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HEALTH CANADA'S PROPOSAL TO AMEND THE *FOOD AND DRUG* AND *SAFE FOOD FOR CANADIANS REGULATIONS*

Informing you of important documents that affect your labelling strategies

Health Canada (HC) has recently proposed to make substantial amendments to the *Food and Drug Regulations* (FDR), the *Safe Food for Canadians Regulations* and more, that keeps in line with 'the modernized frameworks for setting, and updating the regulations for, food compositional standards, microbiological criteria and official methods of analysis, as well as continuing the modernization of the food additives framework that was initiated in 2012'.

With regard to standards of composition, HC would like to repeal the FDR food standards and incorporate them by reference (IbR) into the FDR through a new document, "Food Compositional Standards Document". HC proposed to strip out the health and safety provisions from the standards and repeal redundant rules for distinctive products captured under the Spirit Drinks Trade Act.

HC would also like to introduce several microbiological related Tables as IbRs and the "Table of Chemical, Physical and Nutritional Characteristics of Food" and "Determination of the protein rating using the Protein Digestibility Corrected Amino Acid Score (PDCAAS)" (IbRs), which, in part would 'consolidate such rules and reference a new method for measuring the protein quality of foods.' HC has proposed to amend the regulations

pertaining to food additives, by introducing a new "Table of Food Additive Specifications", amongst other house keeping amendments.

HC's "Rationale: The proposed Regulations would support science-based decision-making, which would help protect Canadians from deception and enable improved informed purchasing decisions. They would also support innovation by the food industry and the research community and provide greater clarity on what constitutes a standardized food. For the agri-food industry in particular, the modernization of these components of the FDR would address long-standing irritants and barriers to market by providing a more responsive and adaptable regulatory framework that supports growth and innovation. These proposed amendments are not intended to introduce new regulatory requirements and no additional costs for industry are anticipated. However, there would be a one-time cost to Health Canada (the Department) and the CFIA to create and enhance online web pages to include a number of documents that would be incorporated by reference into the FDR, following the final publication of the proposed amendments in the Canada Gazette, Part II."

Stakeholders and interested parties can participate in the HC "Consultation on the proposed Regulations Amending Certain Regulations Concerning Food Additives and Compositional Standards, Microbiological Criteria and Methods of Analysis for Food".

Please follow this link to the Government of Canada's website to read the full text of HC's proposed amendments 'Canada Gazette, Part I, Volume 157, Number 44 Regulations Amending Certain Regulations Concerning Food Additives and Compositional Standards, Microbiological Criteria and Methods of Analysis for Food' > https://www.gazette.gc.ca/rp-pr/p1/2023/2023-11-04/html/reg2-eng.html.

Consultation deadline: February 2, 2024.

2023 PUBLIC TRAINING DATES!

***NEW* Canadian Front of Package Nutrition Labelling**
► November 15 & November 17, 2023
VIRTUAL
MORE INFO @ NSF

Canadian Ingredient & Composition Claims
► November 7 & November 9, 2023
VIRTUAL
MORE INFO @ NSF

***NEW* Canadian Supplemented Food Regulations**
► December 5 & December 7, 2023
VIRTUAL
MORE INFO @ NSF

Canadian Nutrient Content and Health Claims
► November 14 & November 16, 2023
VIRTUAL
MORE INFO @ NSF



Hands on **food compliance consulting**, (Canada & US), and language services are provided by Bulcan Foodbev Consultants (BFB Consultants) a division of Legal Suite® Inc.. Some clients need a bit more help from time to time to manage their regulatory affairs. This is where BFB Consultants can provide additional needed help.

Label review services...

- Canadian Food Labelling: Includes all foods and beverages, (e.g. retail, food for further manufacture, foodservice, infant formula, alcoholic beverages, foods for special dietary use, formulated liquid diets, etc.)
- US Food Labeling: Includes all foods under the authority of FDA and USDA. Foods excluded are alcoholic beverages, medical foods and infant formula

Other Regulatory Services...

- CANADA: A host of other compliance services is provided, including assistance with food additive submissions, novel food notices, temporary marketing authorization under the Food and Drug Regulations and the Safe Food for Canadians Regulations.

Translation Services...

