443 5365		
<b>HUSKISSON</b>			
<b>OLD EROWAL BAY</b>			
Lord, Simone	4443 8300		
<b>SANCTUARY POINT</b>			
Flynn, Mark		0418 669 688	
Hawkins, Paul	4443 8800	0417 219 260	
Tyrell, Leesma		0420 921 778	
<b>ST GEORGES BASIN</b>			
Crass, Charles		0400 876 696	
Creighton, Sandra		0411 245 188	
Thomas, Jeff		0417 772 262	
<b>TOMERONG</b>			
Askew, Matthew		0422 068 209	
<b>VINCENIA</b>			
Casmiri, Luciano (Lou)		0438 856 568	

Local Services...Local Services...

**Playgroups**

**Aboriginal Playgroup** Mon 9.30-11am ‖ Noah's Inclusion Services the old church 48 Paradise Beach Rd, Sanctuary Point ‖ Ph Mel Harpur 4423 5022 or email mharpur@noahsark.nsw.edu.au

**Sanctuary Point Sing & Play** ‖ Tues 9.30-11.30am at Sanctuary Point Connect ‖ A free supported playgroup with music, craft and more ‖ Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au

**Splash Playgroup** ‖ Mon 9.30-11.30am ‖ Paradise Beach Reserve ‖ Renee 0423 606 559

**Baby Playgroup** - for babies 6 wks to 2 yrs ‖ Thu 1-2.45pm at Sanctuary Point Connect ‖ Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au

**Little Steps** - a playgroup for children not attending childcare ‖ the old church 48 Paradise Beach Rd Sanctuary Point ‖ Ph 4423 5022

**St. Georges Basin** Wed 9.30am ‖ Cnr Tasman Rd & Terry St, SGB ‖ Melissa Horselman 0424 218 547 or find us on facebook

**UPDATE YOUR LISTING**

**WE DON'T KNOW IF YOU DON'T TELL US!**

**Are Your ...What's On... Details Incorrect or Out of Date?**

Email your updated information to [editor@aboutbayandbasin.com.au](mailto:editor@aboutbayandbasin.com.au)

# THE TOURISTS' GUIDE

Contributed by John Blackmore

When summer begins at the end of this month, along with many other areas up and down the south coast, our annual peak Christmas/New Year tourist season will be upon us. This **About .....** Monthly Feature is going to review THE SOUTH COAST ILLUSTRATED TOURISTS' GUIDE from a century ago. Published in 1925 by Wilson's Publishing Company of 2 O'Connell Street, Sydney, this guide promotes an area from as far north as Sutherland Shire, to as far south as Jervis Bay.

This guide is slightly less than 10 by 6 centimetres in size, making it definitely a pocket guide capable of being carried by any individual when travelling around. While small in stature, it is loaded with information that any tourist to the south coast would consider beneficial. On the back cover, and on the inside back cover page, Wilson's Publishing self-promotes other ventures of theirs. The back cover is for their tourist guide and street directory for the Newcastle, Maitland and Cessnock Districts. It has 21 maps supporting this directory. A Sydney, Suburbs and Blue Mountains Guide promoted on the inside back cover has 105 maps. Both of these guides give a company telephone number of B2043 for anyone wishing to contact the publishing company direct.

On the front cover of THE TOURISTS' GUIDE for South Coast, underneath the title and publication year is a price tag of 3d., or threepence. Between these details and the bottom of the page are three illustrations, with 'coastal scenery', 'national park' and 'typical foliage' short thumbnail phrases describing each of them. 'Where Sea And Mountain Meet' is an overall catchphrase beneath these three illustrations.

Throughout this guide, an emphasis is placed on providing tourists with information of train travel details, and connecting motor vehicle services. Towards the front of the guide is a complete foldout ILLAWARRA TIME TABLE for trains operating from Sydney to Nowra.

As Bomaderry was a small village at the time, and Nowra a town a short ride over the Shoalhaven River bridge, the timetables indicate Nowra as the destination for trains leaving Sydney. Bomaderry is bracketed alongside Nowra to avoid confusion.

A feature of these timetables is the number of additional services on weekends, particularly of a Saturday. On page 10 of this 130 page pocket guide is a specific page for Fridays, Saturdays and Sundays services. A heading TOURIST TRAINS indicates that the weekend is a busy period of the week for train travellers. Indeed, beside the times on these pages, Special Excursion Fares and Cheap Excursion Fares in both 1<sup>st</sup> and 2<sup>nd</sup> class carriages are advertised. Accommodating train travellers of all descriptions on the most popular form of transport appears to be of priority.

