

About.....[©]

Our Bay & Basin

SEPTEMBER 2025

Vol 22 Issue 8

Supporting Women's Health
**IN HER WORDS:
HealthTalks**

WHAT CAN I SPIN?

Wool Road Spinners & Weavers

JERVIS BAY ARTS TRAIL

Artist Lead Open Studio

Juvenile and Parent Pied Oystercatcher - photo by Yolande Cozijn

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A Word from the Editor

WELCOME TO OUR SEPTEMBER EDITION OF THE

About MAGAZINE.

Spring has finally arrived – and with it, a much-needed breath of fresh air.

Across our neighbourhoods, trees are budding, gardens are coming back to life, and there's a new brightness in our mornings. Whether it's the scent of jasmine on a walk, the laughter of kids playing outside again, or the return of local markets and community events, spring brings with it a feeling of possibility.

This season is all about renewal – not just in nature, but in spirit. It's a time to reconnect with neighbours, support local makers and growers, and enjoy everything our community has to offer under clear blue skies.

As always, thank you for being part of our growing community. If you have a story to share, a photo you love, or an idea for a future edition, we'd love to hear from you.

Here's to fresh starts, longer days, and all the small joys of spring.

This months must reads:

- Brian's Nowra, **About** Monthly Feature – Pages 26 & 27;
- What Lies Beyond – Vanuatu – Page 31
- Schools Corner – Pages 34 to 38

**Regards and happy reading
Editor**

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The latest interest rate cut of 0.25% is a welcome boost of relief for households and businesses alike. For home loan borrowers, it means lower repayments and more breathing room in the budget or maybe the chance to buy their first property. For businesses, it opens the door to invest, expand or take advantage of favourable financing while sentiment is high.

Beyond the numbers, this is a moment of opportunity – a chance to refocus on growth, innovation and future planning. The rate cut signals confidence in stimulating economic activity, inflation is under control and the excitement lies in how individuals and businesses can leverage this momentum to strengthen their positions in the months ahead.

Now is the perfect time to explore your options – enquire today to see how we can assist you at Bendigo Community Bank Sanctuary Point & District in making the most of this opportunity. A home loan health check could be just what you need to get ahead and realise your goals. Let Tayla Markland our Home Loan Specialist make sure your home loan is still right for you and your current needs.

James Marin – Branch Manager – 4443 9825

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With the current cost of living, there's never been a better time to review your home loan.

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Tayla Markland – Customer Relationship Manager
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Basin Villages Forum

A Shoalhaven City Council Consultative Body

HOW TO BE INFORMED ABOUT DEVELOPMENT

Shoalhaven Council recently wrote to the Basin Villages Forum to provide support advice for community to better connect to Development Application Tracking. That advice is provided below. It is our long term experience at the Forum for both Basin and other CCB communities that knowing how to access and work with DA TRACKING is critical to both the knowledge and understanding of the development process and likely outcomes.

COUNCIL DA TRACKING DEVELOPMENT PROPOSALS

To promote community participation in decision making processes that impact individuals and their local community Shoalhaven Council want the community to be able to access Council's DA Tracking website.

The DA Tracking website allows community members to view the plans and relevant information for each development application and is the best way to make an enquiry or comment on a specific DA through the dedicated DA enquiry form. Complete, up to date information on DAs can be accessed by the community through the Shoalhaven City Council DA Tracking website at any time.

Additionally, individuals can track the progress of their Development Applications from lodgement through to determination. This is the same information as in the attachments – it is uploaded automatically to Council's website and can be accessed at any time. If your community needs support in accessing or using the DA Tracking website please encourage them to reach out to Council for support by calling Council on 1300 293 111 or emailing development@shoalhaven.nsw.gov.au

Development Services
Bridge Rd (PO Box 42) Nowra NSW 2541
council@shoalhaven.nsw.gov.au
development@shoalhaven.nsw.gov.au

RECENT FORUM BUSINESS – Sanctuary Point Library

There is always quite a range of topics involved in Forum meetings. The July meeting heard a report from a recent meeting of Sanctuary Point Community Pride where Clr. Bob Proudfoot addressed the continuing issue of the Sanctuary Point Library. He indicated that parking for the Country Club was an issue for the selected site at the shopping centre and that Clifton Park would be a preferred site. Forum discussion in July indicated it does not accept either of these contentions. The Forum will continue to support Pride's position and petition, which now has 1000+ signatures.

FORUM FACEBOOK AND WEBSITE ACCESS

The Forum Facebook site has not been under our direct administration for quite some time and appears little used. The committee is working on rectifying that. The Forum has also renewed our website domain but we recognise the site requires renewal to be useful.

The **About** magazine remains one of major means of communication and the committee is looking at sending meeting Minutes to our private email network of members. If you would like to be included in our private or Bcc email network for notification of meetings, Agenda and Minutes, and key business of the Forum let us know via email or at a meeting. These are key ways in which Forum CCB information can be accessed.

MEETINGS 3RD MONDAY EACH MONTH

ST GEORGES BASIN COMMUNITY CENTRE, MERITON ST, STGB
7.15PM FOR A 7.30PM START – **Supper is served**

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**September 15th
October 20th
November 17th also AGM**





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Ismail Larney
Dental Prosthetist

Ish became involved in Dental Prosthetics (Denture making) through his passion for painting and sculpting. From a very young age he carved his family's firewood. He was able to link his passion for carving and sculpting to his career and by restoring the facial features of maxilla facial patients.

He manufactured artificial eyes, noses, ears, cast metal splints and obturators for many years at the Sydney (United) Dental Hospital.

Ish has over 30 years experience in making dentures. He became a dental tutor in 1986 and recently retired from teaching however, his retirement was short lived and Ish has now opened a private practice in Vincentia so he can continue doing what he loves best.

When he is not in the practice Ish does voluntary work with Poche Centre for Indigenous Health (University of Sydney).

Come in and have a chat, we are here to help!

Ish 0410 683 658
Bianca 0438 130 487





Still Going Strong

In 2011 Sanctuary Point Community Pride Inc started **Spring into Sanctuary Point** as a celebration of our community – showcasing the various groups and sporting bodies in Sanctuary Point and surrounds. These local organisations are invited to have a stall at the fair at no cost to demonstrate their activities and encourage the community, especially newcomers, to join them.

Spring into Sanctuary Point is both a spring into action and a welcome to the Spring season.

There is a lot of work in holding the fair both in the planning and on the day. SPCP would welcome volunteers for set up, marshalling and more. If you are interested, our Secretary Gwen Price can be contacted on 0419 492 348 or email sanctuarypointcommunitypride@gmail.com

Now in its 15th year, SPCP is proud that the community supports the fair. We thank our sponsors – Bendigo Bank whose grant will cover the costs of a professional sound system and the Council's application fee; Firefly Bay and Basin's support includes holding the poster competition; Jervis Bay Lions Club for the

jumping castle; South Coast Urgent Response for the first aid station; and a grant from Veolia Mulwara enables us to purchase more rubbish bins to ensure Francis Ryan Reserve remains clean and tidy.

We also thank the many local businesses that donate prizes both for our raffle and for the Lucky Gate Competition on the day.

We pay special mention of our regular raffle supporters Symone's Avenue of Beauty and Sanctuary Point Garden Centre.

Each year the proceeds of the raffle are returned to the community to assist projects and organisations. This year the funds will go towards the building of a picnic shelter in Clifton Park. Raffle tickets will be on sale at stalls around the area from mid-September. As usual the raffle will be drawn at Spring Into Sanctuary Point.

A DATE FOR YOUR DIARY – Spring into Sanctuary Point will be held on Saturday 18th October 2025 at Francis Ryan Reserve from 9am to 1pm. We look forward to seeing you there. ■

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Empowering women through education, connection and care

Session 1 Dates:

**Wednesday 17th September 2025 &
Wednesday 1st October 2025**

7pm – 8pm @ The Vincentia Community Hub,
Shop 14, Vincentia Shopping Village,
Burton Street, Vincentia

Join us for a free health education series designed to inform, support and connect women in our community. This first session explores the physical, emotional and hormonal changes of perimenopause and menopause – what's normal, what's not and how to navigate this life stage with confidence.

What We'll Cover

- Understanding perimenopause and menopause: symptoms, time lines, and transitions
- Hormonal changes and their impact on mood, sleep, energy and more
- Local women's health and fitness services information and resources
- Treatment options available and where to access support
- How to advocate for your health

Cost: FREE All women welcome!

Just drop an email to jbhc_reception@outlook.com or call 0493 262 892 to secure your place. These sessions will be small group sessions.

Sessions will be presented by
Jo Marjoram – Nurse Practitioner, Jervis Bay Health Choices.

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Artist-led Open Studio Trail Launches in Jervis Bay

There's a new cultural attraction on the South Coast with an artist-led initiative taking place every month across the Jervis Bay & Basin region – the Jervis Bay Arts Trail.

On the last Saturday each month, up to 20 local artists open their studios to visitors, showing their unique processes, materials and works-in-progress. The artists also have finished works for sale, including framed paintings and photographs, wearable art, greeting cards and gifts.

Pop-up locations such as the Vincentia Connections Hub, a shop within the Vincentia Shopping Village, and the Jervis Bay Shellfish Market in the Huskisson industrial zone, serve as high foot traffic touch points for the Trail members.

These pop-ups are updated regularly, so that frequent visitors to the Trail always have new artworks to see and buy. They also act as a reminder for people to add the open days to their calendars, for something interesting to do in Jervis Bay.

Debra Quartararo, a landscape painter and founding member of the Jervis Bay Arts Trail, said: *"This is a group of very talented and motivated artists who have joined forces to offer a regular cultural attraction in our region. We are already experiencing excellent visitor numbers in the few months we have been together, as well as sales of our work."*

The Jervis Bay Arts Trail has gratefully received sponsorship support for marketing from the Shoalhaven Art Society, the Jervis Bay Shellfish Market, Jervis Bay Brewing Co and Jervis Bay Weekend. They recently held a group exhibition at the community gallery at Cambewarra Estate, which was a showcase of the variety of mediums and techniques within the Trail members.

The team of artists installs an abundance of signage around the Jervis Bay area the week before each open day. The website is updated with the details of which artists are open that month, and where to find them. On the day, artists place an "open" sign out the front to help visitors find their way along the Trail.

The Jervis Bay Arts Trail studios are open 11am-2pm on the last Saturday of the month.

For information about Jervis Bay Arts Trail or the participating artists go to
<https://jervisbayartstrail.com.au>

see the website for participating artists

jervisbayartstrail.com.au





Capturing Community: THE BAY AND BASIN CAMERA CLUB



Nestled in the scenic surrounds of Jervis Bay and St Georges Basin, the Bay and Basin Camera Club (BBCC) has been a vibrant hub for photography enthusiasts since its founding in 2008. Whether you're a seasoned shutterbug or just discovering the magic of photography through your mobile phone, BBCC offers a welcoming space to learn, share, and grow.

A Club with Vision The club was established to serve the growing community of photographers in the Bay and Basin area of the NSW South Coast. Its mission is simple yet powerful: to provide an informative, casual, and friendly atmosphere where members can expand their photographic knowledge and creative horizons.

When and Where BBCC meets at 7.30pm on the 2nd and 4th Tuesdays of each month at the Vincentia Community Hall, conveniently located near Coles on The Wool Road. These gatherings are a mix of workshops, competitions, guest speakers, and image critiques – designed to inspire and challenge photographers of all levels.

Competitions and Creativity One of the club's highlights is its monthly digital competitions which culminate in the Photographer of the Year and Photo of the Year awards. Members are encouraged to explore diverse themes, from landscapes and portraits to abstract and experimental photography.

Beyond the Lens BBCC maintains an active online presence through its website, Facebook

pages and Flickr gallery, showcasing members' work and offering resources like Lightroom tips, judging guides, and presentation ideas. The club also organises workshops and outings, making it a great way to connect with fellow creatives while exploring the natural beauty of the region.

