

# Hearts for Adi - 5K Run/1 Mile Walk

6-22-19 7:00am

*In loving memory of Adilyn Jo Nelson*

*8/16/2013-9/7/2013*

**Race Location:** Run and walk will start and finish at the Farmington school in Farmington, IL. Please park in lot "C"

**Directions:** From Route 116 (Farmington Road), turn south on Lightfoot Road, which is at the 4 way stop on the east edge of town by County Market.

**Course Description:** Flat, fast, accurate course on city streets and paved walk trail.

**Awards:** Top male and female overall and top three male and female in each age group (<14) (15-19) (20-24) (25-29) (30-34) (35-39) (40-44) (45-49) (50-54) (55-59) (60+). Stroller run, open age group - 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> overall.

**Proceeds:** All proceeds will be used to help the families of sick children that are in the NICU and PICU units at OSF Children's Hospital of Illinois.

**Early sign up Information:** Walk \$20.00 / 5K Run \$25.00 for entries **received** by June 1st. Entry fee includes T-shirt. Please register on race day if unable to register by June 1st. You can also sign up online at Active.com.

**Race day sign up:** Sign up on the day of event from 6:00am to 6:45am at the event site. No shirts will be available if registration is not received by 6-1-19.

**Raffle and Silent Auction:** Multiple gift baskets and other very nice items have been donated. Raffle items and silent auction results will be held immediately after awards are handed out.

**Make Checks Payable to:** Hearts for Adi 5K

**Mail checks to:** Hearts for Adi 5K, C/O Stacey Barton, 609 S. Apple Street, Farmington Il 61531

**Packet Pick up:** at Farmington school, in lot "A", on Friday 6-21-19 from 5:00pm to 7:00pm, or race day from 6:00am to 6:45am. Run will start at 7:00am, walk will start shortly after run starts.

**Contact:** Jeff Vogel @ 309-224-1027 with any questions.

**Additional Information:** follow us on the Facebook group "Hearts for Adi 5K Run/1.5 Mile Walk" for up to date information leading up to race day.

-----cut here and save the information above -----

Name \_\_\_\_\_ Age on race day \_\_\_\_\_ Sex (circle one) **M** **F**  
(circle one) **5K** **Walk** **5K Stroller**

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_

ZIP \_\_\_\_\_ Shirt Size Adult XS S M L XL XXL XXXL XXXXL  
Youth S M L

Day Time Phone \_\_\_\_\_ E-mail (optional) \_\_\_\_\_

Emergency contact name \_\_\_\_\_ Emergency contact phone \_\_\_\_\_

## Waiver (Must be signed)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian if under 18 \_\_\_\_\_

**No refunds will be issued for any reason. Run/walk will be held rain or shine**