Another feature of these train timetables is the section of the Illawarra and South Coast line that has the most passenger services provided. Many travellers coming south from Sydney, and those going north from Wollongong, were headed for Thirroul and Austinmer. This small town and village respectively were popular with tourists, with the proximity of their railway stations to the beaches at both centres an advantage for people alighting from trains.

The Roaring Twenties were in full cry in major capital cities, and here 'Where Sea and Mountain Meet', accessible holiday lifestyles were readily available. At these centres, their "beaches are famous throughout Australia as resorts for surf-bathing, that popular and healthful sea sport indulged in equally by both sexes". Staying overnight in any number of beach houses, frequenting local 'wine saloons', stopping off at a choice confectionery shop to enjoy "ice cream, summer drinks, afternoon teas, suppers and refreshments", all close by the beach, and all within walking distance of the railway station.

The Dancing Arena at Thirroul has an ad in a prime position next to the train timetable on

the liftout page. This ad spruiks the *"latest Jazz Dancing throughout the summer season. The ARENA Full Jazz Orchestra. Chocolate and Streamer Waltzing together with Jazz Caps. Balloons and Squeakers given away free, Come and bring your friends, and you will be delighted, a good time assured by the Management."* What more could a train travelling tourist want at their fingertips for entertainment?

Thirroul not only attracted regular train travellers throughout this decade, but during 1922, a world famous writer of the time. D.H. Lawrence lived at No. 3 Craig Street. Coming to Australia with his German wife Frieda, he found living in Sydney not to his liking. So the view at this house at Thirroul close to the ocean became one of their many homes around the world. He is said to have written much of his 1923 novel KANGAROO (about Australia) whilst living there.

The other foldout in THE TOURISTS' GUIDE is a detailed information map of the South Coast. On one side of the foldout page is a Sydney to Wollongong section, while the other side of the same page has a Wollongong to Jervis Bay section. Both sides of this map show the respective Campbelltown/Camden and Southern Highlands districts inland beyond the coastal escarpment. These offered alternatives to holidays at coastal locations, such as the popular village of Bundanoon. Both the Jamberoo and Kangaroo Valleys were other popular picturesque destinations within relative reach of the railway stations, using connecting motor services.

While the focus of this pocket guide for 1920s tourists revolves on how travellers can organise their journey around train travel, there is a short section in the front pages on sea travel. Under a heading of Tourists Should Visit The Far South Coast, various departure and arrival arrangements are outlined on pages 2 and 3 of the guide. *"An ideal holiday trip is to travel by the S.S. Merimbula, 1,111 tons, 13 knots, to any of the following ports: Bermagui, Tathra, Merimbula, Eden (Twofold Bay) ..... The Dining Saloon, State Rooms and Social Hall are on deck, and she is one of the most comfortable boats trading on the Coast."* Connections at wharves at Bermagui for Narooma, and Tathra for Bega were part of the service offered to travellers. The Illawarra and South Coast Steam Navigation Company

at 57 Day Street Sydney could be contacted for booking berth/s on S.S. Merimbula.

Three years after this guide was published, the S.S. Merimbula ran aground on Whale Point at Currarong. Description of THE WRECK of this ship in the **About .....** Monthly Feature of May 2018 includes details of how the company had built its fleet of steamships during the 19<sup>th</sup> century. Back then it was a main form of transport along the South Coast. After this 1928 shipwrecking however, train travel, and subsequently connected land transports, became dominant.

As it progresses, THE TOURISTS' GUIDE has as its backbone, the railway stations on the Illawarra and South Coast district line. Starting at Como, it moves on to destinations at Sutherland, Port Hacking, National Park, Cronulla, Stanwell Park, Clifton & Scarborough, then Austinmer, before reaching the tourist mecca of Thirroul. Bulli, Woonona, Bellambi and Corimal are the stations outlined next, prior to arriving at Wollongong, the latter described as *"the principal shipping town on the South Coast"*. Port Kembla, Dapto, Albion Park and Shellharbour are the next railway stations in the guide before the seaside town of Kiama. Only Gerringong and Berry are now left before the line reaches its end at Nowra (Bomaderry).

For each station, details are given of their distances from Sydney, plus other places closest to that station. The types and prices of train fares are also given, before a description of the different places and sightseeing attractions in the areas described within the vicinity of each. The ads and illustrations are appropriately organised around each railway station destination.

Jervis Bay is the final destination promoted in THE TOURISTS' GUIDE. Norman Dent's motor services provided *"up to date cars and careful drivers"* who would meet all trains, conveying travellers to accommodation at Huskisson, St Georges Basin and Captain's Point. Motor launch services left Huskisson wharf, giving tourists opportunities to enjoy *"private fishing parties"*.

