

June **SUMMER SCHEDULE**

— **TRAIN. COMPETE. SUCCEED.** —

MONDAYS
8TH, 15TH, 22ND

SUMMER SUCCESS
WEIGHTS AND CONDITIONING
@ SAC 8:00-10:00 AM

TUESDAYS
9TH, 16TH, 23RD

SUMMER SUCCESS & VOLLEYBALL
VOLLEYBALL @ JGYM 7:00-8:00 AM
WEIGHTS AND CONDITIONING @ SAC 8:00-10:00 AM

WEDNESDAYS
10TH, 17TH, 24TH

SUMMER SUCCESS
WEIGHTS AND CONDITIONING
@ SAC 8:00-10:00 AM

THURSDAYS
4TH, 11TH, 18TH, 25TH

SUMMER SUCCESS & VOLLEYBALL
VOLLEYBALL @ JGYM 7:00-8:00 AM
WEIGHTS AND CONDITIONING @ SAC 8:00-10:00 AM



HARD WORK BEATS TALENT
WHEN TALENT DOESN'T WORK HARD.