



JULY 2024 Vol 21 Issue 6

BEAT THE WINTER BLUES

with Sanctuary Point Library

About Monthly Feature

NORMAN MAY

LOOKING FOR A JP?

Shoalhaven Justices of the Peace - at work for you

Balancing Pelican — photo taken by John Shepherd





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A Word from the Editor

WELCOME TO OUR JULY EDITION OF THE

About MAGAZINE.

Sad to read (page 3) that our Branch Manager Anthony, is moving on. I am sure the people of the Bay & Basin will join me in wishing him well for his future career and thank him for all he has done in the past couple of years.

Sitting here writing this, it is bucketing down, dark and cold. Ahh Winter ya gotta love it.

Stay safe this winter, maybe it's a good time to take up reading or jigsaws or start another hobby you have been wanting to get into, whatever you do look after yourself, especially driving in winter conditions, as they say if it's flooded, forget it.

This month's must reads:

- Monthly Feature, Norman May Pages 28–29
- What Lies Beyond, Papua New Guinea – Page 37
- Schools Corner Pages 40, 41 & 42.

Regards and happy reading, Editor





best for the future.

YOU SAY GOODBYE, I SAY HELLO



An old friend of my often says "The only constant in life is change". And in recent weeks, he has certainly been proven correct. At the end of May, Shelly decided to leave our branch and we thank her for her time with us and wish her and her family all the

As a result, we welcomed Kathryn (Kat) Powell as our new Customer Service Officer in the middle of June. Kat joins the bank following several years working in the retail sector, most recently as a duty manager at Aldi Vincentia. I am sure Kat will prove to be a valuable member of the Sanctuary Point Branch and I invite you in to say hi and welcome her on board.

Also in June, we appointed a mobile lender, Karen (Kaz) Vidler. Kaz will work across the region helping people seeking home loans, whether to purchase a property, refinance or whatever the need is.

Being mobile, Kaz will be on hand when and where best suits the customer. So, if you want to talk home loans, please feel to reach out to her

M: 0435 532 820

E: karen.vidler@bendigoadelaide.com.au

Goodbye from me

And lastly, with a great deal of sadness, I'm letting you know that I finished up as Branch Manager at the Sanctuary Point Branch on Friday, June 28, to take up another opportunity within Bendigo Bank.

Over the past two and a half years, this branch has achieved a lot of success and I'm proud of that and the team I led.

Our business has grown, and we have home loan customers right across the state (and interstate) who are providing us with additional revenue, which allowed us to invest more back into the Bay & Basin community.

So, the thank yous.....

Thanks to Keith Robinson, who took the chance on someone who hadn't worked in a bank before and to our Board of Directors in general for their unwavering support of my management of the branch and the direction I took it in.

To the staff who I worked with – Dana, Shelby, Kerry, Shelly, Amanda and last but not least Donna. Thanks for your contributions over the time.

Goals can't be achieved unless you have a team behind you supporting the effort. Particularly in the last twelve months, I have been able to focus a lot more on business development, thanks to Donna taking on more responsibilities and her support and all staff working well together to provide excellent service to our customers.

And lastly to our customers and the Bay & Basin community, thank you for patronage, support and friendliness. I shall miss our conversations in the branch.

However, I'm not leaving town..... So, you will still me around, probably riding my bike!

All the best..... Anthony van Breugel





Basin Villages Forum

basinvillagesforum.asn.au PO Box 37, St Georges Basin 2540

Basin Villages Forum is the Community Consultative Body for the residents of villages on the northern areas of the St Georges Basin waterway. All local residents are automatically members of the Forum able to attend and vote at meetings on issues.

It is normal for at least one Councillor to attend, June meeting Councillor Patricia White and Councillor Kotlash available at this time to speak on local issues.

While it was a cool evening, residents attending the May meeting heard of issues occurring around the area.

Some issues reported by BVF representatives or residents are ongoing and carry over from past meetings. Those issues discussed were:

- **Bherwerre Wetland** discussions re the direction signs for the wetland boardwalk car park in the Park Drive not specific.
- Osprey Nest site Report given re efforts to establish an Osprey nesting site adjacent to Bherwerre Wetland ongoing, still requiring Council approval. Workers have volunteered to assist so its a matter of waiting.
- Sanctuary Point Library Explanation given re the recent Council resolution to build a smaller library along the lines of the Warilla Library. Costs would be much less than required for present proposal.
- Erowal Bay Road Comment made on poor state of Erowal Bay Road and the visibility issue at the intersection where it meets Naval College Rd.
- Sewage pollution Attention was drawn to sewerage pollution at 41 Island Point Road which is causing significant shoreline contamination in St. Georges Basin. This

overflow problem is exacerbated by tidal entrapment during flood times when polluted water is unable to flush seaward through the narrow Sussex Inlet. It was pointed out that this is an issue for planning consideration and should be treated as such.

- **Bus Transport** It was reported that the Member for South Coast Liza Butler is approaching the NSW Transport Minister regarding a trial of "community on demand buses" for the Shoalhaven, similar to that which operates in the Merimbula area.
- SCC Property Sales Comment submitted re Council plans to sell Sanctuary Point land, Kean Ave and Lot 1 The Wool Rd Sanctuary Point.
- Modification to SGB Development BVF notified re a proposal to modify the Approved plan to divide 11 Lots of land. Modification number MR24/1131 The Old Wool Rd SGB – to check SCC DA Tracking. BVF committee submitting comment.

Basin Villages Forum meets 7.30pm – 3rd Monday of each month at Meriton St Community Centre SGB. Next meeting 15th July. Enquiries 0424 100 051

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Ismail Larney
Dental Prosthetist

Ish became involved in Dental Prosthetics (Denture making) through his passion for painting and sculpting. From a very young age he carved his family's firewood. He was able to link his passion for carving and sculpting to his career and by restoring the facial features of maxilla facial patients.

He manufactured artificial eyes, noses, ears, cast metal splints and obturators for many years at the Sydney (United) Dental Hospital.

Ish has over 30 years experience in making dentures. He became a dental tutor in 1986 and recently retired from teaching however, his retirement was short lived and Ish has now opened a private practice in Vincentia so he can continue doing what he loves best.

When he is not in the practice Ish does voluntary work with Poche Centre for Indigenous Health (University of Sydney).

Come in and have a chat, we are here to help!

Ish 0410 683 658 Bianca 0438 130 487



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Can you help?

Does your street have an interesting history? Do you know why your street has been named? As part of our tourist map project, we are looking for interesting pieces of information to include.

We welcome submissions to our email <u>sanctuarypointcommunitypride@gmail.com</u> or our Facebook page.

Our President Christine McInerney-Percy has been working hard to assemble the favourite spots that residents submitted after our last article in the April issue of the **About** magazine.

Also included are bus stops, scenic walking tracks and public toilets.

A draft of the map will be available for your comments at our Spring Into Sanctuary Point Fair at Francis Ryan Reserve on the morning of Saturday 19th October 2024.

We aim to make the map as useful and interesting as possible and we hope you will help us.



CONTEMPORARY ART PRIZE

The Halloran Contemporary Art Prize 2025 is now open!

Artists are welcome to enter works that engage with and respond to the Jervis Bay Maritime Museum & Gallery's Halloran Collection: Science and the Sea. This fascinating collection is displayed in the manner of an eighteenth century curiosity cabinet, or Wunderkammer, and includes artworks, nautical equipment, scrimshaw, navigational equipment such as sextants, figureheads, historical weapons, and much more.

The inaugural Prize took place in 2022 and was won by local artist Vanessa Barbay for her work Respect this Place (After Uncle Laddie).

The 2025 theme is 'time'. Artists are invited to submit new works using the following mediums: painting, drawing, sculpture, photography or new media work (2D, 3D, or digital) that respond to the Halloran Collection using "time" as the inspiration.

The Museum is pleased to announce support from the Halloran Trust, with a \$20,000 acquisitive first prize, \$8,000 second prize and \$2,000 People's Choice prize.

Entries close on close of business, Friday 29th November 2024. To learn more, visit the Jervis Bay Maritime Museum website www.jervisbaymaritimemuseum.com.au



Crispy Layered Potato Bake

courtesy of **f** Australian Home Cooks

INGREDIENTS

- 8 large red royale potatoes, very thinly sliced
- 2 garlic cloves, crushed
- 1 tbsp small thyme sprigs
- 80g butter, melted
- 1/4 cup sage leaves
- 3/4 cup (185ml) chicken stock

METHOD

- 1. Preheat oven to 200°C.
- Combine the potato, garlic, thyme and butter in a large bowl. Season well.
- 3. Arrange the potato in an 8 cup (2L) ovenproof dish. Place the sage leaves randomly between the potato layers. Drizzle with stock.
- 4. Bake for 1 hour or until the potato is golden brown and tender.
- 5. Set aside for 5 mins to cool slightly before serving.





Shoalhaven Family History Society Inc. NSW Baptisms, Marriages, Burials Pre 1856

New South Wales Baptisms, marriages & burials pre 1856 are recorded in what we know as The Early Church Registers, which were kept by the churches.

Be mindful when searching the indexes that low levels of literacy in the community also led to spelling variations and other errors, so think about accents and how names might have sounded.

The entry in the NSW BDM registry index which you need to see will begin with a 'V' (ie V1850/436/v35) which is the year, entry number and volume reel; note all of the index information before you view the original, as the numbers you need to find are not necessarily the printed numbers on the register; they may be pencilled in on the register page.

A marriage registration will show the date, names of bride & groom, whether they were "of this Parish", status, occupation, the name of the Minister, place of ceremony and witnesses. These entries could be the first indication to you that one or both of the parties were convicts.

Witnesses names are important as they were often friends made on board ship, or travelling companions from their home town. Parent's names are not given.

Baptisms will give the name, date of baptism, parents names, abode, occupation, and maybe the birth date also; be aware that if you are using third party information, the baptism date might have been documented by the previous researcher as the birth date.

Burials will only give the name, date of burial (not death) age and the place of the event.

In Shoalhaven, you will often find an event listed in the index as Jamberoo, Illawarra, even Wollongong or County Camden, and this is because the Minister was based in that district and travelled around, usually on horseback. This also accounts for a whole family of different ages being baptised on the same day if the location was isolated

You can view the indexes and the Church records on microfilm at our research library free of charge, and the information is exactly what you would receive from the Registry or a transcription agent for a fee, with the added bonus of seeing your ancestor's signature which can help with later discoveries.

The Shoalhaven Family History Society Research Centre is in the Old Pyree School, 888 Greenwell Point Road Pyree. We are open for research every Sunday & the 1st & 2nd Thursday of each month, all days from 10am to 2pm. Take a look at the website at *shoalhavenfamilyhistory*. *org.au* for more information.

Members can use the facilities free of charge and a small fee of \$10 allows visitors to research for the day. Joining the society is a better option if you plan to return.

Our member's meetings are held on the 1st Saturday of the month (excluding January) at 1.30pm, with afternoon tea to enjoy – a chat and catch up for everyone. Come along one day to see what we do and how we can help you.





Shoalhaven Justices of the Peace at work for you

Looking for a Justice of the Peace?

When we are looking for a Justice of the Peace we can never find one! Well, hopefully I can help you as there are over fifty in the area, hard to believe; and there are some who are JPs and others who think they are, so what is the difference?

- 1. Justice of the Peace for Life All of us at one stage were JPs for Life and then it changed around 2000 2003. At that time all JPs were issued a registration number to use with their signature. Some of the Life JPs believe they are still JPs, but they are not. The Attorney General's office informed all JPs of this change but people move around and thus are not aware.
- 2. Justice of the Peace Today These JPs are registered with the Department of Justice and have a registration number and as of March 2019 they must complete a 20 question test every 5 years to remain a JP. They must obtain 20 out of 20 questions correctly. All current JPs will have completed the test and may be now doing it again as 5 years have passed.

 JPs need to register themselves on the Department of Justice site and log in to Register for JP Online and enter their details. All updates are on the Department of Justice site.
- 3. New South Wales Justices Association Member These are Justice of the Peace who belong to an association in New South Wales and also work as volunteers at JP Community Help Desks all over the State. We are located in the office of Fiona Phillips MP Member for Gilmore near the Post Office Monday, Wednesday and Friday. Ulladulla also have a JP Community Help Desk Monday to Friday 9am until 12 noon.
 - These Justice of the Peace meet monthly and receive training bi-monthly to keep up with current rules and regulations. They are also kept up to date from our State Office on how to witness documents correctly.
- **4. So how do I find one?** Log onto the NSW Department of Justice website and go to "Find a JP". It will ask you for some information and list who is available at the time and their telephone number.