Jervis Bay is featured on a map on page 127, with special reference to Pacific City. Henry F. Halloran & Co. (with addresses for their real estate agencies in Sydney and London provided), has several full pages of description for their plans to develop *"a great estate on the shores of that most wonderful of all natural harbours"*. ■

## **VOLUNTEERS WANTED**

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# WHAT LIES BEYOND SLOVENIA

Contributed by Corinne Le Gall

If you love nature, Slovenia is the place to go. Mountains, lakes, forests and thermal springs abound and will allow you to go back to rawness, mostly unspoilt and less “touristy” than a lot of European destinations.

Slovenia in central Europe has all the famous winter appeal of the larger European mountain ranges, her own snow capped mountains, with ski resorts and glacial-fed and hot springs lakes.

One of the most visited lakes is Lake Bled where the town of Bled surrounds the lake where the small Bled Island is situated in the middle of the lake.

The island consists of the Assumption of Maria chapel, a 52 metre high free standing bell tower and set of 99 steps where the ongoing tradition of a groom carrying his bride up all 99 steps in order to be able to marry in the chapel on the island. Other smaller buildings such as the hermitage and sexton’s house are also on the island.

You can hire a small rowboat or hop on a tour boat to visit this picturesque little island.

The Postojna Cave system is adorned with magnificent stalactites and stalagmites, caverns and caves that the little electric train will wind its way through for about an hour and a half. There is a pedestrian walkway that winds around also for about a kilometre if you’re feeling energetic.

Ljubljana, the enchanting capital, one of Europe’s smallest, quite youthful in appeal due to its approximately 50,000 university students, is the economic and cultural

hub. Colourful and lively, quaint and small enough to just stroll around without the need to rush.

Take notice of dragons on bridges, buildings, railings, even as far as graffiti as the dragon is the symbol of the city – just as the lion is the symbol of Venice in Italy.

The hilltop-perched castle looks down on the Ljubljana Old Town. A place worth visiting where you can sit at an outside table having a meal or coffee while the world goes by. Numerous bars also co-exist spilling out onto the cobblestone.

The Ljubljanica River flows through Ljubljana’s Old Town past beautifully coloured buildings with a myriad of bridges spanning and linking both sides – really worth the visit.

One of the friendliest, easy to navigate, very relaxed places in Europe without the hustle and bustle of the more visited and known countries, you will thank yourself for taking the time to visit this little gem. ■



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# Spinach & Ricotta Pie

courtesy of  Australian Home Cooks

## BASE INGREDIENTS

- 1 cup rolled oats
- 1 cup grated cheese
- 1/4 teaspoon paprika

## FILLING INGREDIENTS

- 1 egg
- 1 cup spinach, cooked and chopped
- 250g ricotta or cottage cheese
- 1/2 cup grated cheese
- 1/4 teaspoon nutmeg
- 1/2 teaspoon salt
- ground black pepper
- extra grated cheese

## METHOD

1. Preheat oven to 180°C
2. Mix base ingredients together – oats, cheese & paprika. Press into a well greased 20cm pie dish.
3. In another bowl, lightly beat eggs. Mix in spinach, ricotta or cottage cheese, grated cheese, nutmeg, salt and pepper.
4. Once combined spoon mixture into pie crust and sprinkle with extra cheese.
5. Bake for 30 to 35 minutes.

## HANDY KITCHEN TIPS

### Sharing is caring.....

**Uncooked Spaghetti** Use a piece of uncooked spaghetti as a cake tester to see if cake is cooked through to the centre. This is a trick is from Ms Nigella Lawson.

**Ice Cube Trays** Any left over coconut milk or stock that is unused, pour into ice cube trays and freeze until solid. If you have a small freezer, transfer the frozen cubes into a zip lock bag to save space and label.

**Used Lemons & Limes** Give them a second life after cutting and juicing by using as Fridge fresheners. Leave them in the fridge until the scent is no longer. The smell is subtle but effective to reduce odour in the fridge for a short period of time.

Do you have any tips to share?





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## Noah's Inclusion Services

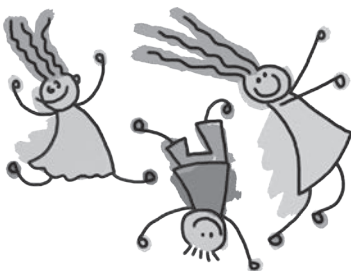
Contributed by Julie Munley

48 Paradise Beach Rd Sanctuary Point (next to the blue library) Ph 4423 5022

Christmas is fast approaching and we all know how hard it can be to find that perfect present for your child. Noah's Inclusion Services has put together the ultimate guide for Christmas with our top picks that are both fun AND help kids reach those important developmental milestones.

