

TO: Enlighten Nutrition & Wellness, LLC
 ATTN: Denise Normandin, MA, RD, LD
 Email referral to: denise@enlightennutritionwellness.com

Referral for Medical Nutrition Therapy (MNT)

Date:	Patient name:		
Day time phone number:	Insurance: (Attach copy of front & back of card)		
DOB:	Home address:	Zip:	

Above is referred for *medical nutrition therapy as a necessary part of medical treatment* and prevention of complications for diagnoses listed.

- Referral Needs:** New Diagnosis New treatment plan New complication
Special Needs: Language Hearing/Speech/Vision Learning/Processing
 Other:

✓ **Check all diagnoses that apply to this referral**

✓	ICD-10	ICD-10 Description	✓	ICD-10	ICD-10 Description
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✓ **Lab work** (Please attach or complete) BP ____ / ____

Hct/ Hgb	FBS &/or pc	Hgb A1c	Total Chol	HDL LDL	Non HDL	Trig	Ua Micro Albumin/Cr	BUN/ Cr	EGFR	Na/K	Phos/ PTH	Vit D
/	/			/			/	/		/	/	

- ✓ **Exercise/Activity Plan**
 Release: may walk 20-30 min 5-7 x/week or _____
 Not Released: _____

✓ **Medications** – Please attach list

~~Signature~~ Physician signature **X** _____ MD/DO Phone _____
 NPI: _____ Print MD/DO Name _____ Fax _____

The information requested above is Protected Health Information (PHI), and is the minimum necessary to execute delivery of patient services. Please understand as a link in the "Chain of Trust", all PHI will remain confidential as mandated by the Treatment, Payments, and Healthcare Operation Laws mandated by HIPAA.