Laurie - 0438 013 330 / Shoalhaven Branch - NSW Justices Association





All 2024 SPCP meetings will be held in the rear function room of The Country Club, St Georges Basin.

- · Friday 26 July at 10am to noon;
- Tuesday 27 August at 6.30pm to 8pm;
- Friday 27 September at 10am to noon;
- Tuesday 22 October AGM at 6.30pm with ordinary meeting to follow;
- Friday 22 November at 10am to noon.

President Christine Percy 0409 363 243 **Secretary** Gwen Price 0419 492 348

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FIREFLY Celebrating Community and Creativity:

The Unveiling of The Point Project Murel



On Wednesday, 22nd May 2024, the Sanctuary Point Skate Park was excited as the community gathered to celebrate unveiling the muchanticipated mural, part of The Point Project.

This vibrant public art, created by renowned street artist Muchos in collaboration with local vouth and community members, was officially opened by Deputy Mayor Matt Norris.

The opening event was a true testament to the spirit and unity of Sanctuary Point. The ceremony included a heartwarming performance by the Sanctuary Point Public School's choir, whose voices set a festive tone for the afternoon

Following this, the First Nations Dance Troupe captivated the audience with their powerful and culturally rich performance, honouring the land and its traditional custodians.

"It was a lovely afternoon, and I was thoroughly impressed by the Sanctuary Point Public School students who performed beautifully," Norris remarked

His words resonated with the audience, many of whom had contributed ideas and feedback during the mural's conceptualisation phase, further reinforcing the significance of this communitydriven initiative.

Kasey Henshaw, Firefly's Youth Connector, highlighted the collaborative effort behind the mural. "This project is a testament to the power of community collaboration. The mural truly reflects the data collected by Firefly, capturing the essence of our local culture and the aspirations of our youth," Henshaw stated.

Afternoon tea provided the perfect opportunity for attendees to mingle, reflect on the mural's journey, and appreciate the sense of community that made it possible.

Following the official proceedings, Firefly organised fun activities at the skate park, complete with giveaways that the attendees appreciated. Skateboarders, bikers, and spectators engaged in the activities, enjoying the enhanced space that now features the colourful mural

The mural a vibrant blend of themes such as fauna, Aboriginal, and skate culture, reflects our community's identity and aspirations. Its creation was a collaborative effort, with local students from Sanctuary Point Public School and Vincentia High School crucially voting for the final design. This inclusive approach ensures that the mural truly belongs to the community it represents.

For more information about The Point Project and future community initiatives,

Community

please contact: Christine McInerney-Percy, Community Connector, Firefly Bay and Basin on 0401 777 342 or email cmcinerneypercy@uniting.org

About Firefly Bay and Basin: Firefly collaborates with, supports, and advocates for young people in the Bay and Basin. They work with the community and organisations for better outcomes and experiences for local youth.

About The Point
Project: The Youth
Voice Project is a
collaborative initiative
that empowers young
people to become



active agents of change in their community.

Through various projects and initiatives. the Youth Voice Project seeks to amplify vouth voices and address issues that matter most to them. (Photos in this article by Brad Sissins)



ORCHID SHOW

The **Shoalhaven Orchid Society** will be holding its

Winter Orchid Show

at the

Bomaderry Community Centre, Birriley Street, Bomaderry on

Saturday 13th July

There will be a wonderful display of exotic and Australian orchids and lots of orchids for sale.

Entry is free and everyone who comes through the doors can go in the draw for the lucky door prize – a beautiful flowering orchid. There is a great raffle and there will be plenty of growers available to answer your orchid questions.

The show is open from 9am to 3pm. Contact Louise Gannon for further information, 0419 241 177.



Yvonne Young and her beautiful Australian native orchid.







MUCKING IN

CLIFTON COMMUNITY FOOD GARDEN

Hours: Tues and Sat 9 to 12; Fri 2 to 5pm - Contributed by Colleen McIntyre

Sometimes things go well, and sometimes they go really well! That is how it was last month on our call up for the working bee. It was in fact the 'festival of mud', postponed twice due to the heavy rain, and then a drying out period was 'guestimated'. The last Tuesday in May was the day nominated. It was necessary to drain a section of the entrance to the hut, and remove some of the grass area which flooded every time there was a shower, never mind the downpour of May! More concrete was mentioned, but definitely a drain to link up with the existing fabulous work which had been installed prior.

A call to arms!! There were 24 willing and eager participants that arrived for what seemed to be a mammoth task. Led by the construction team, our fit and able attacked the area, removing the grass, shovels and wheelbarrows going back and forward, levelling and preparing adding gravel, for drainage.

The catering and back-up squad organised morning tea and later a lunch to share together, for when the job was complete.

No concrete this time but pavers. A huge pile of pavers had been stored on the driveway for several months, carefully guarded by the construction team for this very purpose. Some of these pavers were scattered around the garden area, providing dry stepping and pathways.

As the stack from the driveway was used, it became apparent that all these had to be retrieved and cleaned then added to the newly prepared area. There was quite a flurry, with people going everywhere, quite large heavy pavers, being passed on like the baton of a relay race through the groups which had formed. Retrievers, cleaners, carriers and layers etc. all with the one purpose. Such co-operative team work on display! Short a few pavers! No worries! Now, three more pavers to find, somewhere?

So then, lunch! What a delicious feast was supplied, Pumpkin Soup and Chicken and Vegie Soup, bread rolls, corn muffins and the most delicious biscuits, cake and slice, to graze on. No one went home hungry, and a jolly morning was had by all. Yes, there were some aches and stiffness shared for a few days, it was a work-out after all! Good exercise and great fellowship! Once again it has been proven that tasks are more achievable with a group and certainly much more enjoyable. What a beautiful sunny day too!









Ahh! But what about the garden you ask! Yes, there are vegetables growing.

The rain and then those beautiful sunny days have certainly benefited the vegetables, with the leafy crops of cauliflower, cabbage and broccoli, growing really well. The seed potatoes are in the garden beds and that is always exciting for the group. It is a treat to taste the flavour of some of the more unusual varieties that are not available in supermarkets.

The passionfruit we have growing at the garden is a Panama Red but it has produced out of season this year and the fruit failed to ripen. However we were given a bag of beautiful golden fruit which was made into passionfruit butter, and will feature on the produce stall as the year proceeds.

The next **Open Morning for Fundraising will** be on Saturday 20th July from 10am till 12 noon. As well as the fabulous display of delicious pickles, chutney, marmalade, jelly and jam, there will be a treat of one of the butter varieties, lemon, lime or passionfruit. We have vegetables and herbs and various plants as available. Stock is variable in the winter months but we hope there will be a coffee van at the park area for a warm drink.

Passionfruit (passiflora edulis)

Brad Wilson -Herbalist

The Fine Art of Scrumping Once upon a time during those early years as a sugar fixated young innocent, I was given a can of fluorescent



yellow fizzy liquid called "Passiona". The flavour was odd, but not entirely disagreeable. Sadly, innocence left in a hurry when having spied some banana passionfruit on my next door neighbours

shed wall, I was motivated to try the real thing. No problem! If no cutting implements are at hand the soft yellow casing can be opened with just the fingers (or teeth), allowing access to the sweet pulp inside. Speed eating is a prerequisite if you are scrumping, as is the ability to climb

fences quickly without ripping your shorts.

I was surprised to learn much later that this variety of passionfruit is invasive and it's easy to see why. Sometime after planting you will find that your garden and likely your neighbours' garden across the road are sending up stray passionfruit vines. Be as puzzled as they are when they mention its mysterious appearance. Give them tea and sympathy and a couple of passionfruit. They'll never connect the dots.

These little accidents can still happen when growing your other types such as the purple passionfruit, the Panama Gold, the Panama Red and the Granadilla. These harder to grow varieties are often grafted onto the rootstock of the banana passionfruit or similar. The idea is the common rootstock will quickly take off like a weed, taking the other varieties along for the ride – and sending up suckers along the way. If you don't want 200 free passionfruit vines keep your lawn well mowed or look for the nongrafted varieties – they exist.

Most fruit growers would be familiar with the interesting flower that blossoms before the fruit. That flower is "passiflora", or for those of us who don't speak Latin – the passion flower. The 550 or so varieties are often very different, complex and colourful. You could spend your life studying them and it would be a life well lived.

The passion flower is named for "The Passion" – the last days of Christ. Amongst its petals, pistils and pollen "the greatest story ever told" is told. By looking carefully and thinking hard you may see the crown of thorns, the five wounds, the Holy Grail and most of the Apostles (no Judas). It's also touted as a health food supplement. You can pop a passion pill. The only sticking point is figuring out what it's supposed to be good for. Most providers suggest that it is "calming" but then so is a glass of water. You can be the judge.....

Culinary Section. 'Perfect Pav': It's easy to prepare the Perfect Aussie Pavlova – after all we invented it, right? Simply buy an ordinary Pavlova. Remove the kiwifruit. Add lots of passionfruit. Done!

The Community Crop

The Community Crop is located at St Georges Basin Baptist Church, 165 The Wool Rd (opposite Shortcut Rd).

Produce is available for all in our community and anyone who has surplus in



their garden is also welcome to drop off if you would like to share with others.

Produce will vary depending on season.

More info on Community Crop.

Huskisson Woollamia Community Voice



Community Consultative Body (CCB)

HWCV provides a two-way communication link with Shoalhaven City Council; other government agencies and; non-government organisations who make decisions that affect you. Join us to have a say in local matters that effect you and the community you live in.

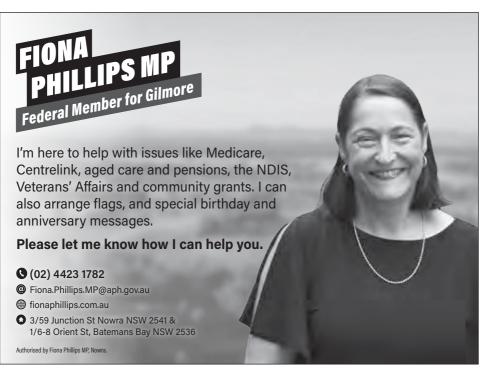
2024 MEETING DATES:

- 19th August
- 21st October (including AGM)
- 18th November



at Huskisson Community

Centre, Dent St, Huskisson. Mondays at 7pm (aim to finish at 9pm). **hwcv.org.au**



St Georges Basin Senior Citizens Inc.

(aka Basin Seniors)

Providing Fun Activities and Social Contact for "Young at Heart" Seniors

Senior Citizens are people 50 and over either retired or semi – retired.

We are a friendly group of people providing activities and fun days for our local Senior Citizens. So, if you are looking for something to do, something to get you out of the house where you'll meet people and make new friends, we are here for you.

Perhaps you are new to the district and looking for company and an interest? Why not join us for a social morning of **Indoor Bowls**, or perhaps a game of **Euchre** is more to your liking? Please come along and have a morning with us to see if you like us and would like to come back and join us.

We are located in the Auditorium at The Country Club – St Georges Basin from 9am each Thursday. If you don't know how to play Indoor Bowls, don't worry, we'll soon teach you in a very social, relaxed and friendly atmosphere.

Our **Bushwalking group** will make new members very welcome also. They meet on alternate Friday mornings. All walks are easy and designed for Seniors. **Anyone interested in any of our activities can contact me on 4443 6031 or 0403 783 290.**

Till next time, stay safe and well everyone, keep smiling – Margaret



RAISED VOICES COMMUNITY CHOIR

Our Choir meets every Tuesday night during school terms between 7pm and 9pm at the Baptist Church, Vincentia. We are always very keen to welcome new members so please feel free to come and join us as we are a very happy and inclusive group. For any enquiries please contact Rosalie on 0412 297 435.

Our choir is a well established choir. This year in fact we are celebrating our 30th birthday and at present we are in rehersal for a special concert on the 29th September, at the Tomerong Hall.

We sing a variety of musical styles. We are very fortunate to have a highly talented musical director in Olivia Corish. We have recently particiated in the City of Shoalhaven Eisteddford in which we were successful in our categories.







Over Two Decades of Giving to the Bay & Basin



Volunteers are the lifeblood of Australia and each year over five million of us give our time to make a meaningful contribution to our community.

While we usually think of volunteers as frontline workers like surf lifesavers, bush fire fighters and junior sports coaches, there is another group of unsung heroes that we should be celebrating.