Join the Club Whether you're looking to refine your technique, gain feedback on your work, or simply enjoy the camaraderie of like-minded individuals, the Bay and Basin Camera Club is a fantastic place to start. With its relaxed vibe and passion for photography, it's more than just a club – it's a community.

To learn more visit

www.bayandbasincameraclub.org.au.



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Spaghetti Marinara

courtesy of  Australian Home Cooks

INGREDIENTS

- 1 tbsp olive oil
- 1 medium brown onion, finely chopped
- 1 tsp chilli flakes (optional)
- 400g can diced tomatoes
- 400g thawed seafood marinara mix
- 375g Spaghetti No.1
- 1 bunch flat-leaf parsley, thinly sliced

METHOD

1. Heat the oil in a large saucepan over medium heat. Add the onion, cook stirring for 5 mins or until onion softens. Stir in the chilli, if using, and cook for 1 min or until aromatic. Add the tomato and bring to the boil. Reduce heat to low. Simmer for 5 mins or until sauce thickens slightly. Season.
2. Add the marinara mix and gently fold through the sauce. Reduce heat to very low. Cook for 2 mins or until seafood is just cooked through. Remove from heat.
3. Meanwhile, cook the pasta in a saucepan of boiling water following packet directions or until al dente. Drain.
4. Add the pasta and two-thirds of the parsley to the seafood mixture. Gently fold to combine.
5. Top with the remaining parsley. Serve immediately.



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MUCKING IN

CLIFTON COMMUNITY FOOD GARDEN

Hours: Tues and Sat 9 to 12; Fri 2 to 5pm – Contributed by Colleen McIntyre

The Fundraiser or Open Day is the day we invite the locals and visitors too, into the garden to check on the progress of our labour and of course present the fundraising produce. And, do you know, they are such fun! It is such a lovely sunny spot, and folk are all so happy and friendly, laughing and joking and mixing with one another. Always excellent value, the produce and preserves are delicious and everyone has their favourite flavours.

Our members are always happy to share a recipe or a chat with all who come. Children can see how their food grows. The members enjoy a morning “cuppa” and a special, homemade cake for that month’s birthday celebrations, while they, the birthday folk, get a bit of a ragging!! We are always so grateful for the donations of citrus fruit from the local fruit trees too, as this provides us with the resources for the maintenance of the garden. It is also appreciated that so many people are happy to return any jars they have. Cheers all ‘round.

The Open Morning for September will be Saturday 20th, come on down and enjoy the fun and sun, grab a jar of delicious “taste sensation” to enjoy with your lunch.

There was a huge donation of magnificent citrus fruit this winter so our members have been busy chopping and stirring, and may I mention preparing jars for these preserved creations. Flu fighters in jars! Thank you sincerely to these friends of the garden who heard our pleas for fruit.

Our gardeners have managed the white cabbage moth so well this winter, so far. Frequent very close inspections of both the back and front of the leaves have kept the green caterpillars away, and keeping the doors of the

netted areas firmly closed helps too. In the past, the gates have blown open allowing access to those white moths with disastrous results when their green babies appear, munching all in their sight.

The Panama Passionfruit gave a bounty of fruit this year, much to the delight of many who enjoy the tart/sweet juicy fruit on their yoghurt in the breakfast bowl. It enjoyed full sun in the front garden and certainly performed beyond expectation. Certainly a treasure plant and worthy of a trellis or fence in any garden.

A number of the raised beds in the garden have been planted with green manure crops to nourish and improve the condition of the soil. This is turned into the bed and rested further allowing the plants to breakdown in this soil. This is another part of companion planting – the bed being rested further and not planted with a crop until summer. Also, it is a valuable part of crop rotation and to help control viruses and nematode infestation in the soil.

Many enthusiastic members of the garden gathered for a social evening during the deluge which was the start to August. The previous BBQ was cancelled due to inclement weather but our President declared that the show must go on; after all “he had chopped all those onions.” So a wonderful winter feast was shared by the brave foodies who gathered, happy to share their creations and new recipes. Due to the previous hard work of the construction team and willing workers the undercover area is large enough for several folding tables, so a sit down dinner was enjoyed by all.



HOW DO YOU SLEEP?

Ashwagandha seems to be the flavour of the month. When we last reviewed it (Oct. 22) the herb was little known. Lately, the name seems to be on the bottle of every stress formula in the "natural" section of the chemist. Does it reduce stress? Well dear reader, read on.

Alert readers would notice "somnifera" in the Latin name - meaning sleep inducing. When people ask me what is this herb good for and I tell them that it gives you a good night's sleep they seem unimpressed. Apparently they want something a little more exciting than just good sleep. But what is wrong with sound, restful sleep? The kind where you wake up in the morning and realise you have slept all night long; the kind of sleep that gives you that "get up and go" feeling. The kind of sleep that makes you say, "It's great to be alive!"

Ok, as you stagger out of bed in the morning that last part sounds a bit deranged - let's move on.....

The other supposed effects of Ashwagandha is a reduction in stress levels, a surge in vitality, increased stamina and even a higher libido. I agree – that's all part of the package. However in my view these are secondary effects. If you sleep well, for sure you're going to feel better in the morning.

Traditionally, this herb is prescribed for anyone who feels stressed, run down and tired all the time. They might be trying to do too much or even doing too little – both tend to have the

same outcome. When tired it is easy to make poor decisions, stress over little things and lack enthusiasm. Ashwagandha can help.

Unfortunately, no amount of Ashwagandha seems to increase enthusiasm for washing the dishes or taking out the garbage.

You can buy Ashwagandha as a chopped up root and boil it for 10 minutes and drink the tea – the traditional way.

Or if you can't be bothered with all that rubbish, you can pay the usual ridiculous prices and buy it in a bottle from your local chemist. Use it for a week or two and then stop it for a week to see if you can notice the difference.

Best results come from intermittent use – do not take it all the time, just when you feel the need. Not suggested for use during pregnancy and may not mix well with anti-depressants.

Fun Fact:

This herb has an earthy smell. "Ashwagandha" in Sanskrit means "smell of the horse". One sniff will make you think you are in the stables holding the reins of the next winner of the Melbourne Cup.

Also it tastes a little bitter (okay a lot bitter). It may be "the flavour of the month", but don't expect vanilla flavour with caramel swirl and choc chips. Get real!





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Thank you to every staff member, volunteer, client, participant, and community member who is part of BCR Communities.

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Noah's Inclusion Services

Contributed by Nicole Kennedy, Team Leader

48 Paradise Beach Rd Sanctuary Point (next to the blue library) Ph 4423 5022

PlayConnect Playgroup



PlayConnect is a free, safe and supported playgroup program for families with children aged 0-5 years who are on the Autism Spectrum or have developmental delays or behavioural concerns. Noah's Inclusion Services offers PlayConnect playgroups run by an experienced facilitator. Groups aim to:

- Support child development and social engagement through play
- Create lasting peer support networks for parents, carers and siblings
- Connect families with expert Noah's staff and local support services

The program is free to attend and no diagnosis or NDIS plan is needed.

PlayConnect is held at: Noah's Sanctuary Point on Wednesdays 10am to 11.30am during school terms.

For more information or to book your child's place, please phone (02) 4423 5022.



Scan for
location details



PlayConnect
Playgroups

 HUSKY Sports Our community club 336 Huskisson Rd. Ph: 4441 5135 <i>Information for Members & Guests</i>	What's On SEPTEMBER 2025	
	Sat 20th Crimson Chaos 7pm LUCKY 88 CHINESE RESTAURANT - 4441 7063 Lunch 12-2pm; Dinner 5-8pm <i>Dine In Bookings Essential;</i> Takeaway: Pick up from side entrance Kioloa Street	Sat 27th The Ultimate Mix 7.30pm MEAT MARKET THURSDAYS Tickets on sale 6pm; Draw from 7pm MINI GOLF Open 10am. Bookings preferred last booking 4pm



Wool Road Spinners & Weavers

Inc.



WHAT CAN I SPIN?

There are many questions that a spinner can ask as there are so many different fibres to consider. The next question is to consider what fibre will give the result desired.

When considering wool these are some of the more common varieties: Merino, Corriedale and Polworth.

- **Merino wool** is renowned for its ultra softness, fine fibres and its warmth. Within merino you can get Ultrafine, superfine, fine, medium and strong. However the finer varieties are often used for garments that sit close to the skin like base layers and sweaters due to its softness and its moisture wicking ability.
- **Corriedale** is from a sheep that is a cross from Merino and Lincoln sheep and has the characteristics of softness and durability with a medium-fine texture. This is a wool that is easier to spin, giving a sturdy but soft yarn.
- **Polworth** is another crossbreed of a Merino and Lincoln sheep noted for its balance between softness and durability. It is also good for felting.
- Then there are other fibres:
- **Cashmere** from the undercoat of cashmere goats and it is used in high-end garments like sweaters, scarves and shawls that offer warmth without bulk.
- **Mohair** produced from Angora goats and is known for its shine and strength however it can feel scratchy to sensitive skin
- **Alpaca** is soft durable and silky with superior thermal properties. It is an excellent choice for those sensitive to sheep wool.
- **Camel** is from the soft undercoat of the camel and it is known for its warmth, softness and natural tan colour.
- **Angora** is from Angora rabbits and famed for its softness, fluffiness and warmth. It is perfect for delicate, lightweight, and warm items like baby clothes, luxury scarves and fluffy sweaters
- **Mulberry silk** is produced by silkworms fed exclusively on mulberry leaves, this is the highest quality silk and known for its smoothness and lustre
- **Tussah silk** is made by wild silkworms and is slightly coarser than mulberry silk. It is stronger and more textured than mulberry silk
- **Cotton** is a soft, fluffy fibre that grows in a boll around the seeds of cotton plants. It is known for its versatility, durability and absorbency. It is lightweight and breathable, and it produces a cool, soft yarn that is ideal for warm weather wear.
- **Linen** is from the flax plant. Linen creates beautiful garments, table linens, bed linens. It is appreciated for its natural, elegant drape and crisp texture.

Then there are the more unusual fibres that can be spun: Bamboo, nettles, coir, pineapple fibre from the leaves, banana fibre from some of the stems. And yes, you can spin dog fur, cat fur and even human hair but with great difficulty and with regards to dog and cat fur very thorough cleaning is needed to get rid of oils and odours otherwise it could smell like a wet dog!!!

We meet every 1st and 3rd Thursday of the month. You are welcome to drop in for a chat and a cuppa at Jervis Bay Baptist Church classroom, 1 St George Ave, Vincentia from 9.30am to 1pm. Judy 0403 212 237

It Takes a Village: BCR Volunteer Driver Mentors are Changing Lives



After 40 years in education, including two decades as a school principal, Greg Woods thought he had seen it all but teaching his grandson to drive from scratch was a new kind of challenge. *"When we started, he hadn't even turned on a car," Greg laughs. "But we took it step by step."* Every gear change and road rule was patiently explained until his grandson earned his P-plates and now drives himself to university. *"I was so proud when he got his licence."*

Even when his grandson didn't pass the first time – going just 2km over the limit in a school zone – Greg turned it into a learning experience. *"You just need to stay calm and try again,"* he says. *"If you're relaxed, your learner will be too."*

That experience inspired Greg to share his patience beyond his family. When he saw an ad for BCR Communities Ls to Ps Driver Mentoring Program, he knew he could make a difference for young people without someone to help them at home.

Now as a volunteer mentor, Greg helps young drivers like Julia (pictured) build confidence behind the wheel. He is also mentoring a young man who lives with his grandfather who doesn't drive or own a car – making Greg's support essential for reaching the necessary hours of supervised driving. *"Where we live, a licence isn't just handy – it's essential. Public transport won't get you to a job or apprenticeship."*

And while he's the one giving his time, Greg insists he is learning just as much in return. *"Spending time with young people is the best. They see the world differently, and they teach you things you'd never expect – like how to fix your phone in five seconds flat!"*

There are many young people in our community waiting for a driver mentor to help them. If you can spare even just one hour a week, please call BCR on 1300 222 748 or visit BCRcommunities.com to find out more.

