**GRAHAM KENNEDY MA, UKCP Reg., RCST**

***Registered Craniosacral Therapist***

***Integrative Child Psychotherapist***

***Attachment & Trauma Consultant***

Dear Client

Please read the following information before coming to your appointment. These procedures are to help make the centre and therapy rooms as safe as possible and would therefore ask you to adhere to them when you come to the centre.

* Please follow the governments procedures on testing and tracing and do not attend the centre if anyone in your home or close circle has symptoms. For guidance on current symptoms please visit https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/
* If I, or anyone in my family/close circle shows symptoms I will need to self-isolate for 14 days. If I am contacted by the governments track and trace programme and asked to give details of people that I have had contact with, then I would have to disclose this breaking confidentiality. However, no context to this contact would be given.
* As there are restricted waiting facilities in reception, please wait in your car until the time of your appointment. Please do not use the front door buzzer, but instead message/call me on 07748 786281 to let me know that you have arrived. I will open the door for you and take you to the therapy room.
* On arrival at the centre all clients are asked to clean their hands (there will be hand sanitiser just inside the door). Hand sanitiser will also be available in the therapy room.
* The cleaning of the centre has been stepped up. Before and after each therapy session the room will be cleaned. This will include table surfaces, chairs and door handles and certain toys/resources.
* The use of a face covering is required at all times in the corridors and public areas of the centre. Clients are asked to bring their own face coverings and to put them on before they enter the centre. Face coverings need to be worn so that they cover both the nose and the mouth.
* Children under the age of 11 are exempt from wearing face coverings. Adult clients with specific physical and/or mental health conditions that prevent use of a face covering should contact me directly to discuss their condition and to see if it is possible to meet their needs within the current guidelines.
* Please note the therapy rooms have been set up to allow for a 2 metre distance between client and therapist during the treatment session. This 2 metre distance is easy to maintain with parent and adolescent sessions. As a result, face coverings do not need to be worn in the treatment rooms. However, treatment sessions for younger children tend to involve a closer social distance and be more interactive. For these sessions I will be wearing a plastic visor.
* Normal therapy with children and adolescents involves the use of a wide variety of resources, such as sandtrays, postcards, art material etc. Each child will be asked to sanitise their hands before using any of these materials. The materials will also be cleaned after each session. This will help to avoid any potential cross contamination.