

ROCK CREEK

ORAL SURGERY SPECIALISTS

Pre-Op Instructions

Please make sure we have your correct pharmacy information on file.

This includes **Name, Address and Phone Number.**

- Do not eat or drink anything 8 hours prior to your scheduled surgery time.
- The patient will need to take the antibiotic and pain medication 8 hours prior to surgery at the start of fasting, and again 1.5-2 hours before surgery with a small sip of water.
- Prescriptions will be sent to the pharmacy on file 24-48 hours prior to the scheduled surgery date and time.
- There must be a responsible party with the patients from the start of the appointment and may not leave the surrounding area.
- It is strongly recommended the patient is escorted 12-24 hours after the completion of the procedure. (A parent or legal guardian **MUST** accompany minors; persons under 18 years of age)
- No narcotics, sedatives, or any anti-anxiety drugs may be consumed 24 hours before or after the procedure unless prescribed by the treating doctor.
- No smoking, alcohol, caffeine, over the counter medications, herbal medications 24 hours before or after surgery.
- Wear comfortable, loose clothing, a short sleeved t-shirt and remove any body jewelry.
- You must be certain you are not pregnant and are not breastfeeding.
- Contacts must be removed before the procedure.
- No artificial nails or fingernail polish on at least 1 hand for accurate vital sign readings.
- Due to prolonged psychomotor impairment, be aware that after the appointment patients will have the following restrictions:
 - Inability to make important decisions due to amnesia
 - No driving or operating heavy machinery for 24 hours after sedation
 - No heavy lifting
 - No climbing up the stairs without assistance
- The patient should get a good night's sleep the night before surgery. Retained stock on items the patient would want/need after surgery. A detailed post-op sheet will be provided to the responsible party at time of discharge.

FAILURE TO FOLLOW ANY OF THE ABOVE LISTED INSTRUCTIONS MAY RESULT IN CANCELLATION OF THE SEDATION
APPOINTMENT