The Pied Oystercatcher



The Pied Oystercatcher is a striking black and white shorebird found along Australia's coastline. With its vivid orange-red bill and eyes, plus pink legs, it's easily recognisable and often seen probing sandy beaches, mudflats, and estuaries for molluscs and invertebrates. Their long chisel like bill is perfectly adapted to pry open shells, especially bivalves like pipis.

Once widespread and common their population has declined especially along our heavily developed coastline. It is an endangered species in NSW, with a vulnerable population of an estimated 200 pairs found along the coast, including at Jervis Bay.

Pied Oystercatchers are monogamous and often return to the same nesting site year after year. They nest directly on the sand above the high tide line, laying well camouflaged eggs in shallow scrapes. Due to their exposed nesting habits, eggs and chicks are vulnerable to predation and human disturbance, particularly from beachgoers, unleashed dogs and vehicles. Their population faces numerous threats, from habitat destruction to climate change, making their breeding sites even more critical.

At Jervis Bay, the sandy beaches and sheltered shores provide potential nest sites for these birds. For the last couple of years two pairs have successfully bred at suburban beaches in our area. With ongoing conservation efforts – such as signage, fencing and public education our local population will hopefully successfully breed again this spring and summer. *Cover photo and article/photo above contributed by Yolande Cozjin*

Shoalhaven Lydian Singers

We are a community mixed choir. We meet each Wednesday from 6:30 – 9pm at St Andrews Presbyterian Church Hall, Nowra. Access through the gate at bottom of Woolworth's carpark. Come along and sing a variety of music from classical to jazz. Tenors and Basses are particularly welcome. No auditions required. **For enquiries contact Kathy on 0403 690 378.**

NOWRA & DISTRICTS TOTALLY & PERMANENTLY INCAPACITATED (TPI) SOCIAL & WELFARE CLUB

Are you a Military TPI looking for social interaction??? Come and join us. We are always seeking new members. Meetings are at the Shoalhaven Veteran and Family Hub, 124 Wallace St, Nowra on the 3rd Tuesday of most months at 11am. Every few months we have a luncheon so we won't be at our regular meeting place. Spouses and partners are welcome to come along also. **If you are interested in coming along, please contact the Secretary, Harry Back on 0402 366 695 beforehand to confirm what our location will be on that day.**

Shoalhaven Prostate Cancer Support Group

Share experiences of treatments and managing side effects; Discuss the possible impact on partners, family and work; Learn from speakers including medical professionals; Find reassurance and fellowship in an easy going, friendly environment. We meet 2nd Monday of the month from 10.30am at Coastal Waters Conference Room, 110 The Wool Rd, Worroving Heights. **Contact Fred 0435 628 110 or Roy 0405 579 088**



VINCENTIA RURAL FIRE BRIGADE

next door to Leisure Centre, Vincentia
We are seeking community minded volunteers. Contact our Captain on 4401 1750

Huskisson Woollamia Community Voice



Community Consultative Body (CCB)

HWCV provides a two-way communication link with Shoalhaven City Council; other government agencies and; non-government organisations who make decisions that affect you. **Join us to have a say in local matters that effect you and the community you live in.**

MEETINGS

at Huskisson Community Centre, Dent St, Huskisson.

Mondays at 7pm
(aim to finish at 9pm)



Link to HWCV's website

JUSTICES OF THE PEACE Volunteer Help Desk

We are available to help to answer your questions at The Office of the Federal Member for Basins, Suite 3, 59 Junction St, Nowra (around corner from PO). **For more info or to join the local J.P. Branch call Brenda 0407 065 031**

SOCIAL TENNIS

Ladies Doubles – We would love to have some more Ladies join us for some fun and exercise every Tuesday morning 9.30am – 11.30am at The Country Club – St Georges Basin. **Please come along or contact Maureen on 0478 792 001**



We are looking for Volunteer bus drivers.

LR Drivers Licence required. One morning or afternoon per month.

Call Michelle at Basin View Masonic Village on 4443 5034

PHOENIX STRINGS

Like to play Uke? Join a happy group of Uke and Guitar players. Can't play? We will help you! Come along on Thursdays from 1pm to 4pm at the Community Cottage, Edmund Street, Sanctuary Point.

For more information call Sandra 4443 2073 or John on 0403 052 026.



INJURED WILDLIFE?

Call Wildlife Rescue

0418 427 214

www.wildlife-rescue.org.au



VOLUNTEERS NEEDED

Do you have a particular interest and would like to help Basin View Masonic Village? We need your help with activities such as bus trips, craft, exercise and various entertainment events. Just a few hours of your time occasionally will put a smile on the faces of our residents. **Contact Michelle or Jo on 4443 5034 during office hours.**

Rural Fire Services

We have 7 Brigades over two groups in our area.



Basin View, Huskisson,
St Georges Basin, Sussex Inlet,
Tomerong, Vincentia and Wandandian.

New members always welcome.

**EMERGENCY
CALL 000**

IN AN EMERGENCY CALL 000

Fire Control

4424 4424

Basin View	Denise Fabreschi	0412 780 899
Huskisson	Cpt Sanna Reeves	0408 480 424
St Georges Basin	Cpt Michelle Thornley	0427 288 340
Sussex Inlet	Adam Harris	0409 326 660
Tomerong	Doug Schutz	4443 4600
Vincentia	Captain	4401 1750
Wandandian	Brian Edwards	0488 752 489

Shoalhaven Beekeepers Assoc Inc.



meet West Street Community Centre, West St, Nowra on the 3rd Wed (ex. Dec 2nd Wed) at 5.30pm for cuppa, meeting starts 6pm sharp, guest speakers most months. For more info email shoalhavenbeekeepers@gmail.com or 

TOMERONG MARKETS

Every 3rd Saturday of the month from 8am till 1.30pm. Lots of local handmade products and snacks. Find us on  and 
@Tomerong Markets

SHOALHAVEN INDIAN MYNA ACTION GROUP

This facebook page has been setup for the community to share information, educate and share ideas on this pesty bird, the "Flying Rat" Indian Myna which competes and harm's our native birdlife. Join the group for some valuable information to help our local wildlife.



We meet at Jervis Bay Baptist Church school room, behind the Church, cnr Wool Rd & St George Ave, Vincentia, on 1st and 3rd Thursdays from 9.30am to 1pm.
Phone Judy 0403 212 237.

Tennis: Ladies Doubles Social tennis only – no competition

Ladies come along for some exercise & social activity at The Country Club, StGB.
**We need more players for Wed AM.
Ph: 0409 920 878**

Shoalhaven Transition a worldwide grassroots movement, transitioning communities towards a more sustainable future. **Meets monthly 4443 4713.**

Local Markets

Berry Country Fair

1st Sun (except Feb held 2nd Sun) || Berry Showground, Alexandra St || 4464 1476

Callala Beach Makers Market

5th Sat (only in months with 5 Saturdays) || Callala Beach Community Hall || 8am to 1.30pm

Clifton Community Food Garden Fundraiser

3rd Sat || 10am – 12 noon || at the garden Clifton Street, Sanctuary Point || 0412 793 319

Culburra Beach Market

1st Sun || Culburra Community Centre, Fred Evans Lane || 8am to 1pm

Huskisson Markets 2nd Sun || Huskisson Sports Ground || 0409 740 704 (BH)

Jervis Bay Maritime Museum Markets

Twilight Museum Market 1st Sat || 3–7pm || Dent St, Huskisson || Ph 4441 5675 || e: markets@jbmm.asn.au

Milton Village Showground Markets

1st Sat PLUS Long Weekends & Easter || Milton Showgrounds, Croobay Rd, Milton || miltonvillagemarkets@gmail.com

Nowra Showground Indoor Market

4th Sat || Nowra Showground Pavilion || 8am to 1.30pm

Pyree Village Arts & Craft Markets

4th Sun || Shoalhaven Potters Workshop, Greenwell Pt Rd, Pyree || 4443 7312

Royal Coastal Patrol Market Ulladulla 2nd Sun ||

Ulladulla Harbour & Wharf, Wason St, Ulladulla || 4455 3403

Sussex Inlet Flea Market 2nd Sat ||

Uniting Church Hall, Jacobs Dr, Sussex Inlet || 4441 1546

Tomerong Village Market 3rd Sat ||

8am–1.30pm || School of Arts, 360 Hawken Rd, Tomerong || nowramarkets@gmail.com || www.tomeronghall.com || or find us on  or 



**Is drinking
costing you more
than money?**

Don't suffer any longer...

there is hope ...

Call Alcoholics Anonymous 1300 22 22 22 aa.org.au

Weekly Meetings

1st St Georges Basin Scout Group ■ Tasman Rd Scout Hall, SGB ■ Tue 5pm Joey Scouts; 6.30pm Cub Scouts ■ Wed 6pm Scouts ■ Mon 6.30pm Venturers ■ Paula 0400 674 525

Al Anon - Huskisson ■ Tue 1pm & Thu 10am ■ Huskisson Community Centre Dent Street, Huskisson

Alcohol and Drug Treatment ■ Lives Lived Well ■ Nana Muru (Better Road) ■ Free day rehabilitation program runs over 6 weeks in bay and basin (non-residential) ■ Mobile withdrawal program for residents of Nowra and bay and basin ■ 18 yrs and over ■ 1300 727 957 ■ self refer via website www.liveslivedwell.org.au

Basin Radio Controlled Yacht Group ■ Jetty at Island Pt Rd, SGB ■ Tue & Sat 9.30am ■ Racing starts 10am ■ Tony Blackmore 0427 450 278 or Malcolm Griffiths 0431 094 520

Basin Track Bushcare ■ Wed 9am ■ <https://www.shoalhaven.nsw.gov.au/For-Residents/Our-Environment/Bushcare> ■ michael.smith@shoalhaven.nsw.gov.au ■ 0434 691 267

Bay & Basin Art Group ■ Community Centre, Loralyn Ave StGB ■ Mon 9.30am-12.30pm ■ Over 50s ■ Lyn 4443 2848

Bay & Basin Bombers Junior & Senior AFL Club ■ Leisure Centre, Wood Rd, Vincentia ■ Juniors Thu 4.30-5.30pm for girls & boys aged 6-17 ■ Seniors for men & women Tue & Thu 6-7.30pm / Game Day Sat ■ Michael 0417 190 277 or Chris 0403 047 659 ■ www.bombers.net.au

Bay & Basin Bush Potters ■ 48 Edmund St, Sanctuary Point ■ Mon 9am-2pm ■ Lesley 0426 878 421

Beginners Belly Dance Class ■ Huskisson Community Centre ■ Wed 5-6pm ■ Ph Mimi 0461 576 176

Best Fitness ■ Huskisson Community Centre ■ Tue 4.30-5.30pm ■ Ph Mimi 0461 576 176

Clifton Community Food Garden Working Bees held 3 times a week ■ Daylight Saving Hours Tue 9am-12noon ■ Fri 3-6pm ■ Sat 9am-12noon ■ Non Daylight Saving Hours Tue 9am-12noon ■ Fri 2-5pm ■ Sat 9am-12noon ■ Jeff 0437 333 042

Collingwood Reserve Park Care Group ■ meet in reserve opposite Basin View Volunteer Rural Fire Brigade Shed ■ Mon 8.30am ■

CWA Jervis Bay Day ■ Huskisson Community Centre, Dent St ■ Tue 10am for craft, cuppa & chat ■ 3rd Tue General Meeting ■ Visitors welcome ■ Pres. Flavia Riva 0430 155 486