**GAME AND PUZZLES** Games and puzzles are always fantastic presents that will be played with long after the Christmas tree has been packed away. They help develop fine motor skills and encourage problem solving, coordination and turn-taking as well as being lots of fun. Some of our favourites are Super Sorting Pie, Bugs Building and Shopping list, but any age-appropriate games or puzzles would be great.

**ART & CRAFT** Art and craft supplies are always a great gift and are loved by kids of all ages. Younger kids enjoy playdoh which is great for developing hand strength and lets their imagination go wild.



Bubbles and stickers are also great, inexpensive gifts that keep kids entertained for hours and encourage fine motor skills and hand-eye coordination.



**OUTSIDE PLAY** One of the best investments you can make if you have young children is a water table or trough. You can buy some with lots of fancy attachments or something basic can be just as good using household items like cups, funnels and watering cans.

Remember to always supervise your kids around water and discard any stored water directly after use.

Another great gift is a swing or larger balance equipment for your backyard. This is perfect for building confidence and gross motor skills and burns of lots of energy.

Hope you enjoy these tips for buying fun and practical gifts for children as we head towards the festive season.

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## How do I become a Justice of the Peace?

**In continuing on from my last article on how to find a Justice of the Peace, I have added a few other thoughts and the NEW procedure for Appointment as a Justice of the Peace in New South Wales.** How many JPs are in your area ..... over 50 and sometimes you cannot find one, I wonder why?

Justice of the Peace prior to the year 2000 were JPs for life. This changed in the year 2000 to a five-year term, even the person who was a JP for life was given a five-year term and then renewal at the end of that. For the first time in our history JPs are now required to complete a 20 question test and must obtain 100% so they know what they are doing and are competent.

As you can see below you must do the test first, prior to meeting with your State MP. Prior to this you were given a book with the legal action a JP could take and wished the best. Now you need to know what you are doing.

### **What you will need:**

1. To register for JP Online.
2. To pass the JP Knowledge Test. This is based on the information in the JP Handbook.
3. To complete an appointment application form. This includes requesting a NSW Member of Parliament to consider nominating you.
4. The application will indicate which documents you need to provide, and may include any of the following:
  - Your Australian Birth Certificate
  - Your Australian passport
  - Your Australian citizenship certificate
  - A document from the NSW Electoral Office which shows you are currently enrolled to vote in NSW
  - A change of name certificate and proof of use of that name
  - Contact details for two character references

- If you are applying to be a community JP, you will need to describe the community based need for your appointment in 2,000 words or less
- If you are applying as part of an employment need, a letter on your employers letterhead demonstrating the need for your appointment.

***Well, how do I apply to become a JP NOW and in the future?*** (must be a minimum of 18 years of age):

1. Select the "Register for JP Online" button
2. Confirm your eligibility and enter your personal details
3. Receive an email from the Department of Justice confirming your registration
4. Take the JP Knowledge Test on JP Online
5. Gather all required supporting documentation
6. Select "Apply to be a JP" to complete the appointment application using JP Online
7. If your local State Member agrees to nominate you, your application will be sent directly to the Department of Justice for processing
8. Take the Oath of Office at a NSW Local Court.

I also suggest that when you are notified you have been appointed a JP then you should join the New South Wales Justices Association to keep yourself up to date as changes come through.

I trust this has been helpful and just a reminder that ALL JPs must go and REGISTER ON JP ONLINE NOW. If you need a hand please give me a call.

**Regards, Laurie – Shoalhaven Branch of the NSW Justices Association – 0438 013 330**

*Please note that Members of the New South Wales Justices Association are now insured for indemnity, what a great reason to be a member.*



# Snippet of Tomerong History

## SCHOOL DAYS

Information sourced from <https://tomeronghistory.com/index.html>



Photos from Tomerong Public School NSW Governors visit 1908



**James McLeod Robertson was appointed as teacher to the new non-vested National school at Tomerong in September 1862.** Sadly Robertson held the position of teacher for only one month as he sustained serious head injuries from an accident whilst traveling to Nowra on the 16 October 1862.

The Illawarra Mercury reported that *'He was on horseback on his way to the Nowra Court House when about 150 yards from Mr Kerr's his horse stumbled and he was thrown against a log lying at the side of the road, (a late windfall from one of the overhanging trees) and seriously injured. His head must have come in contact with the log as he has a fearful deep gash on his head and is quite insensible. Dr Reed was in immediate attendance assisted by Dr Alley who lost no time in hastening to the relief of the unfortunate. This man has a wife and family at Tamarang. Great fears are entertained of his recovery. Had the municipality not been restrained by Mr Berry's injunction from acting the cause of the accident, the log would have been removed.'* James Robertson died in January of the following year and was replaced by Matthew Craig, a single, 34 year old Irishman who had received his training in Dublin.