Thousands of not-for-profit community organisations across the country would cease to exist without the selfless contribution of their volunteer Board Members.

People like Bay and Basin locals David Reynolds and Ross Clifton, who for over 22 years served on the Board of BCR Communities (formerly Bay & Basin Community Resources).

Ross and David held highly responsible and demanding full time roles during their Board tenure, but despite their significant workloads,

both men volunteered their time on the Board of BCR for over two decades.

Why? Why spend nights discussing financial, governance, compliance and legal documents when you could be relaxing at home after a long day at work? Both said it was a love of their community and a desire to see a unique local initiative thrive.

Ross said "I joined the Board because I really wanted to see the organisation grow and thrive while still preserving what is special about it,"

"BCR is really unique in that it supports the community from the cradle to the grave and it has such a diverse range of services. In my experience, there are not many organisations like it in the community sector. I decided to apply to become a volunteer Board member because the organisation was going through big changes and I felt I had the knowledge and experience to be of service." Ross said.



David joined the BCR Board not long after moving to the Bay & Basin from Albury Wodonga, seeing it as a way to give back to and be connected with his new community.

"I have always been someone who has been proactive and to me BCR was just an essential part of the community," David said.

"Back in those days the Bay and Basin was seen as underprivileged and underfunded, there was quite a bit of poverty."

"BCR seemed like an organisation that was trying to improve things and it was having a positive impact in the community at a number of different levels."

Anyone who has served on a Board for a period of time will tell you that there can be challenges. Tough decisions have to be made, differences of opinion can ensue and sometimes juggling Board responsibilities with a demanding career and family life can test a person's resilience and commitment.

Ross and David both agree that the reason for their longevity on the BCR Board was the support and guidance they received from the CEO and Executive team.

"I don't recall as a Board member ever going home feeling that I had a lot of weight on my shoulders," David said.

"The CEO and Executive team would never say to the Board, there is this problem you need to sort out. They would do the research, present a solution to the Board and we would discuss it and make an informed decision." David said "The culture at BCR was always very positive, engaging, community-minded and accessible. You felt like you wanted to be a part of it, that you could have a positive impact."

For the countless hours they have given to BCR over the last 22 years, both Ross and David agree they have been given a deep sense of pride, achievement and connection to their community in return.

"Living where BCR operates, you can really see the difference it makes," David said.

"The achievements I am most proud of was to grow the organisation without losing its original values of diversity, inclusion and connection to the community, while at the same time building assets and infrastructure behind it," David said.

For Ross, the real satisfaction and sense of achievement comes from hearing the stories of individuals thriving.

"I remember a young woman who didn't really know what she wanted to do in life who went through a program run by BCR. She developed the skills and confidence which enabled her to get work and now she runs her own successful business in the Bay & Basin and gives back to the community in return," Ross said.

"The way the organisation has helped individuals to really shine in the community is what I am most proud of."



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QUOTES

SHOALHAVEN CITY PIPES & DRUMS

We meet each Monday - 7pm at The Exservos, 157 Junction St, Nowra. All ages welcome. Phone Gladvs 0432 680 481

Shoalhaven Family History Society Inc.

The Old School 888 Greenwell Pt Rd. Pyree. Open every Sun 10am - 2pm and 1st & 2nd Thurs 10am - 2pm

www.shoalhaven.net.au/~sfhs LIKE us on



Ph: 0409 920 878

VOLUNTEERS NEEDED

Tennis: Ladies Doubles

Social tennis only – no competition

Ladies come along for some exercise &

social activity at The Country Club, StGB. We need more players for Wed AM.

Do you have a particular interest and would like to help Basin View Masonic Village? We need REBILI your help with activities such as bus trips, craft, exercise

and various entertainment events. Just a few hours of your time occasionally will put a smile on the faces of our residents. Contact Michelle or Jo on 4443 5034 during office hours.

NOWRA & DISTRICTS TOTALLY & PERMANENTLY INCAPACITATED (TPI) SOCIAL & WELFARE CLUB

Are you a Military TPI looking for social interaction??? Come join us! We are seeking new members. We hold our meetings at the Nowra Veterans Wellbeing Centre, 124 Wallace Street, Nowra, on the 3rd Tuesday at 11am as well as having social outings and lunches. For more information contact Secretary Leanne Wehmeier on 0419 464 313.



VINCENTIA **RURAL FIRE BRIGADE**

next door to Leisure Centre. Vincentia

We are seeking community minded volunteers. Contact our Captain on 4401 1750

Shoalhaven Beekeepers Assoc Inc.

meet West Street Community Centre, West St, Nowra on the 3rd Wed (ex. Dec 2nd Wed) at 5.30pm for cuppa, meeting starts 6pm

sharp, quest speakers most months. For more info email shoalhavenbeekeepers@ gmail.com or f



We are looking for Volunteer bus drivers.

LR Drivers Licence required. One morning or afternoon per month.

Call Michelle at Basin View Masonic Village on 4443 5034

JUSTICES OF THE PEACE **Volunteer Help Desk**

We are available to help to answer your questions at The Office of the Federal Member for Gilmore, Suite 3, 59 Junction St. Nowra (around corner from PO). For more info or to join the local J.P. Branch call Brenda 0407 065 031



BECOME A MEMBER AND HELP ANIMALS IN YOUR LOCAL AREA.

We are looking for passionate animal lovers to join our dedicated group of volunteers to help care for local pets in need, and assist with our various community support and desexing programs. Contact AWL NSW Shoalhaven Branch on 0429 429 885 or email awlshoalhaven@awlnsw.com.au. You can also find us on **f**

Shoalhaven Transition a worldwide arassroots movement. transitioning communities towards a more sustainable future. Meets monthly 4443 4713.



REAL ESTATE – DONE WRIGHT

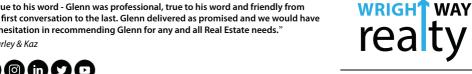
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Shop 1, 5 Burton Street Vincentia Shopping Village



\$ORT & \$AVE

Taking a trip to the tip? Sort your waste and save money.

Many recyclable items can be droppedoff at Council's Recycling and Waste Depots for FREE.

Mixed waste, the waste that goes straight to landfill is charged at the highest rate.

Other recyclables, including garden waste are charged at a lesser rate to mixed waste.

To ensure you a paying the least amount possible, separate your recyclables from your mixed waste. Here's how.

First, load your car with items that will be going to landfill. These are items that cannot be reused or recycled.

Next, add your unwanted household items that could find a second home and drop them off at the Buy-Back Centre. (tip shop) Items that staff deem as re-sale





Finally, load your recyclables. No-charge recyclable drop-off points are located near the entrance.



OUR COURTESY BUS RUNS 7 DAYS / WEEK FROM 11AM-LATE

Call Courtesy Bus to book 0413 014 125



WHAT'S ON JULY

Experience the Best on the South Coast: Unmatched Entertainment and Irresistible Weekly Deals

SPORTS LOUNGE

























Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm

\$15 Pork Ribs & Drink Mondays On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm \$15 Pork Ribs & Drink Mondays On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Mon 15th Afternoon 12:45pm - 3pm \$15 Pork Ribs & Drink Mondays On Point Kitchen from 5pm

Bingo - Morning 10am - 12pm

Poker Rego from 5:30pm, starts 6:30pm

Bingo - Morning 10am - 12pm Afternoon 12:45pm - 3pm

\$15 Pork Ribs & Drink Mondays On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Housie Tuesdays Books on sale 10am | Games 10:30am

\$15 Burger & Beer Tuesdays On Point Kitchen from 5pm

Bingo Starts 6:30pm

Trivia from 6:30pm

Xmas in July Ham Raffle Ficket 4:30pm | Draw 6pm

Bingo Starts 10:30am

\$15 Steak Night

Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm

Sub Club Raffle Draw 6:30pm

\$15 Parmageddon Thursdays On Point Kitchen from 5pm

Ripper Raffle - Tickets from 4:30pm

Junior Rugby League Raffle

Friday Bingo 10:30am - 2:30pm Auditorium

MEGA Friday Members

Draw 7:45pm | Second Chance Draw 8:30pm

0am - 11am

Cash Housie Calls start at 1pm.

Free Live Entertainment Last Chance Honey 7pm - 11pm

Poker - Sunday Poker

Rego from 1pm, starts 2pm

Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm

Snooker Club Raffle Drawn 5:30pm

Free Live Entertainment

Housie Tuesdays Books on sale 10am | Games 10:30am

\$15 Burger & Beer Tuesdays On Point Kitchen from 5pm

Bingo Starts 6:30pm

Trivia from 6:30pm

Bingo Starts 10:30am

\$15 Steak Night

On Point Kitchen from 5pm

Draw 6pm

Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm

\$15 Parmageddon Thursdays

Ripper Raffle - Tickets from 4:30pm

Junior Rugby League Raffle

Friday Bingo 10:30am - 2:30pm Auditorium

Draw 7:45pm | Second Chance Draw 8:30pm

Snooker Club Raffle Drawn 7:30pm

Hitlist Fridays 7pm Main Lounge

MEGA Friday Members

Sub Club Raffle Draw 6:30pm

Bingo Starts 10:30am

10th

Wed

Wednesday Mega Meat Raffle

Sub Club Raffle Draw 6:30pm

Tickets from 4:30pm, Draw 6pm

\$15 Parmageddon Thursdays On Point Kitchen from 5pm

Ripper Raffle - Tickets from 4:30pm Draw 6pm

Friday Bingo 10:30am - 2:30pm Auditorium

Badge Draw

Books on sale 11:30am | Games 12pm - 2pm

Free Live Entertainment

DJs Disco 7pm - 11pm

Poker - Sunday Poker Rego from 1pm, starts 2pm

Sunday Meat Raffle Tickets from 1:30pm Draw 3pm

Mark Dabin 4pm - 8pm

21st

Sunday Meat Raffle

Snooker Club Raffle Drawn 5:30pm

Rock-A-Holics 4pm - 8pm

Hitlist Fridays 7pm Main Lounge **Badge Draw** Snooker Club Raffle Drawn 7:30pm On Point Kitchen Breakfast



Bingo - Morning 10am - 12pm

\$15 Pork Ribs & Drink

Housie Tuesdays

On Point Kitchen from 5pm

Bingo Starts 6:30pm

Bingo Starts 10:30am

\$15 Steak Night

Tickets from 4:30pm, Draw 6pm

Sub Club Raffle Draw 6:30pm

Trivia from 6:30pm

Afternoon 12:45pm - 3pm

Mondays On Point Kitchen from 5pm

Poker Rego from 5:30pm, starts 6:30pm

Books on sale 10am | Games 10:30am

\$15 Burger & Beer Tuesdays

Wednesday Mega Meat Raffle

Free Live Entertainment Raven 7pm - 11pm

Badge Draw

Poker - Sunday Poker Rego from 1pm, starts 2pm

Sunday Meat Raffle Tickets from 1:30pm, Draw 3pm

Snooker Club Raffle Drawn 5:30pm

Free Live Entertainment Backlash 4pm - 8pm

Housie Tuesdays

Books on sale 10am | Games 10:30am \$15 Burger & Beer Tuesdays

On Point Kitchen from 5pm

Bingo Starts 6:30pm

Trivia from 6:30pm

\$15 Steak Night

Junior Rugby League Raffle

Hitlist Fridays 7pm Main Lounge

MEGA Friday Members

Draw 7:45pm | Second Chance Draw 8:30pm

Snooker Club Raffle Drawn 7:30pm

Kids Bingo

Free_Kids School Holiday Fun Day 10am - 2pm Auditorium

Snooker Club Raffle Drawn 5:30pm

Free Live Entertainment

Wed

Thurs

Ξ

Housie Tuesdays Books on sale 10am | Games 10:30am \$15 Burger & Beer Tuesdays On Point Kitchen from 5pm

Bingo Starts 6:30pm

Trivia from 6:30pm

Bingo Starts 10:30am

\$15 Steak Night On Point Kitchen from 5pm

Wednesday Mega Meat Raffle Tickets from 4:30pm, Draw 6pm

Sub Club Raffle Draw 6:30pm

State of Origin 3 7:30pm on the Big Screens

\$15 Parmageddon Thursdays On Point Kitchen from 5pm

Ripper Raffle - Tickets from 4:30pm

Junior Rugby League Raffle

Friday Bingo 10:30am - 2:30pm Auditorium

Hitlist Fridays 7pm Main Lounge **MEGA Friday Members**

Badge Draw Draw 7:45pm | Second Chance Draw 8:30pm

Snooker Club Raffle Drawn 7:30pm

Kids Bingo

Books on sale 11:30am | Games 12pm - 2pm

Free Live Entertainment

Mick on Wheels Trio 7pm - 11pm

Poker - Sunday Poker Rego from 1pm, starts 2pm

Tickets from 1:30pm, Draw 3pm

Free Live Entertainment

SiRenics 4pm - 8pm



\$ORT & \$AVE

What you can drop-off for FREE at Council's Recycling and Waste Depots*

Household problem waste

- Aerosol cans (paint, butane and other accelerants)
- · Paints oil and water based
- Car batteries
- Gas bottles
- · Smoke detectors
- Motor oils
- Fire extinguishers
- · Household batteries
- Fluorescent tubes and light globes

Electronic waste (E-waste)

Anything that runs on a battery or power cord is considered e-waste, including but not limited to TVs, computers, kitchen appliances and mobile phones.