Dancing ■ Bomaderry RSL Club ■ Wed 7pm ■ permanent dance floor R'n'R, swing, country 2 step, rockabilly ■ Born to Boogie 0409 998 868

Friendly 500 Card Group ■ Mon 1pm ■ New members welcome ■ Roger 0481 995 461

Heart Foundation Walking Group ■ Paradise Beach Sanctuary Point ■ Mon 9am ■ Sue Randles 0427 286 719

HuskiDrumming ■ Facilitated djembe drumming circle ■ Huskisson Community Centre ■ Sat 10.30am ■ All welcome ■ e: huskidrumming@gmail.com

Huskisson Girl Guides ■ During school terms ■ Huskisson Scout/Guide Hall, Kiola St (near Bowling Club) ■ Tue 5-6.30pm Junior Guides 6-9yrs ■ Wed 4.30-6.30pm Guides & Senior Guides 10-16 yrs ■ Parents and Friends Support Group 3rd Wed ■ Liesel Turnbull 4443 6007/0402 837 777

JB Walkers and Talkers ■ Meet Holden St Boat Ramp, Vincentia ■ Pram friendly walking group ■ Fri 10.30am ■ e: lanaburkey@gmail.com

Jervis Bay Bridge Club ■ Huskisson Community Centre, Dent St, Huskisson ■ Fri 9.30am ■ All Bridge players welcome Ph 0421 332 991 or 0430 013 946

Jervis Bay Community & Men's Shed ■ Thu 9am-12pm ■ New members welcome both men & women ■ Colin Loudon 0412 347 322

Jervis Bay & Districts Activities Group ■ Fri 9am-1pm ■ Men & Women welcome ■ Colin Loudon 0412 347 322

Jervis Bay Paddle Group ■ weekly paddle group for kayakers ■ check  Jervis Bay Paddle Group page for schedule

Jervis Bay Physical Culture Club ■ Classes held Vincentia Primary School & StGB Community Hall ■ www.jervisbayphysie.com.au ■ e: jervisbayphysie@gmail.com ■ Jaclyn 0422 458 485 or Amie 0405 438 057

Jervis Bay Wobbeongs Winter Swimming Club ■ Huskisson Beach south end ■ Racing season Sun 8.30am between 1st May & 30th Sept each year ■ Swim & Chinwag Mon-Fri 7.30am to 8am all year long ■ <http://wobbeongs.weebly.com/> or 

Karate ■ Sanct Pt Community Centre, 18 Sanct Pt Rd ■ Tue & Fri ■ 5.30pm

What's On...What's On...What's On...What's On...What's On...What's On

Line Dancing ■ Tue 10am-1pm SGB Community Hall, Meriton St, StGB ■ Mon 6-8.30pm Shoalhaven Heads Bowling Club ■ Wed 10am-1pm Bomaderry Community Hall ■ Thurs 6-8pm StGB Community Hall ■ Laurel 0408 184 984

Mannahouse Youth ■ Fri 7pm StGB Community Centre, 21 Meriton St, StGB ■ www.mannahouseyouth.org

MSCARC Inc. ■ (Mid South Coast Amateur Radio Club Inc.) ■ Wed from 7.30-9.30pm on air ■ New members always welcome ■ Ken 4403 0599

Nowra Healing Rooms ■ 12 Tarawara St, Bomaderry ■ Open Wed 10am-12pm, Thu 7-9pm ■ 0459 046 084 ■ No appointment necessary & no charge ■ www.healingrooms.com.au

Nowra Quilters ■ North Nowra Community Centre, 7 Hood Cl, Nth Nowra ■ Tue 9am-1pm ■ New members welcome ■ e: alex@themwarners.com

Nowra Town Band ■ 174 Kinghorne St, Nowra ■ Mon 5.30-6.30pm for Training Band & 7-9pm for senior practice ■ Private lessons available in brass and percussion ■ Hall 4422 0807 or Ross 4443 5745/0488 056 196

Raised Voices Community Choir SATB ■ Jervis Bay Baptist Church ■ Tue 7pm ■ New Members welcome ■ Ph Rosalie 0412 297 435

Rock and Roll Lessons ■ Huskisson Community Hall ■ Tue 7pm ■ Rock n Roll, Partner Dancing, Swing ■ Ph Laurel 0408 184 984 or Rob 0439 416 386

Scottish Country Dancing ■ Thu 2pm-3.30pm Senior Citizens Hall, Berry St, Nowra ■ Tue 7.30-9.30pm Presbyterian Church Hall, Kinghorne St, Nowra ■ Beginners welcome ■ Heather 4441 5496

Shoalhaven Concert Band ■ Junior, Concert and Stage band ■ Nowra School of Arts Annex, Berry St Nowra ■ Tue 6-9.30pm ■ Richard 0417 462 885 or see 

Shoalhaven Ex-Servicemens Dance Club 157 Junction St, Nowra ■ Wed 7-9.30pm ■ Social dancing inc. modern ballroom, new vogue, sequence, latin, rock n roll ■ visitors welcome ■ Ph Norm 0407 950 325

Shoalhaven Rock N Roll Group ■ SGB Country Club ■ Mon 7pm ■ John 0411 120 042 or Linda 0408 428 670 ■ www.shoalhavenrockandroll.org.au

Sing Australia, Vincentia ■ Community Singing Group ■ Jervis Bay Baptist Church, The Wool Rd, Vincentia ■ Thu 7-9pm ■ New members welcome ■ Jenny 4441 7713 ■ www.singaustralia.com.au

Social Scrabble ■ The Country Club StGB ■ Thu 1-4pm ■ New players welcome ■ Ph Anne 0410 012 642 or Emily 0438 208 754

St Georges Basin Health & Com Transport Serv ■ Mon & Wed Local Health ■ Tue, Thu & Fri Nowra Area Health ■ 4423 6044 for bookings Mon-Fri 9am-12pm, 1-3pm

St Georges Basin Little Athletics ■ Sports Grounds, Larmer Ave, Sanctuary Point ■ Registration Ph Tracy 0423 846 194 or Michelle 0412 656 206

St Georges Basin Senior Citizens Club ■ Thu from 9am Bowls-Darts-Euchre, The Country Club — St Georges Basin ■ Ph Margaret 4443 6031

St Georges Basin Senior Citizens Walking Group ■ Alternate Fridays 9am onwards, ph Helen 0412 215 855, Colleen 0423 233 594

St Georges Basin SES Unit ■ 41 Tasman Rd, StGB ■ Wed 6.30pm ■ for training, providing advice to members of the community on storm/flood preparedness, new volunteer enquiries welcomed ■  NSWSESSGB

Sussex Inlet Computer Club ■ Sussex Inlet RSL Club ■ 2nd, 3rd & 4th Tue 10am-noon ■ All welcome

Table Tennis ■ Scout Hall, Tasman Rd, SGB ■ Wed 2-4pm ■ Adam 0401 020 827 please leave a message

Tennis ■ Erowal Bay ■ Grandview St, Erowal Bay ■ Booking enquiries 0491 978 037 ■ Social tennis players welcomed on ■ Monday & Tuesday mornings ■ Tuesdays evening 6.45pm ■ Thursday afternoons

Tennis ■ Huskisson ■ Owen St, Huskisson Casual bookings Wendy 4441 7985 ■ Adult Mixed Group Mon PM & Thu AM Ph June Gripping 4443 3065 or John Hayward 4441 6979 ■ Ladies Tue AM Ph Jan Chappelow 4441 6417

Tennis ■ The Country Club, St Georges Basin ■ Social Mon 6-9pm & Thu 9-11am Ph Max 0427 663 318 or Ph 4443 0666 ■ thecountryclub.com.au/sport/tennis

Vincentia Bush Care Group ■ Tue 9am - 12 noon ■ Ph 0418 460 594

**OUR COURTESY BUS RUNS
7 DAYS / WEEK FROM 11AM-LATE**
Call Courtesy Bus to book 0413 014 125

THE
COUNTRY CLUB
St Georges Basin

WHAT'S ON SEPTEMBER

The Home of Sport & Entertainment on the South Coast

SATURDAY 6TH SEPTEMBER
Doors 7:00pm | Show 8:00pm
Tickets Club \$40 | Visitors \$20
THE RADIATORS
Simply Divinys

LIVE MUSIC
EVERY WEEKEND
Saturday 7pm - 11pm
Sunday 4pm - 8pm
Free and Live

**Celebrating the Music of
COUNTDOWN LIVE**
HOSTED BY PAUL FIELD
from THE COCKROACHES
GREATEST HITS OF THE 70'S & 80'S
SATURDAY 15TH NOVEMBER
TICKETS \$25 PLUS BF + DOOR \$40
CLUB RESERVATION OR WEBSITE www.countdownlive.com.au
DOORS 7:00PM - SHOW 8:00PM

CASH HOUSE
BINGO WITH CASH PRIZES!
LAST SATURDAY EACH MONTH
ON SALE FROM 11:30AM
STARTS 1:00PM
\$20 TO PLAY
BANKING FORM FOR
RAY & ALAN COMMUNITY
SUPPORT GROUP INC.

THE ANGELS
SATURDAY 6TH DECEMBER
ECHOES OF THUNDER
\$50.00
DOOR \$50

On Point BREAKFAST
LAST SATURDAY
EACH MONTH
9am-11am
On Point Kitchen



Fathers Day Special
THE BEAST FEAST
BURGER WITH DOUBLE BEEF, DOUBLE BACON, DOUBLE CHEESE, PULLED PORK MAC BOMB, HASH BROWNS, CHIPOTLE BBQ SAUCE & SLAW, SERVED WITH LOADED FRIES & ONION RINGS
\$27 Members
\$30 Visitors
BBQ PORK RIBS
WHOLE RACK OF RIBS, BASTED IN OUR KANSAS CITY RIB SAUCE, SERVED WITH ONION RINGS, SLAW, CORN & FRIES
\$40 Members
\$45 Visitors
Take home a Heart Stopper T-Shirt with every meal special purchased (while stock lasts)



Scan the QR Code
to learn more

Mon 1st	Musical Monday Ron Wiggin 10:30am - 12pm Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm \$18 Monday Roast Night* On Point Kitchen from 5pm Poker Rego from 5:30pm, starts 6:30pm
Tues 2nd	Cash Housie Starts 10:30am \$18 Burger & Beer Tuesdays* On Point Kitchen from 5pm Bingo Starts 6:30pm Trivia from 6:30pm SGB Women's Golf Club Raffle Drawn 6pm
Wed 3rd	Bingo Starts 10:30am \$18 Wednesday Steak Night* On Point Kitchen from 5pm Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm Sub Club Raffle Draw 6:30pm Wednesday Night Poker Register 5:30pm, Start 6:30pm
Thurs 4th	\$18 Parmageddon Thursdays* On Point Kitchen from 5pm Ripper Raffle - Tickets from 4:30pm Draw 6pm Junior Rugby League Raffle Draw 6:30pm
Fri 5th	Friday Bingo 10am - 2pm Auditorium Friday Afternoon Poker Rego from 12pm, Start 1pm Hitlist Fridays 7pm Main Lounge Snooker Club Raffle Drawn 7:30pm MEGA Friday Member Badge Draw Drawn 7:45pm
Sat 6th	Free Live Entertainment Last Chance Honey 7pm - 11pm The Radiators plus Simply Divinyls Show Auditorium Doors open 7pm Show 8pm
Sun 7th	Poker - Sunday Poker Rego from 1pm, starts 2pm Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm Snooker Club Raffle Drawn 5:30pm Free Live Entertainment William Wallace 4pm - 8pm