At this time an attendance rate of 30 children was required to establish a school but by the end of 1863 the average attendance at Tomerong had dropped to just 19 pupils. Consequently, aid was withdrawn and the school closed. Another application for a Non-vested school was submitted

in June of the following year with Malcolm Mathie, Alexander Bryce, and John Parnell acting as the Local Patrons. Inspector McCann's subsequent report indicated the following:

*'1. Situation: The site is very suitable. The playground, one acre, is fenced. 2. Building: Wooden in fair repair, with sufficient accommodation. It also serves as a Church for all denominations. 3. The Patrons: There are no more influential persons in the district. The proposed patrons take a lively interest in the school's prosperity and they represent the two leading religious denominations of the locality. 4. Furniture and Apparatus: Reasonably sufficient – no important deficiency and an abundance of maps. 5. The Teacher: Mr Craig, though singular in manner, is evidently a teacher. He has received a fair training and is evidently devoted to restraints of official routine he is likely to be reasonably successful at Tomerong.'*

In July 1864 the school was re-opened with an enrollment of 38 pupils, but the average attendance was decidedly lower. In October, low attendances threatened a reduction of the teacher's salary.

Later in the same month, Inspector Bernard McCann drowned whilst crossing the flooded Wollondilly River at Rossi's Crossing near Goulburn, so the Local Patrons wrote directly to the National Board. They explained that cold weather, poor roads and lack of bridges

made it difficult for some children to attend. In 1865, numbers were again low with an average attendance of 22 and the Board threatened to withdraw the teacher's salary. In March of the following year, a petition of residents was forwarded to the National Board requesting the continuation of the teacher's salary, stating that Tomerong was the only school in existence throughout the district. It was felt that the school was being discriminated against because it was a Non-vested school. The residents wished '..... to retain the school as a place of worship and hope it will not militate against their interests when the destitution of religious ordinances is put too much on a par with the indigence, the paucity and dispersion of the population of a generally sterile district'. The school continued to operate.

In June 1867, following a visit by School Inspector Huffer, an improvement in numbers showed 17 boys and 16 girls in attendance. It was reported that '..... the material condition of the school was good and it had a healthy tone. Ordinary subjects are taught, but teaching methods are not the most suitable and proficiency ranges from tolerable to fair.....'.

In September of the following year Mr Craig requested school materials which included; one dozen slates (12" x 8"), slate pencils, ink powders, scripture lessons and a map of Europe.

The national curriculum specified the subjects taught. First class was taught reading, writing and arithmetic. Second, third and fourth classes were taught parsing (grammar), geography and object lessons. Object lessons involved the examination of a particular physical object and this could incorporate many subjects such as history, geology and nature study.

A number of reforms occurred in the Education system of New South Wales in 1867 as a result of the implementation of the Public Schools Act. This Act saw the establishment of the Council of

Education, which was responsible for the control of all State funded schools, be they public or denominational. The Council of Education was given the authority to establish and maintain a school where it was believed that 25 children or more would attend. These were now known as Public Schools. School Boards were introduced to replace the earlier Local Patrons, but their role changed very little. However, they were now appointed by the Council and not selected locally.

School Inspectors were required to visit all schools within their district at least once a year to examine the students, the teacher and to report on the general condition of the schools. The Council of Education recommended that school fees should be set by local School Boards at a rate to suit the local economic conditions; this was usually between 6 pence and 1 shilling per child per week. These school fees composed part of the teacher's salary, the balance of which was provided by the Council. This meant that the teacher's income varied according to the enrollments and attendance. These reforms also brought about changes to the curriculum. Singing was added whilst marching drill, drawing, scripture, geometry, algebra and Latin were included as children advanced.

Provisional Schools started to emerge in 1867, mainly in rural areas, which required a minimum average attendance of only 15 children. Often these schools were staffed by untrained teachers or teachers of the lowest classification. A Provisional School was opened at Wandandian in 1868 and operated until 1880 when it became a Public School. It was known as 'Jannung' until 1910. Falls Creek Provisional School, originally known as 'The Falls', commenced in 1886, but a year later was reclassified as a Public School. North Huskisson opened as a half time school with New Bristol in 1871 and operated as such for the next ten years.



## The Journey of Accidental Recruit to Spinning

One of our newer members Moo , (yes 3 ooo's is correct) also known as Michelle, is an absolute character in our group.