Polystyrene

Clean, white sheets often found in electronic goods packaging.

Metal

Any metal any size, from nuts and bolts to garage doors.



Textiles

Clothing, towels, bed linen, mats, shoes and more.

(we cannot accept items that contain stuffing such as doonas and cushions)



Household (yellow bin) recyclables

- Glass bottles and jars
- · Aluminium and steel cans
- Hard plastic bottles
- · Cardboard and paper



Fireweed

Must be bagged and tied. Your whole load must contain fireweed only.

Silage wrap

Must be presented in 'Plastic Forest' bags, available for free at Local Land Services (Berry) or all Recycling and Waste Depots.

For more information visit shoalhaven.nsw.gov.au or call 1300 293 111

*All free recycling services are for domestic quantities only. There are conditions for some recyclables to be accepted at no-charge. Please visit our website for more information.

ROOF SEAL

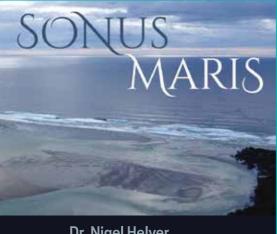
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Dr. Nigel Helyer in collaboration with water engineers and scientists at UNSW.



THE LAND - SEEKING COEXISTENCE Akira Kamada

Open every day 10am - 4pm Woollamia Rd, Huskisson **jervisbaymaritimemuseum.com.au**

Two exhibtions now on show.

4th July - 13 October 2024

·····community

OLD AND NEW RESIDENTS

Are you new to our beautiful bay & basin area or are you a long time resident? Would you like to join a friendly and happy group of people? Monday 9.15am - Indoor Bowls (carpet). All warmly welcomed. Morning tea provided (bring cup), your first day is free. Join a happy mob on Monday morning. Pat 0421 480 702 or 0429 610 109

TOMERONG MARKETS

Every 3rd Saturday of the month from 8am till 1.30pm. Lots of local handmade products and snacks. Find us on f and @Tomerong Markets

SHOALHAVEN INDIAN MYNA ACTION GROUP

This facebook page has been setup for the community to share information, educate and share ideas on this pesty bird, the "Flying Rat" Indian Myna which competes and harm's our native birdlife. Join the group for some valuable information to help our local wildlife.



We meet at Jervis Bay Baptist Church school room, behind the Church, cnr Wool Rd & St George Ave. Vincentia. on 1st and 3rd Thursdays from 9.30am to 1pm. Phone Judy 0403 212 237.

Local Markets

noticeboard

Berry Country Fair 1st Sun (except Feb held 2nd Sun) Berry Showground, Alexandra St # 4464 1476

Clifton Community Food Garden Fundraiser

3rd Sat 10am - 12 noon 1 at the garden Clifton Street, Sanctuary Point # 0412 793 319

Huskisson Markets 2nd Sun II Huskisson Sports Ground ■ 0409 740 704 (BH)

Jervis Bay Maritime Museum Markets

Winter Morning Market 1st Sat # 10am-1pm # Dent St, Huskisson Ph 4441 5675 e: markets@ibmm.asn.au

Milton Village Showground Markets 1st Sat PLUS Long Weekends & Easter Milton Showgrounds, Croobyar Rd, Milton miltonvillagemarkets@gmail.com

Pyree Village Arts & Craft Markets 4th Sun I Shoalhaven Potters Workshop, Greenwell Pt Rd, Pyree **4443** 7312

Royal Coastal Patrol Market Ulladulla 2nd Sun I Ulladulla Harbour & Wharf, Wason St. Ulladulla #4455 3403

Sussex Inlet Flea Market 2nd Sat I Uniting Church Hall, Jacobs Dr. Sussex Inlet # 4441 1546

Tomerong Village Market 3rd Sat #8am-1.30pm School of Arts, 360 Hawken Rd, Tomerong email: tomerongmarket@gmail.com | www.tomeronghall.com | or find us on 🚹 or 👩

Rural Fire Services

IN AN EMERGENCY CALL 000

We have 7 Brigades over two groups in our area.



Basin View, Huskisson, St Georges Basin, Sussex Inlet, Tomerong, Vincentia and Wandandian.

New members always welcome.

EMERGENCY CALL 000

| Fire Control | | 4424 4424 |
|------------------|-----------------------|--------------|
| Basin View | Denise Fabreschi | 0412 780 899 |
| Huskisson | Cpt Sanna Reeves | 0408 480 424 |
| St Georges Basin | Cpt Michelle Thornley | 0427 288 340 |
| Sussex Inlet | Adam Harris | 0409 326 660 |
| Tomerong | Doug Schutz | 4443 4600 |
| Vincentia | Captain | 4401 1750 |
| Wandandian | Brian Edwards | 0488 752 489 |

Weekly Meetings

- **1st St Georges Basin Scout Group** = Tasman Rd Scout Hall, SGB = Tue 5pm Joey Scouts; 6.30pm Cub Scouts = Wed 6pm Scouts = Mon 6.30pm Venturers = Paula 0400 674 525
- **Al Anon Huskisson =** Thu 10am **=** Huskisson Community Centre Dent Street. Huskisson
- Alcohol and Drug Treatment = Lives Lived Well = Nana Muru (Better Road) = Free day rehabilitation program runs over 6 weeks in bay and basin (non-residential) = Mobile withdrawal program for residents of Nowra and bay and basin = 18 yrs and over = 1300 727 957 = self refer via website www.liveslivedwell.org.au
- Basin Radio Controlled Yacht Group = Jetty at Island Pt Rd, SGB = Tue & Sat 9.30am = Racing starts 10am = Tony Blackmore 0427 450 278 or Malcolm Griffiths 0431 094 520
- Basin Track Bushcare = Wed 9am = https://www. shoalhaven.nsw.gov.au/For-Residents/Our-Environment/ Bushcare = michael.smith@shoalhaven.nsw.org = 0434 691 367
- Bay & Basin Art Group = Community Centre, Loralyn Ave StGB = Mon 9.30am-12.30pm = Over 50s = Lyn 4443 2848 or Audrev 4443 4340
- Bay & Basin Bombers Junior AFL Club = Leisure Centre, Wood Rd, Vincentia = Thu 4.30-5.30pm = Girls & Boys aged 6-17 = Jeff 0420 749 402 or Chris 0403 047 659 = www.bombers.net.au
- **Bay & Basin Bush Potters** = 48 Edmund St, Sanctuary Point = Mon 9am-2pm = Lesley 0426 878 421
- **Beginners Belly Dance Class** = Huskisson Community Centre = Wed 5-6pm = Ph Mimi 0461 576 176
- **Belly Fit** = Huskisson Community Centre = Tue 4.30-5.30pm = Ph Mimi 0461 576 176

Clifton Community Food Garden Working Bees

- held 3 times a week Daylight Saving Hours Tue 9am-12noon • Fri 3-6pm • Sat 9am-12noon • Non Daylight Saving Hours Tue 9am-12noon • Fri 2-5pm • Sat 9am-12noon • Jeff 0437 333 042
- **Collingwood Reserve Park Care Group** meet in reserve opposite Basin View Volunteer Rural Fire Brigade Shed Mon 8.30am •
- **CWA Jervis Bay Day** Huskisson Community Centre, Dent St II Tue 10am for craft, cuppa & chat II 3rd Tue General Meeting II Visitors welcomed II Pres. Emily Ede 0438 208 754

- **Dancing** = Bomaderry RSL Club = Wed 7pm = permanent dance floor R'n'R, swing, country 2 step, rockabilly = Born to Booqie 0409 998 868
- **Heart Foundation Walking Group =** Paradise Beach Sanctuary Point **=** Mon 9am **=** Sue Randles 0427 286 719
- **HuskiDrumming** = Facilitated djembe drumming circle = Huskisson Community Centre = Sat 10.30am = All welcome = e: huskidrumming@gmail.com
- **Huskisson Girl Guides** During school terms Huskisson Scout/Guide Hall, Kiola St (near Bowling Club) Tue 5-6.30pm Junior Guides 6-9yrs Wed 4.30-6.30pm Guides & Senior Guides 10-16 yrs Parents and Friends Support Group 3rd Wed Liesel Turnbull 4443 6007/0402 837 777
- **Husky Social Carpet Bowls** Huskisson Community Centre - Mon 9am-1.30pm - morning tea provided bring your lunch - Ph 0427 275 552 or 0421 480 702
- JB Walkers and Talkers = Meet Holden St Boat Ramp, Vincentia = Pram friendly walking group = Fri 10.30am = e: lanaburkey@gmail.com
- **Jervis Bay Bridge Club** Huskisson Community Centre, Dent St, Huskisson - Fri 9.30am - All Bridge players welcome Ph 0421 332 991 or 0430 013 946
- Jervis Bay Community & Men's Shed I Thu 9am-12pm
 I New members welcome both men & women
 I Colin Loudon 0412 347 322
- Jervis Bay & Districts Activities Group | Fri 9am-1pm | Men & Women welcome | Colin Loudon 0412 347 322
- Jervis Bay Physical Culture Club = Classes held Vincentia Primary School & StGB Community Hall = www.jervisbayphysie.com.au = e: jervisbayphysie@gmail. com = Jaclyn 0422 458 485 or Amie 0405 438 057
- Jervis Bay Wobbegongs Winter Swimming Club Huskisson Beach south end Racing season Sun 8.30am
 between 1st May & 30th Sept each year Swim & Chinwag
 Mon-Fri 7.30am to 8am all year long
 http://wobbegongs.weebly.com/ or
- **Karate** = Sanct Pt Community Centre, 18 Sanct Pt Rd = Tue & Fri = 5.30pm

- Line Dancing = Tue 10am-1pm SGB Community Hall,
 Meriton St, StGB = Mon 6-8.30pm Shoalhaven Heads
 Bowling Club = Wed 10am-1pm Bomaderry Community Hall

 Thurs 6-8pm StGB Community Hall = Laurel 0408 184 984
- **Mannahouse Youth** Fri 7pm StGB Community Centre, 21 Meriton St, StGB www.mannahouseyouth.org
- MSCARC Inc. = (Mid South Coast Amateur Radio Club Inc.)

