

Maven
MOVEMENT

ADAM HEAT



FALL 2025 SHOWCASE
SATURDAY, NOVEMBER 29
THE GRAND

COSMIC HEAT

About the Show

Welcome to an interstellar broadcast. COSMIC HEAT is a heels-forward, sci-fi-inspired showcase set inside the final transmission of a fictional reality show broadcasting from deep space. For one night only, The Grand becomes the galaxy's hottest stage—charged with attitude, spectacle, and the unmistakable fire of The Mavens.

Each performance arrives as its own cosmic signal from across the universe, blending the sensuality of heels dance, sharp musicality, and star-level presence into a world that feels electric from start to finish. Expect chaotic transmissions, faux commercials, special guests, and a host who keeps the entire broadcast from drifting off into orbit.

Hosted by: Cosmo Christofferson

Guest Performance by: Terez

Creative Team

Director: Ashley Brodeur

Instructors: Shelby Benson, Jane Mitton & Sam Tuer

Assistants: Laurisa Buydens, Meagan Hall & Nicole Pearson

Lighting Desgn: Cassie Holmes

Video: Wild One Films

Photography: Bailey Simone Photography

Script + Sound: Ashley Brodeur

Special Thanks: The Grand and Pulse Studios

MAVEN MOVEMENT DANCERS

BEGINNER

Instructors: Sam Tuer | Assistant: Nicole Pearson

Dancers: Dana Marlese, Bee Zwaagstra, Ali Bird, Becky Sunderland, Rahayu Harum, Alessandra Campagnolo, Michelle Esau, Lorna Salomon, Amber Rice, Jacqueline Lavoie, Tenille Riechelmann

ADVANCED BEGINNER

Instructors: Jane Mitton | Assistant: Meagan Hall

Dancers: Jordan Learner, Talia Muth, Elizabeth Godlien, Regine Mak, Melissa Richards, Brent Abbey, Heather Macumber, Brie Fraser, Kayla Kernick, Nicola Bunker, Katie Domries, Keltie Robinson, Meghan Skeet, Ginny Rose, Tammy Pooke (Laxton)

INTERMEDIATE

Instructors: Jane Mitton & Shelby Benson | Assistant: Laurisa Buydens

Dancers: Danika Vincent, Emily Dumontier, Shelby Snell, Rachelle MacLachlan, Heidi Gammucac, Kristin Malone,, Jessica Lobel, Sydney Wheatcroft, Christina Bezuidenhout, Meg Martin, Courtney Hatt

ADVANCED

Instructors: Jane Mitton | Assistant: Shelby Benson

Dancers: Megan Zed, Aisha Bai, Shelby Benson, Hayley Ouellette, Rochelle Vincent, T'anna Ledrew, Nisha Berman, Lauren Zed, Rachael Drinkwater, Jenna Robinson, Corinne Vessey, Ariane Carlos, Meagan Hall

ACT ONE: THE HEATS

1. The Birth of a Star (*Alien Superstar – Beyoncé*) Full Cast
2. Venus Uprising (*Venus – Lady Gaga*) Advanced
3. Mercury Retroshade (*Sunglasses at Night – Heidi Klum*) Beginner
4. Saturn's Rings: Bound + Beautiful (*Around the World – Daft Punk*) Advanced Beginner
5. The Asteroid Belt (*Astronaut in the Ocean – Masked Wolf*) Intermediate
6. AD: Mr. Sandman's Sleep Serum (*Mr. Sandman – The Chordettes*) Tap Workshop with Ashley
7. Guest Performer: Terez (*Bad Girl Heaven*)
8. AD: Moon Boot Bounce (*Bounce 03 – Fabian Mazur*) Hip Hop Workshop with Samantha
9. The Red Storm of Mars (*Breathe on Me – Brtiney Spears*) Advanced

ACT TWO: THE FINAL TRANSMISSION

1. Cosmic Heat Cheer (*Boom Boom Pow – Black Eyed Peas*) Intermediate
2. Orbitals: Spinning Seduction (*Right Round – Flo Rida*) Beginner
3. AD: Antimatter Lipgloss (*Lipgloss – Lil' Mama*) Heels Workshop with Shelby
4. Jupiter's Pull (*Big Energy – Latto ft. Mariah Carey*) Advanced Beginner
5. Neptune's Kiss (*Freak Like Me – Doja Cat*) Beginner
6. AD: Fly Me to the Moon Travel (*Moondance – Michael Buble*) Jazz Workshop with Jane
7. Pluto's Revenge (*Closer – Nine Inch Nails*) Advanced Beginner
8. The Black Hole (*POGO – Brooke Candy*) Advanced
9. Celestial Sins (*ET – Katy Perry*) Intermediate
10. Finale (*You're a Superstar – Love Inc.*) Full Cast