Moo was at a member's house procuring something that was totally unrelated to spinning from the member's husband.

Always ready to see if someone would like to spin, Moo was asked by our member if she would like to learn to spin and offered a spinning wheel.

As Moo says: "As a yes girl, she agreed" and before she knew it she rocked up to the Wool Road Spinners and Weavers.

Moo discovered that holding your breath and being stiff with tension while trying to spin was a bit of a disaster. We were trying to reassure her that to just relax, it would all start to happen.

After a number of meetings with tension reigning, and our President Maureen encouraging her to keep trying, not to say I can't, Moo persisted!

We were all so surprised and delighted when Moo arrived smiling with some very reasonable spinning. Her very successful efforts, were celebrated with glee and in a very short time Moo has spun a good quantity of excellent yarn.

As Moo says: "Once you get it, you've got it! In the process of learning it makes you so much more patient. I thoroughly enjoy spinning, and believe it is very therapeutic, helping my arthritis and keeping my mind active, whilst meeting lovely people. Everyone should give it a go and it is a productive skill which you don't lose."

We meet 1st and 3rd Thursday of the month at Jervis Bay Baptist Church classroom, 1 St George Ave, Vincentia. Come and join or visit us, the Wool Road Spinners and Weavers

**July 0403 212 237**



## North Shoalhaven Meals on Wheels – Jervis Bay Service

North Shoalhaven Meals on Wheels-Jervis Bay Service is a not-for-profit organisation that provides meals to older people living in their own homes in the Bay and Basin area.

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# HUSKISSON PUBLIC SCHOOL

Together we are Stronger and Smarter

P: 4441 5074 E: huskisson-p.school@det.nsw.edu.au

## KINDERGARTEN ENROLMENTS

Huskinson Public School are now taking enrolments for Kindergarten 2025.

Head to the "About our School" tab on our website for enrolment information OR contact our friendly office team with any questions.



Safe



Tolerant



Achieving



Responsible

NOW  
OPEN

As part of our **Kindergarten Transition Program** we have playgroup sessions and orientation mornings scheduled.

Another important and fun part of the program is the **Starting School Interview** which is an introduction to Huskinson Public School with Ms Kim Lovell where you will discuss school readiness.

The **Best Start Assessment** part of the program is a relaxed one on one assessment to gain insight into what early literacy and numeracy skills your child will be bringing with them to school. Bookings will be arranged Tuesday 4th - Friday 7th February 2025.

And the most important date is the **First Day of Kindergarten** which is Monday 10th February 2025 from 9.15am to 2.30pm



Enrol Now

Save the  
Date



Website: <https://huskisson-p.schools.nsw.gov.au/>



Phone: (02) 4441 5074

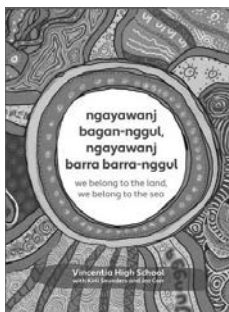




# VINCENTIA HIGH SCHOOL NEWS

Our staff and students took to the stage on Wednesday 4 September at the Sydney Opera House!

## We were a part of the Indigenous Literacy Day, launching 2 books!



**Book 1: ngayawanj b a g a n - n g g u l , ngayawanj barra barra-nggul – we belong to the land, we belong to the sea...**

Is a collection of poems and stories in dhurga and English, by our students from VHS.

The accompanying artwork, created by the students for the Community, honours the people and Country to which they belong.

## Book 2: bagan, barra, mirriwarr: The Boys Who Found Their Way....

The words and illustrations celebrate the students' deep relationship with the land and sea, revealing the places, animals and cultural practices that nourish, strengthen and inspire them all. These interconnected stories reveal that we, as a whole, are part of a greater narrative and therefore have an obligation to connect with and care for Mother Earth.

Long, long ago, after the Dreaming, two Yuin boys go exploring on a bidhu (mountain) in search of food. They meet with animals of the

bagan (land), barra barra (sea) and sky (mirriwarr), who teach them about being on Country, connecting to the land and to each other.

Written by two of our students aged 12 and 13, The Boys Who Found Their Way incorporates words from the dhurga language of the Yuin people from our beautiful South Coast of NSW.

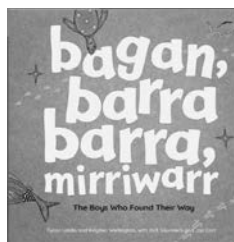
We also featured at the Indigenous Film Festival in September. The artworks created are huge! (1.8m x 0.9m), gifted to George Brown-Walker of Booderee National Park and to Aunty Gai Brown, of our ganya garindja (Shelter for Youth) faculty.