 Wed from 7.30-9.30pm on air = New members always

 welcome = Ken 4403 0599
- Nowra Healing Rooms = 12 Tarawara St, Bomaderry = Open Wed 10am-12pm, Thu 7-9pm = 0459 046 084 = No appointment necessary & no charge = www.healingrooms.com.au
- Nowra Quilters = North Nowra Community Centre, 7 Hood CI, Nth Nowra = Tue 9am-1pm = New members welcome = e: alex@themwarners.com
- Nowra Town Band = 174 Kinghorne St, Nowra = Mon 5.30–6.30pm for Training Band & 7–9pm for senior practice = Private lessons available in brass and percussion = Hall 4422 0807 or Ross 4443 5745/0488 056 196
- Raised Voices Community Choir SATB = Jervis Bay
 Baptist Church = Tue 7pm = New Members welcome
 = Ph Rosalie 0412 297 435
- Rock and Roll Lessons Huskisson Community Hall Tue 7pm - Rock n Roll, Partner Dancing, Swing - Ph Laurel 0408 184 984 or Rob 0439 416 386
- Scottish Country Dancing = Thu 2pm-3.30pm
 Senior Citizens Hall, Berry St, Nowra = Tue 7.30-9.30pm
 Presbyterian Church Hall, Kinghorne St, Nowra
 Beginners welcome = Heather 4441 5496
- **Shoalhaven City Pipes & Drums** Mon 7pm The Exservos, 157 Junction St, Nowra Ph Gladys 0432 680 481
- Shoalhaven Concert Band Junior, Concert and Stage band Nowra School of Arts Annex, Berry St Nowra Tue 6-9.30pm Richard 0417 462 885 or see
- Shoalhaven Ex-Servicemans Dance Club 157
 Junction St, Nowra | Wed 7-9.30pm | Social dancing inc.
 modern ballroom, new vogue, sequence, latin, rock n roll
 visitors welcome Ph Norm 0407 950 325
- Shoalhaven Rock N Roll Group = SGB Country Club = Mon 7pm = John 0411 120 042 or Linda 4443 3364 = www.shoalhavenrockandroll.org.au
- Sing Australia, Vincentia = Community Singing Group

 Jervis Bay Baptist Church, The Wool Rd, Vincentia = Thu

 7-9pm = New members welcome = Jenny 4441 7713 =

 www.singaustralia.com.au

- **Smith Bay Bushcare Group Basin View** Fri for 2-3 hours Fran 4443 6324
- Social Scrabble = The Country Club StGB = Thu 1-4pm = New players welcome = Ph Anne 0410 012 642 or Emily 0438 208 754
- St Georges Basin Health & Com Transport Serv =
 Mon & Wed Local Health = Tue, Thu & Fri Nowra Area Health
 = 4423 6044 for bookings Mon-Fri 9am-12pm, 1-3pm
- St Georges Basin Little Athletics Sports Grounds, Larmer Ave, Sanctuary Point - Registration Ph Tracy 0423 846 194 or Michelle 0412 656 206
- **St Georges Basin Senior Citizens Club -** Thu from 9am Bowls-Darts-Euchre, The Country Club St Georges Basin **-** Ph Margaret 4443 6031

St Georges Basin Senior Citizens Walking Group

- Alternate Fridays 9am onwards, ph Helen 0412 215 855, Colleen 0423 233 594
- St Georges Basin SES Unit = 41 Tasman Rd, StGB = Wed 6.30pm = for training, providing advice to members of the community on storm/flood preparedness, new volunteer enquiries welcomed = 3 NSWSESSGB
- Sussex Inlet Computer Club = Sussex Inlet RSL Club = 2nd, 3rd & 4th Tue 10am-noon = All welcome
- **Table Tennis** = Scout Hall, Tasman Rd, SGB = Wed 2-4pm = Adam 0401 020 827 please leave a message
- **Tennis** = Erowal Bay = Grandview St, Erowal Bay = Booking enquiries 0491 978 037 = Monday & Tuesday morning social tennis players welcomed, as well as Thurday afternoon social tennis
- Tennis = Huskisson = Owen St, Huskisson Casual bookings Wendy 4441 7985 = Adult Mixed Group Mon PM & Thu AM Ph June Grippling 4443 3065 or John Hayward 4441 6979 = Ladies Tue AM Ph Jan Chappelow 4441 6417 = Mixed Comp Wed night Ph Jenny Durante 4441 5766 = Coaching available Lou Durante 0428 210 893
- **Tennis** = The Country Club, St Georges Basin = Social Mon 6-9pm & Thu 9am-1pm = Comps Tue or Wed 6-9pm = Ph 4443 0666 = thecountryclub.com.au/sport/tennis/

The Country Club Computer & Technology Club =

The Country Club — St Georges Basin, Paradise Beach Rd, Sanct Pt = 2nd & 4th Mon with 2 meetings per day 9.30-11.30am & 12.30-2.30pm = Ph John 0404 291 540

Vincentia Bush Care Group = Tue 9am - 12 noon **=** Ph 0418 460 594

Fortnightly Meetings

Bay & Basin Camera Club Vincentia Community Hall, rear Coles carpark 12nd & 4th Tues 7.30–9.30pm
11 Pam 0401 043 833 11 Kate 0417 713 850

SCA Shire of Adora Medievalists of the South Coast Wandandian Progress Hall | Every 2nd Wed 5.30-7.30pm | e: seneschal@adora.lochac.sca.org; | w: adora.lochac.sca.org/regular-activities

Shoalhaven Masonic Widows Association Basin View Masonic Village Hall, 130 The Wool Rd | 2nd Mon 10am | 4441 0436 or 4441 1644

Wool Road Spinners & Weavers Jervis Bay Baptist Church classroom, behind church, cnr The Wool Rd & St George Ave, Vincentia I 1st & 3rd Thu 9.30am-1pm I Judy 0403 212 237

Monthly Meetings

1st St Georges Basin Scout Group Meetings 1st Mon 6.30pm | Tasman Rd Scout Hall, SGB | Paula 0400 674 525

Amnesty International - Bay & Basin 3rd Mon II New members welcome II bayandbasinamnesty@gmail.com

Association of Independent Retirees-AIR Bomaderry Bowling Club, Meroo Rd, Bomaderry 2nd Tue 10am Peter Moate 4448 7788

Basin Business Forum every 2nd Tues 8-9.30am ∎e: basinbusinessforum@gmail.com or **F**

Basin View Daylight Lodge No.1015 (now consolidated with Lodge Milton No. 63) Milton Masonic Centre, 128 Princes Hwy, Milton ■ 2nd Mon 6pm
■ M/Ship & other enquiries Ken Sheppard 0428 638 611

Basin View Rural Fire Service Fire Station #3rd Fri 6.30pm #Denise Fabreschi 0412 780 899

Bay & Basin Brew Club ■2nd Fri 7pm at alternate locations ■ Matt 0413 172 757

Bay & Basin Cancer Support Group Venue Room, SGB Country Club | 2nd Thu 10am-12pm | Dianne 4443 3275

Bay & Basin Cricket Club Meetings held 2nd Tue 7pm
St Georges Basin Country Club Ph Chris 0403 113 362

Bay & Basin Multicultural Support Group Community Centre, Meriton St, SGB | 1st Thu 11am-1pm | Zaga Tkulja 4229 2755 or Anu Mehta 4422 5933

Bloomers & Buds Social Gardening Group

Inc. Community Centre, Dent St, Huskisson II Last Wed 9.30am II Ph Denise 0408 723 270

Combined Probus Club of Jervis Bay & Districts

Inc. SGB Country Club, Function Room I 4th Thu 9.30am-11.30am I Pres. Val Hyde 0422 477 771; Sec. Denise Stevens 0408 008 460

Combined War Widows & Laurel Club of Legacy

Huskisson Meeting & Lunch || Club Jervis Bay (RSL) || 2nd Tue at 11am || Carol Barnes 0408 076 280

Country Labor – Jervis Bay/SGB Branch meets every month on the 2nd Wed I more info about joining, meeting times and venue email Debbie on debshapira@gmail.com

Honey Beez Gardeners Group 3rd Wed 11.30am

Vincentia Community Hall (behind Coles carpark)

Lauren 4443 5946

Huskisson RSL Sub Branch 2nd Thu 5pm «Club Jervis Bay «Sec Helen Walker 4441 5282

Huskisson Rural Fire Service 2nd Tue 7pm

Captain Sanna Reeves 0408 480 424

Jervis Bay Community & Men's Shed

Computer Service Day 1st Thu 1-3pm | Call Colin for booking 0412 347 322

Jervis Bay Divers Club Club Husky, 336 Huskisson Rd, Huskisson | Last Wed 7pm | contact_2@jervisbaydivers.org or call Susan 0409 875 358

Jervis Bay Lions Club Club Jervis Bay I 1st Thu 6pm for 7pm start I President Marie-Ann Watson 0412 401 917 Publicity Bob Hanlon 4441 6087

Jervis Bay Probus Club Inc. (C) RFBI Basin View Masonic Village, 130 The Wool Rd, Basin View ■ 3rd Mon 10am ■ Ian Collins 0424 292 625 ■ secretary.probusjervisbay@gmail.com

Jervis Bay Triathlon Club Inc. Usually Iluka, Booderee National Park II Group Training Day 3rd Sun 8am II All welcome including juniors II Pres. Tony Lim 0411 052 746 II admin@jervisbaytriathlonclub.org

Justice of the Peace Assoc NSW Shoalhaven

Branch Bomaderry Bowling Club, Meroo St II 1st Mon 1pm II Visitors most welcome II Brenda 0407 065 031

Marine Rescue Jervis Bay - VMR 209 Voyager Park, Currambene St, Huskisson #1st Wed 10am @ Club Jervis Bay # www.marinerescuejervisbay.org.au/ #4441 5433

Nationals Branch Shoalhaven meetings I lan 4443 3780

National Servicemen's Assoc., Shoalhaven Sub-Branch
Rotating meetings on 4th Sun || Ulladulla Ex-Servos Club
0930 for 1000hrs start || Nowra Ex-Servos Club 0930 for
1000hrs start || Sussex Inlet RSL Club 1000 for 1030hrs
start || Jim Reid 4421 2886

Nowra & Districts Totally & Permanently Incapacitated (TPI) Social Welfare Club

3rd Tue 11am II Nowra Veterans Wellbeing Centre, 124 Wallace St, Nowra II Leanne 0419 464 313

Nowra Legacy Group 66 Bridge Rd, Nowra I 1st Mon (except January) 10am I 4423 1795 or 0409 981 663

NSW Transport Authorities Retired Employees Assoc Nowra Bowling Club, cnr Osbourne & Junction St I 2nd Thu 10am for 10.30am start I Pres. Bob 4421 5265 or Sec Aileen 4421 6660

Sanctuary Point Mens Shed 17 Clifton St, Sanct Pt II 1st Thu 10.30am II All members welcome II Open Mon-Fri 9am-3pm II Any blokes that want to get out of the house for a while drop in for a cuppa and a chat II John 0413 837 538

Shoalhaven Avicultural Society 2nd Tue 7.30pm
PCYC Hall Park Rd Nowra | 4423 4475

Shoalhaven Beekeepers Ass, Inc. West Street
Community Centre, West St, Nowra I 3rd Wed (ex. Dec 2nd
Wed) 5.30pm for cuppa, meeting 6pm sharp,
guest speakers most months

e: shoalhavenbeekeepers@gmail.com or **f**

Shoalhaven Caravan Club bi monthly 11am Nowra Bowling Club followed by lunch Ph Kathy 0427 874 201

Shoalhaven Ex-Servicemans Dance Club 3rd Sat 7-10.30pm | Shoal ExServicemans Club 157 Junction St, Nowra | social dance incl. modern ballroom, new vogue and sequence, latin, rock n roll | visitors welcome light supper | Ph Norm 0407 950 325

Shoalhaven Mark & Royal Arch Chapter No.73 1st Thu 7pm | RFBI Village Hall, 130 The Wool Rd, Basin View | Freemasons (attached or current) | Glen Green 0417 453 999 Shoalhaven Orchid Society 3rd Mon Feb-May & Sept-Dec 7pm; Winter day meetings 3rd Sat June, July & Aug 10am I Bomaderry Community Centre, 17-19 Birriley St, Bomaderry IVisitors welcome I 0419 241 177

Shoalhaven Philatelic Society 2nd Mon 7pm II Nowra Bowling Club, Osborne St, Nowra II John 4421 4624

Shoalhaven Prostate Cancer Support Group

Fred Hocking 0435 628 110 e: ShoalhavenPCSG@gmail.com Please phone / email for details of meetings

Shoalhaven Scout Fellowship 3rd Sun

David Ravell 4441 8659

Shoalhaven Parkinsons Support Group Nowra
(Shoal. Shakers) 1st Wed 10am-12pm II Masonic Hall,

Moss St, Nowra | Betty Coulton 4442 1475

Shoalhaven Transition 1st Tue I Trish Kahler 4443 4713 or shoalhaventransition@yahoo.com.au

St Georges Basin Probus Club Inc. (Mixed) SGB Country Club, Function Room 1 3rd Thu 10am-12pm 1 Sec. Robyn Dalleywater 4408 8084

St Georges Basin Rural Fire Brigade Fire Station, The Wool Rd, SGB 13rd Mon 7.30pm 1 Cpt Michelle 0427 288 340

Sussex Inlet Cancer Support Group 2nd Fri 10am Sussex Inlet Neighbourhood Centre Robin Lang 4441 0155 or Kay Cunningham 0408 297 325

The Country Club, St Georges Basin Fishing Club The Country Club, StGB | 4th Sun 2pm (ex Christmas) | Russell 0411 573 238

Tomerong School of Arts 2nd Mon 1900hrs ■Tomerong School of Arts Hall ■ www.tomeronghall.com ■ New members welcome

