

All about holistic Veterinary medicine with Dr. Jessie Dreyfuss

This week I sat down with Dr. Jessie Dreyfuss, a certified holistic veterinarian in Fort Lauderdale, Florida, and owner of the [Healing Paws Center](#).

“Dr. Jessie” began her career in traditional Veterinary medicine then was awakened to the power of alternative approaches when her own dog came down with a rare form of liver cancer.

After seeing his awesome recovery from just a few acupuncture sessions, she decided to devote her career to helping her patients (“kids” as she calls them) using alternative approaches.

So she became a Certified Holistic Vet and the rest is history.

Tune in to learn how powerful approaches like acupuncture, food therapy, and hydrotherapy can help your dog live a longer and healthier life, as naturally as possible.

Highlights:

- [3:03] Introduction, with Dr. Jessie giving an overview of her methods
- [4:14] How Dr. Jessie became a vet and her journey to learning about holistic medicine
- [11:20] Western veterinary medicine vs Eastern veterinary medicine and how Dr. Jessie balances the two in her practice
- [14:35] Common reasons owners turn to Dr. Jessie for their pets
- [20:39] Why she still believes in (and uses) certain non-natural remedies
- [22:08] Common natural treatments for skin allergies
- [26:20] Warm, cooling, and neutral meats, in the context of Traditional Chinese Medicine
- [29:32] The topics Dr. Jessie will cover in her online courses
- [30:26] What is acupuncture and acupressure?
- [35:35] What is a great home-cooked meal for a pet?
- [39:20] Dr. Jessie’s thoughts on kibble
- [46:19] Thoughts and precautions on feeding a raw diet
- [51:40] Grain-free diets and the rise of heart conditions in pets
- [55:22] Why she loves supplements, and which ones your dog should be on
- [58:20] A Golden Retriever testimonial from one of Dr. Jessie’s patients
- [1:01:30] Caring for aging animals and common ailments for Golden Retrievers

- [1:04:32] Dr. Jessie's thoughts on the Golden Retriever Lifetime Study
- [1:08:03] The effects of human stress on pets
- [1:11:32] How to follow what Dr. Jessie will be working on in the future

Connecting with Dr. Jessie

- [Dr. Jessie's Website](#)
- [Healing Paws Center](#)
- [LinkedIn for Dr. Jessie](#)

Connect with Tim Berthold

- [LinkedIn](#)

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