Mon 8th	Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm \$18 Monday Roast Night* On Point Kitchen from 5pm Poker Rego from 5:30pm, starts 6:30pm
Tues 9th	Cash Housie Starts 10:30am \$18 Burger & Beer Tuesdays* On Point Kitchen from 5pm Bingo Starts 6:30pm Trivia later start 7:30pm SGB Women's Golf Club Raffle Drawn 6pm
Wed 10th	Bingo Starts 10:30am \$18 Wednesday Steak Night* On Point Kitchen from 5pm Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm Sub Club Raffle Draw 6:30pm Wednesday Night Poker Register 5:30pm, Start 6:30pm
Thurs 11th	\$18 Parmageddon Thursdays* On Point Kitchen from 5pm Ripper Raffle - Tickets from 4:30pm Draw 6pm Junior Rugby League Raffle Draw 6:30pm
Fri 12th	Friday Bingo 10am - 2pm Auditorium Friday Afternoon Poker Rego from 12pm, Start 1pm Hitlist Fridays 7pm Main Lounge Snooker Club Raffle Drawn 7:30pm MEGA Friday Member Badge Draw Drawn 7:45pm
Sat 13th	Free Live Entertainment Hits Central 7pm - 11pm
Sun 14th	Poker - Sunday Poker Rego from 1pm, starts 2pm Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm Snooker Club Raffle Drawn 5:30pm Free Live Entertainment Backlash 4pm - 8pm

Mon 15th	Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm \$18 Monday Roast Night* On Point Kitchen from 5pm Poker Rego from 5:30pm, starts 6:30pm
Tues 16th	Cash Housie Starts 10:30am \$18 Burger & Beer Tuesdays* On Point Kitchen from 5pm Bingo Starts 6:30pm Trivia from 6:30pm SGB Women's Golf Club Raffle Drawn 6pm
Wed 17th	Bingo Starts 10:30am \$18 Wednesday Steak Night* On Point Kitchen from 5pm Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm Sub Club Raffle Draw 6:30pm Wednesday Night Poker Register 5:30pm, Start 6:30pm
Thurs 18th	\$18 Parmageddon Thursdays* On Point Kitchen from 5pm Ripper Raffle - Tickets from 4:30pm Draw 6pm Junior Rugby League Raffle Draw 6:30pm
Fri 19th	Friday Bingo 10am - 2pm Auditorium Friday Afternoon Poker Rego from 12pm, Start 1pm Hitlist Fridays 7pm Main Lounge Snooker Club Raffle Drawn 7:30pm MEGA Friday Member Badge Draw Drawn 7:45pm
Sat 20th	Free Live Entertainment SiRenics 7pm - 11pm
Sun 21st	Poker - Sunday Poker Rego from 1pm, starts 2pm Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm Snooker Club Raffle Drawn 5:30pm Free Live Entertainment Keith Zehn 4pm - 8pm

Mon 22nd	Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm \$18 Monday Roast Night* On Point Kitchen from 5pm Poker Rego from 5:30pm, starts 6:30pm
Tues 23rd	Cash Housie Starts 10:30am \$18 Burger & Beer Tuesdays* On Point Kitchen from 5pm Bingo Starts 6:30pm Trivia later start 7:30pm SGB Women's Golf Club Raffle Drawn 6pm
Wed 24th	Bingo Starts 10:30am \$18 Wednesday Steak Night* On Point Kitchen from 5pm Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm Sub Club Raffle Draw 6:30pm Wednesday Night Poker Register 5:30pm, Start 6:30pm
Thurs 25th	\$18 Parmageddon Thursdays* On Point Kitchen from 5pm Ripper Raffle - Tickets from 4:30pm Draw 6pm Junior Rugby League Raffle Draw 6:30pm
Fri 26th	Friday Bingo 10am - 2pm Auditorium Friday Afternoon Poker Rego from 12pm, Start 1pm Hitlist Fridays 7pm Main Lounge Snooker Club Raffle Drawn 7:30pm
Sat 27th	Cash Housie Books on Sale 11:30am Starts 1pm Monthly Special Breakfast 9am - 11am Free Live Entertainment Hav N Fun Karaoke 7pm - 11pm
Sun 28th	Poker - Sunday Poker Rego from 1pm, starts 2pm Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm Snooker Club Raffle Drawn 5:30pm Free Live Entertainment Torque Duo 4pm - 8pm

Mon 29th	Musical Monday Bill Croft 10:30am - 12pm Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm \$18 Monday Roast Night* On Point Kitchen from 5pm Poker Rego from 5:30pm, starts 6:30pm
Tues 30th	Cash Housie Starts 10:30am \$18 Burger & Beer Tuesdays* On Point Kitchen from 5pm Bingo Starts 6:30pm Trivia from 6:30pm SGB Women's Golf Club Raffle Drawn 6pm

* Member Price



Fortnightly Meetings

Bay & Basin Camera Club Vincentia Community Hall, rear Coles carpark ■ 2nd & 4th Tues 7.30-9.30pm
■ e: Pam 0401 043 833 ■ Kate 0417 713 850

SCA Shire of Adora Medievalists of the South Coast Wandandian Progress Hall ■ Every 2nd Wed 5.30-7.30pm
■ e: seneschal@adora.lochac.sca.org;
■ w: adora.lochac.sca.org/regular-activities

Shoalhaven Masonic Widows Association Basin View Masonic Village Hall, 130 The Wool Rd ■ 2nd Mon 10am ■ 4441 0436 or 4441 1644

Wool Road Spinners & Weavers Jervis Bay Baptist Church classroom, behind church, cnr The Wool Rd & St George Ave, Vincentia ■ 1st & 3rd Thu 9.30am-1pm
■ Judy 0403 212 237

Monthly Meetings

1st St Georges Basin Scout Group Meetings 1st Mon 6.30pm ■ Tasman Rd Scout Hall, SGB ■ Paula 0400 674 525

Amnesty International - Bay & Basin 3rd Mon ■ New members welcome ■ bayandbasinamnesty@gmail.com

Association of Independent Retirees-AIR Bomaderry Bowling Club, Meroo Rd, Bomaderry ■ 2nd Tue 10am ■ Peter Moate 4448 7788

Basin Business Forum Last Fri of the month ■ See  Basin Business Forum for more details and to RSVP
■ e: basinbusinessforum@gmail.com or

Basin View Daylight Lodge No.1015 (now consolidated with Lodge Milton No. 63) Milton Masonic Centre, 128 Princes Hwy, Milton ■ 2nd Mon 6pm
■ M/Ship & other enquiries Ken Sheppard 0428 638 611

Basin View Rural Fire Service Fire Station ■ 3rd Fri 6.30pm ■ Denise Fabreschi 0412 780 899

Bay & Basin Brew Club ■ 2nd Fri 7pm at alternate locations ■ Matt 0413 172 757

Bay & Basin Cancer Support Group Venue Room, SGB Country Club ■ 2nd Thu 10am-12pm ■ Dianne 4443 3275

Bay & Basin Cricket Club Meetings held 2nd Tue 7pm ■ St Georges Basin Country Club ■ Ph Chris 0403 113 362

Bay & Basin Multicultural Support Group Community Centre, Meriton St, SGB ■ 1st Thu 11am-1pm ■ Zaga Tkulja 4229 2755 or Anu Mehta 4422 5933

Bloomers & Buds Social Gardening Group Inc. Community Centre, Dent St, Huskisson ■ Last Wed 9.30am ■ Ph Denise 0408 723 270

Combined Probus Club of Jervis Bay & Districts Inc. SGB Country Club, Function Room ■ 4th Thu 9.30am-11.30am ■ Pres. Norman Hughes 0418 382 288; Sec. Roz Woolmer 0409 981 340

Combined War Widows & Laurel Club of Legacy Huskisson Meeting & Lunch ■ Club Jervis Bay (RSL) ■ 2nd Tue at 11am ■ Carol Barnes 0408 076 280

Country Labor – Jervis Bay/SGB Branch meets every month on the 2nd Wed ■ more info about joining, meeting times and venue email Debbie on debshapira@gmail.com

Huskisson RSL Sub Branch 2nd Thu 5pm
■ Club Jervis Bay ■ Sec Helen Walker 4441 5282

Huskisson Rural Fire Service 2nd Tue 7pm ■ Captain Sanna Reeves 0408 480 424

Jervis Bay Community & Men's Shed Computer Service Day 1st Thu 1-3pm ■ Call Colin for booking 0412 347 322

Jervis Bay Divers Club Club Jervis Bay ■ Last Wed 7pm ■ contact _2@jervisbaydivers.org or call Geraldine 0410 326 061

Jervis Bay Lions Club Club Jervis Bay ■ 1st Thu for 7pm start ■ President Ruth Evans 0439 466 741 ■ Publicity Bob Hanlon 4441 6087

Jervis Bay Probus Club Inc. (C) RFBI Basin View Masonic Village, 130 The Wool Rd, Basin View ■ 3rd Mon 10am ■ Ian Collins 0424 292 625 ■ secretary.probusjervisbay@gmail.com

Jervis Bay Triathlon Club Inc. Usually Iluka, Booderee National Park ■ Group Training Day 3rd Sun 8am ■ All welcome including juniors ■ Pres. Tony Lim 0411 052 746 ■ admin@jervisbaytriathlonclub.org

Justice of the Peace Assoc NSW Shoalhaven Branch Bomaderry Bowling Club, Meroo St ■ 1st Mon 1pm ■ Visitors most welcome ■ Brenda 0407 065 031

What's On...What's On...What's On...What's On...What's On

Marine Rescue Jervis Bay - VMR 209 Voyager Park, Currumbene St, Huskisson ■ 2nd Fri 5.30pm @ Club Jervis Bay (MRNSW members only) ■ 4428 2400

Nationals Branch Shoalhaven meetings ■ Ian 4443 3780

National Servicemen's Assoc., Shoalhaven Sub-Branch

Rotating meetings on 4th Sun ■ Ulladulla Ex-Servos Club 0930 for 1000hrs start ■ Nowra Ex-Servos Club 0930 for 1000hrs start ■ Sussex Inlet RSL Club 1000 for 1030hrs start ■ Jim Reid 4421 2886

Nowra & Districts Totally & Permanently Incapacitated (TPI) Social Welfare Club

3rd Tue 11am ■ Nowra Veterans Wellbeing Centre, 124 Wallace St, Nowra ■ Harry Back 0402 366 695

Nowra Legacy Group 66 Bridge Rd, Nowra ■ 1st Mon (except January) 10am ■ 4423 1795 or 0409 981 663

NSW Transport Authorities Retired Employees Assoc

Nowra Bowling Club, cnr Osbourne & Junction St ■ 2nd Thu 10am for 10.30am start ■ Pres. Bob 4421 5265 or Sec Aileen 4421 6660

Sanctuary Point Mens Shed 17 Clifton St, Sanct Pt ■ 1st Thu 10.30am ■ All members welcome ■ Open Mon-Fri 9am-3pm ■ Any blokes that want to get out of the house for a while drop in for a cuppa and a chat ■ John 0413 837 538

Shoalhaven Avicultural Society (Bird Club) 2nd Tue 7.30pm ■ North Nowra Community Hall, Hook Cl, Nth Nowra ■ Ph Ray Faulds 4423 4475

Shoalhaven Beekeepers Ass, Inc. West Street Community Centre, West St, Nowra ■ 3rd Wed (ex. Dec 2nd Wed) 5.30pm for cuppa, meeting 6pm sharp, guest speakers most months ■ e: shoalhavenbeekeepers@gmail.com or 

Shoalhaven Caravan Club bi monthly 11am ■ Nowra Bowling Club followed by lunch ■ Ph Kathy 0427 874 201

Shoalhaven Ex-Servicemens Dance Club 3rd Sat 7-10.30pm ■ Shoal Ex-Servicemens Club 157 Junction St, Nowra ■ social dance incl. modern ballroom, new vogue and sequence, latin, rock n roll ■ visitors welcome light supper ■ Ph Norm 0407 950 325

Shoalhaven Mark & Royal Arch Chapter No.73 1st Thu 7pm ■ RFBI Village Hall, 130 The Wool Rd, Basin View ■ Freemasons (attached or current) ■ Glen Green 0417 453 999