Vincentia Red Cross Holy Spirit Church Hall, St George Ave, Vincentia #4th Wed (except Jan) 1pm #Enquiries Margaret Klem 0491 622 405

Vincentia Rural Fire Brigade Fire Station, The Wool Rd, Vincentia I 1st Mon 6.30pm I Cpt. 4401 1750

Wandandian Progress Association 1st Tue 6pm II Progress Hall II New members welcome II e: secretary@wandandian.org.au

Wildlife Rescue South Coast © Contact 0418 427 214 e: info@wildlife-rescue.org.au 2nd Wed 7pm Phone / email for details of meetings via Zoom or venue TBA

Weekly Church Services

Anglican Church -

Vincentia = Vincentia Primary School, George Caley Place, Vincentia = 8.30am Traditional Service each Sunday = 10.30am Contemporary Family Service with kids and youth programs = Minister Campbell Mackay 0478 228 113

Basin Baptist Church = 165 The Wool Rd, SGB = Sun Morning Service 9.30am = Minister David Marsden 0408 779 451

Bay & Basin Uniting Church = Meriton St, SGB = Sun 9.30am Family Worship w/Jnr Church = Minister 4443 0864

C3 Church Jervis Bay = 20 Birriga Av, Worrowing Hts = Sun 9.30am Family Service = Every morning except Sun 5.30am Prayer Meeting = Office 0429 335 024 = web: c3churchjervisbay.com.au

Catholic Church = 23 St George Ave, Vincentia = Mass times: Sat vigil Mass 5pm = Sun 9am = Mon Thu Fri 8am = Tue Wed 5pm = www.nowraparish.org.au/masses/mass-times

Jervis Bay Baptist Church = Cnr The Wool Rd & St George Av, Vincentia = Sun 9.30am Morning Service

Seventh-day Adventist Church = 169 McKay St, Nowra Sat 9.30am Bible Study, 11am Worship Service = Future planning for possible Bay and Basin Contemporary Service = Minister Adam Tonkin 0413 538 514

Monthly Church Services

Spiritualist Meeting Scout Hall, 39 Tasman Rd, StGB II 2nd Sun II 2pm II Ph 4443 0628

Other Activities

Australian Breastfeeding Association,

Shoalhaven Group 24 hour Breastfeeding Helpline 1800 686 268 for information about local Mum-to-Mum get togethers www.breastfeeding.asn.au

Bay & Basin Branch of the Liberal Party Meets Quarterly | 7pm | Venue SGB Country Club

Bay & Basin Uniting Church Huskisson OP SHOP at Huskisson Church Centre #53 Hawke Street, Huskisson #Mon-Fri 9am-4pm, Sat 9am-12.30pm #4441 7495

Other Activities cont'd

BBCR Activities Hub 18 Sanctuary Pt Rd, Sanctuary Point Mon, Tues, Thurs & Fri 9am–3pm (closed Wed) # 4443 7681

Community Cottage 48 Edmund St, Sanctuary Pt ■
Lesley 0426 878 421 ■ Mon Pottery 9am-2pm ■ Tue & Thu
Body'Soul Fitness 8-9am ■ Tue Studio 19 Dance 3.308.30pm ■ Tue & Wed Daly Moves Exercise 9.30-10.30am ■ Fri
Mannerhouse Outreach Childrens Group 4-5pm

Shareostomates, Shoalhaven Area Ostomates

Support Group Nowra Community Health Centre, 5–7 Lawrence Av, Nowra I Contact Brenda Christiansen on 0422 006 550 or 4424 6321 for group times and dates I *Improving lives through shared experiences*

Tomerong School of Arts Mon Pilates 6-7pm | Wed NIA 11.30-1.30pm | Sat Markets (3rd Sat) 8am-1.30pm | email tomerongmarket@gmail.com | Sat (4th Sat) Yoga Tapas 8-10am | Further info www.tomeronghall.com

Youth & Community Centre 34 Paradise Beach Rd, Sanctuary Pt | 4443 9244 | Operating Hrs Mon-Fri 9-4pm offering a range of social & recreational activities

Community Forums

Basin Villages Forum 3rd Mon 7.30pm II Meriton St Community Centre, SGB II Christine 4443 7665

Huskisson & Woollamia Comm. Voice bi monthly 2nd Mon 7pm (Feb-Nov) | Huskisson Community Centre, Cnr Tomerong & Dent St, Huskisson | www.hwcv.org.au | exec@hwcv.org.au

Sanctuary Point Community Pride Function Room at The Country Club, St Georges Basin

Christine 0409 363 243 or Gwen 0419 492 348

I e: sanctuarypointcommunitypride@gmail.com

Tomerong Community Forum 2nd Mon 2030hrs directly after the School of Arts meeting | Tomerong School of Arts Hall | New members welcome

Vincentia Ratepayers & Residents Association

Vincentia Community Hall (Coles carpark) | 3rd Thu of every 2nd month (Feb, Apr, Jun, Aug, Oct, Dec) 7.15pm coffe/tea/biscuit 7.30pm start | www.vrra.org.au | vrra.ccb@gmail.com | Secretary 0438 856 568

What's On...What's On...What's On

Venues for Hire

Bay & Basin Uniting Church Meriton St, StGB #4443 2642

Community Arts Cottage 48 Edmund St, Sanctuary Point Lesley 0426 878 421

Huskisson Community Centre Dent St, Huskisson
Ph Peter 0401 436 353

Huskisson Scout & Guide Hall Kiola St, Huskisson #Ph Scout South Coast & Tablelands 02 42746334

Jervis Bay Maritime Museum Classrooms Dent St, Huskisson

Sanctuary Point Youth & Community Centre 34 Paradise Beach Rd, Sanctuary Point Ph: 4443 9244

St Georges Basin Scout Hall Tasman Rd Scout Hall, St Georges Basin | Tammie 0472 658 505

Tomerong School of Arts 358 Hawken Rd, Tomerong \$\\$15 per hour \$\text{\text{Email tomeronghall@gmail.com}}\$\$ www.tomeronghall.com

Vincentia Community Centre rear of Bilo carpark, Wool Rd. Vincentia #4429 3463

Wandandian Progress Association Hall D2683 Princes Hwy, Wandandian I www.wandandian.org.au I Booking Officer Anne Simpson 0405 527 655

Justices of the Peace

| BASIN VIEW | | |
|------------------------|-----------|--------------|
| Barling, Debbie | | 0411 275 656 |
| Gray, Frank | 4443 5365 | |
| HUSKISSON | | |
| | | |
| OLD EROWAL BAY | | |
| Lord, Simone | 4443 8300 | |
| SANCTUARY POINT | | |
| Flynn, Mark | | 0418 669 688 |
| Hawkins, Paul | 4443 8800 | 0417 219 260 |
| Tyrrell, Leesma | | 0420 921 778 |
| ST GEORGES BASIN | | |
| Crass, Charles | | 0400 876 696 |
| Creighton, Sandra | | 0411 245 188 |
| Thomas, Jeff | | 0417 772 262 |
| TOMERONG | | |
| Askew, Matthew | | 0422 068 209 |
| VINCENTIA | | |
| Casmiri, Luciano (Lou) | | 0438 856 568 |

Local Services...Local Services...

Playgroups

Aboriginal Playgroup Mon 9.30-11am II Noah's Inclusion Services the old church 48 Paradise Beach Rd, Sanctuary Point II Ph Mel Harpur 4423 5022 or email mharpur@noahsark.nsw.edu.au

Sanctuary Point Sing & Play II Tues 9.30-11.30am at Sanctuary Point Connect II A free supported playgroup with music, craft and more II Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au

Splash Playgroup Mon 9.30-11.30am Paradise Beach Reserve Renee 0423 606 559

Baby Playgroup - for babies 6 wks to 2 yrs #Thu 1-2.45pm at Sanctuary Point Connect #Tracey Popple 4443 0520 or e: tracey.popple@det.nsw.edu.au

Little Steps - a playgroup for children not attending childcare I the old church 48 Paradise Beach Rd Sanctuary Point I Ph 4423 5022

St. Georges Basin Wed 9.30am II Cnr Tasman Rd & Terry St. SGB II Melissa Horselman 0424 218 547 or find us on facebook

UPDATE YOUR LISTING

WE DON'T KNOW IF YOU DON'T TELL US!

Are Your ...What's On... Details Incorrect or Out of Date?

Email your updated information to editor@aboutbayandbasin.com.au



NORMAN MAY

Contributed by John Blackmore

This month, the world's largest and most inclusive festival is about to consume us all again. While it might be a sporting event par excellence, and for athletes achieving excellence, the Olympics showcases much of how the world functions on all sorts of levels, and the ability of all nations to come together every four years. In two Olympiads time, this showcase festival/sporting event will return to Australia for the third time, in a third of our capital cities. This month's About Monthly Feature is going to look back on an icon of Australian sport who set Olympic records without even competing.

It has been one of the great pleasures of my sporting experience down the years to have seen NORMAN MAY speak live at functions. I saw him do so twice, and both occasions were in the Shoalhaven. Those of us who grew up half a century ago would have been accustomed to hearing Norman commentate on a variety of sports programs conducted by the national ABC television network. He also commentated on ABC radio from time to time, as well as compering an ABC Sportsperson Of The Year on national television. He even had a national campaign loosely based around him, promoting an awareness of being active and undertaking regular physical fitness. 'Norm' was the couch potato cartoon character in the "Life, be in it!" television ads that began in 1975, and continued in to the next decades

It seems such a different landscape to today, when we consider that back in the 1960s and early 70s, Norman and other former Australian test cricketers like Keith Miller and Jim Burke would broadcast the evening session from the Sydney Cricket Ground for black and white ABC television screens. These were live commentaries of Sheffield Shield cricket matches. Norman May then anchored the coverage of Test Cricket around Australia on ABC television each summer.

The World Series Cricket undertaking which media magnate Kerry Packer was at the core of in

the late 1970s seems to have been a benchmark, or milestone, for the way that television broadcasting of sport has changed since then. On any given day, for those of us who now watch sports coverages on Pay TV networks, we can tune in to a seemingly unlimited amount of sport being played around Australia, and overseas. We can see so much sport broadcast nationally and internationally across various television media nowadays that the average sports fan can even specialise on a single sport in their viewing habits.

In the days when limited free to air channels were commonplace, NORMAN MAY was a ubiquitous figure on our television screens. It is now hard to imagine the impact that politics had on the 1972 Munich Olympics, and later the 1980 Moscow Olympics. On the latter of these two occasions, debate raged across our own political landscape as to whether or not the Fraser Government should have allowed our own athletes to compete. At the end of the day, of the 204 Australian athletes selected to compete at the 1980 Olympics, 79 elected not to go to Moscow. These withdrawals came after the Australian government had called for its athletes to boycott these games, but left the decision as to whether to compete or not up to the athletes themselves

In broadcasting the swimming events at these Moscow Olympics, Norman May completed a commentary that is now recognised as a collection of immortal words. His famous sporting exclamation came in the closing stages of an exciting finish to the men's 4x100 metres medley relay event. He barracked Australia's last relay leg swimmer Neil Brooks to victory in the final section of the race this way: "five metres to go, four, three, two, one gold!! Gold to Australia!! Gold!!"

While these were his actual words, Norman's commentary is remembered as him screaming across the airwaves "GOLD!! GOLD!! GOLD to Australia!!" He spent many years, including the two occasions in the Shoalhaven, trying to allay



the confusion to what he actually said. But seeing that Norman himself titled his 1984 book on Australia's achievements at the Olympics Games up to that point GOLD! GOLD! GOLD!, he could be accused of having compounded the confusion. What is not in dispute, as a succeeding ABC television and radio commentator David Morrow explained in a 2012 Australian Broadcasting Corporation's retrospective on itself, "Norman May made sports broadcasting in this country important". This radio documentary was entitled 80 NOT OUT.

During 1984, in the lead-up to the Los Angeles Olympics, NORMAN MAY undertook a nationwide campaign to promote the cause of the 250 strong Australian team which was **About** to represent our nation in August that year. As part of this campaign, Norman came to Nowra to speak at a fundraising function. This was held at the Shoalhaven PCYC hall in South Nowra. This facility was itself a newly opened one for the district, after a lengthy series of community fundraising activities.