- FRENCH for CANADA
- SPANISH for USA

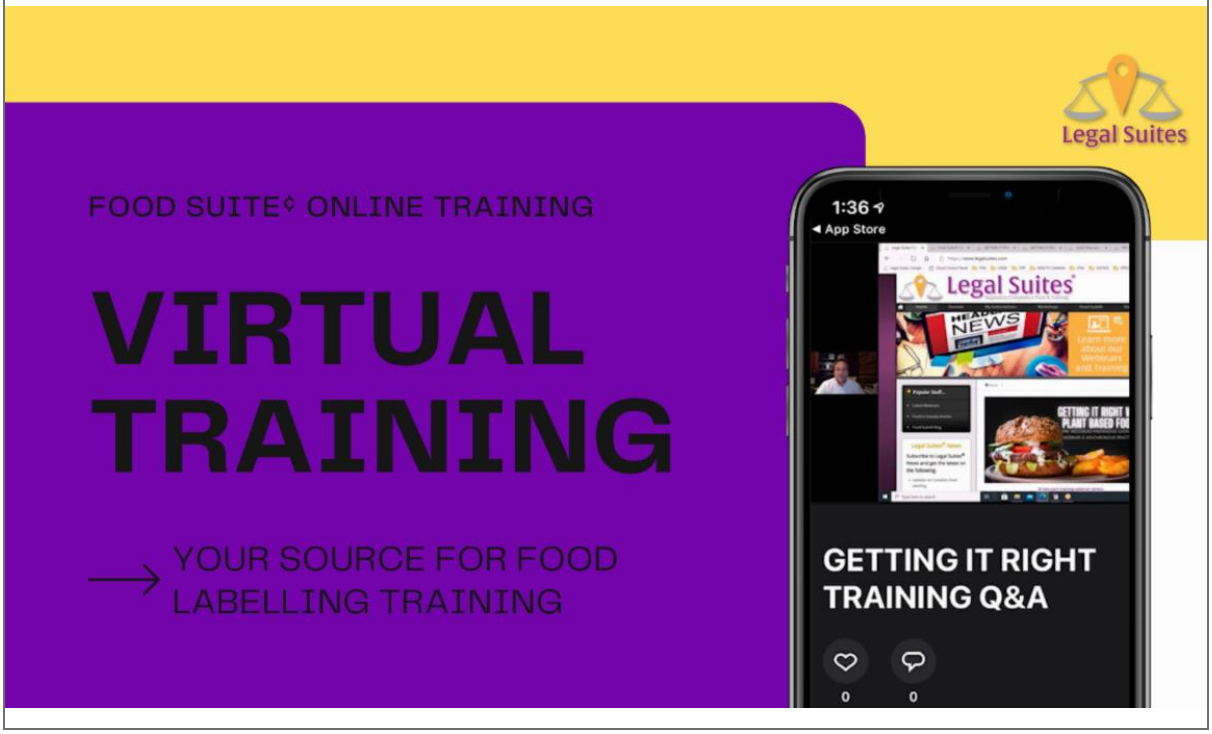
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Canadian Food Rules on the move!

Super Trainer Gary "aka" Regulatory Food Expert, Gary Gnirss takes you through the timelines of changes as outlined by CFIA and Health Canada.

- New Nutrition and Ingredient Labelling Rules
- Food Labelling Innovation
- Front of Package Labelling
- Supplemented Foods





Getting it Right .. with Plant Based Foods
This is the LITE version of the Food Suite® “Getting it Right” series designed for marketing and advertising teams and executives to help them understand Canadian food labelling and advertising claims.

Learn more



Getting it Right .. with Plant Based Foods
A NEW 2 Part pre-recorded webinar to help you get your Canadian plant-based proteins into compliance. This webinar series is delivered by food regulatory expert Gary Gnirss.

Topics include: **Labelling!, Compositional requirements, Protein claims, Protein ratings, Protein efficiency ratios (PER) and Protein digestibility-corrected amino acid score (PDCAAS), Imitation versus substitute, and more!**

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Getting it Right...with Flavours, Seasonings, Spices and Herbs
Canadian labelling requirements for flavour labelling can be quite complex.

We all know what marketing wants us to do with our regulations, right?! We all want our products to have a marketing edge without putting ourselves at a compliance disadvantage. We are going to help you do that with this 2-part webinar series.

Learn more



Getting it Right .. with New Canadian Ingredient Labelling

This 2 Part webinar focuses on topics from Health Canada's amendments that were introduced in December of 2016. These amendments are extensive and quite detailed and will be coming into effect on December 14, 2021. Food labelling expert, Gary Gnirss, will exchange his expertise and knowledge of these newest developments in an informative manner.

Learn more



Getting it Right .. with New Canadian Ingredient Labelling

This knowledge exchange portion of this 2 Part webinar will focus on learning how to design a new Nutrition Facts table in compliance with current and new Health Canada regulation amendments to nutrition labelling. Food labelling expert, Gary Gnirss, will exchange his expertise and knowledge of these newest developments in an informative manner.

Learn more

WEBINAR TESTIMONIALS

"Course content is extremely relevant to clarify and explain the ins and outs of nutrition panel composition and use; to meet the requirements of the new regulations coming into force.
\he presenter and his group are second to none when it comes to clear presentation of requirements as well as real life examples so everyone understands.

After the webinar they provide relevant links and printed resource materials which will help build a full library of regulatory information to use to create your panels"

"Gary is truly an expert in Canadian food regulations. There is not a question that he cannot find a solution to.

I would recommend his course to anyone looking to strengthen their understanding of the Canadian regulatory landscape."

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