Congratulations to students Tyran Uddin, Myles Brown, Kayden Wellington, Isabella Van Oploo, Elijah Ardler, Iesha Walker, Jonah Ardler Pascoe, Pearl Rohrt, Alice Ardler, A. Smith, Taza Wellington, Ruby Butler and our staff Aunty Gai, Jaz Corr (dharawal artist), Aunty Janinne, Jonathan Hill, Aunty Glad, Mr Worthy, Marion Worthy & Nigel Marsden, with gunai author Kirli Rae Saunders for creating exceptional books, art and film, which have become major parts of our school and community history. Families of our students also attended the launch, and were enormously proud of their children's achievements.

These books were made possible by the partnership that has been forged with the Indigenous Literacy Foundation – a national charity that works with communities nationwide to publish culturally relevant books in the languages of these lands.

It was the first time that the Indigenous Literacy Foundation had worked with a regional community in NSW. The livestream event was broadcast to almost 400,000 people across Australia and the world and included performances from Jess Mauboy and Josh Pyke.

This year's theme was '**Be a proud voice for Country**' and our students certainly embraced



this message. Our students shared their poetry, dances, didge playing and culture with a captive audience that consisted of local schools, prominent authors, Indigenous Literacy Foundation Ambassadors and community members.

Vincentia High School is immensely proud of this achievement. It is a testament to our commitment to language revitalisation and honours all the hard work that went into developing the dhurga language program, almost 20 years ago.

We would like to thank the Indigenous Literacy Foundation for making the publication of these books possible.

We are currently in the process of planning a local book launch for all community members who could not make it to Sydney. Stay tuned!

The Indigenous Literacy Foundation website can be found here, to purchase the books and to find out more about the Foundation – <https://www.indigenousliteracyfoundation.org.au/>



## **FIONA PHILLIPS MP**

**Federal Member for Gilmore**

I'm here to help with issues like Medicare, Centrelink, aged care and pensions, the NDIS, Veterans' Affairs and community grants. I can also arrange flags, and special birthday and anniversary messages.

**Please let me know how I can help you.**

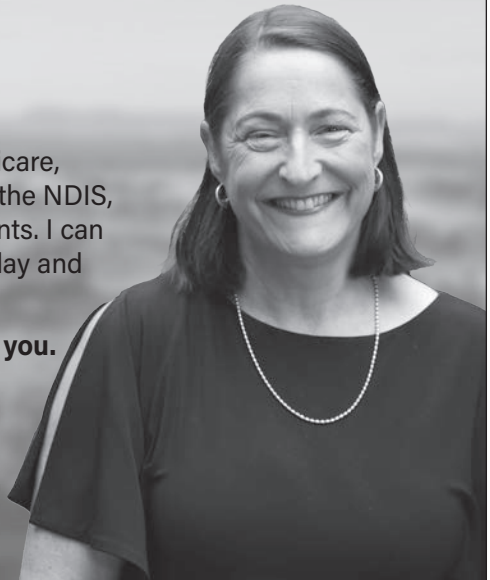
☎ (02) 4423 1782

✉ Fiona.Phillips.MP@aph.gov.au

🌐 fionaphillips.com.au

★ 3/59 Junction St Nowra NSW 2541 &  
1/6-8 Orient St, Batemans Bay NSW 2536

Authorised by Fiona Phillips MP, Nowra.





## What we are doing at **VINCENTIA PUBLIC SCHOOL**

### **TOURNAMENT OF MINDS**

Two VPS teams competed in Tournament of Minds Challenge at the University of Wollongong.

Both teams were praised for their creativity and hard work, making the school incredibly proud of their achievements.



### **SHOALHAVEN CHORAL MUSIC FESTIVAL**

The VPS school choir (*pictured left*) showcased their talent at the Shoalhaven Choral Music Festival held in the Shoalhaven Entertainment Centre, also singing as a combined choir with other local schools. Congratulations to all the students for their commitment in learning all the songs and actions performed on the night.

### **WHEELCHAIR BASKETBALL**

Brendon from Wheelchair Sports NSW came to our school and chatted with our Stage 3 students about disability awareness and the rules of wheelchair basketball. The students then got to play the game!