Norman's speech at this function went for the best part of three quarters of an hour. He did not use any notes for his speech, the subjects of which were every successful Australian Olympic gold medallist. This sequence of performances he described in a continuous narrative from the 1896 Olympiad held in Athens, until the previous Moscow Olympics held four years before in 1980. Across the nineteen official Olympiads held during that time, Australia had competed in every one of them. In so doing, it was one of less than a handful of nations to do so. Only at four of them had Australian athletes failed to win any gold medals, the tally of which had by then reached 65 in total.

A photo was taken of Norman May at this function held at the Park Road PCYC facility. In the photo, Norman was flanked by South Coast Register newspaperman John Rankin on his right, and local sportstore owner and multi-media personality Bernie Regan. They had for several years been at the core of a group known as the Shoalhaven Sporting Foundation. Its purpose was to financially support up and coming teenage athletes across the district. This foundation raised funds through similar sportsnights, and other

public functions. Unfortunately, this was the last photo taken in public of BERNIE REGAN (About* Monthly Feature September 2004) as he was to die suddenly the following week.

Two decades later, NORMAN MAY returned to Nowra to help the Bernie Regan Memorial Sporting Trust celebrate at its 20th anniversary dinner. This function was held at Worrigee House, with mine host MERVYN BENNETT **About.....** Monthly Feature October 2008) having made a substantial contribution to the sport of Equestrian horse riding since participating at his first Olympiad in 1976. Norman again spoke at some length on this occasion, with a highlight being his habit of freezing every time the flash of a camera went off as he spoke. Norman would call out "photo opportunity!!" as he froze each time on the stage. Once the fan photographers had finished taking their shot, Norman would resume his speech.

This enthusiastic trait of Norman's emphasised and universally endeared his personality to the Australian population at large for many years. He is probably the most well known Australian commentator to have ever broadcast Olympic sporting competitions on television and radio. By the time he retired after broadcasting swimming at the 2004 Athens Olympiad, Norman's record of covering 11 Olympics was coupled with 11 Commonwealth Games meets. This latter sequence started at Perth (WA) in 1962. Norman was also widely known for his commentary on rugby union and surf lifesaving carnivals, the latter he pioneered in 1957 for ABC television. All up, his broadcasting record covered close to 40 different sports.

As he showed in his 1984 speech which he toured nationally in aid of promoting the cause of all of our nation's competing athletes, his encyclopaedic recall of details of the feats of Australia's Olympic gold medallists dating back for almost a century separated him from the rest of the field. The excitement he created in his signature call of the successful men's swimming relay team in Moscow was only one of many occasions he did so in the commentary box. A great trait of Norman's enthusiasm was that he portrayed respect to the achievements of the athletes he was commentating on in his broadcasting.





WHAT'S BEEN HAPPENING?

JERVIS BAY AND DISTRICTS SERVICE

The week of 20th to 26th May saw **National Volunteers Week**. We would like to give a great big shout out to our 100 – yes 100 – volunteers at Jervis Bay Meals on Wheels. But not only would we like to give a great big shout out to our volunteers and a huge thank you, we would like to acknowledge all the volunteers in the area. Without volunteer's, services like Meals on Wheels can't function. So, <u>THANK YOU</u>.

June sees Winter hit us with a vengeance, as I write this it is cold and windy and rain is imminent. We hope the consumers of Meals on Wheels are enjoying the new winter menu with meals like Irish Stew with Colcannon Potatoes and seasonal veg, Braised Steak and Onions with Mashed Potatoes and vegetables or Steak and Kidney with Mashed Potatoes and veg.

We made a new recipe for a dessert – an Apple and Honey pudding served with custard – and when the consumer receives this they heat it in the microwave so it is served hot – doesn't that make your taste buds water.

As I started this with a shout out to our volunteers, I will end with we always need more volunteers in the kitchen and delivering meals. With winter ills and retirees

travelling north for winter (the sun) our numbers on a daily basis are down.

If you would like to volunteer either:

- Phone 4441 7854 and leave a message someone will get back to you <u>OR</u>
- Call into the kitchen between 9am – 12 noon Monday, Wednesday, Thursday or Friday at 3 Watt Street, Huskisson OR
- If you would just like to see what we do call 4441 7854 and ask for Sue the Kitchen Co-ordinator and she will give you a tour of the kitchen.

Stay warm, Sue O'Brien — Kitchen Co-ordinator



New Zumba Gold

The class that's designed for seniors

Have fun while getting active, improving balance and looking after your health!

I am a qualified Personal Trainer, specialising in aging - you can be confident you are in good hands.

NOW IS THE TIME TO FEEL GOOD!Try it for FREE contact **Jaye 0401 200 720**

http://www.jayecartwright.zumba.com

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Glass Cut To Size
Commercial Work

24 Duranbah Drive, Huskisson – For a free measure & quote call Andy





Snippet of Tomerong History PUBLIC SCHOOL

Information sourced from https://tomeronghistory.com/index.html



James McLeod Robertson operated a private school at Tomerong in the early 1860s. The current school commenced as a Non-vested National school in 1862 and was situated on the eastern side of the Shoalhaven to Ulladulla Road (now Hawken Road).

The school building was constructed on the portion owned by James Barham and Robertson was the first teacher appointed. Only one month later Robertson fell from his horse and subsequently died of his injuries.

He was replaced by Matthew Craig who had a colourful 12 years at Tomerong before being dismissed in 1875.

The first schoolroom was constructed from sawn slabs with a shingle roof; this building was replaced in 1885. Over the years many alterations were effected on the schoolroom, which remained in use until 1978. Demountable buildings were used from that time until 1995 when two steel-framed brick buildings were constructed consisting of four classrooms.

The school celebrated its centenary (1962), its 125th anniversary (1987) and its 150th anniversary in 2012. It has the distinction of being one of only a handful of Shoalhaven schools, that is still operating after such a lengthy period of time.

Two teacher residences were constructed at Tomerong Public School prior to the erection of the existing building. The first was described in 1873 as a 'mere hut' and the second was a three-roomed cottage constructed in 1876.

The existing residence was built in 1893 by William Braithwaite for the sum of £637 17s 11d. Thomas and Mary Langlands and nine of their children were the first occupants and remained there until Thomas died in 1903. Apart from a small extension to the back of the dwelling and the enclosure of the northern veranda, the building has retained its original design. Teaching staff continued to reside there until 1992 when it was converted into the administration office.

Weavers & Weavers & Weavers &

Our President, Maureen, and our Secretary Denise, are working very hard to keep us focussed on preparing a very special blanket for our next exhibition in 2025. Yes you read that right!!! Another year away!

The Spinners were given about 200g of wool to spin. That doesn't sound much but makes a big bobbin full (a bobbin is like a very large cotton reel that the wool winds onto as it's spun). This step was achieved!!!

Then two bobbins are plied together to make a yarn to knit. We plied to achieve an 8 ply yarn (knitters will know what I mean!)

Then after this achievement the wool was made into a skein. For those people of the generation, that was what you put between your out stretched hands so mum or grandma could roll the wool into a ball.

The discussion ensued as to what colours we would dye the wool. We're choosing to have a gradation of different colours to achieve an interesting colour effect when knitted.

We have chosen to knit a blanket using only 10 stitches, not bad when we are making a large blanket! This blanket will end up as a rectangle with some clever decreasing and then increasing of stitches to give a mitred effect to go around the corners and join onto the side of the blanket as it is being knitted.

Oh the cries of anguish as we all practised and found that we had, at times, mitres going in the wrong direction. But now we are all well practised and the knitting of the blanket has begun! Each member will have taken part in the spinning, dyeing and knitting of the blanket. A team effort with a load of groans and laughs!!

So not to rush you, but you could win this blanket in our biennial exhibition in June 2025, that's right!!! Not 2024!!!

Come and visit or join us, you can always have a cuppa, 9.30am to 1pm, 1st and 3rd Thursday of the month at Jervis Bay Baptist Church classrooms, 1 St George Ave, Vincentia

Judy - 0403 212 237



SHOALHAVEN NEIGHBOURHOOD SERVICES INC.

Stronger connections. Stronger communities.

Volunteering opportunities await

Shoalhaven Neighbourhood Services has been offering support to the community for over 45 years through a variety of programs such as the Neighbourhood Centres, Social Support services for people over 65 and Aboriginal and Torres Strait Islanders over 50 and personalised services for people who have an approved NDIS plan.

One of the key contributing factors to providing these successful services is the generosity of people in the community to volunteer their time. Currently there is volunteering opportunities available for people who live in the Northern Shoalhaven region, including gardening, administration and reception tasks or visiting people over 65 or have a disability and spending time with them either in their home or assisting them to access the community.

Your time could be spent together enjoying a coffee, having a chat, playing games, telling stories, accompanying and assisting our clients with their shopping, attending appointments or going to cafes, museums or group outing activities.

If you would like to know more please contact Shoalhaven Neighbourhood Services on 4421 5077 or email <u>info@sns.org.au</u> or visit the website <u>www.sns.org.au</u>.



We meet every 4th Wednesday at the Holy Spirit Church Hall, St George Ave, Vincentia. Become involved in our disaster relief and other activities. Our singing group practises Wednesday mornings, and perform at nursing homes and day care centres and the odd bit of busking throughout the year.

Pres. Margaret Klem 0491 622 405 or Elaine Ladyga – Singing Group 4441 5921.





TIPS FOR WHEN HEARING BECOMES HARD

Contributed by Alison Chiam – Jervis Bay Hearing Centre 6 St George Avenue, Vincentia – 4441 8886

Communicating effectively with someone who has hearing loss or wears hearing aids involves a combination of patience, empathy, and understanding. Here are some tips to help improve communication:

Face the person directly and maintain eye contact. Your voice will project toward them and give them a good chance of hearing what you say. If they rely on lip reading or visual cues, it gives them good visibility and helps them to understand you better.

Avoid shouting, speaking too quickly, or yelling in one ear. This distorts your speech and makes it hard for them to understand.

Rephrase instead of repeating: If the person doesn't understand what you said, try rephrasing your sentence rather than repeating it verbatim. This can provide additional context and make it easier for them to grasp the meaning.

Reduce background noise or move somewhere quieter. Competing noise can make it difficult for someone with hearing loss to hear you clearly. Try to minimise background noise by moving to a quieter location, turning off noisy appliances or arranging meetings at quiet cafes at off peak times.

Use visual aids such as gestures, facial expressions, or written notes to supplement your verbal communication.

Everyone with hearing loss has different preferences and needs when it comes to communication. Some may prefer lip reading, while others may rely more on hearing aids. Respect their preferences and ask if there's anything specific you can do to make communication easier for them

It may take a little longer for someone with hearing loss to process and respond to information. Be patient and give them the time they need to fully understand and participate in the conversation

Ask for feedback. If you're unsure whether the person understood you, don't hesitate to ask for feedback. They'll appreciate your effort to ensure clear communication

Educate yourself. Take the time to learn more about hearing loss and how it affects communication. The more you understand, the better equipped you'll be to communicate effectively with someone who has hearing loss

Be supportive. Above all, be supportive and understanding. Offer to accompany them to their hearing appointments. A 2nd pair of ears is always welcome and is useful for capturing and remembering information. Working together as a team can reduce frustration and isolation. Your patience and empathy can make a big difference to a person's experience of life.

Ask your Audiologist about tips for communicating. We love helping people to get the most out of life and out of their hearing aids or cochlear implant.

Keep going..... and Have FUN!!



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COMMUNITY MINDED VOLUNTEERS NEEDED

Coast and Country Community Services is a community transport services provider that supports vulnerable people across Illawarra Shoalhaven, Young, Weddin and Bega. For us to continue in our valuable work in supporting our community with their transport needs, we are actively seeking community minded volunteers, with a drive to connect people and their communities.

The key roles to be filled by the right volunteers are drivers with licences including C and LR and vehicle assistants (no licence required for this role).

Be part of the great Australian volunteer force that has kept Australia strong, moving, and connected.

When volunteering for CCCSL, you will have access to a quality volunteer support program, including the reimbursement of out-of-pocket expenses and training.

For an information pack call our office team on 4423 6044



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Sanctuary Point

Paradise Beach Rd Sanctuary Point, Monday – Friday 9.30am – 5pm Saturday 9.30am – 12.00pm Phone 4406 2076 Email sanctuarypointlibrary@shoalhaven.nsw.gov.au http://www.shoalhavenlibraries.com.au/Our-Libraries/Sanctuary-Point

Beat the winter blues by cosying up with a good book from your local library. Drop in and stay for a while. Do a puzzle with the kids, read a story to a little one, browse the newspapers and magazines or just use our free Wi-Fi



Hey mums, dads, and grandparents! Looking for something to keep the kids busy? Why not book them in for some Winter School Holiday fun!

