

July

SUMMER SCHEDULE



SCHOOL CLOSED!!
JULY 1ST – 6TH

MONDAYS

13TH, 20TH, 27TH

SUMMER SUCCESS

WEIGHTS AND CONDITIONING
@ SAC 8–10 AM

TUESDAYS

7TH, 14TH, 21ST,
28TH

SUMMER SUCCESS & VOLLEYBALL

WEIGHTS AND CONDITIONING @ SAC 8–10
VOLLEYBALL @ JGYM 10–11AM

WEDNESDAYS

8TH, 15TH, 22ND,
29TH

SUMMER SUCCESS

WEIGHTS AND CONDITIONING
@ SAC 8–10 AM

THURSDAYS

9TH, 16TH, 23RD,
30TH

SUMMER SUCCESS & VOLLEYBALL

WEIGHTS AND CONDITIONING @ SAC 8–10
VOLLEYBALL @ JGYM 10–11AM

HARD WORK BEATS TALENT
WHEN TALENT DOESN'T WORK HARD