Shoalhaven Orchid Society 3rd Mon Feb-May & Sept-Dec 7pm; Winter day meetings 3rd Sat June, July & Aug 10am ■ Bomaderry Community Centre, 17-19 Birriley St, Bomaderry ■ Visitors welcome ■ 0419 241 177

Shoalhaven Philatelic Society 2nd Mon 7pm ■ Nowra Bowling Club, Osborne St, Nowra ■ John 4421 4624

Shoalhaven Prostate Cancer Support Group ■

2nd Mon 10.30am ■ Coastal Waters Conference Room, 110 The Wool Rd, Worroving Heights ■ Fred Hocking 0435 628 110 e: ShoalhavenPCSG@gmail.com

Shoalhaven Scout Fellowship 3rd Sun ■ David Ravell 4441 8659

Shoalhaven Transition 1st Tue ■ Trish Kahler 4443 4713 or shoalhaventransition@yahoo.com.au

St Georges Basin Probus Club Inc. (Mixed) SGB Country Club, Function Room ■ 3rd Thu 9.45am-11.45am ■ Sec. Robyn Dalleywater 4408 8084

St Georges Basin Rural Fire Brigade Fire Station, The Wool Rd, SGB ■ 3rd Mon 7.30pm ■ Cpt Michelle 0427 288 340

Sussex Inlet Cancer Support Group 2nd Fri 10am ■ Sussex Inlet Neighbourhood Centre ■ Robin Lang 4441 0155 or Kay Cunningham 0408 297 325

Tomerong School of Arts 2nd Mon 1900hrs ■ Tomerong School of Arts Hall ■ www.tomeronghall.com ■ New members welcome

Vincentia Rural Fire Brigade Fire Station, The Wool Rd, Vincentia ■ 1st Mon 6.30pm ■ Cpt. 4401 1750

Wandandian Progress Association 1st Tue 6pm ■ Progress Hall ■ New members welcome ■ e: secretary@wandandian.org.au

Wildlife Rescue South Coast ■ Contact 0418 427 214 e: info@wildlife-rescue.org.au ■ 2nd Wed 7pm ■ Phone / email for details of meetings via Zoom or venue TBA

What's On...What's On...What's On...What's On...What's On...What's On

Weekly Church Services

Anglican Church -

Vincentia ■ Vincentia Primary School, George Caley Place, Vincentia ■ 8.30am Traditional Service each Sunday
■ 10.30am Contemporary Family Service with kids and youth programs ■ Minister Campbell Mackay 0478 228 113

Basin Baptist Church ■ 165 The Wool Rd, SGB ■ Sun Morning Service 9.30am ■ Enquiries Steve Harris 0415 668 660

Bay & Basin Uniting Church ■ Meriton St, SGB ■ Sun 9.30am Family Worship w/Jnr Church ■ Minister 4443 0864

C3 Church Jervis Bay ■ 20 Birriga Av, Worroving Hts ■ Sun 9.30am Family Service ■ Every morning except Sun 5.30am Prayer Meeting ■ Office 0429 335 024 ■ web: c3churchjervisbay.com.au

Holy Spirit Catholic Church ■ 23 St George Ave, Vincentia ■ Mass times: Sun 9.30am ■ Tue / Wed / Fri 8am ■ Wed 5pm ■ www.nowraparish.org.au/masses/mass-times

Jervis Bay Baptist Church ■ Cnr The Wool Rd & St George Av, Vincentia ■ Sun 9.30am Morning Service

Seventh-day Adventist Church ■ 169 McKay St, Nowra ■ Sat 9.30am Bible Study, 11am Worship Service ■ Future planning for possible Bay and Basin Contemporary Service ■ Minister Adam Tonkin 0413 538 514

Monthly Church Services

Spiritualist Meeting ■ Scout Hall, 39 Tasman Rd, StGB ■ 2nd Sun ■ 2pm ■ Ph 4443 0628

Other Activities

Australian Breastfeeding Association, Shoalhaven Group ■ 24 hour Breastfeeding Helpline 1800 686 268 for information about local Mum-to-Mum get togethers ■ www.breastfeeding.asn.au

Bay & Basin Branch of the Liberal Party ■ Meets Quarterly ■ 7pm ■ Venue SGB Country Club

Bay & Basin Uniting Church Huskisson ■ OP SHOP at Huskisson Church Centre ■ 53 Hawke Street, Huskisson ■ Mon-Fri 9am-4pm, Sat 9am-12.30pm ■ 4441 7495

Other Activities cont'd

BBCR Activities Hub ■ 18 Sanctuary Pt Rd, Sanctuary Point ■ Mon, Tues, Thurs & Fri 9am-3pm (closed Wed) ■ 4443 7681

Community Cottage ■ 48 Edmund St, Sanctuary Pt ■ Lesley 0426 878 421 ■ Mon Pottery 9am-2pm
■ Tue & Thu Gentle Fitness for Postural Strength - Move with ease 8-9am ■ Thu Phoenix Strings Ukles & Guitars practice 1-4pm

Shareostomates, Shoalhaven Area Ostomates

Support Group ■ Nowra Community Health Centre, 5-7 Lawrence Av, Nowra ■ Contact Brenda Christiansen on 0422 006 550 or 4424 6321 for group times and dates ■
Improving lives through shared experiences

Tomerong School of Arts ■ Mon Pilates 6-7pm ■ Wed NIA 11.30-1.30pm ■ Sat Markets (3rd Sat) 8am-1.30pm ■ email tomerongmarket@gmail.com ■ Sat (4th Sat) Yoga Tapas 8-10am ■ Further info www.tomeronghall.com

Youth & Community Centre ■ 34 Paradise Beach Rd, Sanctuary Pt ■ 4443 9244 ■ Operating Hrs Mon-Fri 9-4pm offering a range of social & recreational activities

Community Forums

Basin Villages Forum ■ 3rd Mon 7.30pm ■ Meriton St Community Centre, SGB ■ Christine 4443 7665

Huskisson & Woollamia Comm. Voice ■ bi monthly 2nd Mon 7pm (Feb-Nov) ■ Huskisson Community Centre, Cnr Tomerong & Dent St, Huskisson ■ www.hwc.org.au ■ exec@hwc.org.au

Sanctuary Point Community Pride ■ Function Room at The Country Club, St Georges Basin
■ Christine 0409 363 243 or Gwen 0419 492 348
■ e: sanctuarypointcommunitypride@gmail.com

Tomerong Community Forum ■ 2nd Mon 2030hrs directly after the School of Arts meeting ■ Tomerong School of Arts Hall ■ New members welcome

Vincentia Ratepayers & Residents Association

Vincentia Community Hall (Coles carpark) ■ 3rd Thu of every 2nd month (Feb, Apr, Jun, Aug, Oct, Dec) 7.15pm coffe/tea/biscuit 7.30pm start ■ www.vrra.org.au ■ vrra.ccb@gmail.com ■ Secretary 0438 856 568 ■ vrra.ccb

What's On...What's On...What's On

Venues for Hire	
Bay & Basin Uniting Church	Meriton St, StGB ‖ 4443 2642
Community Arts Cottage	48 Edmund St, Sanctuary Point ‖ Lesley 0426 878 421
Huskisson Community Centre	Dent St, Huskisson ‖ Ph Peter 0401 436 353
Huskisson Scout & Guide Hall	Kiola St, Huskisson ‖ Ph Scout South Coast & Tablelands 02 42746334
Jervis Bay Maritime Museum Classrooms	Dent St, Huskisson
Sanctuary Point Youth & Community Centre	34 Paradise Beach Rd, Sanctuary Point ‖ Ph: 4443 9244
St Georges Basin Scout Hall	Tasman Rd Scout Hall, St Georges Basin ‖ Tammie 0472 658 505
Tomerong School of Arts	358 Hawken Rd, Tomerong ‖ \$15 per hour ‖ Email tomeronghall@gmail.com ‖ www.tomeronghall.com
Vincenia Community Centre	rear of Bilo carpark, Wool Rd, Vincenia ‖ 4429 3463
Wandandian Progress Association Hall	D2683 Princes Hwy, Wandandian ‖ www.wandandian.org.au ‖ Booking Officer Anne Simpson 0405 527 655

Justices of the Peace	
BASIN VIEW	
Barling, Debbie	0411 275 656
HUSKISSON	
OLD EROWAL BAY	
Lord, Simone	4443 8300
SANCTUARY POINT	
Flynn, Mark	0418 669 688
Tyrrell, Leesma	0420 921 778
ST GEORGES BASIN	
Crass, Charles	0400 876 696
Creighton, Sandra	0411 245 188
Thomas, Jeff	0417 772 262
TOMERONG	
Askew, Matthew	0422 068 209
VINCENIA	
Casmiri, Luciano (Lou)	0438 856 568

Local Services...Local Services...

Playgroups	
Aboriginal Playgroup	Mon 9.30-11am ‖ Noah's Inclusion Services the old church 48 Paradise Beach Rd, Sanctuary Point ‖ Ph Mel Harpur 4423 5022 or email mharpur@noahsark.nsw.edu.au
Sanctuary Point Sing & Play	Tues 9.30-11.30am at Sanctuary Point Connect ‖ A free supported playgroup with music, craft and more ‖ Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au
Splash Playgroup	Mon 9.30-11.30am ‖ Paradise Beach Reserve ‖ Renee 0423 606 559
Baby Playgroup	- for babies 6 wks to 2 yrs ‖ Thu 1-2.45pm at Sanctuary Point Connect ‖ Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au
Little Steps	- a playgroup for children not attending childcare ‖ the old church 48 Paradise Beach Rd Sanctuary Point ‖ Ph 4423 5022
St. Georges Basin	Wed 9.30am ‖ Cnr Tasman Rd & Terry St, SGB ‖ Melissa Horselman 0424 218 547 or find us on facebook

UPDATE YOUR LISTING

WE DON'T KNOW IF YOU DON'T TELL US!

Are Your ...What's On... Details Incorrect or Out of Date?

Email your updated information to editor@aboutbayandbasin.com.au

BRIAN'S NOWRA

Contributed by John Blackmore

This month, the **About** Monthly Feature will continue looking at **A DECADE IN TIME**. Brian Forrester's book produced in the 2000s, written in his unique fashion, is **About** the characters who previously operated businesses in Nowra's C.B.D. As mentioned in the book's text by Brian, History's most interesting aspects are often the people that make it, just as much as any events or 'things' that are recalled.

Three 'things' that defined Nowra long term were that the original street grid for the town was laid out south of the Shoalhaven River, and then in the ensuing decades before the end of the 1800s, a major bridge crossing the river was constructed. In the decade after that, a railway line arrived. The fact that this line emanated at Central Station in Sydney, and terminated at Bomaderry, put the Bridge Road entrance to the town in to prominence. It fed road transport and passenger services in to the main shopping precinct of the town, and wider district that it served.

Like many towns across NSW, in the mid 20th century, highways tended to go through the centre of them. In the 1937 historical society photo mentioned in last month's **About** Feature, North Street coming off Bridge Road, before turning in to Kinghorne Street, then heading south through town, was the North/South highway alignment. East and Berry Streets appeared as second tier roads of importance on either side of the highway through Nowra.

On the final pages of **A DECADE IN TIME**, Brian Forrester made three maps of Central Nowra to illustrate where the characters of the town did their 'things' at certain times. The old highway alignment map was the third of these. The first map showed 25 locations in his 'Old Days' Nowra circa 1950. The second map had exactly two dozen features on it, which he labelled as 'New Days' Nowra circa 2008; the year he published his book. **A DECADE IN TIME**'s beauty was not being burdened with piles of facts. Brian explained in his INTRODUCTION that "*the changes to Nowra's C.B.D. can be*

best appreciated by taking a walking tour". One might suggest armed with his book, to get the comparison between 'Old Days' and 'New Days' Nowra.