Little Puppet Theatres.

Thursday 11th July. 10.30-11.30am. Decorate a cereal box, create some whimsical characters from paper and card to craft your own little puppet theatre to amaze your family and friends. Ages 4-12 years.

Cool Coding with Scratch and Dash Robot.

Tuesday 16th July. 10.30am-11.30am.

Code a Snowflake

Simulator or build a Catch the Snowflake game in Scratch. Design a winter obstacle course and code Dash the Robot to navigate it.

Strictly ages 8-12 years.

Winter birds decorative hanging.

Thursday 18th July. 10.30-11.30am. Design and build a beautiful wintry hanging for your room from branches, paint, wool, and paper.

For ages 5-12 years.

Family LEGO Challenge.

Saturday 20th July 10-11am.
Calling all the mums, dads, and kids to come along and battle it out for the best, fastest and most unusual build. Have you got what it takes to meet the challenge?
Suitable for families with kids over 3 years.

Please note bookings are essential for all events. To secure a place at any of these free sessions call 4406 2076 or book online at http://www.shoalhavenlibraries.com.au/events

Did you know the Seed Library has new seeds?

Pea – Massey Gem sweet peas suitable for freezing, hardy, disease resistant.



Broccoli – Purple Sprouting, high in vitamin C and protein.

Lettuce - Looseleaf type - Rabbit Ear open hearted, small dark green pointed leaves.

Heartsease - Wild Pansy, Viola purple, violet and yellow edible flowers.

Parsley – Italian most valuable culinary herb.

Shoalhaven Library members can borrow two packets of seeds every time they visit the library.

Remember to check out the donated seeds too!

See you at the library.

Contacting About

NEW EMAILS (change .org to .com.au)

Editor: editor@aboutbayandbasin.com.au **Advertising:** ads@aboutbayandbasin.com.au

Distribution: distribution@aboutbayandbasin.com.au

Check out the updated website where you can view previous issues of the **About** magazine <u>https://bayandbasincommunityfinancialservices.com/</u>





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VOLUNTEERS NEEDED RED CROSS EMERGENCY SERVICES TEAMS – Bay & Basin Area

Interested in making a difference? Gaining hands on skills and meeting like minded people? Volunteering with Australian Red Cross Emergency Services might be for you! Red Cross volunteers play a vital role before, during and after emergencies. For more info, or to submit your expression of interest, contact our Regional Emergency Services Officer Jason Hough 0407 160 939 or email jhough@redcross.org.au

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WHAT LIES BEYOND PAPUA NEW GUINEA

Contributed by Corinne Le Gall

Looking at a map of the large island above Australia, it is a bit confusing as to what it comprises of or what it's called. The western half of the island belonging to Indonesia, was formerly known as Irian Jaya, which itself comprises the Indonesian provinces of Papua and West Papua, and is also known as Western New Guinea or Papua, Indonesian New Guinea or Indonesian Papua. Its capital is Daru. The eastern half comprises the major part of Papua New Guinea which has been an independent nation since 1975 with Port Moresby as its capital.

The whole island was discovered by the Portuguese explorer Don Jorge de Meneses in the early 1500's. It followed with the Dutch colonisation and and then with Australian administration from 1914 to 1975, where from there it became independent and self-governing.

I can only write about New Britain and New Ireland, two islands in the north east of PNG that I visited. My husband and I were invited over by a friend and we stayed with his family – luckily – in Rabaul on the island of New Britain. Rabaul was the capital but unfortunately was destroyed by the latest volcanic eruption of 1994 and the township moved to Kokopo. There is rebuilding in the original place but with active volcanic activity still happening, it is always threatened.

Rabaul was set on the beautiful Simpson Harbour which was a mecca for scuba diving until it was covered with volcanic ash. Not only inhabited by all manner of marine life, but also wrecks of Japanese ships and planes during the invasion of WWII. Imagine diving where you submerge and start your descent into the blue and eventually end up hovering above a Japanese Zero sitting upright on the sand and even being able to sit in the cockpit!

Above I mentioned 'luckily' staying with a local – that being an unfortunate elderly security guard was shot dead at a nearby shop whilst I was there – posed no threat, just doing his job.

Lawlessness unfortunately exists and life doesn't mean much. We were advised that if you ran over a person or even a pig, you do not stop as you will be killed. There is a system which exists called the WANTOK system. It means 'same language' and refers to a reciprocal relationship of favours between kin and community members. Meaning for example, if a foreigner was to do something deemed illegal by the community, you have the whole system against you as even the police practices it, such as you being charged on someone else's word. Protection for all members even if they are in the wrong.

We arrived from Australia and landed in Port Moresby airport. We had to overnight in the nearby hotel as there was a mix-up with who was picking us up before catching the flight to Rabaul, on New Britain island the next morning.

The first thing that I noticed outside of the airport were men sitting on their haunches just staring. Their eyes were bloodshot and their mouths were red due to chewing too many betel nuts — which is a very addictive drug. We could not get to the hotel fast enough.

After New Britain, we ended up on the next island, New Ireland – pristine, not a sign of another foreigner, just locals.

We slept in our friend's parent's hut – roof, four posts, straw bed and in the morning woke up to find a sea of dark coloured local kids just standing around the 'bed' staring as they may not have ever seen someone other than their own. Quite the experience!

About PHONE

The "About phone number" will be disconnected 30th June 2024.

Please submit all correspondence via email to editor@aboutbayandbasin.com.au or by post to PO Box 180. Sanctuary Point NSW 2540.



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North Shoalhaven Meals on Wheels -**Jervis Bay Service**

North Shoalhaven Meals on Wheels-Jervis Bay Service is a not-for-profit organisation that provides meals to older people living in their own homes in the Bay and Basin area. We need cooks or those that want to help in the kitchen, and delivery people for those that want to get out of the kitchen and help deliver meals. We operate Mon, Wed and Friday from our Huskisson kitchen, with great flexibility in volunteering.

Call the kitchen 4441 7845 if no answer please leave a message so we can get back to you OR call the Main Office on 4422 5111 OR fill in forms online at www.northshoalhavenmeals.org.au



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Noah's Inclusion Services

Contributed by Nicole Kennedy, Team Leader 48 Paradise Beach Rd Sanctuary Point (next to the blue library) Ph 4423 5022

PLAYCONNECT + SCHOOL HOLIDAY PLAYGROUPS

Noah's Inclusion Services, in conjunction with Playgroups NSW, is hosting a series of PlayConnect and School Holiday Playgroups this July. These workshops are for children aged 1-8 years with Autism or experiencing behavioural challenges or a development delay. An NDIS Plan is NOT needed and sessions are free to attend.

Come along with your child to experience some fun activities and build your support network under the guidance of Noah's staff who are experts in child development.

NOWRA – 11th, 16th & 18th July 2024

9.30am – 11am: Slam and Slime for 5-8 year olds
Emotional regulation activities, colouring, craft and mindfulness

SANCTUARY POINT - 8th, 10th, 15th & 17th July 2024

9.30am – 11am: Messy Muddies for 1-5 year olds
Craft, sensory fun, attachment-based play, social skills and songs

1pm – 2.30pm: Slam and Slime for 5-8 year olds Emotional regulation activities, colouring, craft and mindfulness

BATEMANS BAY - 8th, 10th, 11th, 15th, 17th & 18th July 2024

9.30am – 11am: Messy Muddies for 1-5 year olds

Craft, sensory fun, attachment-based play, social skills and songs

2pm - 3.30pm: Calm and Craft for 5-8 year olds

Emotional regulation activities, colouring, craft and mindfulness

Please phone Noah's Inclusion Services on (02) 4423 5022 for more information or to reserve your place









What's been happening at

St Georges Basin Public School





Colour Fun Run

Without the hard work and dedication of our P&C and staff, our Colour Fun Run would not have been as dynamic. fun and as successful as it was.

With the support of our wonderful school community, we raised a total of \$34,318 which provided our students with new technology.

What an amazing effort. Thank you all so much!



Sports Representatives

RUGBY LEAGUE: Rory S, Jayden U and Brayden P represented the Shoalhaven PSSA Zone Team at the Rugby League South Coast trials. Brayden and Rory were both selected to be part of the 16-player team to Represent South Coast PSSA at the NSW PSSA State Championships at the end of June.



NETBALL: Eva successfully made it into the team to represent in the Shoalhaven PSSA Zone Team at the South Coast Representative trials. A fantastic achievement Eva.

SOCCER: Congratulations Jaylah and Landon R who made it into the South Coast Representative soccer team. This is such a wonderful achievement to do this as siblings. We are proud that you are representing SGBPS. Well done!





What we are doing at VINCENTIA PUBLIC SCHOOL





District Cross Country

Despite the previous rain, it was a gorgeous day for the District Cross Country and two of our students have made it through to the Regional Cross Country Carnival. Well done, everyone!



Debating Workshop

A Debating Workshop Day was held at VPS with four schools visiting to hear the wisdom of adjudicator Claire.

Our Debating Teams used those skills learnt when they debated against Terara Public School.







VINCENTIA HIGH SCHOOL NEWS



Our Year 9 Psychology class along with some interested Year 12 students had the opportunity to visit two university campuses in Sydney. The students visited Western Sydney University's School of Psychology first and had the chance to engage with present students and academics. They visited research labs, two practicing clinics and were well looked after by WSU staff.

Students then visited the University of NSW campus in Kensington where they were invited to sit in an undergraduate lecture on memory and cognition with Professor Steven Most, who was very gracious and spent time with the students afterwards answering questions before they were toured around the campus.

Finally, the students who still had energy left participated in a short field experiment on the concept of Social Proof.





TRUE OR FALSE CROSSWORD

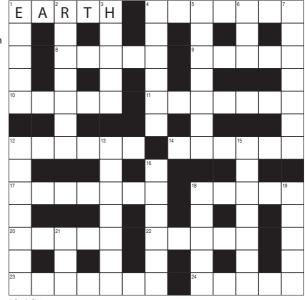
In this crossword there are two clues for each word. Can you work out which is true and which is false?

Across

- 1. Star / Planet (5)
- 4. Alert / Unwitting (7)
- 8. Discovers / Misplaces (5)
- 9. Piece of poetry / Piece of cake (5)
- 10. Tardy / Ahead of time (5)
- 11. Nine-sided shape / Square (7)
- 12. River / Street (6)
- 14. Dog house / Stable (6)
- 17. Fruit / Vegetable (7)
- 18. Headwear / Footwear (5)
- 20. Angry / Happy (5)
- 22. Lift / Lower (5)
- 23. Young / Old (7)
- 24. Comfortable / Spooky (5)

Down

- 1. Fish / Bird (5)
- 2. Player / Umpire (7)
- 3. Useful / Useless (5)
- 4. Relating to bears / Relating to cats (6)
- 5. Go forward / Retreat (7)
- 6. Atmosphere / Water (3)
- 7. Fleeting / Everlasting (7)
- 12. Generosity / Greed (7)
- 13. III-defined / Well-defined (7)
- 15. Type of power / Type of song (7)
- 16. Flimsy / Hardy (6)
- 18. Capture / Release (5)
- 19. Push / Pull (5)
- 21. Append / Deduct (3)



© Puzzle Choice

Filled in one answer to get you going!

JUNE PUZZLE SOLUTIONS

| | М | 1 | G | R | Α | Т | Е | Р | R | 0 | С | Ε | S | S |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Α | | Α | | R | | Ν | Α | | Р | | Χ | | L |
| | S | 0 | L | 1 | С | Τ | Т | S | Т | Е | Ε | Р | L | Ε |
| l | С | | L | | Н | | _ | T | | N | | L | | М |
| | Α | D | Α | М | Α | Ν | Т | Е | Р | Ι | Т | 0 | М | Ε |
| | R | | N | | Τ | | L | R | | N | | Ι | | Ν |
| | Α | R | Т | Ι | С | L | Е | N | 1 | G | Н | Т | L | Υ |





RIDDLES

- 1. What has lots of eyes, but can't see?
- 2. What has one eye, but can't see?
- 3. What has hands, but can't clap?
- 4. What can you catch, but not throw?

CAN YOU MASTER THIS TONGUE TWISTER?

Betty Botter bought a bit of butter but the bit of butter was too bitter, so Betty bought a better bit of butter to make the bitter butter better.

1. A potato; 2. A needle; 3. A clock; 4. A cold

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