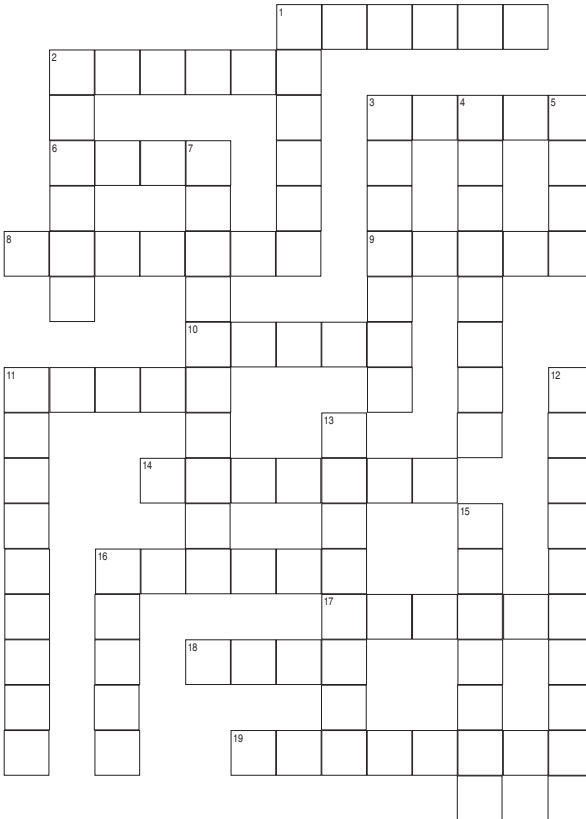
### **PUBLIC SPEAKING**

VPS hosted the BBLC Public Speaking Finals with speakers from Stage 2 and 3 representing many local schools.

Congratulations to Anneliese (*pictured right*), our Stage 2 representative, who won her competition!



# Test your world capital city knowledge



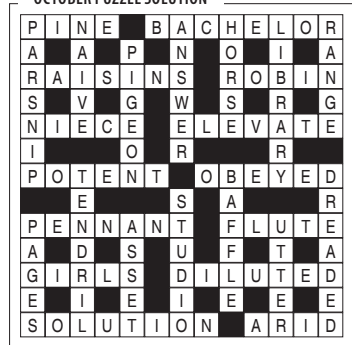
## Across

1. Russia (6)
2. Bahrain (6)
3. Afghanistan (5)
6. Fiji (4)
8. Iraq (7)
9. Cape Verde (5)
10. South Korea (5)
11. Bulgaria (5)
14. Indonesia (7)
16. Czech Republic (6)
17. Iran (6)
18. Norway (4)
19. Chile (8)

## Down

1. Spain (6)
2. Oman (6)
3. Uganda (8)
4. Hungary (8)
5. Peru (4)
7. Ethiopia (5,5)
11. Sweden (9)
12. New Zealand (10)
13. Sierra Leone (8)
15. Venezuela (7)
16. France (5)

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# KIDS

## ORNER

### WHO LOVES RIDDLES?

*Riddle 1* – What has a thumb and four fingers, but is not a hand?

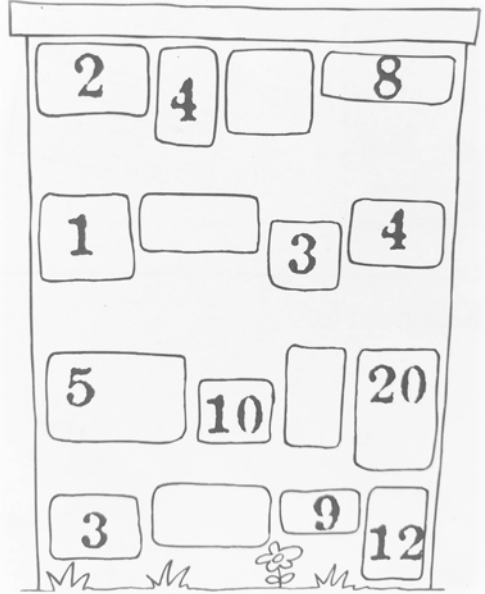
*Riddle 2* – What has a head and a tail but no body?

*Riddle 3* – What building has the most stories?

*Riddle 4* – What tastes better than it smells?

*Riddle 5* – What has 13 hearts, but no other organs?

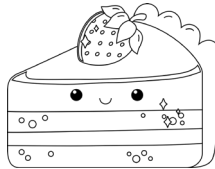
Fill in the missing numbers



### JOKING AROUND.....

Q. Why did the student eat her exam?

A. The teacher told her it was a piece of cake!



Q. Why was the cookie crying?

A. Because his mom was a wafer so long.

Q. What do you call a pea who woke up on the wrong side of the bed?

A. Grum-pea



Q. What did the grape say when he was squished?

A. He let out a little wine.

Answer 1 A glove; Answer 2 A coin; Answer 3 The library; Answer 4 Your tongue; Answer 5 A deck of cards

## HUSKISSON PICTURES



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