

TUESDAY	THURSDAY	FRIDAY
July 1st Baja Fish Tacos Brown Rice Cabbage Slaw Apple Crisp	July 3rd Garlic Herb Chicken Roasted Cheese Potatoes Brussel Sprouts Pineapple Coleslaw Oatmeal Raisin Cookie	Happy 4th of July
July 8th Chicken Salad Sandwich Pea Pasta Salad Raspberries	July 10th Turkey Shepherds Pie Roasted Broccoli Carrot Raisin Salad Sourdough Bread	July 11th Pepperoni Pizza w/Bell Peppers & Onion Romaine Salad Cottage Cheese Chocolate Pudding
July 15th Beef Tacos Pinto Beans Chuckwagon Corn Cantaloupe	July 17th Popcorn Shrimp w/Tartar Sauce Brown Rice Vegetable Pilaf 3 Bean Salad Blueberries	July 18th Chicken Caesar Salad Sliced Cucumbers Pita Bread Tropical Fruit Salad
July 22nd Chicken & Rice Soup Citrus Spinach Salad Sourdough Bread	July 24th Meatloaf Garlic Whipped Potatoes & Gravy Glazed Carrots WG Bread Chocolate Birthday Cake	July 25th Chicken Enchilada Casserole Bell Pepper Salad Pistachio Pudding
July 29th Turkey Burger Bowl Baked Beans Corn & Tomato Salad Peach	July 31st Vegetarian Spinach Lasagna Corn Sourdough Bread Oatmeal Raisin Cookie	Suggested Donation: \$3.50 Per Meal 2% Milk Served With All Meals

!!ATTENTION!! For those who have food allergies, be aware that food is prepared in the kitchen, therefore meals may be prepared with ingredients and foodservce equipment that may come in contact with ingredients to which you may have an allergic reaction, such as nuts. *Entrees contains ground beef, chicken or turkey

Glendale:

178 Glendale Town Road Glendale, OR 97442

Glide:

20062 N. Umpqua Hwy Glide, OR 97443

Reedsport:

460 Winchester Ave. Reedsport, OR 97467 Riddle:

123 Parkside Riddle, OR 97469

Sutherlin:

202 E. Central Ave. Sutherlin, OR 97479

Winston, OR 97496

Winston: 440 Grape Street Yoncalla:

400 Main Street Yoncalla, OR 97499

For more information on dining sites and meals on wheels please contact:

541-440-3677

Congregate Dining is for Those 60 Plus