Brian suggested a walking tour could logically start in Junction Street at the 'Old' Post Office and head east. However, for the purpose of this **About** Monthly Feature, we'll go to the odd, unique, triangular northern entrance to the town grid which became known as 'Batt's Folly'. This means we'll begin wandering around **BRIAN'S NOWRA** of the 1940s and 50s from a point of interest that he included on all three of his maps. This rock garden featured in and advertised many town promotions when Bridge Road was the northern entrance into Central Nowra. Floral arrangements, Chamber of Commerce events, and banners for upcoming 'things' of interest happening in the town would often be centred on Batt's Folly, for passing internal town traffic and tourists alike. Named after William Batt, Shoalhaven Council's Shire Clerk from 1948 to 1966, this small monument still sits near the traffic lights at the corner of North and Berry Streets.

Surrounding Batt's Folly at that intersection of **BRIAN'S NOWRA** circa 1950 was Francis' Garage, on the SE corner. Across the intersection at the end of Berry Street was Lawrence Motors, owned by Jimmy Lawrence, who would remain a prominent local businessman for many years. Dr Rodway practiced and lived on the NE corner as the highway curved in to North Street, while the Bridge Hotel (only closed as a licensed premises in the 2020s) was located on the other side of the end of Bridge Road, a couple of doors up from Jack Ison's hardware store and timber mill.

Moving up Berry Street to the corner of Junction Street beyond the **SCHOOL OF ARTS** (**About** Monthly Feature July 2021), a building occupied by the English, Scottish & Australian Bank was right at that corner. With the Methodist Church and the Post Office on the respective SW and SE corners, the final NE

corner of that intersection was a second cinema in Central Nowra known as West's Theatre.

On the next intersection to the south, Brian included his father Ken Forrester's mixed business corner shop mentioned in last month's **About** article. On the corresponding NE corner of the next block, at the Plunkett Street/Berry Street intersection, a business known as the Old School Shop operated. For many years after 1950 that was the purpose that it served, with Brian finishing up at Nowra Intermediate High School as a 17 year old in the few years just after this map was depicted. His nickname for his Alma Mater was *"the Nowra Isolated Horse Stables"*.

At the other side of this intersection was the Church of England. Moving east of the school were residences for the school principal and the police. After the Court House was the Police Station (now used by the Historical Society as its museum headquarters), while diagonally opposite on that Plunkett and Kinghorne Streets highway intersection was The Central Garage. A few buildings along Kinghorne Street to the north was the Ambulance Station.

At the very northern end of Kinghorne Street where it intersects with North Street stood the Presbyterian Church and the Empire Hotel. Of interest here is that of all the 25 features Brian noted on this circa 1950 map, this is the only intersection of the eight most central intersections in this C.B.D. still providing the public with the same services today, three quarters of a century later.

BRIAN'S NOWRA brings to notice **About** the churches around town all having their own tennis courts. And, within the town grid there were numerous individual courts owned by families, where social occasions could revel in the glory of our international tennis success. These years of the early 1950s were the beginnings of Australia's Golden Era of Davis Cup victories. Scarlett's Court was up towards the top end of town in Douglas Street, while down on the other side of the highway in the same street was Moore's Court. Next street south was Lymbery's Court in Jervis Street, while beside where Brian was born in St Ann's Street was Goodsell's Court.

A decade after the 'Old Days' map, Brian Forrester married a young teacher in 1962. Joan Piper had

come to Nowra to work at the Infants Department of Nowra Public School. The Infants School was built on the western side of Berry Street and the church, in addition to the main Plunkett Street site, as the town expanded in the 1950s.

As a young married man Brian opened a fruit shop in Morison's Arcade, on the northern side of Junction Street. This side of his business would eventually be relocated to Graham Street, just off North Street. In the late 1970s and 80s Brian became best known **About** town as the proprietor of the Darrell Lea Chocolates Shop in Morison's Arcade. That company and the town were expanding rapidly. As he proudly drove his 1928 Chevrolet truck around the C.B.D. that he had bought for \$10, and fully restored, his reputation was enhanced and cemented.

Brian Forrester and Nowra's business district were both diversifying. Alan Clark summed up the rest of his career this way before Brian retired in 2005. He wrote this for a Uniting Church magazine in the weeks after Brian died in May this year. *"During 1988, he left the shop and took on a Model Shipyard mail-order business that he regarded as his greatest success, for it had 11,000 customers from around Australia and other parts of the world"*.

Brian had grown up with the names of business owners that were synonymous with Nowra's shopping centre. He then worked alongside those family names and businesses during his career. Names like Tom Davis' Shoe Shop; Albert Morison's Menswear; Lionel Seyferr's Watchmaker and Jewellery; a delicatessen shop run by Harold Last and the Gewohns; Patricia Clarke's 'Dainty Lingerie' shop; Pat Maguire's footwear and menswear; Schofield's Butchery; Alice Baxter's Hamburger Shop; Beryl's Handicrafts; Ashcroft's Newsagency; Comfort Shoe Store; Lamond's Shoe Repairs; Reg Legge's music and radios shop; Basha's haberdashery, menswear, furniture and floor coverings; Ted Hewlett's Milk Bar; the Baby Shop, owned first by Florance Elyard then Joan Yarrow; the Red Rose Café; and the New York Café.

On this list taken from BRIAN'S NOWRA that he recorded for posterity, would you believe that it doesn't exhaust the names of Junction Street's businesses, and their owners? ■

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 **Coast and Country Community Services Ltd.**

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Coast and Country Community Services is a community transport services provider that supports vulnerable people across Illawarra Shoalhaven, Young, Weddin and Bega. For us to continue in our valuable work in supporting our community with their transport needs, we are actively seeking community minded volunteers, with a drive to connect people and their communities. The key roles to be filled by the right volunteers are drivers with licences including C and LR and vehicle assistants (no licence required for this role).

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Shoalhaven Family History Society Inc. Delving Deeper into Records and Indexes

My research this month is taking me to the Isle Of Wight in Hampshire, England.

These projects are more difficult than usual as the family in question is not known to me, so it's definitely a case for building a tree out of not very much information.

In this case the client has provided some certificates which are more than welcome, but the background story is not present, so the brain gets a real workout.

When I was gathering Henry Master's family, there was a big gap between two groups of children, which raised the question "*had he been married twice?*"

The 1851 & 1861 census listed the family, with Henry's wife named Mary, but there was no entry in the 1841 census for Henry & Mary.

As the first group of children were born from 1838 to 1845, any first marriage was likely to have been before September 1837 when civil registration began. This meant it was not on the Freebmd indexes, and Parish registers were not conclusive or complete, so I could not guarantee the name of his first wife, with a few to choose from.

My next stop was to log in to the GRO website (General Register Office) UK. A search for the births of the earliest children gave me, in two cases, the mother's surname, so it was then easy to confirm the marriage, which took place in January 1837, and a check in the 1841 census for that village confirmed again. Ann died in 1847, and Henry's 2nd marriage, to Mary in 1848 was known to my client. Mary died in 1876 and Henry remarried in 1877 to Hannah, but there were no children to find.

A contributing problem is the lack of information given on English certificates; UK Marriage & Death certificates only name the father and his occupation.

The GRO UK has recently introduced a digital image service for births & deaths, so for £3 you can download a historical image of the entry using your credit card.

I hope this has given you some clues on how to progress when you seem to be stuck, and this is the kind of advice you will get from any of our experienced volunteers in our research library – so come along and see what we have to offer.

The Shoalhaven Family History Society Research Centre is in the Old Pyree School, at 888 Greenwell Point Road Pyree. We are open for research every Sunday & the 1st & 2nd Thursday of each month, all days from 10am to 2pm. Take a look at our website at www.shoalhavenfamilyhistory.org.au for more information. Our general meetings are held on the 1st Saturday of the month (excluding January) at 1.30pm, with afternoon tea to enjoy – a chat and catch up for everyone. ■

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Holy Spirit Catholic Church Vincentia is extending an invitation, who over the years have lost touch with their Catholic faith. We understand that this happens for many and for varied reasons.

If you would like to reconnect with the Church, no matter how long it has been, and join with others who are exploring the possibility of a personal faith journey with Jesus in the Catholic faith, please call, email or text any of the below contacts for an initial chat. These groups will be carried out in a safe and accepting space in the Church Hall.

Holy Spirit Catholic Church is located at 23 St George Avenue, Vincentia.

Contacts: Joe Cassar 0413 582 363 or lawrence_cassar46@outlook.com

Sue O'Brien – 0423 389 401 or sonrien15@hotmail.com

Robyn Craig – 0488 930 425 or robyncraig50@outlook.com

Mass held every Sunday from 9.30am

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Saturday

4th October 2025

8am – 1pm

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(We cannot accept clothing, large wall units, televisions or computers)

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Fri. 3rd October 9am – 12pm.

Please phone 4443 2073

to drop off at other times

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WHAT LIES BEYOND Allan Power - Vanuatu

Contributed by Corinne Le Gall

Three issues ago of my articles, I detailed diving the wreck of the President Coolidge in the waters of Espiritu Santo in Vanuatu. The grounding and subsequent sinking of the once luxury ocean liner gave an Australian by the name of Allan Power, a new lease of life that he never dreamt of.

When the ex luxury liner sank after being commandeered as a troop carrier and fitted out for that purpose, a large contingent of divers from Australia was commissioned in 1969 to try and salvage what was salvageable – Allan was one of them.

Small in stature but huge on presence and knowledge of the wreck, put Allan at the forefront as the 'caretaker' and a recreational dive leader once the salvaging operation was completed. You could get no better leader who, with his knowledge, made you feel that you were diving in absolute safety in places that he had dived and made safe for pleasure diving for the countless that come to dive the wreck.

Allan stayed on in Vanuatu and is credited as being at the forefront of initiating tourism in Espiritu Santo. There was no space on this huge wreck that Allan had not dived on. From the first glimpse of the wreck at 60 feet to the stern at 240 feet below, Allan has been on every square inch of this underwater marvel.

He created his business – the Allan Power Dive Tours, to which divers from the world over flocked to, in order to dive with the 'human encyclopaedia'. Being relatively deep dives, Allan had everything sorted out. Hang-tanks for extra air at the decompression stop

should a diver have spent his own supply, to a small reef garden that Allan created to keep the divers occupied while waiting for the nitrogen build-up to dissipate, where anemone fish had made a home as well as the other species that felt so comfortable as to come up to your face to explore the diver.

Unfortunately, Allan died in 2018 at the age of 85 – but I dare say, an age where by then, he had accumulated more knowledge than any other human alive - and maybe, even for a long time to come. ■

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Paradise Beach Rd Sanctuary Point, Monday – Friday 9.30am – 5pm
Phone 4406 2076 Email sanctuarypointlibrary@shoalhaven.nsw.gov.au
<http://www.shoalhavenlibraries.com.au/Our-Libraries/Sanctuary-Point>

Spring is the perfect time to get gardening, even if you have never gardened before. The library has lots of plant varieties to choose from so why not drop in and pick up some seeds?

Grab some newspaper pots and maybe borrow a gardening book to help you succeed on your gardening journey!



New season seeds available soon. Choose from Cosmos, Sweetcorn, Thai Basil, Cherry Tomato and several unusual varieties of beans.

Let's get seed sharing, build food resilience, and promote sustainable gardening in our community!

All you need is your Shoalhaven Libraries Card!

Here's how it works:

'BORROW' two packets of seeds when you visit the library.

GROW your vegetables, herbs or flowers at home.

COLLECT seed by letting one or two of your plants flower and produce seeds.

RETURN seeds to the library if you can for someone else to share!

Have any spare seeds at home? We accept donations of clean, dry seeds. Drop them into the library in a Ziploc bag or paper envelope clearly marked with the variety, date harvested and any growing tips.



Spring School Holiday Sessions

Stop Motion Moviemaking

Tuesday 30th
September.

10.30am-12.00pm.

Use the library iPads, LEGO, plasticine and Klikbots or bring mini toys from home to make your own movie!

Suitable for kids aged 7 years and over.



Suncatcher Art

Thursday 2nd October

10.30am-11.30am.



With just glue and food colours, let's create beautiful, glowing suncatchers to hang at your bedroom window. Suitable for kids aged 5-12 years.

Sticker Collages

Wednesday 8th October. Easy and fun sticker-by-number collage activity. Drop in anytime between 10.30am and 11.30am to join in. Suitable for kids aged 5-12 years. No bookings required.

Bookings essential for most sessions. Call 4406 2076 or book online at: www.shoalhavenlibraries.com.au/events.

St Georges Basin Senior Citizens Inc.

(aka Basin Seniors)

Providing Fun Activities and Social Contact for "Young at Heart" Seniors

Ph Margaret 4443 6031 – 0403 783 290

Senior Citizens are people 50 and over either retired or semi – retired.

We are a friendly group of people providing activities and fun days for our local Senior Citizens. If you are looking for something to do, something to get you out of the house where you'll meet people and make new friends, we are here for you. Perhaps you are new to the district and looking for company and an interest? Why not join us for a social morning of **Indoor Bowls**, or perhaps a game of **Euchre** is more to your liking?

Please come along and have a morning with us to see if you like us and would like to come back and join us. We are located in the Auditorium at The Country Club – St Georges Basin, from 9am each Thursday. If you don't know how to play Indoor Bowls, we'll soon teach you in a very social, relaxed and friendly atmosphere.

Our **Bushwalking group** will make new members very welcome also. They meet on alternate Friday mornings. All walks are easy and designed for Seniors.

Anyone interested in any of our activities can contact me on 4443 6031 or 0403 783 290.



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What we are doing at **VINCENTIA PUBLIC SCHOOL**

NAIDOC Week began with a flag raising ceremony followed by traditional dance lessons, commemorative classroom activities, dancing in the playground to an indigenous rapper, and a moving assembly at the end of the week that had every student participating in the performances. The Vincentia High School dhaawarri dancers performed at the assembly with our own . A great community event!



100 Days of Kindergarten On Friday 1st August Kindergarten celebrated 100 days of being at school! There were crowns, games, beading, fairy bread and special sunglasses to commemorate this special day and all that they've learnt so far this year!



VPS 2026 Kindergarten Information

Playgroup – Meet & Greet – 2025

Wednesday 17th September & 24th September -
9.30am – 10.30am

We are excited to offer two playgroup-style 'Meet & Greet' sessions ahead of our Kindergarten Transition program. These sessions are a great chance for families of children starting Kindergarten in 2026 to connect with one another. Children can begin making new friends, building confidence, and enjoying fun activities - all while being supported by their parents or carers.

Parent Information Evening - 2025

Monday 20th October – 6pm

A special opportunity to learn about your child's learning journey and meet the team supporting them along the way. During the evening, we'll introduce our staff, walk you through a typical day in Kindergarten, and share key information about our curriculum, routines, and how we support each child's development. You'll also learn how we communicate with families and how you can be involved throughout the year. We look forward to connecting with you and building a strong home-school partnership as we begin this exciting year together.

Kindy Transition Days – 2025

Wednesday 22nd October, 29th October, 5th November – 9am - 10am



Our Kindergarten Transition Days are designed to help children feel confident and excited about starting school. During these sessions, your child will spend time in a classroom environment, meet our friendly teachers, explore school routines, and take part in fun, hands-on activities.

More information to come closer to each day. We look forward to meeting all our families. Please contact the school if you have any questions on 4441 7180.





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What's been happening at St Georges Basin Public School

Enrolments Now Open!

We look forward to welcoming new families and siblings to current students, to Kindergarten.

Enrol now: <https://ehub.enrol.education.nsw.gov.au/school/enrolment/?schoolCode=3673>

Starting school is an important step in a child's life. At St Georges Basin Public School, we believe in the importance of strong home/school, teacher/parent partnerships from the very first day of your child's schooling. For this reason, we organise a Kindergarten Transition Program, which includes informal playgroup sessions prior to our orientation mornings where parents get to know each other & the children get to experience coming into big school.

Please visit our Kindergarten tab on our website for all the information you need <https://stgeorgesb-p.schools.nsw.gov.au/kindergarten-enrolment.html>

KINDERGARTEN 2026

ENROLMENTS NOW OPEN

Head to the Kindergarten tab on our website for all the information you need regarding enrolment and Kindy transition dates.

<https://stgeorgesb-p.schools.nsw.gov.au/kindergarten-enrolment.html>

ENROL NOW



PJ Mufti Day – Supporting Foster Care Thank you for supporting our PJ's Mufti Day!

We invited all students to join in the fun by dressing up in their coziest pyjamas! In return, we kindly asked for a gold coin donation and the great news is we raised \$425 to support a wonderful cause – Foster Care! Thank you for coming together to support this great cause while having a cosy and fun day!





National Tree Day – This year, we proudly participated in National Tree Day, a day dedicated to the appreciation and planting of trees across Australia. Our students had the fantastic opportunity to connect with nature and learn about the importance of biodiversity in our local environment.

A big thank you to the generous donation from Wirin Wirra Tomerong, our local Native Nursery, we received a variety of bush tucker plants. Together, we are making a positive impact on our environment and our community!



Stage 1 Science Space Centre Excursion – Stage One students had an incredibly engaging experience as they participated in a variety of STEM activities and exhibits focused on the Physical World unit, specifically exploring Forces and Energy, at the UOW Science Space in Wollongong.



UPDATE



Introducing our 2025 / 2026 Captains, Vice Captains, Senior Leaders and Student Representative Council. Pictured from left to right: Vice Captain Michaela Cairns, Captain Dimitri Pavlou, Captain Kaleb Langenegger, Vice Captain Mason Barnett.

A full-hearted thank you to our outgoing Captains and Leaders for their dedication and commitment, shining bright our core values of Respect Responsibility and Personal Best during the past year. Your impact as mentors and role models have helped shape our school culture, leaving a lasting legacy. To our new Captains and leaders, may your year be filled with inspiring others, fostering a positive school environment, and implementing the changes you so passionately spoke about in your nomination speeches.

The Community Crop

Located at St Georges Basin Baptist Church, 165 The Wool Rd (opposite Shortcut Rd). Produce is available for all in our community and anyone who has surplus in their garden is also welcome to drop off if to share with others. Produce will vary depending on season.  Community Crop.



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1 800 333 000

www.crimestoppers.com.au



2025 MEETING DATES

Fri 26th September 10am to noon

Tues 28th October
6.30pm (AGM) to 8pm

Fri 28th November 10am to noon.

Meetings held at The Country Club
St Georges Basin: **Contact Secretary**
Gwen Price 0419 492 348 for info.

PO Box 99 Sanctuary Point 2540

e: sanctuarypointcommunitypride@gmail.com; w: <https://spcp.org.au/>



Did you know your mobile phone may have multiple ways to contact Emergency Services? There can be differences, depending on your device—or your network.

Dial 000, 112 or 106? **000** is Australia's primary emergency number. **112** is an international mobile-only emergency number that redirects to 000 in Australia – but offers no advantage here. **106** connects via TTY (teletypewriter/textphone) for people with hearing or speech impairments.

No Signal? Can Your Phone Still Connect?

Some newer smartphones offer **Emergency SOS via satellite** – but this depends on both your **device** and **network provider**. (iPhone 14 or later: Emergency SOS via satellite; Android: available on Pixel 9 series and Samsung Galaxy S25 series). Check your phone and provider capabilities before relying on this feature – especially in remote areas. In some cases, a dedicated satellite phone may still be required.

How will 000 find you without an Address?

Newer smartphones feature Advanced Mobile Location (AML) in their operating systems which automatically sends your GPS coordinates to 000 when an emergency call is made. (iPhone iOS 14.3+ and Apple Watch GPS + Cellular devices running watch OS 7.2 or later.; Android 4.1+ with Google Play Services).

Older Phone? Download the Emergency+ App for any mobile. The free Emergency+ app uses any phone's built-in GPS to provide accurate location details to 000 – even without the modern AML.



Save the app that could save your life

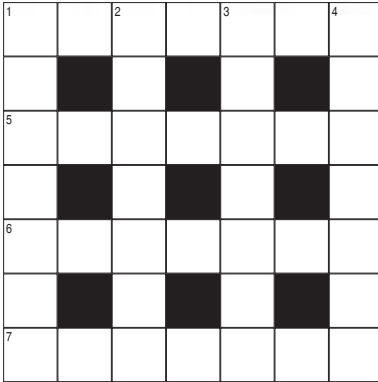


Emergency Plus includes **what3words**, a tool which pinpoints your location using the three words that are associated with your location. Let the Emergency Services know what the words are and they will be able to locate you.

Be prepared before you need to be. Check your phone settings, talk to your provider, and download Emergency+ today.

Learn more at: triplezero.gov.au

DOUBLE TROUBLE



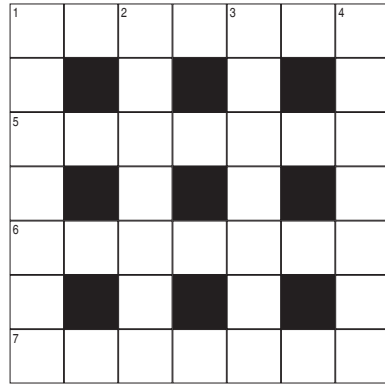
© Puzzle Choice

Across

- Forceful and extreme
- Officer
- Territorial jurisdiction of a bishop
- Idiom

Down

- Resolved
- Ancient jar
- Circus swing
- Permission



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Across

- Sunshade
- Prolong
- First letter
- Imp

Down

- Pressing
- Temporary relief
- Breed of dog
- Animal oil extracted from wool

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AUGUST SOLUTIONS

Sudoku 1 Solution	9	8	7	5	1	2	6	4	3
	4	1	5	3	6	8	7	2	9
	3	2	6	4	9	7	8	1	5
	2	6	8	1	5	3	4	9	7
	5	4	1	6	7	9	2	3	8
	7	9	3	8	2	4	5	6	1
	6	5	4	7	3	1	9	8	2
	1	7	9	2	8	6	3	5	4
	8	3	2	9	4	5	1	7	6

Sudoku 2 Solution	9	8	6	1	3	2	4	5	7
	3	2	7	4	9	5	6	1	8
	1	5	4	8	6	7	3	2	9
	6	9	3	7	5	1	2	8	4
	5	4	8	3	2	6	9	7	1
	2	7	1	9	8	4	5	6	3
	7	1	2	5	4	3	8	9	6
	4	6	9	2	1	8	7	3	5
	8	3	5	6	7	9	1	4	2

KIDS

CORNER

ANSWER THIS.....

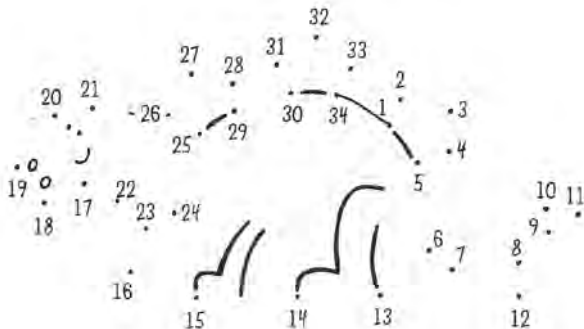
1. What can you catch but not throw?
2. What can travel around the world while staying in a corner?

3. What comes down but never goes up?

4. I go up and down, but never move.
What am I?

1. A cold; 2. A stamp; 3. Rain; 4. A staircase

Starting with number 1, draw a line to join the dots and complete the picture.
When you have completed the dot-to-dot, copy the picture and colour in.



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